

This is

TAEKWONDO

A SPORT FOR ALL

Taekwondo can be practiced anytime, anywhere, by anyone. Requiring no gear, it is highly economical, offering developing nations opportunities for Olympic glory. Likewise, refugees and displaced persons are granted opportunities to shine in the Refugee Olympic Team.

A SPORT WITH EVERYTHING

Taekwondo is a near-perfect total-body exercise, centred on flexibility, agility, power, speed, stamina and courage. And it is not just for the athletic elite. It is an anti-aging pill, recuperation for the injured and an education in physical/mental discipline - a gift that once given, can never be taken away.

A SPORT WITH VALUES

While Taekwondo is a combat sport, it retains the value systems of martial arts. These include the "Tenets of Taekwondo" - courtesy, integrity, perseverance, self-control and indomitable spirit. Before and after combat, athletes bow to one another, for Taekwondo begins and ends with Courtesy, Inclusiveness, Leadership, Respect, Tolerance, Excellence, and Integrity.

'TECH-KWONDO'

Taekwondo has fully leveraged technology to make the sport as fair and transparent as possible. Protector and Scoring System (PSS) - featuring electronic sensors embedded in the protective gear, that are linked wirelessly to the scoreboard - made their Olympic debuts in London in 2012. So did instant video replays.



Schedule

Date and Time: August 29-31, 2024 | 9:30h - 23:22h

Venue: Grand Palais

29

10:00 - 12:10	Round of 16
12:10 - 14:22	Quarter-finals
17:00 - 18:04	Repechages
18:04 - 19:10	Semi-finals
19:10 - 21:48	Bronze medal, Gold medal matches and victory ceremonies

30

09:30 - 12:13	Round of 16
12:13 - 15:09	Quarter-finals
17:00 - 18:26	Repechages
18:26 - 19:54	Semi-finals
19:54 - 23:22	Bronze medal, Gold medal contests and victory ceremonies

31

09:30 - 12:13	Round of 16
12:13 - 15:09	Quarter-finals
17:00 - 18:26	Repechages
18:26 - 19:54	Semi-finals
19:54 - 23:22	Bronze medal, Gold medal contests and victory ceremonies

Complete Information

WT's full "World Para Taekwondo Competition Rules" can be found on the WT website at www.worldtaekwondo.org or click on the QR Code below:



www.worldtaekwondo.org

About Paralympic Taekwondo

Taking Para Taekwondo to the Games



PARIS 2024 PRESS KIT



World Taekwondo (WT), the international federation governing the sport of Taekwondo, is a member of the International Olympic Committee (IOC) and Association of Summer Olympic International Federations (ASOF).

Established on May 28, 1973, WT currently oversees 213 member national associations and one refugee team. The organisation is headquartered in Seoul, Republic of Korea, and maintains an office in Lausanne, Switzerland.

After exploding onto the global stage at the Seoul 1988 Olympic Games and Barcelona 1992 Olympic Games as a demonstration sport, Taekwondo got the thumbs up at the Central Olympic Congress in Paris in 1994, becoming an official Olympic sport.

Taekwondo was first competed as a medal sport at Sydney 2000 across four weight categories each for men and women. Since then, Taekwondo has featured in every Olympic Games.

Five years later, the World Taekwondo formed the Para Taekwondo Committee in an effort to develop and promote Taekwondo to athletes of all impairments.

Para Taekwondo is a relatively new sport with the first world championships held in 2009 and the sport was later added to the Paralympic programme in 2015.

Para Taekwondo made its Paralympic debut at the Tokyo Games in 2021, with Para athletes competing in Kyorugi (a discipline for athletes with upper limb impairments). With this, Para Taekwondo became the second combat sport on the Paralympic programme 33 years after judo was added. 70 athletes competed in six sport categories in Tokyo.

In Paris 2024, WT celebrates 30 years of Olympic Taekwondo and will welcome the highest number of athletes of 121 Para Taekwondoin - that include two refugee athletes, also the highest ever to date. The athletes are set to compete in 10 weight divisions, four weight categories more than Tokyo 2020 Games.

There will be also first-time NPCs at Paris 2024 Paralympics.

Cameroon
Central African Republic
Cuba
Georgia
Ghana
Greece
Iraq
Ivory Coast
Kenya
Niger
Saudi Arabia

Para Taekwondo Kyorugi at Tokyo 2020 was a sensation and the sport has evolved ever since. WT has evolved its rules and strengthened referee training and evaluation while innovating technology to place Para Taekwondo at the cutting edge of global sport. WT has also expanded Para Taekwondo to include athletes with an intellectual impairment, neurological impairments, short stature and wheelchair users and is looking to include athletes with visual impairment and athletes who are deaf, in the near future.

How the Game is Played

- Paralympic Taekwondo offers 10 weight categories – five for men and five for women.
- Para Taekwondo matches are fought on a field of play that is matted for safety. The mat is octagonal to encourage lively footwork and evasive movement.
- In Para Taekwondo, matches are held in a one round contest, lasting up to five minutes.
- Athletes wear protective equipment and 'sensor socks', which determines if a point is scored when hitting their chest protector.
- Points are awarded by hitting their chest protector. Athletes get two points for a regular kick, three points for a turning kick and four points for a spinning kick.
- Head kicks are not allowed and result in a "Gam-jeom", a penalty that gives a point for the opponent.
- "Gam-jeom" (penalty point) is also awarded to the opponent for fouls including grabbing, pushing, kicks below the belt or stepping out of bound.
- Athletes can win a fight in several ways: having a 30-point lead. Their opponent getting 10 gam-jeom. Or having the most points at the end of time.
- If there is a tie, athletes enter the Golden Round, with the first fighter to score two points winning. If there is still a tie, then the winner is decided by number of registered hits, number of technical points, less Gam-jeoms and judges' decision based on superiority.
- Para Taekwondo competition is a single-elimination tournament with repechage for the bronze medal contest.
- The winner of the final contest will receive the gold medal, and the loser will receive the silver medal. The two winners of the repechage finals (Bronze medal contests) will each receive a bronze medal.

Repechage

- Repechage is conducted among the athletes who lost in the Quarter Finals.
- The eliminated athletes from the semi-finals are seeded directly to each of the repechage finals, but on opposite sides of the bracket.
- Athletes for the repechage will be on the same side of the bracket they contested during the eliminations.
- The winners of the repechage finals (Bronze Medal Contests) each receive a Bronze medal.

How to Score

- Para Taekwondo specializes in kicks. Turning and spinning kicks earn higher points. Points are scored via impact with the electronic sensors embedded in the protective trunk protector, known as the Protector and Scoring System, or PSS. Points are transmitted wirelessly, real time, to the electronic scoreboard.
- Points are also scored by corner judges with joystick. Judges score additional points ("technical points") for turning and spinning kicks. These points are also transmitted to the electronic scoreboard. The judge has to press for the technical points within one (1) second.

Point Spectrum



Gam-jeom(penalties)

- Penalties are known as "Gam-jeom."
- A "Gam-jeom" shall be counted as one (1) additional point for the opposing contestant.
- All "Gam-jeom" shall be counted in the total score of the contest.

Penalties are awarded for specific prohibited acts which are listed below:

- Crossing the Boundary Line
- Falling down
- Avoiding or delaying the contest
- Grabbing or pushing the opponent
- Lifting the leg
- Hitting below the waist
- Attacking the opponent after "Kai-yeo"
- Dangerous play
- Unsafe play
- Butting or hitting with the knee
- Attacking the fallen opponent
- Misconduct of contestant or coach
- Contacting the trunk PSS with the side or bottom of the foot having the knee pointed out in clinch position
- Misconduct and unsportsmanlike behaviour by a contestant or coach - such as not complying with the referee's commands or decisions, inappropriate protesting of officials' decisions, provoking or insulting the opponent, etc.
- When a contestant receives ten (10) "gam-jeom", the referee shall declare the contestant loser by Referee's Punitive Declaration (PUN).



Women K44

W -47kg

CLAUDIA ROMERO	MEX	JESSICA GARCIA QUIJANO	MEX
ZIYODAKHON ISAKOVA	UZB	MERYEM BETUL CAIVEDAR	TUR
KHWANSUDA PHUANGKITCHA	THA	MARIA EDUARDA MACHADO STUMPF	BRA
MARYAM ABDOLLAHPOUR DEROEI	IRI	SURENJAV ULAMBAYAR	MGL
LEONOR ANGELICA ESPINOZA CARRANZA	PER	SALMA ALI ABD AL MONEEEM HASSAN	EGY
NURCIHAN EKİNCİ	BPT	QIAN SHAO	CHN
ZAKİA KHUDIBADİ	GEO	ANA JAPARIDZE	GEO
LIA CHACHIBAIÁ	DOM	ELISABETH GERALDO DIAZ	DOM
NAJWA LAARIF	MAR	MILANA KRASSAVTSEVA	KAZ
LUSET RODRIGUEZ RIVERO	CUB	ARIANA PAOLA AGUILA RAMOS	USA
ARINA ARUNA	IND	ZAHRA RAHIMI	IRI
GUILLAUME CHEMONGE TEUKAM	CMR	NEEMA STENCY OBONYO	KEN

W -52kg

BETH MUNIRO	GBR	IMAMADDIN KHALILOV	AZE
ANA CAROLINA SILVA DE MOURA	BRA	FATİH CELİK	TUR
SEYLİ ER	TUR	SHUNSUKE KUDO	JPN
FRA	FRA	JAVOKHİR ALIKULOV	UZB
YUJIE LI	CHN	LUIS MARIO NAJERA	MEX
MARIA MICEV	SRB	JUAN DIEGO GARCIA LOPEZ	ARG
YUYU LYUTSKA	UKR	ELENA SAVINSKAYA	NPA
PALESHA GOVERDHAN	NEP	CHRISTINA GKENTZOU	GRC
VEN	VEN	YINAN YAO	CHN
VALERIA MORALES	FJI	CONSTANZA SCARLETT FUENTES ANCARES	CHL
IRENE MAR	KEN	MARIE ANTOINETTE DASSI	CMR
JUETUA LEMUGE MOIPO	SOL	PATRYCJA ZEWAR	POL
		JUNITA TONOWANE	SOL

W -57kg

SILVANA MAYARA CARDOSO FERNANDES	BRA	BETH MUNIRO	GBR
GAMZE GÜRDAL	TUR	IMAMADDIN KHALILOV	AZE
KAMILYA DOSMALOVA	KAZ	FATİH CELİK	TUR
SOPHIE CAVERZAN	FRA	SHUNSUKE KUDO	JPN
YUJIE LI	CHN	JAVOKHİR ALIKULOV	UZB
MARIA MICEV	SRB	LUIS MARIO NAJERA	MEX
YUYU LYUTSKA	UKR	JUAN DIEGO GARCIA LOPEZ	ARG
PALESHA GOVERDHAN	NEP	ELENA SAVINSKAYA	NPA
VEN	VEN	CHRISTINA GKENTZOU	GRC
VALERIA MORALES	FJI	YINAN YAO	CHN
IRENE MAR	KEN	CONSTANZA SCARLETT FUENTES ANCARES	CHL
JUETUA LEMUGE MOIPO	SOL	MARIE ANTOINETTE DASSI	CMR

W -65kg

WILLIAM NAMIOVA	UZB	IMAMADDIN KHALILOV	AZE
AMY TRUESDALE	GBR	FATİH CELİK	TUR
FERNANDA VARGAS FERNANDEZ	MEX	SHUNSUKE KUDO	JPN
DEBORA MENEZES	BRA	JAVOKHİR ALIKULOV	UZB
DALIA SANTIAGO MORENO	ESP	LUIS MARIO NAJERA	MEX
JELENA RASIC	SRB	ABULFAZ ABUZARLI	AZE
RAJAE AKERMACH	MAR	NURLAN DOMBAEV	KAZ
ELENI PAPASTAMATOPOLOU	GRC	ELLIOTT ANDRE LOONSTR	ARU
PATRICIA KYEREMAA	GHA	MICHEL ERNESTO SUAREZ WALKER	CUB
JIRAPORN Wongsuwan	THA	BI ASSAMOA BOLI	CIV
UDIA MONTES DE OCA	CUB	ABDEL RAHMAN MAHMUD ABD EL RAZEK	EGY
LOUISETTE FLORA RENE KIMOTO MARTHA	CAF	TANAPAN SOTHISSET	THA
MANEKA TAPARI	PNG	HEREA LOI	PNG

W +65kg

GULJOMY NAIMOVA	UZB	WILLIAM NAMIOVA	UZB
AMY TRUESDALE	GBR	AMY TRUESDALE	GBR
FERNANDA VARGAS FERNANDEZ	MEX	FERNANDA VARGAS FERNANDEZ	MEX
DEBORA MENEZES	BRA	DEBORA MENEZES	BRA
DALIA SANTIAGO MORENO	ESP	DALIA SANTIAGO MORENO	ESP
JELENA RASIC	SRB	JELENA RASIC	SRB
RAJAE AKERMACH	MAR	RAJAE AKERMACH	MAR
ELENI PAPASTAMATOPOLOU	GRC	ELENI PAPASTAMATOPOLOU	GRC
PATRICIA KYEREMAA	GHA	PATRICIA KYEREMAA	GHA
JIRAPORN Wongsuwan	THA	JIRAPORN Wongsuwan	THA
UDIA MONTES DE OCA	CUB	UDIA MONTES DE OCA	CUB
LOUISETTE FLORA RENE KIMOTO MARTHA	CAF	LOUISETTE FLORA RENE KIMOTO MARTHA	CAF
MANEKA TAPARI	PNG	MANEKA TAPARI	PNG

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