

## Weekly Meal Summary - 06/10/2025 to 12/10/2025

Meal	Already Made	Total
Spaghetti Bolognese	14	603
Beef Chow Mein	13	358
Shepherd's Pie	18	250
Beef Burrito Bowl	0	430
Beef Meatballs	0	345
Lebanese Beef Stew	12	203
Mongolian Beef	7	546
Chicken with Vegetables	0	169
Chicken with Sweet Potato and Beans	0	270
Naked Chicken Parma	0	668
Chicken Pesto Pasta	0	525
Chicken and Broccoli Pasta	0	321
Butter Chicken	0	444
Thai Green Chicken Curry	0	405
Moroccan Chicken	0	159
Steak with Mushroom Sauce	11	547
Creamy Chicken & Mushroom Gnocchi	0	442
Roasted Lemon Chicken & Potatoes	0	340
Beef Lasagna	0	922
Bean Nachos with Rice	0	41
Lamb Souvlaki	0	436
Chicken Fajita Bowl	0	412
Steak On Its Own	0	0
Chicken On Its Own	0	0
Family Mac and 3 Cheese Pasta Bake	0	8
Baked Family Lasagna	0	46
Lunch & Dinner Weekdays Only - 10 Meals	0	1
<b>TOTAL</b>	<b>75</b>	<b>8891</b>