

Weekly Meal Summary - 01/09/2025 to 07/09/2025

| Meal | Already Made | Total |
|-------------------------------------|--------------|-------------|
| Spaghetti Bolognese | 0 | 114 |
| Beef Chow Mein | 0 | 49 |
| Shepherd's Pie | 0 | 68 |
| Beef Burrito Bowl | 0 | 90 |
| Beef Meatballs | 0 | 76 |
| Lebanese Beef Stew | 0 | 34 |
| Mongolian Beef | 0 | 126 |
| Chicken with Vegetables | 0 | 64 |
| Chicken with Sweet Potato and Beans | 0 | 86 |
| Naked Chicken Parma | 0 | 158 |
| Chicken Pesto Pasta | 0 | 144 |
| Chicken and Broccoli Pasta | 0 | 62 |
| Butter Chicken | 0 | 110 |
| Thai Green Chicken Curry | 0 | 113 |
| Moroccan Chicken | 0 | 40 |
| Steak with Mushroom Sauce | 0 | 115 |
| Creamy Chicken & Mushroom Gnocchi | 0 | 110 |
| Roasted Lemon Chicken & Potatoes | 0 | 51 |
| Beef Lasagna | 0 | 180 |
| Bean Nachos with Rice | 0 | 7 |
| Lamb Souvlaki | 0 | 111 |
| Chicken Fajita Bowl | 0 | 104 |
| Steak On Its Own | 0 | 0 |
| Chicken On Its Own | 0 | 0 |
| Family Mac and 3 Cheese Pasta Bake | 0 | 2 |
| Baked Family Lasagna | 0 | 7 |
| TOTAL | 0 | 2021 |