

Weekly Meal Summary - 01/09/2025 to 07/09/2025

Meal	Already Made	Total
Spaghetti Bolognese	16	481
Beef Chow Mein	6	281
Shepherd's Pie	0	256
Beef Burrito Bowl	0	367
Beef Meatballs	6	354
Lebanese Beef Stew	14	134
Mongolian Beef	0	492
Chicken with Vegetables	0	201
Chicken with Sweet Potato and Beans	0	303
Naked Chicken Parma	0	702
Chicken Pesto Pasta	4	468
Chicken and Broccoli Pasta	0	246
Butter Chicken	0	421
Thai Green Chicken Curry	0	342
Moroccan Chicken	0	149
Steak with Mushroom Sauce	29	419
Creamy Chicken & Mushroom Gnocchi	0	368
Roasted Lemon Chicken & Potatoes	0	285
Beef Lasagna	0	1102
Bean Nachos with Rice	0	28
Lamb Souvlaki	4	440
Chicken Fajita Bowl	0	421
Steak On Its Own	0	0
Chicken On Its Own	0	0
Family Mac and 3 Cheese Pasta Bake	0	16
Baked Family Lasagna	0	51
TOTAL	79	8327