



1st World Para Taekwondo Poomsae Championships - Bahrain 2024
&
Bahrain 2024 Para Taekwondo Open



Dear Taekwondo Family,

The Paris 2024 Paralympic Games was a tremendous success for World Taekwondo. The 10 gold medals were earned by athletes representing nine different countries. And a total of 24 countries from 4 continents earned a medal, including the first ever medal for the Refugee Paralympic Team.

The Para Taekwondo athletes keep on being an inspiration to us all with their dedication to their training and athletic performance while persevering against adversity. Their actions show that Taekwondo is truly a sport that contributes to an inclusive society.

World Taekwondo is now moving forward with an application to include athletes with an intellectual impairment and an additional discipline, Poomsae, for our sport on the medal event program for the LA28 Paralympic Games.

After the return of Para Taekwondo Poomsae athletes at the Veracruz 2023 World Para Taekwondo Championships, it is now my privilege to invite you to the 1st World Para Taekwondo Poomsae Championships – Bahrain 2024 (G14), to be held in Manama, Bahrain on November 26-27, 2024, and the Bahrain 2024 Para Taekwondo Open (G2) (kyorugi) on November 29, 2024. This is the first time that Para Taekwondo Poomsae Athletes will have their own World Championships.

The 1st World Para Taekwondo Poomsae Championships – Bahrain 2024 will be a key event for World Taekwondo's application to the LA28 Paralympic Games medal event program.

I wish to take this opportunity to thank H.E. Shaikh Mohamed bin Duaij Khalifa Al Khalifa, President of the Bahrain Paralympic Committee and the host for the 1st World Para Taekwondo Poomsae Championships and Bahrain 2024 Para Taekwondo Open to be held in Manama.

Most importantly, I look forward to the active participation of our Member National Associations. I am looking forward to seeing you in Bahrain in November!

Sincerely yours,

Chungwon Choue

Chungwon Choue
President



It is with great pleasure and pride that I express my honor in hosting the 1st World Para Taekwondo Poomsae Championships - Bahrain 2024, as well as the Bahrain 2024 Para Taekwondo Open. These sporting events reflect the Kingdom of Bahrain's commitment to promoting inclusive sports and providing opportunities for our Paralympic champions to showcase their talents, determinations and abilities.

The organization of these championships represents a significant step in elevating Bahrain's standing on the global para sports stage. The championships will also serve as an ideal platform for cultural exchange and the strengthening of ties among participating nations.

I extend my heartfelt thanks to all parties involved and to the organizing teams for their sincere efforts in ensuring the success of these championships. I eagerly look forward to welcoming participants and audiences to the Kingdom of Bahrain, and I wish everyone the utmost success.

I would like to express my deepest gratitude to World Taekwondo for their trust and confidence in granting Bahrain the honor of hosting these two prestigious championships. We are proud of this partnership and believe this is just the beginning of an ongoing collaboration in hosting future Para Taekwondo Championships, further strengthening our shared commitment to the sport's growth and inclusivity.

His Excellency Shaikh Mohamed bin Duaij Al Khalifa
President

A handwritten signature in black ink, appearing to read "Shaikh Mohamed bin Duaij Al Khalifa".

Bahrain National Paralympic Committee



PROMOTER

World Taekwondo
Booyoung Taepyeung Building 10th fl.
55, Sejong-daero, Jung-gu
Seoul, Republic of Korea
 para-tkd@worldtaekwondo.org

ORGANIZED BY

Bahrain National Paralympic Committee

Address:
P.O BOX : 17572
Seera Investment Building
Road 2831, Block 428,
Building 2431,
Manama, Kingdom of Bahrain

Tel: +973 17558822

Email: info@npc.bh

Website: <https://npc.bh/>

VENUE

Bahrain Sports Federation for Disabilities
ADDRESS: Isa Sport City, Hall D, Riffa, Kingdom of Bahrain
[Google maps link](#)



QUALIFICATION

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

In accordance with Article 4 of the World Para Taekwondo Poomsae competition Rules, the contestant must be:

- 1.1 Holder of Nationality of the participating team.
- 1.2 Athletes with a refugee status issued by either governmental authorities in the country of residence or the UNHCR may be entered into tournaments and championships under the WT Flag based on prior approval from WT.
- 1.3 An athlete recommended by a WT recognized Member National Association (MNA)
- 1.4 Holder of a Para Taekwondo Dan issued or recognized by WT or an 8th-1st Geup certificate issued or recognized by WT.
- 1.5 Holder of a WT Global Athlete Licence (GAL) & Global Official Membership (GOM)
- 1.6 A Para Taekwondo Poomsae Athlete shall be at least 16 years old in the year of 2024 (born no later than December 31, 2008)
- 1.7 Athlete must go through International Classification in accordance with the World Para Taekwondo Athlete Classification Rules and be assigned a Sport Class and Sport Class Status prior to the tournament. Athletes found Not Eligible (NE) or with a Classification Not Complete (CNC) will not be able to compete.

Bahrain 2024 Para Taekwondo Open

In accordance with Article 4 of the World Para Taekwondo Competition Rules, the contestant must be:

1. Holder of Nationality of the participating team
 - 1.1 Athletes with a refugee status issued by either governmental authorities in the country of residence or the UNHCR may be entered into tournaments and championships under WT flag based on prior approval from WT.
2. An athlete recommended by a WT recognized Member National Association
3. Holder of a WT recognized Dan or 5-1 Geup
4. Holder of a WT Global Athlete Licence
5. Kyorugi Contestant shall be at least 16 years old in the year of the pertinent tournament.
6. Athlete must go through International Classification in accordance with the World Para Taekwondo Athlete Classification Rules and be assigned a Sport Class and Sport Class Status prior to the tournament. Athletes found Not Eligible (NE) or with a Classification Not Complete (CNC) will not be able to compete.



COACH ELIGIBILITY REQUIREMENTS

In accordance with the World Para Taekwondo Administration regulations of International Para Taekwondo Coaches, all coaches officiating at the **1st World Para Taekwondo Poomsae Championships - Bahrain 2024** and the **Bahrain 2024 Para Taekwondo Open** needs to be a certified World Para Taekwondo International Coach Level 2.

NOTE: Only coaches with a World Para Taekwondo International Coach Certificate Level 2 will be allowed to coach athletes at the 1st World Para Taekwondo Poomsae Championships - Bahrain 2024 and the Bahrain 2024 Para Taekwondo Open.

TEAM DOCTOR/PHYSICIAN ELIGIBILITY REQUIREMENTS

1st World Para Taekwondo Poomsae Championships – Bahrain 2024

In order to receive accreditation as team doctor/physician, all doctors and physicians must attend the medical meeting on November 25, 2024, at 18:00-19:00.

EVENTS

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

Poomsae Sport Classes:

| SPORT CLASSES | | |
|---------------|--------|--------|
| | Men | Women |
| P21 (II1) | Senior | Senior |
| P22 (II2) | Senior | Senior |
| P23 (II3) | Senior | Senior |
| P31 | Senior | Senior |
| P32 | Senior | Senior |
| P33 | Senior | Senior |
| P34 | Senior | Senior |
| P35 | Senior | Senior |
| P51 | Senior | Senior |
| P52 | Senior | Senior |
| P53 | Senior | Senior |
| P72 | Senior | Senior |



Bahrain 2024 Para Taekwondo Open

Kyorugi Sport Classes

| SPORT CLASSES | |
|--------------------|--------------------|
| K44 | |
| MEN's EVENTS | WOMEN's EVENTS |
| Not exceeding 58kg | Not exceeding 47kg |
| Not exceeding 63kg | Not exceeding 52kg |
| Not exceeding 70kg | Not exceeding 57kg |
| Not exceeding 80kg | Not exceeding 65kg |
| Over 80kg | Over 65kg |

COMPETITION RULES AND COMPETITION FORMAT

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

The latest updated World Para Taekwondo Poomsae Competition Rules as of September 30, 2024, will be implemented for the Championships.

World Para Taekwondo Poomsae Competition Rules can be found on the WT website:

<https://www.worldtaekwondo.org/rules-wt/rules.html?sc=03>

Bahrain 2024 Para Taekwondo Open (K44)

The latest updated World Para Taekwondo Competition Rules will be implemented for competition in the K44 Sport Classes at the **Bahrain 2024 Para Taekwondo Open**.

Competitions will be held in a single elimination format with a one round duration of contest.

*NOTE that Article 10.5 of the World Para Taekwondo Competition Rules will be in effect. Athletes that fail weigh-in shall be **disqualified**. All athletes are required to be registered in the correct weight category by the registration deadline. **Weight categories will not be changed in the case the athlete does not pass weigh-in!**



METHOD OF COMPETITION

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

Single elimination tournament

Athlete chooses from the following forms what poomsae to perform in each match. Group 1 for 1st round Poomsae and Group 2 for 2nd Round Poomsae.

| Individual division | Compulsory Poomsae | |
|--------------------------|--------------------|--|
| | Group 1 | Group 2 |
| Senior (16 yrs and over) | T3, T4, T5, T6, T7 | T8, Koryo (9), Keumgang (10)*, Taebeak (11), Pyongwon (12), Shipjin (13) |

*Poomsae Kumgang (10) shall be excluded for P30 Sport Classes

Athletes in the P20 Sport Classes may choose any recognized poomsae for round 1 and round 2 of a match.

Bahrain 2024 Para Taekwondo Open

Kyorugi K44 Sport Class

The Competitions in the K44 Sport Classes at the Bahrain 2024 Para Taekwondo Open will be held in single elimination tournament system.

The duration of contest shall be one round of five (5) minutes with one (1) minute timeout for each athlete. In the case of a tied score after the completion of the five (5) minute round, round of one (1) minute will be conducted as the Golden round, after a one (1) minute rest period. No timeout can be taken during the Golden Round.

Each coach will be allowed to call for one (1) one (1) minute timeout at any time during the one round contest.

The duration of contest may be adjusted to four (4) minutes or three (3) minutes upon the decision of the Technical Delegate for the pertinent Championships.

Win by Point Gap (PTG) 30 points will be implemented throughout the tournament.

Link to rules - [https://www.worldtaekwondo.org/viewer_pdf/external/pdfjs-2.1.266-dist/web/viewer.html?file=https://www.worldtaekwondo.org/att_file/documents/World%20Para%20Taekwondo%20Competition%20Rules%20\(as%20of%202023-05-02\).pdf](https://www.worldtaekwondo.org/viewer_pdf/external/pdfjs-2.1.266-dist/web/viewer.html?file=https://www.worldtaekwondo.org/att_file/documents/World%20Para%20Taekwondo%20Competition%20Rules%20(as%20of%202023-05-02).pdf)



POOMSAE SCORING SYSTEM

To be confirmed – Poomsae scoring system will be used for the competitions of the 1st World Para Taekwondo Poomsae Championships - Bahrain 2024.

PSS

The Bahrain 2024 Para Taekwondo Open will use KPNP protector and Scoring System (PSS). The following sizes and hit-levels will be implemented.

| Men's categories | | Hit Level | Women's categories | | Hit Level |
|------------------|---------------------|-------------|--------------------|---------------------|-------------|
| -58kg | Not exceeding 58 kg | 15 (size 3) | -47kg | Not exceeding 47 kg | 13 (size 2) |
| -63kg | Not exceeding 63 kg | 16 (size 3) | -52kg | Not exceeding 52 kg | 14 (size 2) |
| -70kg | Not exceeding 70 kg | 17 (size 3) | -57kg | Not exceeding 57 kg | 15 (size 3) |
| -80kg | Not exceeding 80 kg | 18 (size 4) | -65kg | Not exceeding 65 kg | 16 (size 3) |
| +80kg | Over 80 kg | 19 (size 5) | +65kg | Over 65 kg | 17 (size 4) |

ATHLETE UNIFORMS

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

Contestants shall wear WT-approved Poomsae competition uniform or the standard white taekwondo uniform at WT-promoted Para Poomsae Championships. See list of recognized products at: <https://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

Bahrain 2024 Para Taekwondo Open

Athlete uniforms shall be modified in accordance with the World Para Taekwondo Uniform Specification Guide.

http://www.worldtaekwondo.org/viewer_pdf/external/pdfjs-2.1.266-dist/web/viewer.html?file=http://www.worldtaekwondo.org/att_file/documents/World%20Para%20Taekwondo%20Kyorugi%20-%20Uniform%20Specification%20Guide.pdf



ENTRIES

1st World Para Taekwondo Poomsae Championships - Bahrain 2024 and Bahrain 2024 Para Taekwondo Open

Every WT Member National Association may enter as many athletes as they wish into each Medal Event at the 1st World Para Taekwondo Poomsae Championships - Bahrain 2024 (National team entry) and the Bahrain 2024 Para Taekwondo Open (Club level entry).

Team Officials

The number of Team Officials are limited as follows:

| POSITION | MAX. NO. OF MEMBERS | |
|------------------------------|---------------------|--------------|
| | MENS TEAM | WOMENS TEAM |
| HEAD OF TEAM: | | 1 |
| MANAGER: | 1 | 1 |
| MANAGER POOMSAE: | 1 | 1 |
| COACH: | 2 | 2 |
| COACH POOMSAE: | 2 | 2 |
| TRAINER: | 1 | 1 |
| TRAINER POOMSAE | 2 | 2 |
| TEAM DOCTOR: | 2 | 2 |
| ATHLETE ASSISTANT | 1/5 Athletes | 1/5 Athletes |
| KYORUGI: | 1/1 Athlete | 1/1 Athlete |
| ATHLETE ASSISTANT POOMSAE | | |

NOTE: Only coaches with a World Para Taekwondo International Coach Certificate Level 2 will be allowed to coach athletes.

ENTRY FEE

Regular registration (Oct. 1, 2024 17:01 CET – November 12, 2024 17:00 CET): US\$100/athlete



CONDITIONS OF PARTICIPATION

- A. Round trip airfare and accommodation: Round trip airfare and accommodation charges of room and board shall be borne by the participating Member National Association.
- B. Entry fees: The entry fees of US\$100/athlete shall be paid in the GMS. Athletes shall not be allowed to compete without successful payment of entry fee.
- C. Entry Registration: **Entry will only be accepted through the WT online registration system - WT GMS.**
- D. Ground transportation will be provided for national teams on arrival and departure free of charge, only for teams who book via the official event agent and provided that the Organizing Committee has been informed of the date, time, and flight number of the national team's arrival and departure at the latest by **November 15, 2024**. Daily transportation is also provided in Manama between official hotels and venues for athlete training, registration, head of team meeting and competition days.



LICENCE AND ONLINE REGISTRATION

WT Global License Registration

All Athletes and Team officials must FIRST be registered with a valid **2024** WT License. You will not be able to register without renewing the license for **2024**!

WT Online Registration

National Team Entry will only be accepted through the WT online registration system and registration is only possible with a valid WT Global License. National Team GMS administrators will be notified via email once online registration is open. Athletes who have previously not gone through athlete classification (New "N") and been assigned a sport class and sport class status shall register in the P20, P30, P50 or P70 category depending on the athlete's impairment type

| Impairment type / Sport Class | Information | Age category | Class |
|-------------------------------|--|-------------------|--------|
| P20 | for all new athletes with an intellectual impairment | Senior (16 yo -) | Senior |
| P21 | For all athletes previously classified as P21 | Senior (16 yo -) | Senior |
| P22 | For all athletes previously classified as P22 | Senior (16 yo -) | Senior |
| P23 | For all athletes previously classified as P23 | Senior (16 yo -) | Senior |
| P30 | for all new athletes with a neurological impairment | Senior (16 yo -) | Senior |
| P31 | For all athletes previously classified as P31 | Senior (16 yo -) | Senior |
| P32 | For all athletes previously classified as P32 | Senior (16 yo -) | Senior |
| P33 | For all athletes previously classified as P33 | Senior (16 yo -) | Senior |
| P34 | For all athletes previously classified as P34 | Senior (16 yo -) | Senior |
| P35 | For all athletes previously classified as P35 | Senior (16 yo -) | Senior |
| P50 | For all new athletes using assistive devices | Senior (16 yo -) | Senior |
| P51 | For all athletes previously classified as P51 | Senior (16 yo -) | Senior |



| | | | |
|-----|---|-------------------|--------|
| P52 | For all athletes previously classified as P52 | Senior (16 yo -) | Senior |
| P53 | For all athletes previously classified as P53 | Senior (16 yo -) | Senior |
| P70 | for all new athletes with short stature | Senior (16 yo -) | Senior |
| P72 | For all athletes previously classified as P72 | Senior (16 yo -) | Senior |

Bahrain 2024 Para Taekwondo Open

Kyorugi – (**Club level entry**) athletes that have already been classified should register in the sport class and weight category where they wish to compete. Athletes that have previously not gone through athlete classification (New “N”) and been assigned a sport class and a sport class status shall enter in the K40 class with the desired weight category.

Regular registration:

October 1 (17:01 CET) – November 12, 2024 (17:00 CET)

World Taekwondo Classification Master list can be found here - <https://db.ipc-services.org/wtcs/web/cml/sport/tk/format/html>



SPORT CLASSES

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

Poomsae Sport Classes

P20

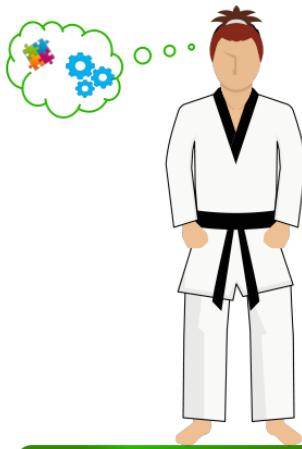
A diagram illustrating the P21 sport class. On the left, a green speech bubble contains the text "P21". A horizontal line connects this bubble to a central illustration of a person in a white Taekwondo uniform with a black belt, standing in a ready pose. Above the person is a thought bubble containing a jigsaw puzzle piece. In the top right corner of the diagram area, the World Para Taekwondo logo is present. In the bottom right corner, there is a graphic for the LA28 Paralympic Games, featuring the letters "LA" and "28" in a stylized font with a colorful swoosh underneath.

P21

Only IQ* is affected
IQ : 75 or below.
*IQ: intelligence quotient

* P21 is one of the sport classes where WT will apply for inclusion on the medal event program for LA28 Paralympic Games.

P22

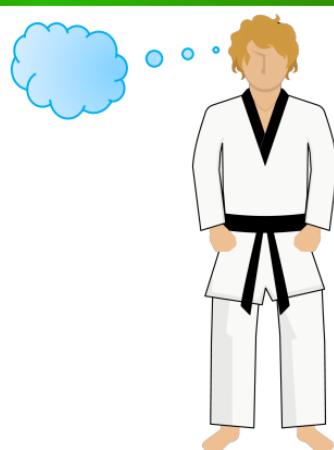


IQ affected + Other health conditions
I.Q: 75 or below.
Other Medical conditions e.g. Neuromuscular.

LA28

* P22 is one of the sport classes where WT will apply for inclusion on the medal event program for LA28 Paralympic Games.

P23



Autism
Athletes diagnosed with
Autism Spectrum Disorder (ASD)

P30

P31



Which condition:

Severity:

Number of limbs affected:

Hypertonia (Spasticity) or Athetosis or Dystonia or Ataxia

Moderate

4 Limbs affected

P32



Which condition:

Severity:

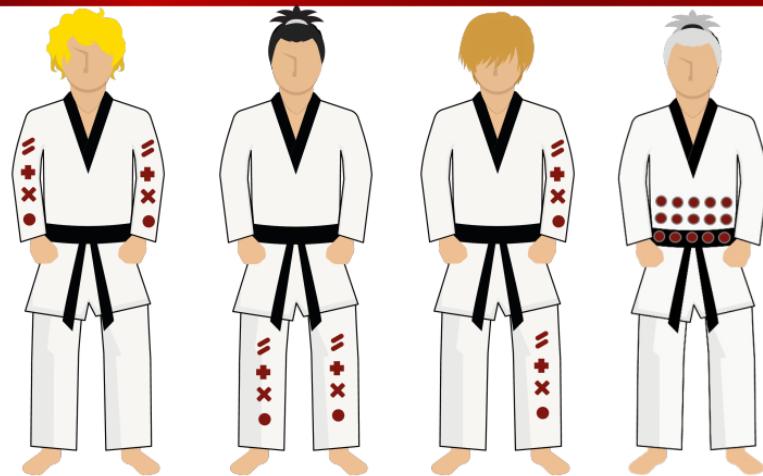
Number of limbs affected:

Hypertonia (Spasticity) or Athetosis or Dystonia or Ataxia

Moderate

3 Limbs affected

P33

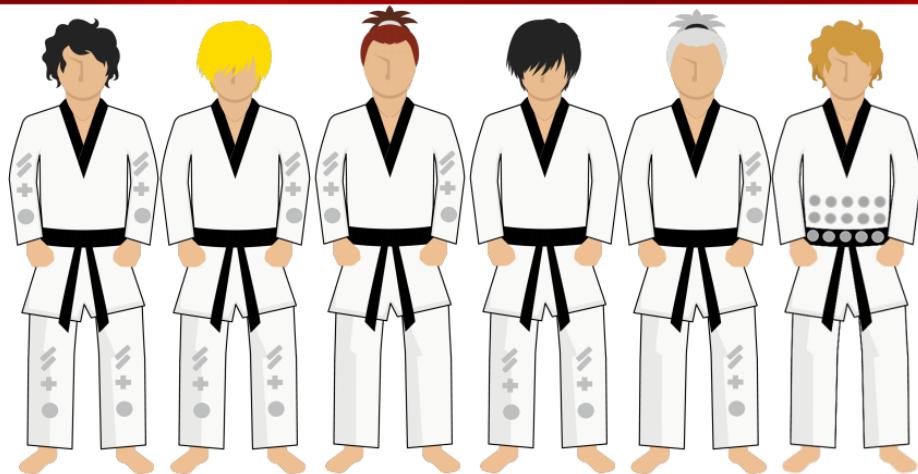


Which condition: Hypertonia (Spasticity) or Athetosis or Dystonia or Ataxia

Severity: Moderate

Number of limbs affected: 2 Limbs affected or Hemi or Truncal

P34

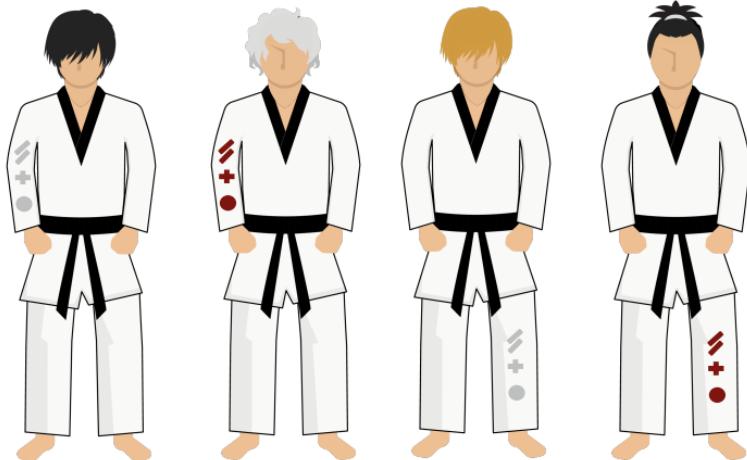


Which condition: Hypertonia (Spasticity) or Athetosis or Ataxia / **NO DYSTONIA**

Severity: Mild

Number of limbs affected: 2-4 Limbs affected or Hemi or Truncal

P35



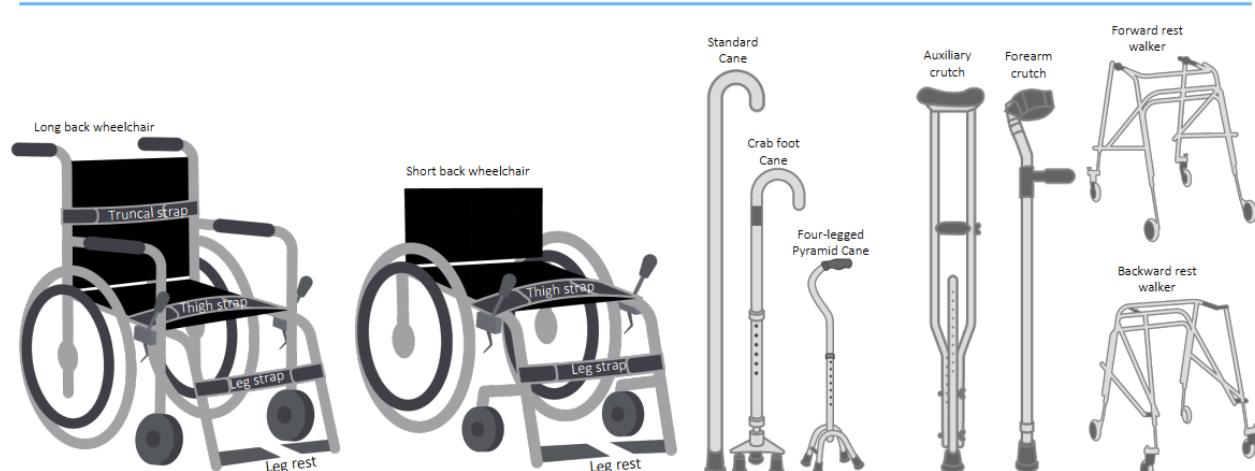
Which condition: Hypertonia (Spasticity) or Athetosis or Ataxia / **NO DYSTONIA**

Severity: Mild or Moderate

Number of limbs affected: 1 Limb affected

P50

GUIDE TO ASSISTIVE DEVICES



Long back wheelchair
 Truncal strap
 Thigh strap
 Leg strap
 Leg rest

Short back wheelchair
 Thigh strap
 Leg strap
 Leg rest

Standard Cane
Crab foot Cane
Four-legged Pyramid Cane

Auxiliary crutch
Forearm crutch

Forward rest walker
Backward rest walker

CANES

CRUTCHES

WALKERS

MUST HAVE truncal strap, thigh strap, leg strap and leg rest (if lower limbs are available).
 SIDE HANDLES CAN BE KEPT

MUST HAVE thigh strap, leg strap and leg rest (if lower limbs are available).
 SIDE HANDLES MUST BE REMOVED

P51

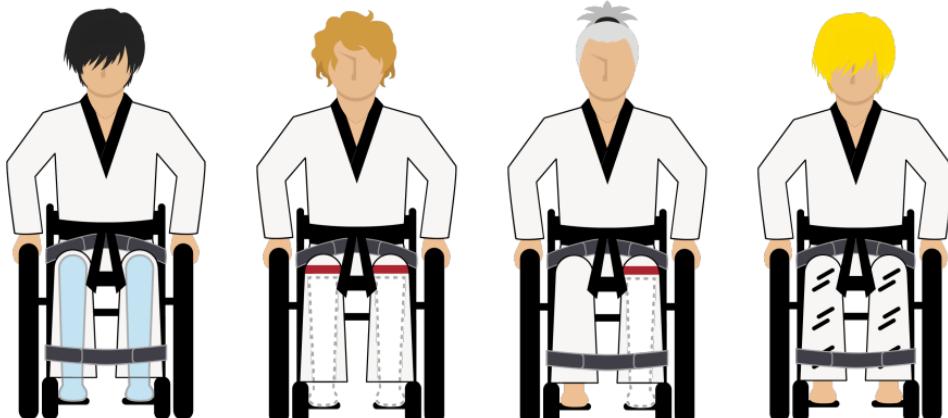



Any medical condition (e.g. impaired muscle power, impaired passive range of movement or neuro-muscular conditions) that affects BOTH lower limbs and THE TRUNCAL AREA to an extent that an athlete CAN NOT stand and would require a back strap to stabilise on the wheelchair.

MUST APPLY TRUNK & THIGH STRAP

Leg strap and leg rest (if applicable), side handles can be kept

P52

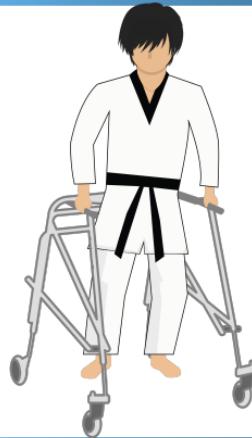



Any medical condition (amputation, dysmelia, impaired muscle power, impaired passive range of movement or neuro-muscular conditions) that affects ONE or BOTH lower limbs to an extent that an athlete CAN NOT stand. Stable on the wheelchair (trunk NOT affected).

MUST REMOVE SIDE HANDLES & APPLY THIGH STRAP

Leg strap and leg rest (if applicable)

P53



Any medical condition (e.g. impaired muscle power, impaired passive range of movement or neuro-muscular conditions) that affects ONE or BOTH lower limbs to an extent that an athlete CAN stand stable using an assistive device.

MUST HAVE BOTH LOWER LIMBS

P70

P72



Standing height \leq 145 cm.

and *Arm length \leq 66 cm

and Standing height + arm length \leq 200

*Arm measured from acromion to the tip of longest finger

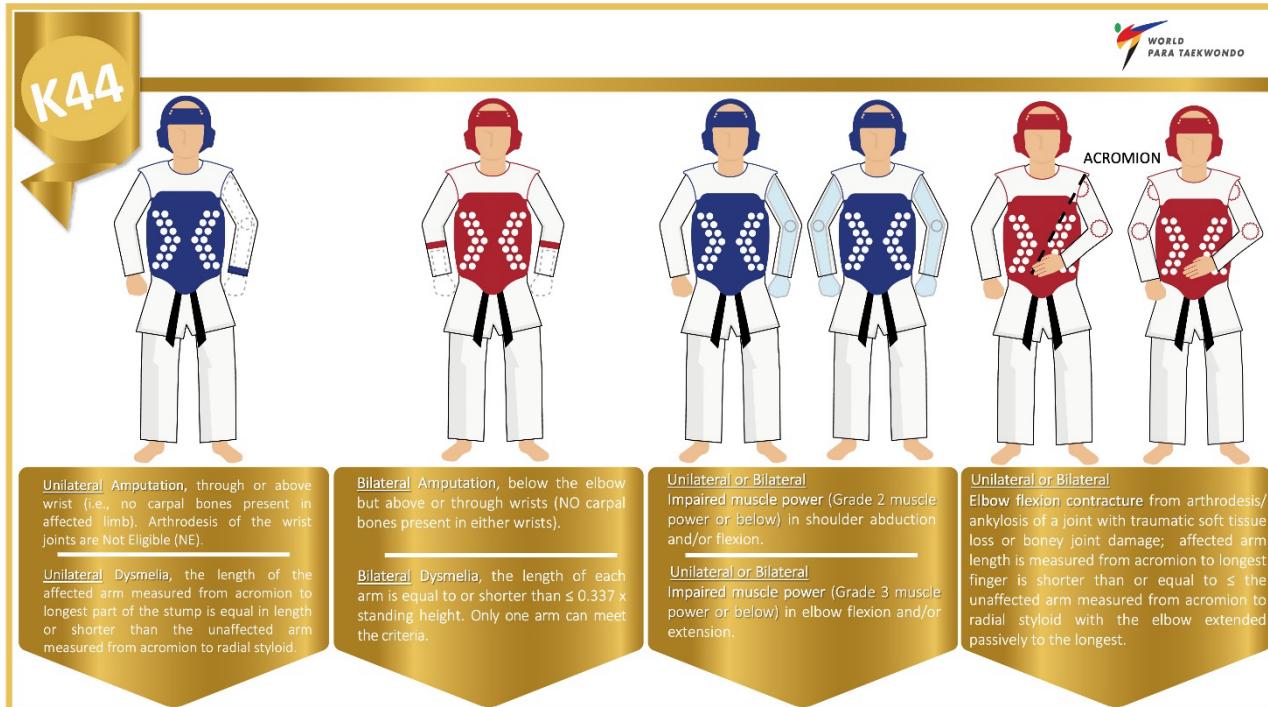
Standing height \leq 137 cm.

and *Arm length \leq 63 cm

and Standing height + arm length \leq 190

*Arm measured from acromion to the tip of longest finger

Bahrain 2024 Para Taekwondo Open (K44)



INTERNATIONAL ATHLETE CLASSIFICATION

The term “Classification” refers to a structure for Competition to ensure that an Athlete’s Impairment is relevant to sport performance, and that Athletes compete equitably with each other. The purpose of Classification is to define who is eligible to compete in Para Taekwondo and to group athletes in sports classes for competition in Kyorugi.

The details on each sport class can be found in the WT Athlete Classification Rules:

https://www.worldtaekwondo.org/viewer_pdf/external/pdfjs-2.1.266-dist/web/viewer.html?file=https://www.worldtaekwondo.org/att_file/documents/WT%20Athlete%20Classification%20Rules%20as%20of%20August%202024,%202023.pdf

World Taekwondo Classification Master list can be found here - <https://db.ipc-services.org/wtcs/web/cml/sport/tk/format/html>

MEDICAL DIAGNOSTIC FORM (MDF) for K40, P20, P30, P50 & P70

The Medical Diagnostic Form (MDF) is to be completed in English by the athlete’s individual physician or physio therapist.

The completed form must be submitted no later than **November 15, 2024**, before the athlete undergoes athlete evaluation. This applies to all athletes with a physical impairment competing in



WT. Depending on the athlete's health condition and impairment, additional medical information is to be attached to this form (see page 2). Please consult the WT Classification rules for a list of eligible impairments and underlying health conditions for Kyorugi and Poomsae.

There will be separate MDFs for K40, P20, P30, P50, P70

For the P20 Sport there will be an "MDF" for P20. IQ test from verified psychologist will be required as well as medical report. If AAI is present with downs syndrome this needs to be noted too.

Link to download MDF - https://www.worldtaekwondo.org/para-wt/para_mdf_fpa.html

NOTE – Failure to submit MDF and medical information can lead to your athlete not being able to be classified and receiving a “Classification Not Complete”, “CNC”. The athlete will then not be able to compete at the event.

WORLD TAEKWONDO CLASSIFICATION SYSTEM (WTCS)

World Taekwondo Classification System (WTCS) is the WT online registration tool for MNAs to register their new athletes and add Medical Diagnostic Forms (MDF) and pictures to be seen by the WT Classification Evaluation Group in order to determine if the new athlete is eligible for Para Taekwondo and meets Minimum Impairment Criteria (MIC). All athletes in the WTCS will require a WT License Number (GAL).

In order to activate Member National Association user account information for the World Para Taekwondo Classification System (WTCS) please click on WTCS Account Request From on the following on the following link: <https://db.ipc-services.org/wtcs/app/login>. Fill out and submit the MNA Account Request form to the Para Taekwondo Department at para-tkd@worldtaekwondo.org. Username and password will then be sent to the communicated email address.

NOTE – Failure to submit MDF and medical information can lead to your athlete not being able to be classified and receiving a “Classification Not Complete”, “CNC”. The athlete will then not be able to compete at the event.

**WTCS Account Policy – Each Member Federation must internally designate exactly one (1) primary user responsible for WTCS Account.*

Virtus Classification System P20 Sport Class

For the P20 Sport Class, Virtus International Eligibility is recognized. However, Sport Specific classification is required. New P20 athletes needs to fill out the "MDF" for P20 and upload to WTCS with a photo. IQ test (full) and Adaptive Behaviour Test from verified psychologist will be



required as well as medical report. If the athlete has down syndrome, neck x-ray and a medical report to rule out AAI needs to be provided. All documents shall be uploaded to WTCS.

World Taekwondo Classification Master list:

<https://db.ipc-services.org/wtcs/web/cml/sport/tk/format/html>

CLASSIFICATION SCHEDULE & LOCATION

1st World Para Taekwondo Poomsae Championships – Bahrain 2024

Classification schedule will be sent out following close of registration. Classification will take place on November 24-25, 2024. Please ensure to book your tickets so that teams will be in Manama both days. Changes to classification schedule will not be made once announced.

Athlete classification will be held at “The K Hotel”.

[Google maps link](#)

Bahrain 2024 Para Taekwondo Open

Classification schedule will be sent out following the close of registration. Classification will take place on November 28, 2024. Changes to classification schedule will not be made once announced.

Athlete classification will be held at “The K Hotel”.

[Google maps link](#)

RESEARCH

World Taekwondo will conduct research among the Para Taekwondo Poomsae athletes during the days leading up to the competitions of the 1st World Para Taekwondo Poomsae Championships – Bahrain 2024.

We ask for your kind participation in the research.

GUIDELINES FOR INTERNATIONAL ATHLETE CLASSIFICATION

The athlete should be wearing sport clothes (track suit). The athlete also needs to bring their uniform (dobok) and all personal protective equipment or assistive devices. The athlete should also bring any relevant medical information to classification.

Teams should have with them a translator who has good understanding of English.



The athlete should always do their best on the tests and exercises requested by the International Classifiers.

Further information can be found in the World Para Taekwondo Athlete Classification Rules:
https://www.worldtaekwondo.org/viewer_pdf/external/pdfjs-2.1.266-dist/web/viewer.html?file=https://www.worldtaekwondo.org/att_file/documents/WT%20Athlete%20Classification%20Rules%20as%20of%20August%202024,%202023.pdf

GLOBAL RANKING

The 1st World Para Taekwondo Poomsae Championships - Bahrain 2024 will hold a World Para Taekwondo Poomsae G14 ranking status. Competitions will be held in the “P” Sport Classes for athletes with an intellectual impairment (P20 Classes), neurological impairment (P30 classes), using assistive devices (P50 Classes) or with short stature (P70 Classes).

In accordance with the World Para Taekwondo Poomsae Competition Rules article 7.1 recognized medal events shall have at least two competitors from two countries.

Bahrain 2024 Para Taekwondo Open

The Bahrain 2024 Para Taekwondo Open will hold a World Para Taekwondo **G2** ranking status. Competitions will be held in the Kyorugi “K”, K44 Sport Class in five (5) men's and five (5) women's weight categories.

In accordance with Article 6.4 of the World Para Taekwondo Competition Rules, “all competitions recognized by WT shall be formed with participation of no less than three (3) countries. Official results from Para Taekwondo Competitions with less than three (3) countries participating shall not be recognized by WT. **Any Sport Class and weight category, age or belt division with less than three (3) athletes from two (2) countries shall not be recognized in the official results.**

WORLD PARA TAEKWONDO RANKING AND SEEDING

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

World Taekwondo passed a World Para Taekwondo Poomsae Ranking Bylaw on September 30, 2024. In accordance with article 9, World Ranking will be implemented in stages. However, once implemented all results from January 1, 2023, will be counted.

Accordingly, the seeding for the 1st World Para Taekwondo Poomsae Championships - Bahrain 2024 will be made by random draw.



Bahrain 2024 Para Taekwondo Open

Seeding for the Bahrain 2024 Para Taekwondo Open will be based on the **November 2024 World Para Taekwondo Ranking** including all results and deductions until October 31, 2024.

Athletes that go through classification and are awarded a Sport Class and Sport Class status will have their previous ranking points counted for the seeding in the new weight category (in accordance with the World Para Taekwondo Ranking Point Transfer Policy)

WEIGH-IN

Please note that Article 10.5 of the WT Para Taekwondo Competition Rules will be in effect. Athletes that fail weigh-in shall be disqualified. All athletes are required to be registered in the correct weight division by the end of registration deadline. Weight division will not be changed in the case the athlete does not pass weigh in!

Weigh-in will be held at “The K Hotel”.

[Google maps link](#)

RANDOM WEIGH-IN

Random weigh-in will be held in the morning of the competition day in accordance with the schedule. Two (2) athletes from each weight category will be randomly drawn and announced in accordance with the event schedule. “Over” weight categories are not subject to random weigh-in.

Random weigh-in lists will be published on the World Para Taekwondo Facebook page in accordance with the event schedule.

HEAD OF TEAM MEETING

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

The Head of Team meeting will be held at **19:00 on November 25, 2024**, for the Poomsae Competitions. Each participating team may send two (2) persons to attend the head of team meeting.

During the meeting important information regarding the competitions, procedures and competition rules will be shared with the teams.

All teams should send representatives to this meeting.

Bahrain 2024 Para Taekwondo Open

The Head of Team meeting for the Bahrain 2024 Para Taekwondo Open will be held on **November 27, 2024, at 14:00**. Each participating team may send two (2) persons to attend the head of team meeting.



During the meeting important information regarding the competitions, procedures and competition rules will be shared with the teams.

All teams should send representatives to this meeting.

COMPETITION DAYS

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

Poomsae Competition November 26, 2024 (Day 1)

- **P22 (Senior Male & Female)**
- **P32 (Senior Male & Female)**
- **P35 (Senior Male & Female)**
- **P51 (Senior Male & Female)**
- **P52 (Senior Male & Female)**
- **P53 (Senior Male & Female)**

Poomsae Competition November 27, 2024 (Day 2)

- **P21 (Senior Male & Female)**
- **P23 (Senior Male & Female)**
- **P31 (Senior Male & Female)**
- **P34 (Senior Male & Female)**
- **P72 (Senior Male & Female)**

Bahrain 2024 Para Taekwondo Open Kyorugi Competitions (November 29, 2024)

- All weight-categories

DRAWING OF LOTS & PUBLICATION

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

All athletes in all sport classes will be subject to random draw.

Bahrain 2024 Para Taekwondo Open

The drawing of lots will be made following the completion of Athlete Classification. All Athletes with World Para Taekwondo Ranking points will be seeded in accordance with the World Para Taekwondo Ranking Bylaw based on the November 2024 World Para Taekwondo Ranking including all results and deductions until October 31, 2024.

Publication



The draw will be published the OVR provider website as well as the World Taekwondo website and World Para Taekwondo Facebook page.

BROADCAST & LIVESTREAM

The Competitions from the 1st World Para Taekwondo Poomsae Championships – Bahrain 2024 and the Bahrain 2024 Para Taekwondo Open will be live streamed on the WT Youtube channel.

RESULTS

Athletes will be awarded with the following:

| | |
|---|----------------------------|
| 1st PLACE: | GOLD MEDAL & CERTIFICATE |
| 2nd PLACE: | SILVER MEDAL & CERTIFICATE |
| 3rd PLACE: | BRONZE MEDAL & CERTIFICATE |
| 3rd PLACE: | BRONZE MEDAL & CERTIFICATE |
| 5th, 6th, 7th, and 8th PLACES: | CERTIFICATE |

TEAM STANDING

1st World Para Taekwondo Poomsae Championships - Bahrain 2024

Team Standings shall be calculated in accordance with Article 6.1 of the World Para Taekwondo Competition Rules.

Team trophies will be awarded in the following categories to for Poomsae

| CATEGORY | TEAM | AWARDS |
|----------|--------------|---|
| POOMSAE | MEN'S TEAM | 1 ST , 2 ND & 3 RD |
| POOMSAE | WOMEN'S TEAM | 1 ST , 2 ND & 3 RD |
| POOMSAE | TEAM OVERALL | 1 ST , 2 ND & 3 RD |



ONSITE REGISTRATION AND ACCREDITATION

There will be registration onsite and accreditation collection at “The K Hotel”.

ACCOMMODATION

All accredited national teams participating at the event may hotel accommodation via the Organizing Committee. Any athletes or team members that do not comply with this regulation will **NOT** be able to make use of the local transportation provided by the Organizer.

Accommodation details are provided in the portal: <https://online.npc.bh>

We urge all teams to make their accommodation arrangements as early as possible.

TRANSPORTATION

The Organizing Committee will provide transportation between the airport and hotel and vice-versa and between the hotel and the competition venue for those teams that have booked their hotel via the Organizing Committee.

VISA INFORMATION

For any needed assistance with visa issues please contact the Organizing Committee:
LOCsupport@npc.bh

Please visit the portal <https://online.npc.bh>

The portal will provide the following services:

- Accommodation booking
- Visa Assistance
- Arrival & departure information update



ACCOMMODATION

For any needed assistance with accommodation please contact Ms. Fatima Alhalwachi from the Organizing Committee / Email: falhalwachi@npc.bh

| | |
|---|---|
| Hotels | <ul style="list-style-type: none">• The K• Swiss-Belsuites Admiral Juffair |
| Accommodation Options (Includes Full Board and Transportation) | |
| Single Room | USD 190 per participant |
| Double Room | USD 150 per participant |
| Triple Room | USD 135 per participant |

Cancellation Policies

- **05 Oct - 11 Oct:** 80% refund (transfer charges will be deducted). (TBC)
- **12 Oct - 31 Oct:** No refund (TBC)
- **1 Nov - 20 Nov:** No Refund + 20% late fee applies on invoice total (TBC)

Accommodation booking deadline is 31 Oct 2024.



LOC ACCOMMODATION & VISA APPLICATION PORTAL

The LOC Portal provides the following features to participants

- **Convenient and centralized access:** Participants can easily enter and manage their personal details, flight information, accommodation bookings, and visa applications all in one place.
- **Time saving:** Eliminates the need for multiple platforms or manual data entry, streamlining the process for participants.
- **Easy updates:** Allows participants to edit their flight details, accommodation bookings, and personal information as needed, ensuring accuracy and flexibility.
- **Enhanced organization:** Provides a structured system for participants to keep track of their travel-related information and requirements.
- **Seamless communication:** Facilitates effective communication between event organizers and participants regarding any changes or updates to their travel arrangements.
- **Efficient visa application:** Simplifies the visa application process by integrating it within the portal, making it easier for participants to submit their visa requests.

The above will ease for the LOC the process of arranging transportation, visa issuance and communication with official hotels.



SCHEDULE (Subject to change)

| Date | Time | Event | Place |
|-------------|-------------|--|------------------------|
| November 19 | All Day | Arrivals Educators and Course attendees | Airport |
| November 20 | 08:00-12:00 | International Classifier Special Course (P20) Day 1 | The K Hotel |
| | 08:00-12:00 | International Classifier Course Level 3 (P30) Day 1 | The K Hotel |
| | 12:00-13:00 | LUNCH | |
| | 13:00-18:00 | International Classifier Special Course (P20) Day 1 | The K Hotel |
| | 13:00-18:00 | International Classifier Course Level 3 (P30) Day 1 | The K Hotel |
| November 21 | 08:00-12:00 | International Classifier Special Course (P20) Day 2 | The K Hotel |
| | 08:00-12:00 | International Classifier Course Level 3 (P30) Day 2 | The K Hotel |
| | 12:00-13:00 | LUNCH | |
| | 13:00-18:00 | International Classifier Special Course (P20) Day 2 | The K Hotel |
| | 13:00-18:00 | International Classifier Course Level 3 (P30) Day 2 | The K Hotel |
| November 22 | 08:00-12:00 | International Classifier Special Course (P20) Day 3 | The K Hotel |
| | 08:00-12:00 | International Classifier Course Level 3 (P30) Day 3 | The K Hotel |
| | 12:00-13:00 | LUNCH | |
| | 13:00-18:00 | International Classifier Special Course (P20) Day 3 | The K Hotel |
| | 13:00-18:00 | International Classifier Course Level 3 (P30) Day 3 | The K Hotel |
| November 23 | All day | Team arrivals | |
| | 08:00-09:00 | Classification set up & meeting | The K Hotel |
| | 09:00-21:00 | Host nation classification | The K Hotel |
| November 24 | 09:00-13:00 | Athlete Classification P20, P30, P50 and P70 Day 1 | The K Hotel |
| | 13:00-14:00 | LUNCH | |
| | 14:00-21:00 | Athlete Classification P20, P30, P50 and P70 Day 1 | The K Hotel |
| November 25 | 10:00-12:00 | International Referee Training (Lecture) | The K Hotel |
| | 09:00-13:00 | Athlete Classification P20, P30, P50 and P70 Day 2 | The K Hotel |
| | 13:00-14:00 | LUNCH | |
| | 14:00-16:00 | International Referee Training (Practical) | Isa Sport City, Hall D |
| | 14:00-18:00 | Athlete Classification P20, P30, P50 and P70 Day 2 | The K Hotel |
| | 18:00-19:00 | Team Doctor's meeting | The K Hotel |
| | 19:00-20:30 | World Para Taekwondo Poomsae Championships Head of Team Meeting & Drawing of Lots | The K Hotel |
| November 26 | 09:00-13:00 | World Para Taekwondo Poomsae Championships Eliminations, Quarter Finals (P22, P32, P33, P35, P51, P52, P53) | Isa Sport City, Hall D |
| | 13:00-15:00 | BREAK | |
| | 15:00-18:00 | World Para Taekwondo Poomsae Championships Semi-Finals, Finals and Awarding (P22, P32, P33, P35, P51, P52, P53) | Isa Sport City, Hall D |
| November 27 | 09:00-13:00 | World Para Taekwondo Poomsae Championships Eliminations & Quarter finals (P21, P23, P31, P34, P72) | Isa Sport City, Hall D |
| | 10:00-12:00 | Weigh-in Bahrain 2024 Para Taekwondo Open | Isa Sport City, Hall D |
| | 13:00-15:00 | BREAK | |
| | 14:00-15:00 | Bahrain 2024 Para Taekwondo Open Head of team meeting & Drawing of lots | Isa Sport City, Hall D |
| | 15:00-18:00 | World Para Taekwondo Poomsae Championships Semi-finals, Finals and Awarding (P21, P23, P31, P34, P72) | Isa Sport City, Hall D |
| November 28 | 09:00-18:00 | Athlete Classification K40 | The K Hotel |
| | 10:00-12:00 | International Referee Training (Lecture) | The K Hotel |
| | 10:00-12:00 | Weigh-in Bahrain 2024 Para Taekwondo Open | The K Hotel |
| | 14:00-15:00 | Bahrain 2024 Para Taekwondo Open Head of Team meeting and Drawing of Lots | The K Hotel |
| | 16:00-18:00 | International Referee Training (Practical) | Isa Sport City, Hall D |
| November 29 | 07:00 | Publication of Random weigh-in draw | Online |
| | 08:00 | Random weigh-in | Isa Sport City, Hall D |
| | 09:00-13:00 | Bahrain 2024 Para Taekwondo Open Eliminations and Quarter Finals (K44) | Isa Sport City, Hall D |
| | 13:00-15:00 | BREAK | |
| | 15:00-18:00 | Bahrain 2024 Para Taekwondo Open Semi-finals, Finals and Awarding (K44) | Isa Sport City, Hall D |
| November 30 | All Day | Departures | Airport |