Codebook: Fitbit Sleep
Generated from: Codebook Fitbit Sleep (1-30).dta

>
egoid
EgoID --
----

                  type: numeric (long)

                 range: [10237,99978]   units: 1
         unique values: 622   missing .: 0/333,708

                  mean: 56539.4
             std. dev: 25815.8

           percentiles: 10%   25%   50%   75%   90%
                            22143   33740   57325   79341   92566

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dataDate
(unlabeled)

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                  type: string (str10)

         unique values: 1,396   missing "": 0/333,708

              examples: "2016-02-19"
                         "2016-09-25"
                         "2017-05-12"
                         "2018-03-01"

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timetobed
Time went to bed

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                  type: string (str8)

         unique values: 4,742   missing "": 0/333,708

              examples: "00:58:00"
                         "01:53:30"
                         "03:20:00"
                         "18:27:30"

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timeoutofbed
Time out of bed

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                  type: string (str8)

         unique values: 4,762   missing "": 2/333,708

              examples: "07:23:00"

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                        "08:25:00"
                        "09:16:30"
                        "10:46:30"

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bedtimedur
Minutues in bed in minutes
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                  type:  numeric (double)

                 range:  [1,1370]                     units:  1
         unique values:  993                      missing .:  0/333,708

                  mean:   405.321
             std. dev:   147.346

           percentiles:        10%       25%       50%       75%       90%
                               153       340       432       501       563

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minstofallasleep
Minutes to fall asleep
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                  type:  numeric (float)

                 range:  [0,381]                      units:  1
         unique values:  151                      missing .:  0/333,708

                  mean:   2.44101
             std. dev:   4.47166

           percentiles:        10%       25%       50%       75%       90%
                                 0         0         2         3         6

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minsafterwakeup
Minutes in bed after waking
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                  type:  numeric (float)

                 range:  [0,281]                      units:  1
         unique values:  128                      missing .:  0/333,708

                  mean:   1.12996
             std. dev:   4.17188

           percentiles:        10%       25%       50%       75%       90%
                                 0         0         0         1         3

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minsasleep
Minutes asleep
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                  type:  numeric (double)

                 range:  [1,1295]                     units:  1
         unique values:  951                      missing .:  0/333,708

                  mean:   376.752
             std. dev:   139.849
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           percentiles:        10%       25%       50%       75%       90%
                               138       312       403       469       528

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minsawake
Minutes awake during sleep period
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                  type:  numeric (double)

                 range:  [0,561]                      units:  1
         unique values:  413                      missing .:  0/333,708

                  mean:    24.998
             std. dev:   27.8869

           percentiles:        10%       25%       50%       75%       90%
                                 4        10        19        32        47

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Efficiency
(unlabeled)
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                  type:  numeric (float)

                 range:  [.05555556,1]                units:  1.000e-09
         unique values:  27,354                   missing .:  0/333,708

                  mean:   .937925
             std. dev:   .065011

           percentiles:        10%       25%       50%       75%       90%
                            .893145   .922727   .949495   .970149   .984513

Efficiency:
  1.  Efficiency = minsasleep/(minsasleep + minsawake)
```