TERYAKI CHICKEN

"Your kitchen, your ingredients, endless recipes."



Ingredients

- 11/4 lbs diced into 1-inch cubes
- 1 Tbsp olive oil
- 1/4 cup soy sauce
- 1/4 cup water
- 2 Tbsp honey
- 11/2 Tbsp packed light brown sugar
- 1 Tbsp rice vinegar
- 1/4 tsp sesame oil
- 2 tsp peeled and minced fresh ginger
- 2 tsp peeled and minced fresh garlic (2
- cloves)
- 2 tsp cornstarch
- Sesame seeds and chopped green onions,
- for serving (optional)

Instructions

Heat olive oil in a 12-inch non-stick skillet over medium-high heat. Add in chicken and let brown on bottom about 3 - 4 minutes then flip and continue to cook until center registers about 160 degrees, about 3 minutes longer.

While chicken is cooking, in a small mixing bowl (or liquid measuring cup) whisk together soy sauce, water, honey, brown sugar, rice vinegar, sesame oil, ginger, garlic and cornstarch.

Stir the sauce in with the cooked chicken and continue to cook and toss until sauce has thickened, about 30 - 60 seconds longer. Serve warm garnished with green onions and sesame seeds if desired.



