

Student Name: Luke Buonanno

Date of Experience: 3/27/2024

Name Of Mentor: Cherie G.

Location: 2649 Schoenersville Rd Suite 103, Bethlehem, PA 18017

Mentor's Profession: Cardiac rehab therapist

1. I arrived just as the eight o'clock class was beginning. The staff said they can have anywhere from 3-8 people in a class and even sometimes go above that. The youngest patient they had was a 17-year-old and they were frequently seeing people over 90. They used a variety of methods to get up the heart rate up and to increase their endurance. They generally go for 18 visits but can go up to 36 without special insurance authorization (for the most part). Ultimately their job consists of watching and recording ekg rhythms while patient perform exercise and instructing them.

2. The team approach is laid back with everyone working together and pitching in to make sure that things get done when they need to.

3. Three adjectives I would use to describe the environment would be uplifting, comedic, and encouraging. The staff really try to brighten up the patient's days and make them enjoy their session with them while cracking jokes and praising them for jobs well done.

Emerging Health Professionals Shadowing Schedule  
Wednesday am March 27 8:00am – 10:30am  
Dr. DeBlois' Students

LVHN Mentor Signature: Cherie Lynn, MS, CEP Email: cgara Cheryl.L.Gara@lvhn.org  
Date: 3/27/24 Time arrived: 7:50 Time left: 10:30

Reminder if you are going to be absent you need to notify us prior to our 8am start. Failure to do so will remove you from shadowing per our EHP policy.

LVH-Tilghman Ambulatory Surgery Center, as arranged with Stephanie Smilgus, Please go to 4825 West Tilghman Street Allentown PA 18104. Meet Stephanie or Louann in main lobby. You will need to change into scrubs/wear sneakers. 610-402-2780. Report at 8:20am. With available staff – Kylie Carr

LVH-Location TBD Lehigh Valley Robotic Surgery Program, as arranged with Bryn Spezialetti, PAC, Report Time 7:15 AM main entrance of hospital – ensure you receive location on Monday prior to your shadowing. Please wear sneakers. With available PA – Mitchell Andrejko

LVHN MUHL, Trauma 2545 Schoenersville Rd, Bethlehem PA 18017 (as arranged with Dr. Stirparo) Please go to the South entrance and park. Enter South entrance lobby and take the ORANGE elevators to the second floor. Wait for attending to pick you up. If waiting awhile call 484-884-1612 and the attending on call will find them. Report time 7:00 AM. With Dr. Stirparo/team: Cadence Whalen

LVHN-CC LVPG Neurosciences 1250 S Cedar Crest Blvd Suite 405 (as arranged with Joe Griffin 610-402-9338). From main lobby proceed to 1250 building. Using elevators, please proceed to 4<sup>th</sup> floor suite 405 office and report to reception desk. Report time: 8:00AM. With available staff – Rachel Smith

LVHN-CC, Radiology (as arranged with Tamatha Garman, Cody Donchez 610-402-8241) Outside of cafeteria, call 610-402-8241 or 610-402-8088 upon arrival for directions/pickup. Report time 8:00 AM. With radiology staff: Felicia Croll

LVHN – LVPG Family Practice 1648 South 4<sup>th</sup> St Allentown 18103 (as arranged with Dr. Martinez-Vega) Report time 8:00 AM. With Dr. Martinez-Vega – Erik Mather

LVHN-Fogelsville LVPG EXPRESS 1431 Nursery St, Fogelsville PA 18051, as arranged with Stephen Ryan 484-273-4343). Report time: 8:00AM. With available staff – Matthew Cabansag

LVHN LVPG Pediatrics 6900 Hamilton Blvd Trexlertown 18087 (as arranged with Melissa Shaner 610-402-0443). Please proceed into medical office and go to the reception desk to check in. Report time: 8:30 am. With Dr. Carter: Madalyn Unser

LVHN-CC In-Patient Pediatrics (Arranged with Jessica McKee 610-402-7632.) Proceed to Jandl Pavilion Elevator (Red), 5<sup>th</sup> floor and proceed to reception desk. May need to use phone to enter locked unit. Report time: 8:00 AM. With available physician/resident – Ainsley Behr