

Weekly Meal Summary - 08/09/2025 to 11/09/2025

Meal	Already Made	Total
Spaghetti Bolognese	14	516
Beef Chow Mein	42	272
Shepherd's Pie	14	206
Beef Burrito Bowl	0	337
Beef Meatballs	10	348
Lebanese Beef Stew	14	177
Mongolian Beef	0	518
Chicken with Vegetables	0	167
Chicken with Sweet Potato and Beans	0	236
Naked Chicken Parma	0	622
Chicken Pesto Pasta	0	469
Chicken and Broccoli Pasta	0	257
Butter Chicken	0	420
Thai Green Chicken Curry	0	382
Moroccan Chicken	3	152
Steak with Mushroom Sauce	11	498
Creamy Chicken & Mushroom Gnocchi	0	372
Roasted Lemon Chicken & Potatoes	0	273
Beef Lasagna	0	753
Bean Nachos with Rice	0	42
Lamb Souvlaki	0	493
Chicken Fajita Bowl	0	308
Steak On Its Own	0	7
Chicken On Its Own	0	3
Family Mac and 3 Cheese Pasta Bake	0	7
Baked Family Lasagna	33	11
TOTAL	141	7846