Adaptive Systems

Lecture 1.2: Introduction to Adaptive Systems

University of Sussex Chris Johnson Spring 2025

Contacting me

Email

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Canvas discussions

- Everyone can see my answers
- I will normally check these at least twice a week

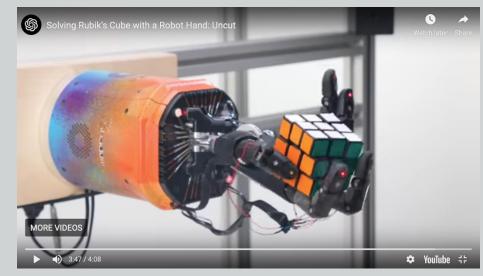
My office

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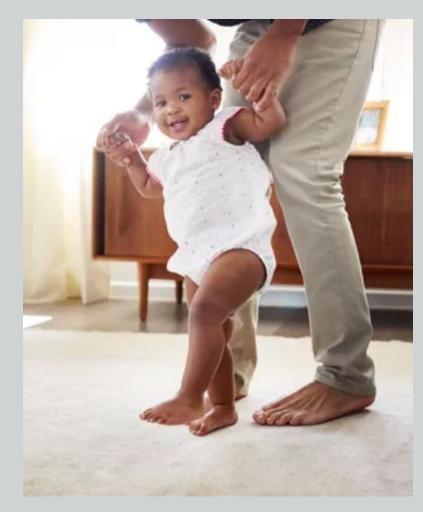
Lecture learning outcomes

In this lecture, I will introduce some core ideas, and then we will start to look at

- 1. Systems and their environments
- 2. Timescales and relative rates of change
- 3. Adaptation can be driven in many ways
- 4. "Adaptation" can mean either a process or a characteristic
- 5. Processes of adaptation take place over various timescales
- 6. All adaptation involves change, but not all change is adaptation



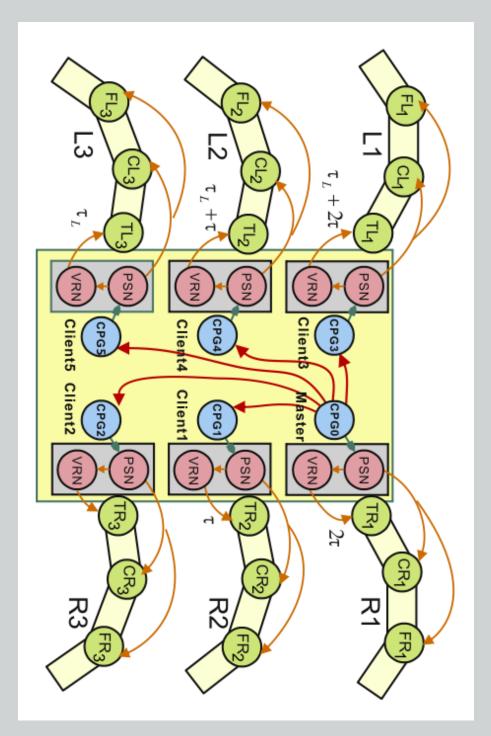
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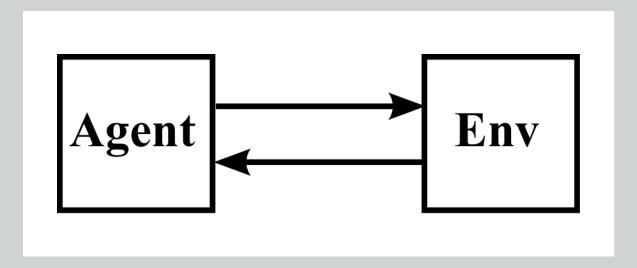
Lecture outline

- 1. Why study adaptive systems?
- 2. Module structure
- 3. Why do systems adapt?
- 4. Adaptations
 - 1. Some terminological issues
 - 2. Not all change is adaptation
- 5. Adapted vs adaptive not quite the same thing?



Core idea 1: systems and their environments

Systems and their environments



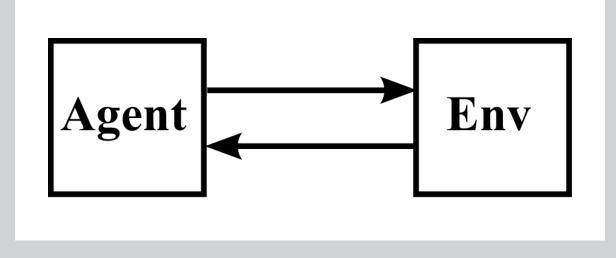
Coupled systems

- Often, it is convenient to think of a system (or agent, in this case) and its environment as being coupled systems
- In this very high-level (i.e. abstract) representation, a single arrow can represent a number of different kinds of interaction
- Because the arrows point in both directions, this is an example of circular causality
 - The system influences its environment, which influences the system, and so on...

The "fitted-est"

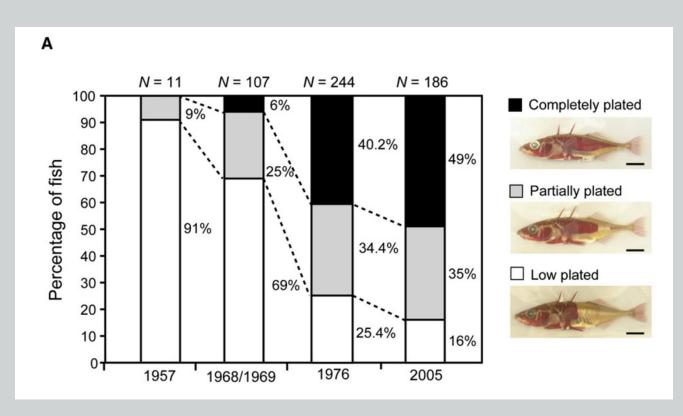
- "Survival of the fittest" Darwin used these words in later editions
 of his most famous book, The Origin of Species By Means of
 Natural Selection [30], but they were first written by Spencer [31]
- In his first edition, Darwin wrote about how well species were fitted to their environments, and vice versa
 - i.e. evolutionary fitness is a two-way relationship between a population (of a species) and its environment

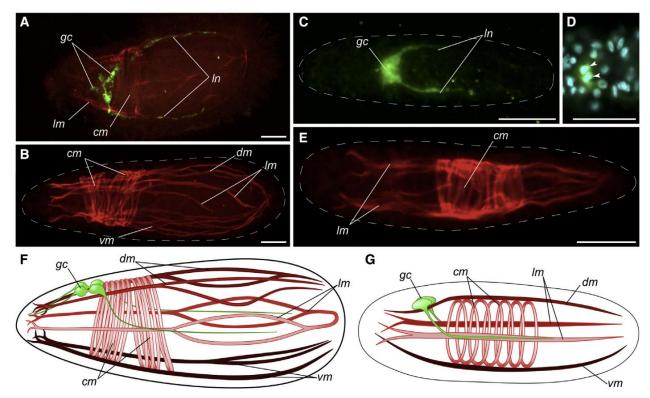
 (and not fitness as in strength, speed, stamina, or even brainpower)



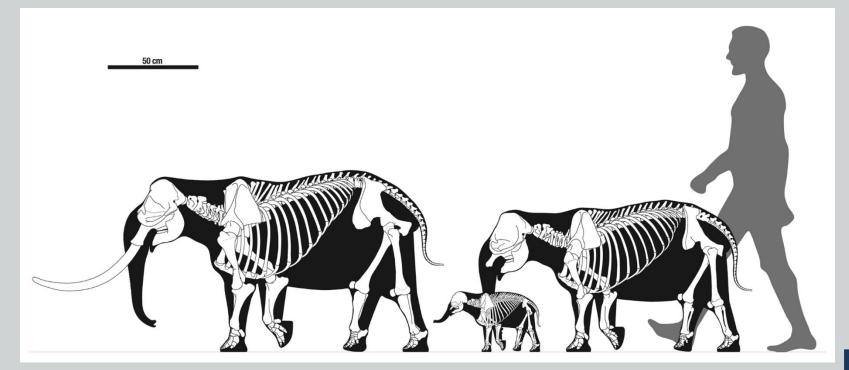
Coupled systems

The "fitted-est"





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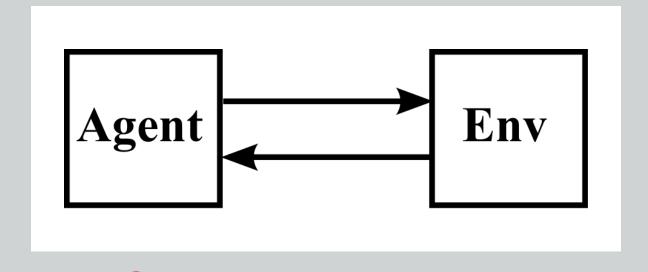
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Maintaining a good fit

- Successful systems fit well in/to their environments
- Often, when systems adapt, they do so in order to maintain a good fit to their environments
 - Of course, what "success" and "fit" mean can vary
 - For living systems, survival (of the individual and the species) takes precedence
 - When we make the systems, we define these terms, or norms
- Highlighting the two-way relationship between a system and its environment, Bateson wrote:
 - "The unit of survival is a flexible organism-in-its-environment." [32]
 - Bateson added that the environment must also be flexible
 - And for "flexible", we can substitute "capable of adapting"

Maintaining a good fit

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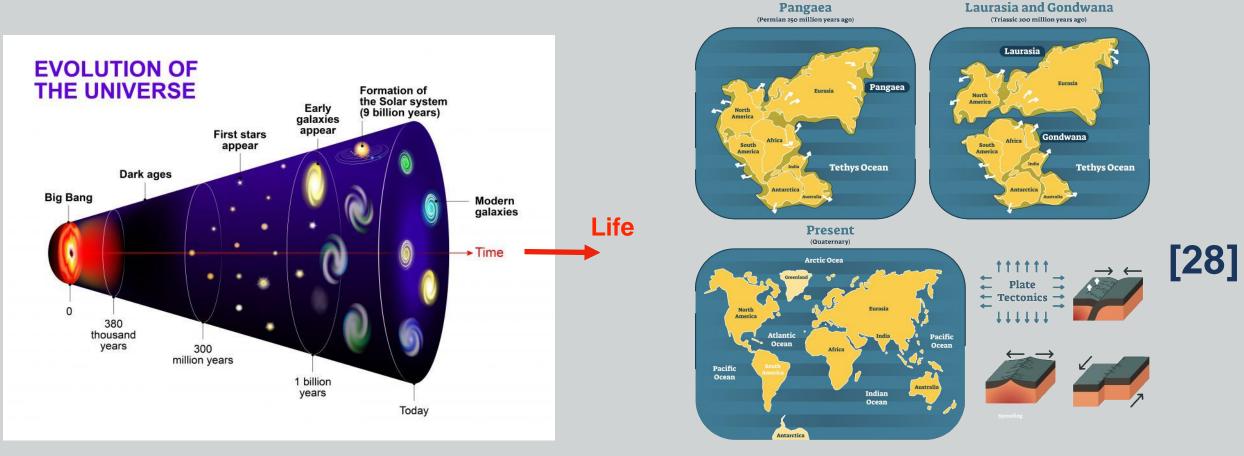


Coupled systems

Core idea 2: timescales

Timescales

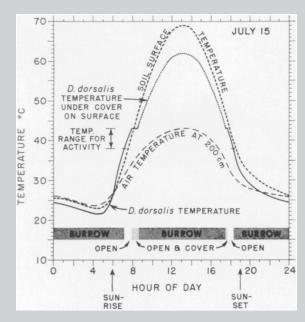
CONTINENTAL DRIFT



[26]



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Timescales

- Two main timescales apply to adaptation:
- Evolutionary slow adaptation to slow changes
- Learning adaptation to faster changes and unforeseen requirements

- However
- The rate of evolution depends on the rate of reproduction
- It is much faster for fruit flies than for large mammals
- It is even faster for bacteria

Time

- Time will feature in various ways throughout this module
- Today, our main interest in time is related to rates of change, and relative rates of change, e.g.:
 - The rate of change of ecosystems
 - E.g. global temperatures today and in the distant past
 - The rate of change of evolution
 - In general, this takes generations, and so can be very slow
 - It may or may not be fast enough to track environmental changes
 - The rate of change of learning
 - Relatively fast, compared to evolution
 - The rate of change of traffic on a busy road
 - Fast, compared to the rate of change of learning

Time

- In the previous example, it is the relative rates of change that are the issue
 - Fast moving traffic is faster than learning
 - It is also very dangerous making trial and error learning risky!

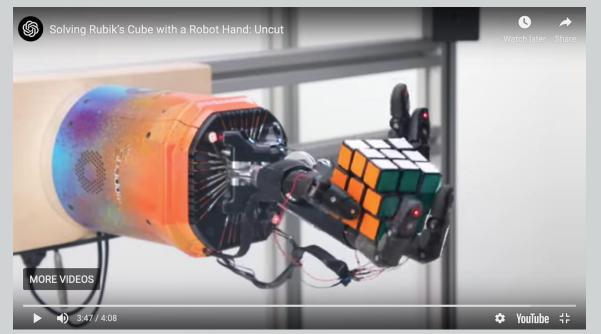
How do we learn how to negotiate fast moving and dangerous environments without getting hurt?

Some examples

- To learn
 - a behaviour or an action



how to solve a problem





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Why do we take so long to learn things like how to walk?

To compensate for injury or damage



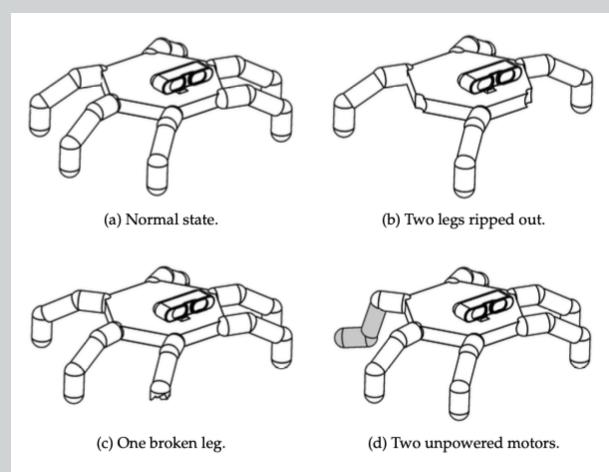


Figure 1: Examples of situations in which an autonomous robot needs to discover a qualitatively new behavior to pursue its mission: in each case, classic hexapod gaits cannot be used. The broken leg example (c) is a typical damage that is hard to diagnose by direct sensing (because no actuator or sensor is damaged).

- To adapt to changes in the environment
 - Changes to conditions, e.g. dramatic climate change
 - The current global warming is our fault, but dramatic climate change has happened before (e.g. there have been multiple ice ages, and therefore multiple periods of global warming)



[14]

- To adapt to changes in the environment
 - Changes to conditions, e.g. dramatic climate change
 - A failure to adapt can be fatal



[10]

- To adapt to changes in the environment
 - Changes in populations, e.g. the introduction of a new predator or competitor to an ecosystem
 - Failure to adapt may lead to death, of individuals, or even of entire species





[6]

Predator

Competitors

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- To adapt to changes in the environment
 - Your environment can change around you, or you can change it by moving
 - Human adaptations to new environments are largely *cultural*, and are often learned over many generations







[23]



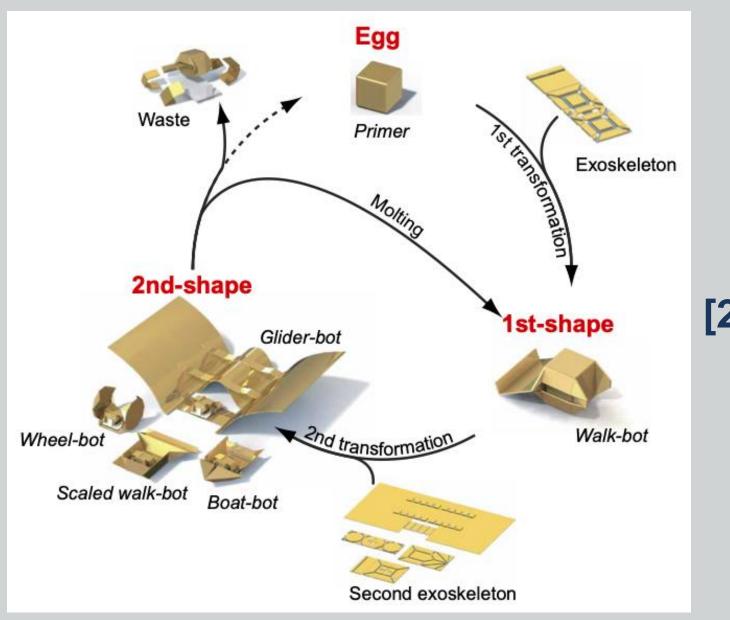
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- To adapt to changes in the environment
 - When you move, you change your environment
 - The woolly mammoth was descended from elephants which migrated to the north, and adapted to their new environment

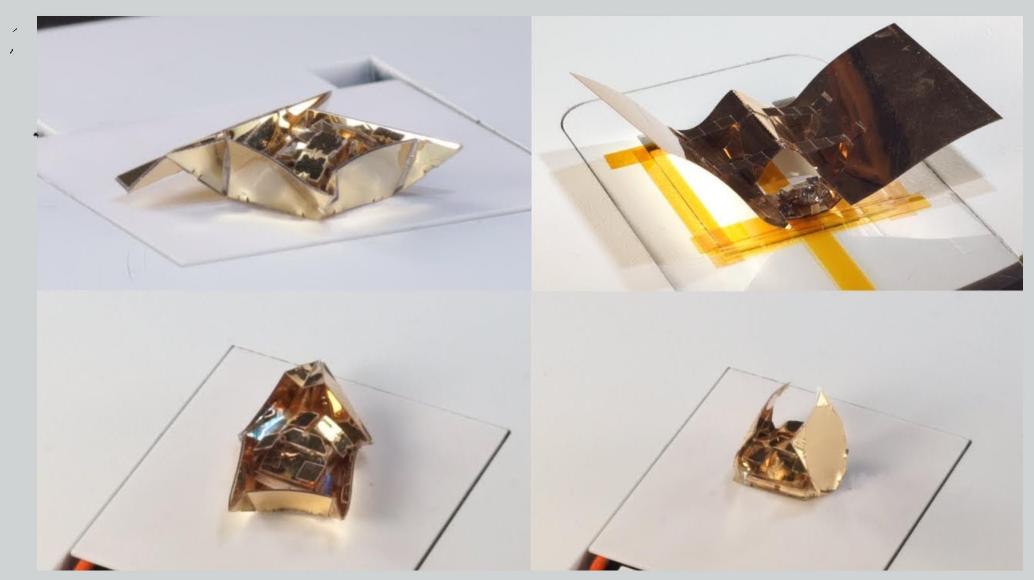


[10]

- To adapt to changes in the environment
 - When you move, you change your environment



[24]



[24]

- Adaptive systems can be shape-shifters
- This robotic metamorphosis is an example of morphological adaptation
 - But I would call this a borderline or trivial case, as the robot really just switches between different modes

- In general, environments are dynamic, i.e. constantly changing, and therefore they are unpredictable
 - Slow changes in the environment may be adapted to by a process of evolution
 - Faster changes, and other surprises may be adapted to by learning
 - Very fast changes may be adjusted to by processes of regulation and control (which are not necessarily processes of adaptation)







[18] [25]

Adapting and being adaptive: processes and characteristics

Some problematic terminology

- Often, key concepts and words in adaptive systems have multiple definitions
- Even within a single discipline, like biology
- An example from the study of evolution through natural selection:
 - Adaptation is a central concept in biology. The word has two related meanings.
 - 1. "Adaptation" means the evolutionary *process* by which, over the course of generations, organisms are altered to become improved with respect to features that affect survival or reproduction.
 - 2. "An adaptation" is a *characteristic* of an organism that evolved by natural selection.

[Futuyma and Kirkpatrick, "Evolution" (P66)]

Some problematic terminology

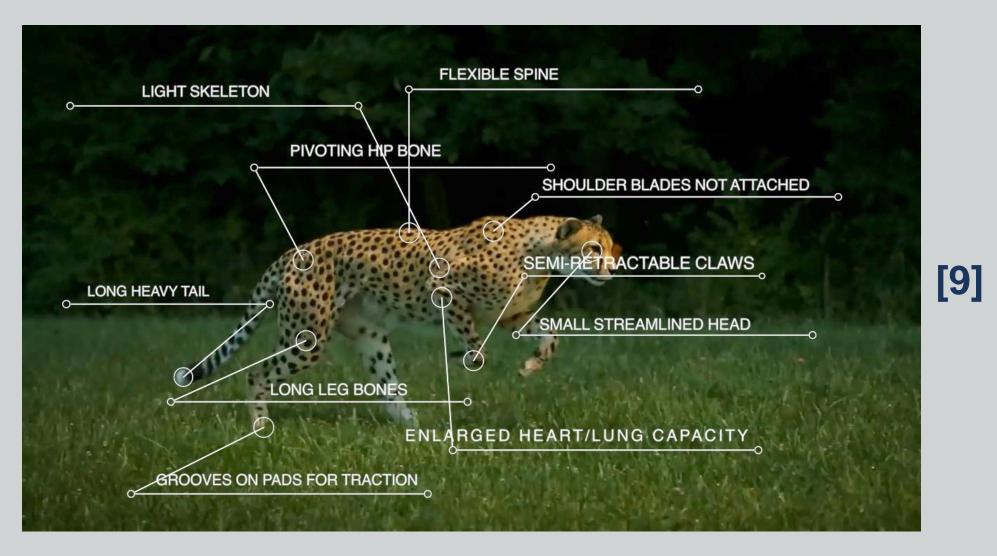
- Also in the study of evolution through natural selection, sometimes "an adaptation" is referred to as an "adaptive trait"
- This causes a similar problem for us to the one with the word adaptation, because:
 - An adaptive trait is a characteristic
 - However, when we refer to an adaptive system, we often mean a system which can adapt itself (through some adaptive process)
 - We can call this a self-adaptive system
- When I use these words, I will always try to be clear about whether I am describing processes or characteristics
 - I would like you to be clear about this too, in seminars and on Canvas discussions, and in your reports
 - If I am ever unclear about this, please let me know!
 - Because we will certainly point out if you are unclear, when we mark your reports!

Adaptation (as a process)

- A few examples of adaptive processes:
 - Learning, in humans
 - Learning, in artificial neural networks
 - Evolution through natural selection
 - Searching for "good", or sometimes optimal, solutions with genetic algorithms
- Adaptive processes must be directed somehow (not all change is adaptation)

Adaptive trait (an adaptation)

- An example:
 - Speed is an advantage, for predators and prey



• The cheetah is the fastest animal on land, and has *multiple* adaptive traits which synergistically contribute to its speed

Adapted vs self-adaptive

- I will talk more about this later in the module, but will give you a preview now:
 - When I talk about an adapted system, I mean a system which has been adapted by another system or process(es) to have desirable or beneficial characteristics
 - e.g. by an ecosystem and natural selection
 - e.g. by a simulated environment and a genetic algorithm
 - When I talk about a self-adaptive system, I mean a system which has the ability to adapt itself
 - e.g. by learning
 - e.g. by changing its body through reconfiguration (as in the earlier robot) or by exercise

Adapted vs self-adaptive

- On this module, we are principally interested in:
 - The self-adaptive systems, which adapt themselves (e.g. living organisms and robots or software systems which can learn)
 - As well as the systems and processes which can adapt other systems
- Often, the systems that we will study will be both adapted and self-adaptive
 - E.g. we are evolved (adapted) to be systems which learn (i.e. self-adaptive systems)

Not all change is adaptation

Not all change is adaptation - evolution

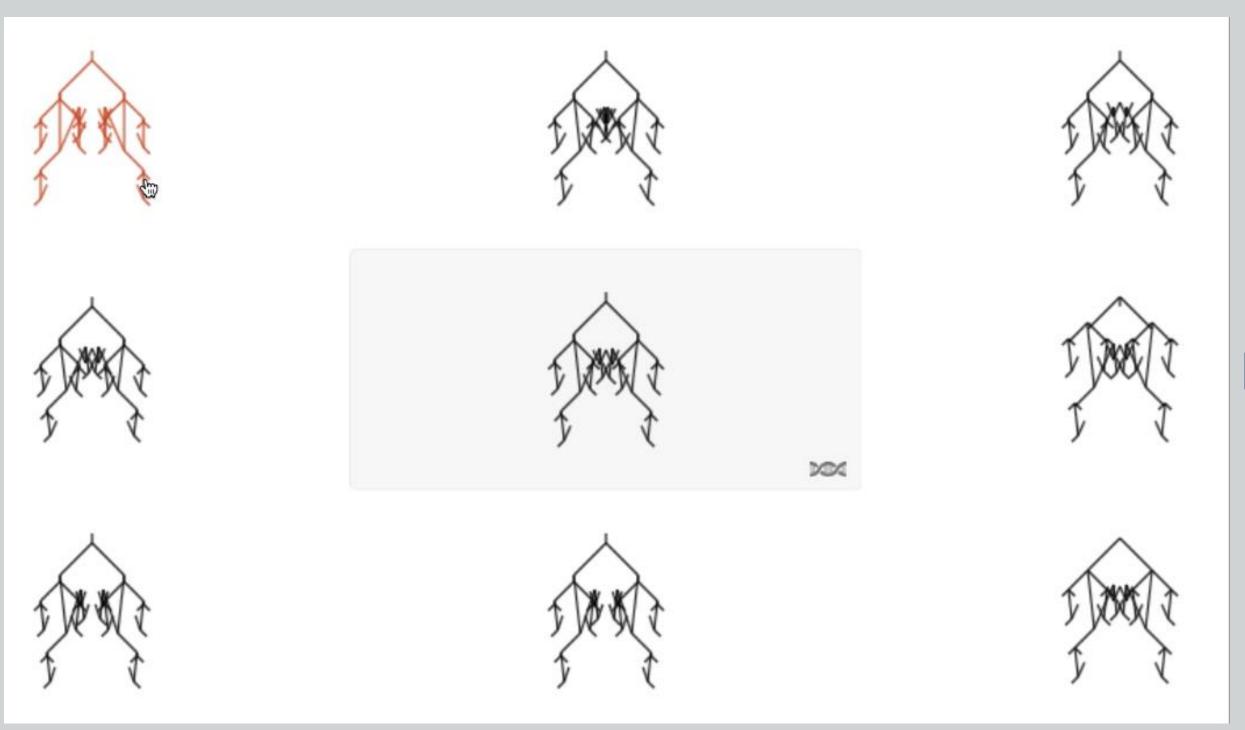
- A process of adaptation always involves change, but not all changes are adaptations
- Successful organisms are adapted to their environments, for example:
 - By evolution (over multiple generations)
 - By learning (during their lifetimes)
- Genetic mutations are random, but, over many generations, mutations which make organisms less likely to survive and reproduce are selected against
 - By this process of elimination, beneficial genes tend to survive and multiply
- Alternatively, you will often read of beneficial mutations or traits being selected for
 - E.g. giraffes born with short necks might be selected *against*, as it is difficult for them to reach high branches of trees
 - But we could equally say that giraffes with long necks are being selected for, as they reach those branches more easily
- In other words, natural selection can both drive and direct evolution



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Not all change is adaptation

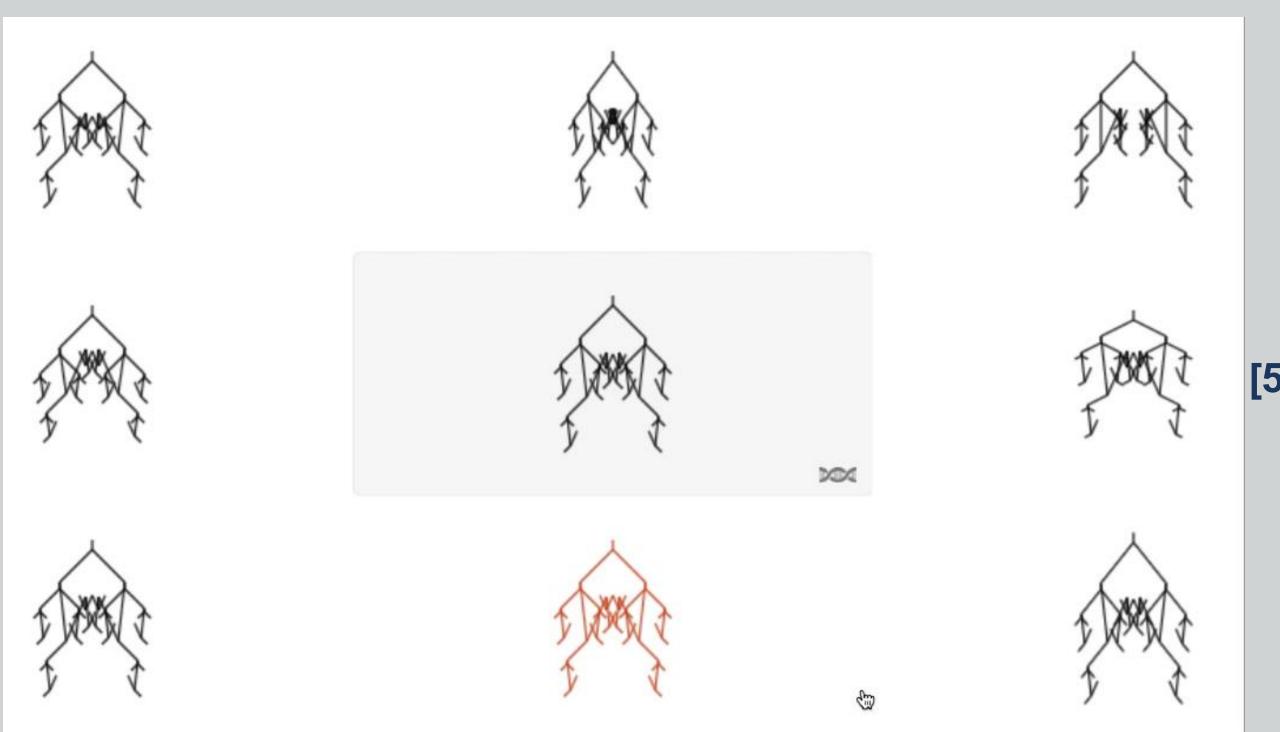
Randomly selected



Not adapted (no rule of selection)

Adaptation based on selection

Selected for wideness:

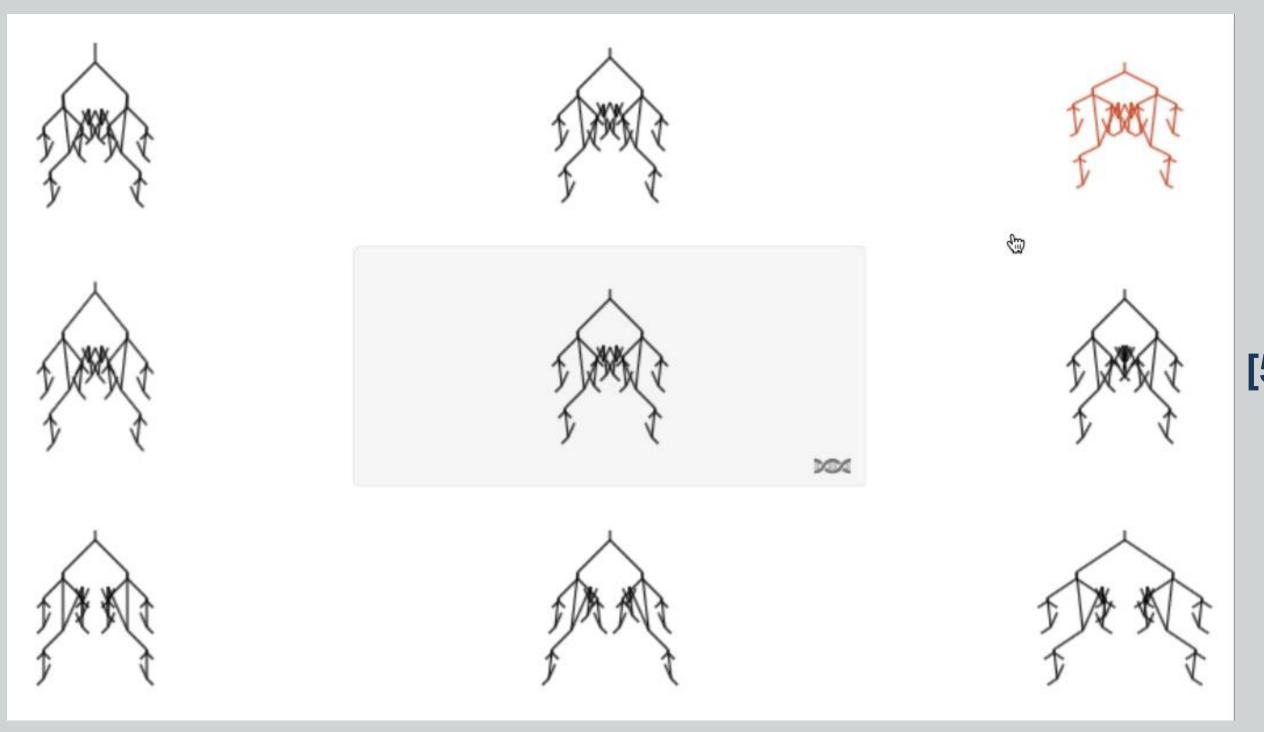


Adapted to the criterion (or rule) which I set

[5]

Adaptation based on selection

• Selected for thinness (or against wideness):



• Adapted to the criterion (or rule) which I set

Not all change is adaptation - learning

- A process of adaptation always involves change, but not all changes are adaptations
- Like evolution, learning also must be directed, by rules or algorithms which tend to lead to desirable or effective results
- Some examples:
 - Hebb's rule
 - Spike-timing-dependant plasticity (STDP)
 - Back-propagation
 - Reinforcement learning
- Every one of these mechanisms, if used correctly, can lead to improvement of the system they are applied to

Summary

- An adaptation is a characteristic of a system, which is the result of a process
- But adaptation can also mean the process by which a system is adapted
- We can distinguish between systems which are self-adaptive, which
 means that they can adapt themselves (a process), and systems which
 are adapted by other systems or external processes
 - I use self-adaptive here to distinguish from adaptive, which is often used otherwise, e.g. in "adaptive traits" or "adaptive behaviour"
- While all processes of adaptation involve change, not all change is adaptation - only changes which are selected or directed according to some set of rules or laws can lead to adaptation
- Adaptive processes can be driven in many ways, but often the change involved in a system's adaptation is prompted by changes in its environment
- Which kinds of adaptive processes (if any) are effective in a given situation or environment is determined by relative rates of change

Recommended articles and books

- [1] Ren, G., Chen, W., Dasgupta, S., Kolodziejski, C., Wörgötter, F., & Manoonpong, P. (2015). Multiple chaotic central pattern generators with learning for legged locomotion and malfunction compensation. Information Sciences, 294, 666–682. https://doi.org/10.1016/j.ins.2014.05.001
- [2] D. J. Futuyma and M. Kirkpatrick, *Evolution*, 4th ed., Sinauer Associates, 2017
- [3] Koos, S., Cully, A., & Mouret, J. B. (2013). Fast damage recovery in robotics with the t-resilience algorithm. The International Journal of Robotics Research, 32(14), 1700-1723.
- [24] Miyashita, S., Guitron, S., Li, S., & Rus, D. (2017). Robotic metamorphosis by origami exoskeletons. Science Robotics, 2(10).

Recommended articles and books

[33] Slyusarev, G. S., Starunov, V. V., Bondarenko, A. S., Zorina, N. A., & Bondarenko, N. I. (2020). Extreme genome and nervous system streamlining in the invertebrate parasite Intoshia variabili. *Current Biology*, *30*(7), 1292-1298.

[34] Kitano, J., Bolnick, D. I., Beauchamp, D. A., Mazur, M. M., Mori, S., Nakano, T., & Peichel, C. L. (2008). Reverse evolution of armor plates in the threespine stickleback. *Current Biology*, *18*(10), 769-774.

[35] Larramendi, A., & Palombo, M. R. (2015). Body Size, Biology and Encephalization Quotient of Palaeoloxodon ex gr. P. falconeri from Spinagallo Cave (Hyblean plateau, Sicily). *Hystrix*, *26*(2).

Relevant websites

- [4] https://openai.com/blog/solving-rubiks-cube/
- [5] http://www.emergentmind.com/biomorphs
- [6] https://news.sky.com/story/red-and-grey-squirrels-go-head-to-head-in-nut-iq-test-11258591
- [7] https://www.wildlifetrusts.org/saving-species/red-squirrels
- [8] https://theconversation.com/is-it-too-late-to-bring-the-red-fox-under-control-11299
- [9] https://cheetah.org/canada/2020/08/09/how-is-the-cheetah-skeleton-different-from-other-cats/

Relevant websites

[10] https://www.nhm.ac.uk/our-science/our-work/origins-evolution-and-futures/mammoth-evolution-model-for-species-origins.html

[21] https://www.quantamagazine.org/new-brain-maps-can-predict-behaviors-20211206/

[22] https://www.bbc.co.uk/news/technology-35785875

Other cited articles and books

[30] Darwin, C. (1873). The Origin of Species By Means of Natural Selection, Sixth Edition

[31] Spencer, H. (1866). The Principles of Biology

[32] Bateson, G. (2000). Steps to an ecology of mind: Collected essays in anthropology, psychiatry, evolution, and epistemology. University of Chicago Press.

Other websites (sources of pictures)

[11] <u>https://www.verywellfamily.com/when-should-a-baby-</u>stand-2634693

[12] https://www.wowamazing.com/trending/new-tech/funny-video-of-robots-falling-down/

[13] <u>https://www.wallpaperflare.com/cats-acrobatics-indoors-one-animal-mammal-focus-on-foreground-wallpaper-sduey</u>

[14] <u>https://esgclarity.com/global-warming-set-to-wipe-at-least-10-from-gdp/</u>

[15]

https://www.nationalgeographic.com/travel/article/photography-jordan-desert

Other websites (sources of pictures)

- [16] https://www.ibm.com/cloud/learn/neural-networks
- [17] <u>https://www.reference.com/world-view/eskimos-live-modern-times-77d6f505385f0846</u>
- [18] https://thecityfix.com/blog/india-worst-road-safety-record-world-new-law-aims-change-amit-bhatt/
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- https://static01.nyt.com/images/2016/07/29/sports/30CRUTCHES/30CRUTCHES -jumbo-v2.jpg?quality=75&auto=webp
- [23] https://www.nationalgeographic.com/science/article/131222-amazon-kayapo-indigenous-tribes-deforestation-environment-climate-rain-forest
- [25] https://www.nasa.gov/feature/goddard/2021/nasa-and-hurricanes-five-fast-facts

Other websites (sources of pictures)

[26] https://www.ox.ac.uk/news/science-blog/other-side-big-bang

[27] https://www.psychhelp.com.au/your-life-stage-can-impact-your-mental-health/

[28] https://www.internetgeography.net/topics/what-is-continental-drift/

[29] https://www.researchgate.net/figure/shows-the-predicted-environmental-temperatures-and-core-temperature-for-the-desert-iguana_fig11_225258595