



*There is a perennial philosophy shared among the inner esoteric doctrines of every major religious tradition. In order to restore a sense of purpose to humanity it must be rescued from the collapsing institutions of modern faith and articulated in clear and concise terms. Sophia Perennis represents an effort to do precisely that.*

*These teachings begin with the recognition that the core identity of reality is the Self. The Self is best described as a pure simplicity that transcends all categories, distinctions, and attributes. In the same way that complex truths are extrapolated from foundational principles, sophisticated experiential states interweave primordial qualia, and intricate aggregates of matter are explained by a small set of elementary particles, the complexity and multiplicity of the world derives from the ineffable, unified, and ultimate simplicity that is the Self.*

*Three equivalent, co-equal, and co-eternal categories of being derive from the Self--namely the body, the mind, and the spirit. The body is that which is observable, quantifiable, measurable, and predictable. Speaking in these terms, fields constitute our universe. Excitations in these fields represent mental activity, which accordingly ranges in complexity from individual particles to entire nervous systems. Crucially, we could not even begin to discuss these things if they were not also spiritual. Spirit is the truth, pattern, and order that defines reality.*

*Existence is structured around the individual attaining Self-Realization, as is evidenced by two facts so immanent to the human race that we struggle to recognize them. The first is that our universe is suitable for the creation of life. Physicists today estimate that if the values of the fundamental constants were variable, the probability of the cosmos being life-compatible by chance would be so astronomically low as to be zero. Of equally low probability is the coincidence that one's stream of consciousness rose from commonplace matter to the level of human awareness, given the physical scarcity of intelligent life in the universe. This second fact can only be explained by the MWI, a theory which posits that many timelines exist--of which we only perceive one. The one perceived is naturally the one which leads the individual to the highest state of being. The ancients may have lacked the technical language necessary to frame providence in the way that has been presented here, but their intuitions nevertheless brought them to the same insight.*

*Self-Realization is detachment from all derivative identities. These include outcomes, possessions, beliefs, pleasures, pains, desires, and ego. Opportunities to let go will arise constantly in day to day life. When they do, take them--and live as you were meant to.*

*This is the truth unshrouded by mythology, dogma, and archaic terminology, presented in its entirety in a few paragraphs and requiring only common sense to comprehend. And yet, the depth and breadth of this eternal wisdom are unparalleled, and it has stood and will continue to stand for eons as the pinnacle metaphysic.*