

## Weekly Meal Summary - 03/11/2025 to 07/11/2025

Meal	Already Made	Total
Spaghetti Bolognese	7	504
Beef Chow Mein	0	312
Shepherd's Pie	11	295
Beef Burrito Bowl	0	375
Beef Meatballs	0	446
Lebanese Beef Stew	0	7
Mongolian Beef	0	563
Chicken with Vegetables	0	217
Chicken with Sweet Potato and Beans	0	294
Naked Chicken Parma	8	788
Chicken Pesto Pasta	0	566
Chicken and Broccoli Pasta	0	356
Butter Chicken	0	498
Thai Green Chicken Curry	0	425
Moroccan Chicken	5	223
Steak with Mushroom Sauce	0	551
Creamy Chicken & Mushroom Gnocchi	0	425
Roasted Lemon Chicken & Potatoes	9	445
Beef Lasagna	0	995
Bean Nachos with Rice	0	46
Lamb Souvlaki	0	568
Chicken Fajita Bowl	0	381
Steak On Its Own	0	0
Chicken On Its Own	0	0
Family Mac and 3 Cheese Pasta Bake	0	8
Baked Family Lasagna	0	39
Lunch & Dinner Weekdays Only - 10 Meals	0	1
Meal Plan Subscription	0	1
ON Amino Energy Can	0	24
<b>TOTAL</b>	<b>40</b>	<b>9353</b>