OCEAN VIEW - STEENBERG - RETREAT - CAPE TOWN MONDAYS TO FRIDAYS

EFFECTIVE DATE: 2025/01/13 TIMETABLE NUMBER: 0008 01

OCEAN VIEW STEENBERG RETREAT FREEWAY M3 FREEWAY GROOTE SCHUUR HOSP CAPE TOWN	05:00 06:10	05:15 06:00 via 07:30	05:15a via 06:05a	05:15b via 06:15b	05:20 06:20	 via 	05:25 06:25 07:35	05:30a 07:00a	05:30 06:05 06:30	05:30b 07:00b	05:40 06:15 06:50	05:40 06:10 via 07:15	05:40 via 07:35	05:50 via via 07:35	06:00b via 07:10b	via 		06:10 06:45 07:10	06:10 06:40 via 08:25	06:20 07:40	06:30 07:00 via 09:00	06:30 07:05 07:40
MURDOCH VALLEY STEENBERG RETREAT FREEWAY M3 FREEWAY GROOTE SCHUUR HOSP CAPE TOWN	06:30	06:40	06:45 07:20 08:20		07:00 07:30 via 08:10	07:10 07:45 08:40	07:15 via 08:15	07:20 07:55 09:00	07:30 08:05 08:50	07:30 08:00 via 09:00	07:45 08:45	07:50 08:30	08:00 08:35 09:00	08:00 via via via 09:30	08:15a 09:30a	08:15b 09:35b	 09:05	08:45 10:00	09:00	09:15 10:25	09:30 10:30	09:45
STEENBERG RETREAT M3 FREEWAY GROOTE SCHUUR HOSP CAPE TOWN	10:00	10:15	10:30 11:05 11:50	10:45 11:50	10:50 11:50	11:00a 12:15a	11:00b 12:10b		11:30 12:40	11:45 12:45	12:00 13:20	12:15 12:45 13:10	12:30 13:05 13:20	12:45 13:45	13:00a 14:10a		13:00c 13:30c via 14:30c	13:30d via	13:10	13:20 14:30	via 	13:40a 14:15a 15:00a
MURDOCH VALLEY STEENBERG RETREAT MOWBRAY GROOTE SCHUUR HOSP CAPE TOWN	13:40b 14:15b 14:50b		14:00 14:30 via 15:30	14:00a 15:00a	14:00b 15:00b			14:30 15:05 15:50	14:30 15:00 via 16:10	14:45 15:20 15:45	15:00 15:35 16:00	15:10b 16:35b		15:20 16:35	15:30 17:05	15:40 17:00	 15:50 via 17:10 	 15:50a 16:50a	16:00a 17:05a	16:00b 17:15b		16:20 17:40
RETREAT MOWBRAY GROOTE SCHUUR HOSP CAPE TOWN	16:30 17:35	16:45 18:00	16:50 18:15	17:00a 17:30a	17:00 18:30		17:15b 18:15b		17:40 18:30	18:00 19:00		18:15a 19:20a		19:40 20:15 20:40	20:00 20:35 21:00	 	 	 	 	 	 	

SATURDAYS

OCEAN VIEW STEENBERG RETREAT PLUMSTEAD WYNBERG CLAREMONT MOWBRAY GROOTE SCHUUR HOSP CAPE TOWN	05:45 06:20 06:45	05:50 06:20 via 08:00	06:00 06:30 06:35 07:00	06:00 06:40 07:45	06:20 06:50 06:55 07:20	06:30 07:05 07:30	06:30 07:00 via 08:00	06:40	07:00	07:15 07:50 08:30	07:30	07:45 07:55 	07:45 08:20 08:50	08:00 08:35 08:50	08:10 08:40 via 09:30	08:20	08:20	08:30 09:05 09:30	08:40	09:00	09:20	09:30 10:05 10:30
MURDOCH VALLEY STEENBERG RETREAT MOWBRAY GROOTE SCHUUR HOSP CAPE TOWN	09:40	10:00 10:30 via 11:30	10:00 11:30	10:00	10:10 10:45 11:15	10:20 10:55 11:30	10:50 11:50	11:00	11:00	11:10 12:10	11:20 12:30	11:40 12:40	12:00 13:00	12:40 13:40	13:00 14:00	13:30 15:00	13:45 14:20 14:45	14:20 15:20	14:30 15:05 15:40	15:00 15:30 15:35 16:00	15:20 15:50 via 16:40	15:30 16:00 16:05 17:00
RETREAT MOWBRAY GROOTE SCHUUR HOSP CAPE TOWN	16:00 17:00	16:30 17:30	17:00 18:10	17:30 18:05 18:30	18:00 18:35 19:10	18:30 19:00 19:05 19:20	19:00 19:35 19:35	19:30 20:30	20:30 21:05 21:20	 	== == ==	== == ==	== == ==	===	=======================================	=======================================	==	==	== == ==	== == ==	 	

SUNDAYS

OCEAN VIEW - STEENBERG - RETREAT - CAPE TOWN

STEENBERG RETREAT MOWBRAY GROOTE SCHUUR HOSP CAPE TOWN	06:30	06:30 07:00 via 08:00	07:00 07:30 07:35 08:00	07:30 08:05 08:30	08:00 08:35 09:00	08:30 09:05 09:30	09:00 09:35 10:00	09:30 10:05 10:30	10:00 10:30 via 11:20	10:00 10:35 11:00	10:30 11:05 11:30	11:30 12:05 12:30	12:00 12:35 12:50	12:30 13:05 13:30	13:00 13:30 13:35 13:50	13:10 13:30 via 14:30	13:30 14:05 14:30	14:00 14:35 15:00	14:30 15:30	15:00 15:30 15:35 16:20	15:30 16:30	16:00 16:35 17:00
STEENBERG RETREAT MOWBRAY GROOTE SCHUUR HOSP CAPE TOWN	16:15 17:20	16:30 17:30	17:00 18:00	18:00 18:30 18:35 19:00	18:30 18:55 via 19:25	 19:00 19:30 19:35 19:45	20:00	 	 	 	 	 	 	 	 	 	 	 	 	 	 	==

ABBREVIATIONS

- Mondays,Tuesdays,Wednesdays,Thursdays - Fridays - Mondays,Tuesdays - Wednesdays,Thursdays,Fridays

Every effort will be made to operate in accordance with this timetable, but the company does not undertake that its vehicles will maintain such times nor will the company be held liable for any damage, loss, injury, inconvenience or delay to any passenger due to failure of these vehicles in adhering to the timetable. All services are operated subject to the "Conditions of Carriage" which can be viewed on the website at www.gabs.co.za.

Reg. No. 1992/001234/07
Service Enquiries: Tollfree 0800 656463 - Remember Clipcards are cheaper than cash.

CAPE TOWN - RETREAT - STEENBERG - OCEAN VIEW

MONDAYS TO FRIDAYS

EFFECTIVE DATE: 2025/01/13 TIMETABLE NUMBER: 0008 02

CAPE TOWN TOLLGATE STOP GROOTE SCHUUR HOSP MOWBRAY RETREAT LAVENDER HILL SEAWINDS STEENBERG MURDOCH VALLEY	05:15	05:30	05:40	05:40 06:00 06:40	05:50	06:00 06:15 07:10 	06:10 07:00 via via 07:30	06:15	06:20 06:35 07:30	06:30	06:40	06:50	07:00 07:15 08:30	07:05	07:10	07:20 07:45 08:50	07:30	07:35	07:40	07:50	08:00 08:15 09:00	08:15
CAPE TOWN TOLLGATE STOP GROOTE SCHUUR HOSP MOWBRAY CLAREMONT RETREAT LAVENDER HILL SEAWINDS STEENBERG	08:30	08:45	09:00 09:15 10:00 	09:15	09:30b 10:30b 	09:30a 10:30a 	09:45 10:50 	10:00	10:15	10:30	10:45	10:45 12:00 via via via 12:30	11:00 11:45 12:15 	11:15 12:05 via via 13:10	11:30	12:00 12:15 13:30	12:00	12:15 13:05 via via via 13:40	12:20	12:30	12:45 14:00 via via via 14:30	13:00a 14:00a
CAPE TOWN GROOTE SCHUUR HOSP RETREAT LAVENDER HILL SEAWINDS STEENBERG	13:00b 14:00b 	13:35	13:30a 14:30a 			14:00 14:50 via via 15:50	14:00 15:20 	14:10 15:30 	14:20 15:40 	14:30 15:30 	14:40	14:50 15:40 via via 16:20	14:55	15:00 16:10 	15:10 16:45 	15:20 15:35 16:30	15:30 16:20 via via 17:45	15:35 16:50 	15:40 15:55 17:00 	15:45 17:05 via via 17:30	15:50 17:10 	16:00b 17:15b
CAPE TOWN TOLLGATE STOP M3 FREEWAY MOWBRAY CLAREMONT FREEWAY RETREAT LAVENDER HILL SEAWINDS STEENBERG OCEAN VIEW MURDOCH VALLEY	16:00 via via 17:45	16:10	16:15 17:05 via via 18:25	 16:20 via via via 17:30 	16:30a 17:50a 	16:30 via via 17:50	16:30 17:20 via via 17:50 	16:30b	 via	16:45 via via via 18:00	16:45 17:35 via via 18:00	16:50 via via 18:30	16:55a	17:00 via via 18:30	17:00 via 19:00	17:10 via via via 18:10	17:10a 18:10a 	17:10 via 18:40	17:15 18:05 via via 18:35 	17:15 18:55	17:20 via 18:30 	17:20a 18:20a 18:55a
WATERFRONT CAPE TOWN GROOTE SCHUUR HOSP MOWBRAY RETREAT LAVENDER HILL SEAWINDS STEENBERG	17:30 18:20 via via 18:45	17:40 18:30 via via 19:00	17:50 18:40 via via 19:20	18:10 19:10 	18:15 19:05 via via 19:30	18:45a 19:35a via via 19:55a	18:45b 19:35b via via 19:45b	19:00 19:15 19:20 20:00	19:30 19:40 19:50 20:10 via via 21:00	21:30 21:40 21:50 22:10 via via 22:30	== == == == ==	 		== == == == ==	==	 	===	==	 	==	==	

SATURDAYS

CAPE TOWN			06:00	06:30	06:45	07:00	07:20	07:30	07:40	07:45	08:00	08:00	08:20	08:30	08:40	08:50	09:00	09:10	09:20	09:50	10:00	10:10
TOLLGATE STOP	05:30	05:50																				
GROOTE SCHUUR HOSP					07:00			07:45						08:45				09:25				
MOWBRAY	05:45	06:05									08:25											
RETREAT	06:20	06:30	07:00	07:30	07:45	08:00	08:20	08:30	08:40	08:45	09:00	08:50	09:20	09:30	09:40	09:40	10:00	10:10	10:20	10:50	11:00	11:10
LAVENDER HILL												via				via						
SEAWINDS												via				via						
STEENBERG												09:30				10:30						
OCEAN VIEW										09:00												

PAGE: 1

CAPE TOWN - RETREAT - STEENBERG - OCEAN VIEW

CAPE TOWN	10:20	10:40	11:00	11:30	11:40	11:50	12:00	12:00	12:10	12:30	12:45	13:00	13:20	13:40	13:45	14:00	14:20	14:30	15:00	15:00	15:00	15:30
GROOTE SCHUUR HOSP																14:15						
M3 FREEWAY																					via	
MOWBRAY							12:25				13:10					14:20	14:45		15:25		l	
RETREAT	11:20	11:40	12:00	12:20	12:40	12:40	13:00	13:00	13:10	13:20	13:45	14:00	14:20	14:30	14:35	15:00	15:30	15:20	16:00	15:50		16:30
LAVENDER HILL				via		via				via					via			via		via		
SEAWINDS]	via		via]	via					via			via		via	I	
STEENBERG]	12:55		13:50]	13:45					15:20			15:45		16:35	I	
OCEAN VIEW								13:45				14:30									17:00	
WATERFRONT	l		l	1					1	l				l	l .	21:30						
CAPE TOWN	15:30	15:40	16:00	16:00	16:30	16:30	17:00	17:10	17:30	17:30	18:00	18:00	18:30	19:00	19:30	21:40						
GROOTE SCHUUR HOSP															19:45							
MOWBRAY					16:55		17:25		17:55		18:25				19:50	21:50						
CLAREMONT		16:15	l	l											l							
RETREAT	16:20		17:00	16:50	17:30	17:20	18:00	18:00	18:30	18:20	19:00	18:50	19:30	20:00	20:30	22:10						
LAVENDER HILL	via			via				via														
SEAWINDS	via			via				via														
STEENBERG	17:05			17:35		18:05		18:40		19:05		19:35				22:40						

SUNDAYS

CAPE TOWN GROOTE SCHUUR HOSP MOWBRAY RETREAT LAVENDER HILL SEAWINDS STEENBERG	06:00 06:25 07:00 	06:30 06:45 07:30	07:00 07:15 07:20 08:00	07:30 07:45 08:30	08:00 08:25 09:00 	08:00 08:50 via via 09:30	08:30 08:45 09:30	09:00 09:25 10:00	09:30 09:45 10:30	11:30 11:30	11:00 11:25 12:00 	11:20 12:10 via via 12:55	11:30 11:45 12:30	12:00 12:25 13:00 	12:30 12:45 13:30	13:00 13:25 14:00	14:30	14:00 14:15 14:20 15:00	14:30 15:30 	15:00 15:15 15:20 16:00	15:15 16:15 	15:30 16:30
WATERFRONT CAPE TOWN GROOTE SCHUUR HOSP MOWBRAY RETREAT LAVENDER HILL SEAWINDS STEENBERG	16:00	16:30 17:30 via via via 17:50	17:00 17:25 18:00 	17:20 18:10 via via 18:30	18:00 18:15 18:20 19:00	19:00	21:30 21:40 21:50 22:10 via via 22:40													 		

ABBREVIATIONS

a - Mondays, Tuesdays, Wednesdays, Thursdaysb - Fridays

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