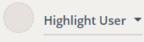
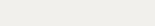


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5. It has not changed my views or opions at all yet, but I think that it is too early on in my volunteering and shadowing to be able to fully tell.

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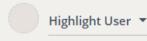
#### Luke Buonanno Wed Nov 1, 2023 at 9:34 am

- 1. I was assigned to ARC which is basically in hospital Good Shepherd with PTs and OTs.
- 2. Something new I learned this week is that the top floor of the hospital is very small and cramped.
- 3. I was not able to shadow much but I interacted with PTAs PTs and PT aids.
- 4. This experience helped my personal and professional growth by allowing me to learn more about ARC floors and activities.
- 5. This experience did not really change my opinions much, I already had a pretty good idea of what it entailed.

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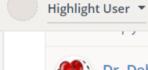
#### **Luke Buonanno** Edited · Mon Jan 29, 2024 at 8:11 pm

- 1. I was assigned to the ARC-9 unit which is basically like the hospital's version of Good Sheperd.
- 2. Something new I learned was what a Rapid Response looks like, there was one while I was volunteering in the OT gym.
- 3. I saw all the professionals involved in the Rapid Response and was able to watch them for a few minutes.
- 4. This experience has helped my personal and professional growth by showing me how the whole team of the hospital comes together to help when they need to.
- 5. It has changed my experience by showing me how many people are really involved in a Rapid Response. There were a lot of people in the gym helping out the patient.

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#### Luke Buonanno Mon Jan 22, 2024 at 6:56 pm

- 1. I am on the ARC9 floor which is essentially the Good Sheperd of the hospital.
- 2. Something new I learned this session is that a lot of the PTA's job does not involve working with a PT but rather patient care on one's own.
- 3. I was able to shadow a PTA.
- 4. It helped my professional growth by showing me a title does not mean everything.
- 5. This experience has changed my views by adding to the opinion of "assistant" position's involving less assisting and more just working on your own.

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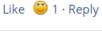














# Luke Buonanno Mon Jan 8, 2024 at 1:30 pm

- 1. I was assigned to ARC9 which is the hospital's form of a good shepherd. They assist with OT and PT and getting patients back out into the world.
- 2. Something new I learned is that there is a person in charge of switching in between seasonal decorations.
- 3. I shadowed the person who switched between seasons, they are technically just an OT assistant with some extra responsibilities. 4. This experience has helped me in my personal and professional growth widening my perspective on the range of responsibilities healthcare
- professionals have. 5. I thought it was interesting to see that they do not have a third party handle the decorations but rather rely on the medical staff to take care of it.



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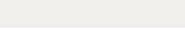


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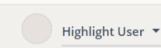
#### Luke Buonanno Thu Dec 21, 2023 at 12:49 am

- 1. I am on an ARC9 floor which is essentially just the hospital's PT and OT rehab or kinda like an in-hospital Good Shepard.
- 2. Something new I learned this week was a little bit more about the routines use to get patients back out into the world. I.E. there is a exam and supplementation of money management to see if patients can handle their own finances when left to their own devices.
- 3. I shadowed an OT.
- 4. One way this has impacted my personal growth is that I now have a better idea of what it really takes for an adult with mental fog to reenter their previous life and the difficulties that come with that.
- 5. One way this has changed my opinions is that I have more empathy for both the staff attempting to get a confused person out to the world, and a confused person trying to understand and interact with the world around them.

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OHOW LCSS



#### Luke Buonanno Thu Dec 7, 2023 at 9:41 pm

- 1. I was on the ARC9 unit which is essentially like the Good Shepard of hospitals. There are both OT sides and PT sides to this floor working to aid patients in getting back out into their lives outside the hospital.
- 2. One new thing I learned this week is that managers of floors don't necessarily like to stay/are on their floors most of the time. I talked with an OT about how the management works and they explained that the management is rarely on the floor all day and very often goes to meetings or even just to do notes in another place.
- 3. I got to talk to an OT.
- 4. This experience has helped my personal growth by showing me different management techniques and how you do not necessarily have to be handson in a management position while still being effective.
- 5. This experience has changed my views by challenging my misconceptions about what management means when in the healthcare field.

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haven't done so far.

5. I would say I've gotten more confident this week and more comfortable in a hospital setting. I used to think that I would never be able to be brave enough to talk to patients, but the more I do it the more I am changing that mindset.

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#### Luke Buonanno Edited · Mon Nov 13, 2023 at 2:17 pm

- 1. I am at an ARC9 floor where we provide PT and OT assistance to around 15 patients in our ward. We provide exercises to help get the patients back to their previous levels of enjoyment of life and to be able to safely interact with the world around them.
- 2. Something new I learned this week was that even on PT and OT floors there is needs for heavy management and communication between professionals in the field.
- 3. I shadowed parts of a case manager's parts
- 4. This experience has helped my personal growth by learning what management looks like in a clinical workspace. There were a surprising amount of meetings and it was interesting to see truly how much communication is needed to make the machine run.
- 5. Through this experience my eyes were opened wider to the high need for soft skills and communication between team members.

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It has helped me learn about the medical profession because it has shown me that repeating the same tasks is not actually repeating the same tasks because every patient is different. One Nurse I spoke with today helped me realize that that is why Florence Nightingale called Nursing a "Fine Art," it changes depending on the individual. For example, one patient who is nervous would not want the same treatment as one who is sarcastic and joking.

My view about how to treat patients has changed. The importance of caring and taking an interest in people struck me as very important because I noticed that many Nurses made conversation with the patients to distract them, but they were often talking about themselves or some issue that would not calm me down if I was the patient. So, I learned that the medical profession really is more a complex customer service. Instead of worrying only about people's feelings, it is also their lives.

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#### Luke Buonanno Mon Nov 6, 2023 at 6:27 pm

- 1. I was at the ARC 9 unit where we offer OT and PT care to patients with the goal of getting them back out into the world.
- 2. Something new I learned was that they often train patients with beads in order to get them ready to deal with medication.
- 3. I shadowed OTs mostly this week.
- 4. This experience has helped my personal growth on patience.
- 5. My views have not really changed at all, the only thing I could say is that I expected things to a be a bit more organized, and am glad to be able to make them so.

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