

Weekly Meal Summary - 01/09/2025 to 07/09/2025

Meal	Already Made	Total
Spaghetti Bolognese	0	114
Beef Chow Mein	0	49
Shepherd's Pie	0	68
Beef Burrito Bowl	0	90
Beef Meatballs	0	76
Lebanese Beef Stew	0	34
Mongolian Beef	0	126
Chicken with Vegetables	0	64
Chicken with Sweet Potato and Beans	0	86
Naked Chicken Parma	0	158
Chicken Pesto Pasta	0	144
Chicken and Broccoli Pasta	0	62
Butter Chicken	0	110
Thai Green Chicken Curry	0	113
Moroccan Chicken	0	40
Steak with Mushroom Sauce	0	115
Creamy Chicken & Mushroom Gnocchi	0	110
Roasted Lemon Chicken & Potatoes	0	51
Beef Lasagna	0	180
Bean Nachos with Rice	0	7
Lamb Souvlaki	0	111
Chicken Fajita Bowl	0	104
Steak On Its Own	0	0
Chicken On Its Own	0	0
Family Mac and 3 Cheese Pasta Bake	0	2
Baked Family Lasagna	0	7
TOTAL	0	2021