

Weekly Meal Summary - 25/08/2025 to 31/08/2025

Meal	Already Made	Total
Spaghetti Bolognese	0	56
Beef Chow Mein	0	32
Shepherd's Pie	0	18
Beef Burrito Bowl	5	49
Beef Meatballs	0	54
Lebanese Beef Stew	0	20
Mongolian Beef	0	66
Chicken with Vegetables	0	46
Chicken with Sweet Potato and Beans	0	24
Naked Chicken Parma	0	100
Chicken Pesto Pasta	0	50
Chicken and Broccoli Pasta	0	20
Butter Chicken	5	55
Thai Green Chicken Curry	0	48
Moroccan Chicken	0	10
Steak with Mushroom Sauce	0	110
Creamy Chicken & Mushroom Gnocchi	0	30
Roasted Lemon Chicken & Potatoes	0	16
Beef Lasagna	0	62
Bean Nachos with Rice	0	0
Lamb Souvlaki	0	36
Chicken Fajita Bowl	0	28
Steak On Its Own	0	8
Chicken On Its Own	0	0
Family Mac and 3 Cheese Pasta Bake	0	0
Baked Family Lasagna	0	0
Lunch or Dinner Only - 7 Meals	0	2
TOTAL	10	940