

## GROUP FITNESS INSTRUCTOR

### Executive Summary

To obtain a position as an experienced Training and Development professional with strong leadership and relationship-building skills.

### Core Qualifications

- Team Building
- Team Leadership
- Communication Skills
- Planning
- Organizational Skills

### Professional Experience

Group Fitness Instructor

March 2014 to April 2014 Company Name

- An 8 week course getting trained in fitness classes to instruct group exercises for the on campus gym.

### Assistant

November 2011 to June 2013

An Assistant

June 2011 to June 2011 Company Name

- at an after school program called AlphaBEST.
- Provided children from the grades K-5 a safe and friendly place to be after school hours.
- Introduced fun and exciting new ways to learn outside of the classroom with student centers and interactive activities.
- Mentored inner city children in New York City providing them with love and attention.

### Company Name

- Served with my sisters in a Christian Sorority serving Texas Tech and our community in Lubbock, TX.

### Education

06/2012 Centennial High School GPA: GPA: 3.98 Full time student and athlete all four years. GPA: 3.98

5/2013 Collin College Full time student taking my basic courses. Texas Tech

### Languages

Speak and read basic Spanish

### Skills

basic, Coach, Human Resource, Leadership, read, Spanish, Teaching, Time Management