

Production Schedule Report

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Clean Eats Australia - HACCP FSP Section F - Form 1

Latest Issue Date: 13/01/24

Previous Issue Date: 28/10/23

Approved by: T. Fadlallah

Prepared by: C. Guzzardi

Meal Production Summary - 17/02/2026

Meal	Clean Eats	Already Made	Total
Spaghetti Bolognese	27	0	27
Beef Chow Mein	14	0	14
Shepherd's Pie	4	0	4
Beef Burrito Bowl	9	0	9
Beef Meatballs	9	0	9
Lebanese Beef Stew	0	0	0
Mongolian Beef	16	0	16
Chicken with Vegetables	5	0	5
Chicken with Sweet Potato and Beans	4	0	4
Naked Chicken Parma	24	0	24
Chicken Pesto Pasta	23	0	23
Chicken and Broccoli Pasta	14	0	14
Butter Chicken	13	0	13
Thai Green Chicken Curry	17	0	17
Moroccan Chicken	5	0	5
Steak with Mushroom Sauce	2	0	2
Creamy Chicken & Mushroom Gnocchi	7	0	7
Roasted Lemon Chicken & Potatoes	8	0	8
Beef Lasagna	22	0	22
Bean Nachos with Rice	0	0	0
Lamb Souvlaki	3	0	3
Chicken Fajita Bowl	8	0	8
Steak On Its Own	0	0	0
Chicken On Its Own	0	0	0
Family Mac and 3 Cheese Pasta Bake	2	0	2
Baked Family Lasagna	2	0	2
TOTAL	238	0	238

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Spaghetti Order

Ingredient	Qty/Meal	Meals	Total	Batches
Spaghetti	64.00	27	1728.00	1
Oil	0.70	27	18.90	

Penne Order

Ingredient	Qty/Meal	Meals	Total	Batches
Penne	59.00	37	2183.00	1
Oil	0.70	37	25.90	

Rice Order

Ingredient	Qty/Meal	Meals	Total	Batches
Rice	53.00	77	4081.00	1
Water	95.00	77	7315.00	
Salt	1.00	77	77.00	
Oil	1.50	77	115.50	

Moroccan Chicken

Ingredient	Qty/Meal	Meals	Total	Batches
Chicken	180.00	5	900.00	0
Oil	2.00	5	10.00	
Lemon Juice	6.00	5	30.00	
Moroccan Chicken Mix	4.00	5	20.00	

Chicken Thigh

Ingredient	Qty/Meal	Meals	Total	Batches
Chicken	160.00	16	2560.00	
Oil	4.00	16	64.00	
Roast Chicken Mix	4.00	16	64.00	

Steak

Ingredient	Qty/Meal	Meals	Total	Batches
Steak	93.00	2	186.00	0
Oil	1.50	2	3.00	
Baking Soda	3.00	2	6.00	

Lamb Marinate

Ingredient	Qty/Meal	Meals	Total	Batches
Lamb Shoulder	162.00	3	486.00	0
Oil	2.00	3	6.00	
Salt	1.50	3	4.50	
Oregano	0.30	3	0.90	
Baking Soda	5.27	3	15.81	

Potato Mash

Ingredient	Qty/Meal	Meals	Total	Batches
Potato	150.00	11	1650.00	0
Cooking Cream	20.00	11	220.00	
Butter	7.00	11	77.00	
Salt	1.50	11	16.50	
White Pepper	0.50	11	5.50	

Sweet Potato Mash

Ingredient	Qty/Meal	Meals	Total	Batches
Sweet Potato	200.00	8	1600.00	0
Salt	1.00	8	8.00	
White Pepper	0.50	8	4.00	

Roasted Potatoes

Ingredient	Qty/Meal	Meals	Total	Batches
Roasted Potatoes	190.00	27	5130.00	1
Oil	1.62	27	43.74	
Spices Mix	2.50	27	67.50	

Roasted Lemon Potatoes

Ingredient	Qty/Meal	Meals	Total	Batches
Potatoes	207.00	8	1656.00	1
Oil	2.00	8	16.00	
Salt	1.20	8	9.60	

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Roasted Thai Potatoes

Ingredient	Qty/Meal	Meals	Total	Batches
Potato	60.00	17	1020.00	0
Salt	1.00	17	17.00	

Lamb Onion Marinated

Ingredient	Qty/Meal	Meals	Total	Batches
Red Onion	30.00	3	90.00	0
Parsley	1.50	3	4.50	
Paprika	0.50	3	1.50	

Green Beans

Ingredient	Qty/Meal	Meals	Total	Batches
Green Beans	60.00	11	660.00	0

Meal Recipes

Spaghetti Bolognese

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Beef Mince	100.00	27	2700.00	1
Napoli Sauce	65.00	27	1755.00	
Crushed Tomatoes	45.00	27	1215.00	
Beef Stock	30.00	27	810.00	
Onion	15.00	27	405.00	
Zucchini	15.00	27	405.00	
Carrot	15.00	27	405.00	
Vegetable Oil	1.00	27	27.00	
Salt	3.00	27	81.00	
Pepper	1.00	27	27.00	

Beef Chow Mein

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Beef Mince	120.00	14	1680.00	1
Celery	42.00	14	588.00	
Carrot	42.00	14	588.00	
Cabbage	42.00	14	588.00	
Onion	42.00	14	588.00	
Oil	2.00	14	28.00	
Pepper	1.00	14	14.00	
Salt	0.50	14	7.00	
Soy Sauce	13.00	14	182.00	
Oyster Sauce	13.00	14	182.00	

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Meal Recipes (cont'd)

Shepherd's Pie

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Beef Mince	100.00	4	400.00	1
Oil	2.00	4	8.00	
Carrots	15.00	4	60.00	
Capsicum	15.00	4	60.00	
Onion	15.00	4	60.00	
Mushroom	15.00	4	60.00	
Peas	15.00	4	60.00	
Tomato Paste	6.00	4	24.00	
Beef Stock	20.00	4	80.00	
Salt	2.00	4	8.00	
Pepper	0.50	4	2.00	
Napoli Sauce	70.00	4	280.00	

Lebanese Beef Stew

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chuck Diced	97.00	0	0.00	
Onion	30.00	0	0.00	
Carrot	30.00	0	0.00	
Potato	30.00	0	0.00	
Peas	30.00	0	0.00	
Oil	2.00	0	0.00	
Salt	2.50	0	0.00	
Pepper	0.50	0	0.00	
Tomato Paste	20.00	0	0.00	
Water	30.00	0	0.00	
Beef Stock	30.00	0	0.00	
Rice	130.00	0	0.00	

Beef Burrito Bowl

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Beef Mince	95.00	9	855.00	1
Onion	12.00	9	108.00	
Capsicum	12.00	9	108.00	
Vegetable Oil	2.00	9	18.00	
Taco Seasoning	7.00	9	63.00	
Salt	1.50	9	13.50	
Pepper	0.50	9	4.50	
Beef Stock	40.00	9	360.00	

Beef Meatballs

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Mince	150.00	9	1350.00	
Onion	10.00	9	90.00	
Parsley	3.00	9	27.00	
Salt	1.50	9	13.50	
Pepper	0.20	9	1.80	

Mongolian Beef

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chuck	100.00	16	1600.00	
Baking Soda	2.50	16	40.00	
Water	10.00	16	160.00	
Soy Sauce	5.00	16	80.00	
Cornflour	2.50	16	40.00	
Capsicum	37.00	16	592.00	
Onion	37.00	16	592.00	
Rice	130.00	16	2080.00	

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Meal Recipes (cont'd)

Chicken With Vegetables

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken	135.00	5	675.00	1
Corn	50.00	5	250.00	
Beans	60.00	5	300.00	
Broccoli	67.00	5	335.00	

Chicken with Sweet Potato and Beans

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken	135.00	4	540.00	1
Beans	60.00	4	240.00	

Naked Chicken Parma

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken	150.00	24	3600.00	

Chicken and Broccoli Pasta

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken	130.00	14	1820.00	
Penne	59.00	14	826.00	
Broccoli	40.00	14	560.00	

Thai Green Chicken Curry

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken	144.20	17	2451.40	
Rice	130.00	17	2210.00	

Steak with Mushroom Sauce

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Topside Steak	110.00	2	220.00	

Steak On Its Own

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Topside Steak	200.00	0	0.00	

Butter Chicken

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken	140.00	13	1820.00	1
Peas	40.00	13	520.00	
Rice	130.00	13	1690.00	

Moroccan Chicken

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken	180.00	5	900.00	

Chickpea Recipe

Ingredient	Qty/Meal	Meals	Total	
Onion	18.00	5	90.00	
Zucchini	27.00	5	135.00	
Red Capsicum	27.00	5	135.00	
Garlic	1.80	5	9.00	
Oil	1.80	5	9.00	
Chickpeas	103.50	5	517.50	
Mix Spices	1.53	5	7.65	
Chicken Stock	45.00	5	225.00	

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Meal Recipes (cont'd)

Bean Nachos with Rice

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Drained Beans	80.00	0	0.00	
Carrot	25.00	0	0.00	
Onion	20.00	0	0.00	
Taco Seasoning	1.00	0	0.00	
Salt	1.50	0	0.00	
Pepper	0.50	0	0.00	
Garlic	2.50	0	0.00	
Vegetable Oil	1.50	0	0.00	
Cumin	0.50	0	0.00	
Crushed Tomato	85.00	0	0.00	
Water	41.70	0	0.00	

Chicken On Its Own

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken Breast	200.00	0	0.00	

Creamy Chicken & Mushroom Gnocchi

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Gnocchi	150.00	7	1050.00	1
Chicken	80.00	7	560.00	
Sauce	200.00	7	1400.00	
Spinach	25.00	7	175.00	

Beef Lasagna

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Lasagne Sheets	150.00	22	3300.00	
Mozzerala Cheese	750.00	22	16500.00	
Napoli Sauce	500.00	22	11000.00	
Bolognese	3200.00	22	70400.00	

Lamb Souvlaki

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Lamb Shoulder	140.00	3	420.00	1
Potatoes	140.00	3	420.00	

Chicken Fajita Bowl

Ingredient	Qty/Meal	Meals	Batch Total	Batch
Chicken Thigh	150.00	8	1200.00	1
Capsicum	52.00	8	416.00	
Red Onion	52.00	8	416.00	
Salsa	30.00	8	240.00	
Rice	130.00	8	1040.00	

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Sauces

Thai Sauce

Ingredient	Meal Amount	Total Meals	Required Ingredient
Green Curry Paste	7.21	17	122.57
Coconut Cream	97.85	17	1663.45

Lamb Sauce

Ingredient	Meal Amount	Total Meals	Required Ingredient
Greek Yogurt	20.00	3	60.00
Garlic	1.00	3	3.00
Salt	0.20	3	0.60

To Pack In Fridge

Sauces to Prepare

Sauce	Qty	Amt	Total
MONGOLIAN	70.00	16	1120.00
MEATBALLS	120.00	9	1080.00
LEMON	50.00	8	400.00
MUSHROOM	100.00	2	200.00
FAJITA SAUCE	33.00	8	264.00
BURRITO SAUCE	43.00	9	387.00

Beef Burrito Mix

Ingredient	Qty	Amt	Total	Batches
Salsa	43.00	9	387.00	1
Black Beans	50.00	9	450.00	1
Corn	50.00	9	450.00	1
Rice	130.00	9	1170.00	1

Parma Mix

Ingredient	Qty	Amt	Total
Napoli Sauce	50.00	24	1200.00
Mozzarella Cheese	40.00	24	960.00

Chicken Pesto Sundried

Ingredient	Qty	Meals	Total
Sundried Tomatos	20.00	23	460.00

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Chicken Mixing

Pesto

Ingredient	Qty/Batch	Amount	Total	Batches
Chicken	107.00	23	2461.00	1
Sauce	80.00	23	1840.00	1

Butter Chicken

Ingredient	Qty/Batch	Amount	Total	Batches
Chicken	123.00	13	1599.00	1
Sauce	90.00	13	1170.00	1

Broccoli Pasta

Ingredient	Qty/Batch	Amount	Total	Batches
Chicken	102.00	14	1428.00	1
Sauce	100.00	14	1400.00	1

Thai

Ingredient	Qty/Batch	Amount	Total	Batches
Chicken	115.36	17	1962.00	1
Sauce	92.70	17	1576.00	1

Gnocchi

Ingredient	Qty/Batch	Amount	Total	Batches
Gnocchi	147.00	7	1029.00	1
Chicken	80.00	7	560.00	1
Sauce	200.00	7	1400.00	1
Spinach	25.00	7	175.00	1

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Meat Order and Veg Prep

Veg Prep

Veg Prep	Amount (g)
10MM DICED CARROT	0.00
10MM DICED POTATO (LEBO)	0.00
10MM DICED ZUCCHINI	135.00
5MM DICED CABBAGE	588.00
5MM DICED CAPSICUM	303.00
5MM DICED CARROTS	648.00
5MM DICED CELERY	588.00
5MM DICED MUSHROOMS	60.00
5MM DICED ONION	1341.00
5MM MONGOLIAN CAPSICUM	1008.00
5MM MONGOLIAN ONION	1008.00
5MM SLICED MUSHROOMS	0.00
BROCCOLI	895.00
CRATED CARROTS	405.00
CRATED ZUCCHINI	405.00
LEMON POTATO	1656.00
ROASTED POTATO	5130.00
THAI POTATOS	1020.00
POTATO MASH	1650.00
SWEET POTATO MASH	1600.00
SPINACH	174.00
RED ONION	90.00
PARSLEY	4.50

Meat Order

Meat Type	Amount (g)
CHUCK ROLL (LEBO)	0.00
BEEF TOPSIDE (MONG)	1600.00
MINCE	6985.00
TOPSIDE STEAK	186.00
LAMB SHOULDER	486.00
MORROCAN CHICKEN	900.00
ITALIAN CHICKEN	5049.00
NORMAL CHICKEN	9620.00
CHICKEN THIGH	2560.00