

REGISTERED NURSE

Professional Summary

To improve the wellbeing of the patients I serve and to manage illness with skill and compassion

To provide a safe and therapeutic environment to all patients and families through assessment and critical thinking to anticipate potential problems

To enhance and speed the recovery process of each individual

To promote respect, positive communication, and collaboration among all healthcare teams including patients and families

Licenses

- CPR certified through American Heart Association
- Registered Nurse in the State of Pennsylvania, License number RN645795

Skill Highlights

- Medication administration
- Skilled Orthopedic Nurse
- Broad medical terminology knowledge
- Use of hemovacs, autotransfusion devices, continuous passive motion therapy, traction, orthopedic braces
- IV drug therapy management
- Body mechanics knowledge
- Specimen collection/processing proficiency

Professional Experience

Company Name February 2013 to Current Registered Nurse
City , State

- Applying nursing knowledge and skills within relationship based care, using nursing processes to meet the clinical, spiritual, and psychological needs of the patients and families
- Serving as a highly engaged partner on the care team and responding to care team member needs for assistance and partnership
- Participating in work that improves patient care and the professional practice environments
- Adapting to changes and demonstrating flexibility within the change processes
- Assisted patients with healing and recovery after surgery
- Utilized strong assessment skills to determine necessary patient care.
- Formulating goals and a plan of care that involves the patient as a partner within the healthcare team
- Demonstrates critical thinking in clinical, psychological, social, and spiritual issues for the patient within the care environment
- Creating caring and compassionate patient focused experiences by building healing relationships with patients and their families, as well as colleagues
- Providing detailed and appropriate teaching to patients and families to effectively guide them through their care as they transition to another level of care and/or home
- Supporting the development of students, new staff and colleagues, serving as a preceptor
- Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments
- Creating an environment that facilitates open communication by asking for feedback and inquiry to improve practice
- Utilizing research and evidence-based practice to support improvement in clinical care
- Implemented new floor assignments based on evaluation of staffing requirements

- Demonstrating accountability for actions, enthusiasm, motivation, and commitment to patients and family members
- Demonstrating an understanding of cultural differences and needs while holding peers accountable for healthy relationships with patients and families
- Maintaining a conscious balance between work and personal life by modeling safe work hours, time management, and healthy lifestyle practices
- Responsible for Hemovac Autotransfusion System administration.
- Delivering high-quality and compassionate treatment to indigent and low-income patient community
- Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and orient patients to unit
- Provided quality nursing care in accordance with resident care policies and procedures
- Tested glucose and administered injections

Company Name July 2010 to September 2011 Home Healthcare Assistant
City , State

- Read and recorded temperature, pulse and respiration
- Completed and submitted clinical documentation in accordance with agency guidelines.
- Collected urine and fecal samples
- Assisted with adequate nutrition and fluid intake
- Planned, prepared and served meals and snacks according to prescribed diets
- Performed household tasks such as laundry, dusting, washing dishes and vacuuming
- Facilitated games and other activities to engage clients
- Positioned residents for comfort and to prevent skin pressure problems
- Assisted with transferring residents in and out of wheelchairs and adaptive equipment
- Assisted with ADL's
- Exhibited compassionate care and communication with regard to issues of death and dying
- Promoted continuity of care by accurately and completely communicating to other caregivers the status of patients for which care is provided
- Maintained a clean, orderly and well-stocked environment

Company Name June 2008 to October 2009 Nursing Assistant

- Neurosurgical Intensive Care Unit Providing direct patient care as directed by RN, which included daily living activities, transporting, feeding, bathing, and so on Helping to maintain a safe environment conducive to the recovery and safety of each patient in the unit, including but not limited to completing safety checks, keeping the unit clean and organized, cleaning and updating specific equipment such as glucometers, changing linens, keeping the unit and rooms clear of stray equipment Stocking supplies used by the RN throughout unit and in patient rooms to facilitate patient care delivery Performing blood glucose monitoring, recording, and reporting results to RN Emptying bedpans/foleys, performing foley care, recording I&O's Documenting vital signs, blood glucose, and so on in the medical record according to established procedures Providing supervision and companionship to patients as required Planning and prioritizing activities and duties as needed such as CT scans Complying with safety policies and procedures including standard precautions as well as policies and procedures for blood-borne pathogen exposure Continually working to improve knowledge, skills and performance Ensuring that equipment malfunctions were reported and returned to the appropriate department Assisting RN and the unit by responding to call lights, telephones, passing meal trays, and transporting patients as needed.

Company Name February 2007 to July 2010 Emergency Medical Technician
City , State

- Harmony Emergency Medical Services Attending to emergency and non-emergency medical requests as they arose, rendering on-site assistance to patients as required Performing and/or assisting in the initial assessment and management of illness or injury to emergency patients in accordance with specified protocols and procedures Providing Cardiopulmonary resuscitation, opening a patients airway, and providing ventilation assistance Bandaging wounds, stabilizing broken bones, controlling bleeding, administering oxygen Notifying a hospital's emergency department of the nature and extent of the medical treatment provided and giving an account of the patients medical condition Preparing and assisting in the preparation of patients for transport Cleaning and disinfecting ambulance and equipment

after each call Replacing supplies necessary to maintain and perform duties and responsibilities in emergency situations Inspecting emergency medical equipment to ensure function and compliance with safety and infection control regulations and standards.

Education and Training

UPMC Shadyside School of Nursing 2012 Diploma : Nursing City , State

Community College of Allegheny County 2008 EMT Certification/First Aid/CPR September 2007-January 2008 : Basic Life Support City , State

Skills

Caring for patients with musculoskeletal diseases and disorders, Assisting with activities of daily living, Administering intravenous medications, Using critical thinking skills, Monitoring and preparing hemovacs, autotransfusion devices, continuous passive motion therapy, casting, traction, external fixation,