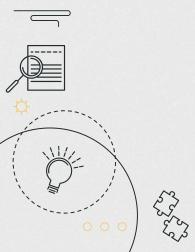
LumiCheck

Battle against digital addiction





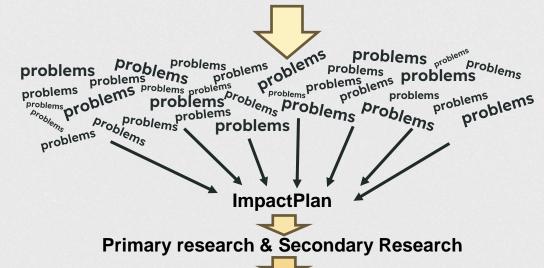
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Digital Addiction









Main requirements

































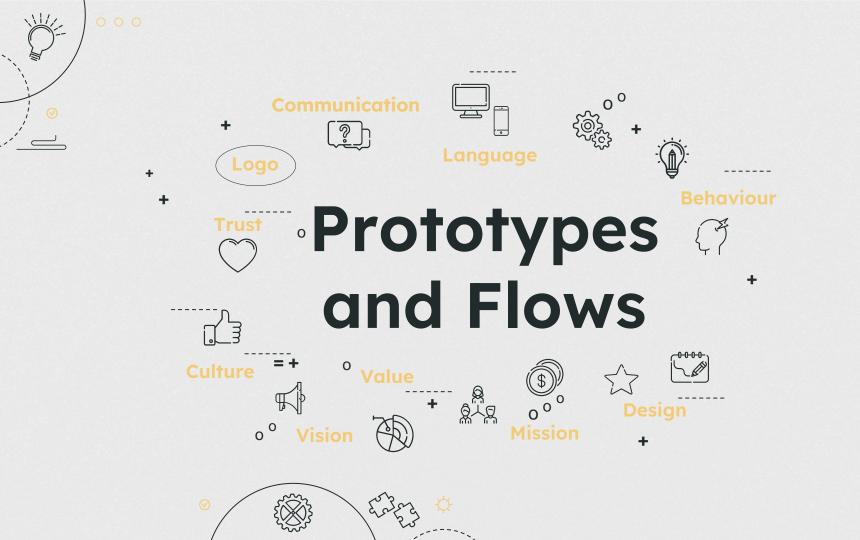
António - User Journey Map

_				
Awareness	Initial Test	Monitoring	Final Results	Intervention
Look for an app Install LumiCheck "I've been playing a lot lately, could this be affecting me negatively?" O	Register account Answer the initial test See your test results "Let's see if I'm dependent and what my level of dependency is."	Interact with Lumi Start the monitoring process "I want to be aware of how much time I spend on games and social media." O	Receive the final result View the activity report "Let's see if I'm dependent and what my level of dependency is." O	Receive suggestions from Lumi View help options Is introduced to the gamification process "I want to track my progress while receiving help."
Realize if his behavior with games is affecting negatively is life.	Get a evaluation to understand the extent of your dependency on games and social media.	Follow António's behaviors and understand his behavior patterns.	Get a detailed and accurate evaluation, based on the data collected so far.	Guide the user to the appropriate help based on their final evaluation.



Pedro - User Journey Map

Awareness	Test Results	Intervention		
Look for an app Install LumiCheck "My friend is constantly on social media. How can I help him?" Output	Register account Answer the initial test See your test results "Let's see if my friend is dependent and what their level of dependency is."	• View help options "I want to share my friend's evaluation with them and guide them to get help."		
Realize that your friend's behavior with social media is negatively affecting them.	Get a diagnosis to understand the extent of your friend's dependency on social media.	Provide the user with methods and contacts to help their friend. Also, offer guidance on how to share the evaluation with their friend.		

















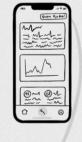




























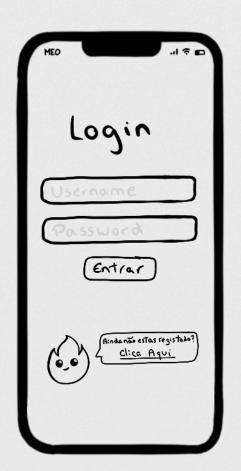












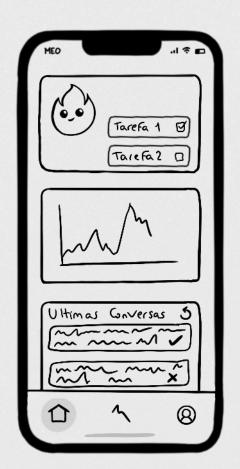






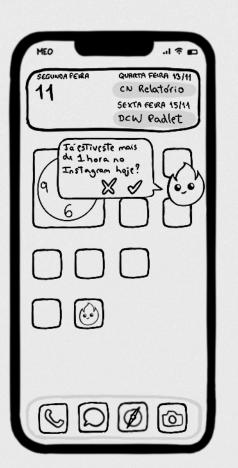






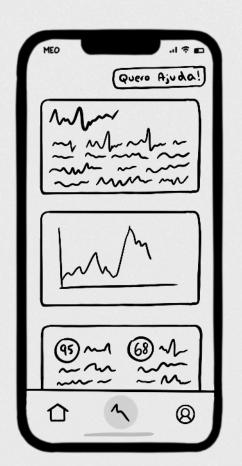
















Contactos de Ajuda PSICOLOGA LUISA - 912345678 EMPRESA HEATH+- 912345678 5NS 24 Apoio - 912345678 PSICOLOGO JOÃO - 912345678 8

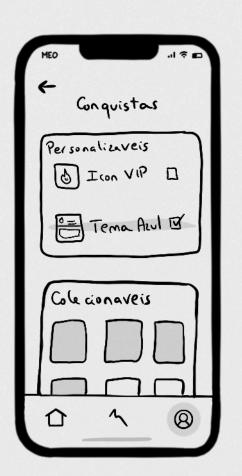












































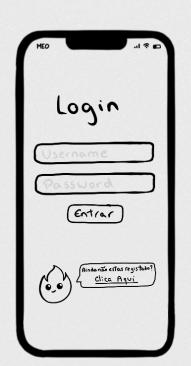


















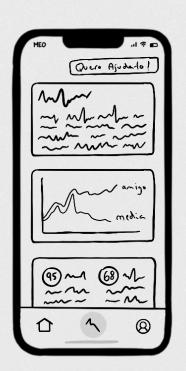






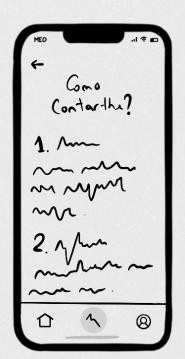


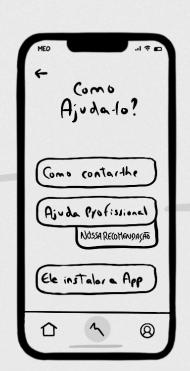








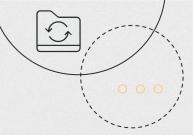












Thanks!

Do you have any questions?



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