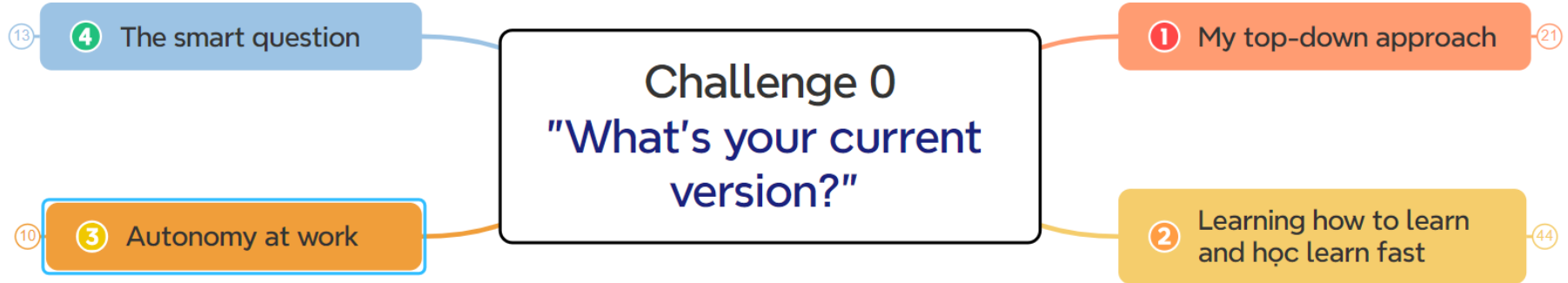

Journey to your best

Challenge 0 "What's your current version?"



Presentation by Nhat Xuan

Challenge 0 "What's your current version?"



Mind map | 'What's your current version'

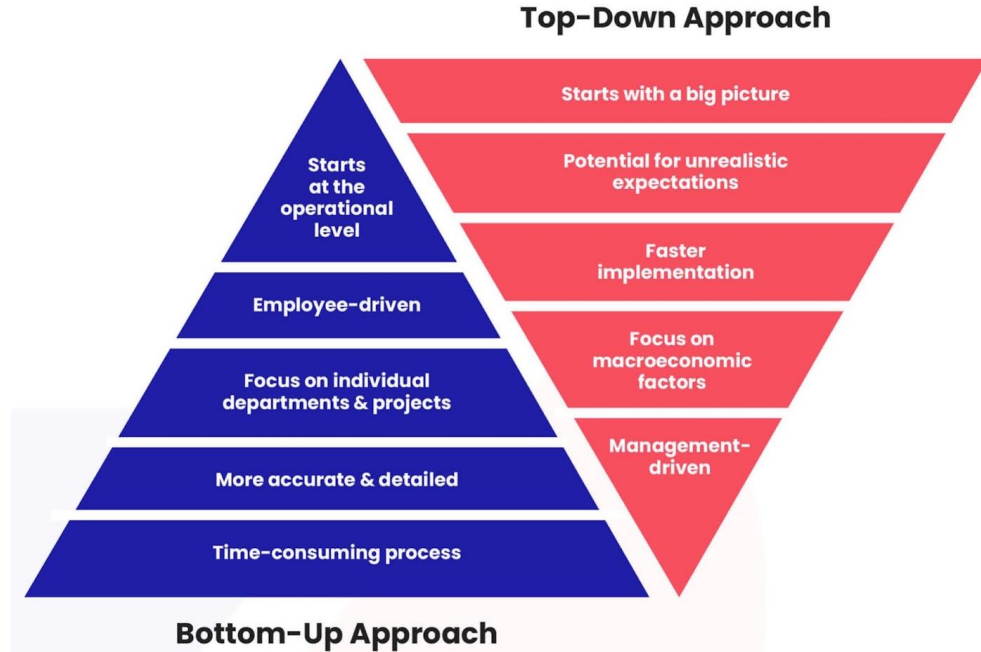
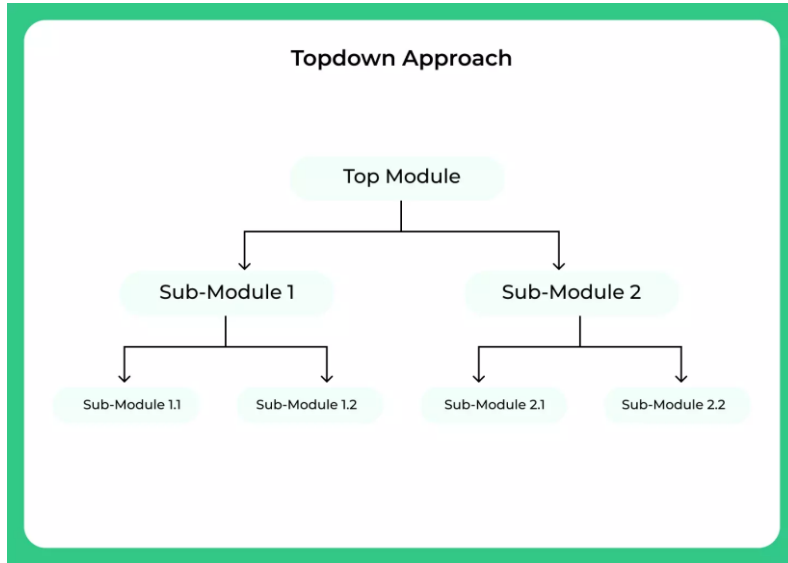


Top-down approach

“is essentially the breaking down of a system to gain insight into its compositional subsystems”



Let's see what people say about the “**top-down approach**”



Top-down approach (in work, in a problem, ...)

- Start with the big picture (from the most basic, most general thing)
- Next: Divide the problem into sub-problems, the sub-problems are divided into smaller (more detailed) problems.



Top-down approach

Advantages

Easy to understand and implement.

Creating information connections

Enhancing memory retention

Supporting decision-making and problem-solving

Defects

Inflexibility to Changes

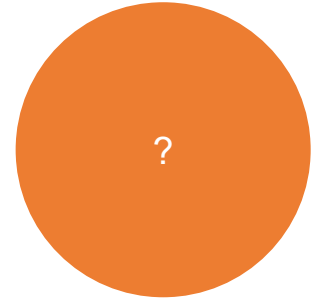
For a new problem, it takes time to penetrate

Potential for Misunderstanding if the Overview is Inaccurate

When should a top-down approach



overview





Learning how to learn and learn fast

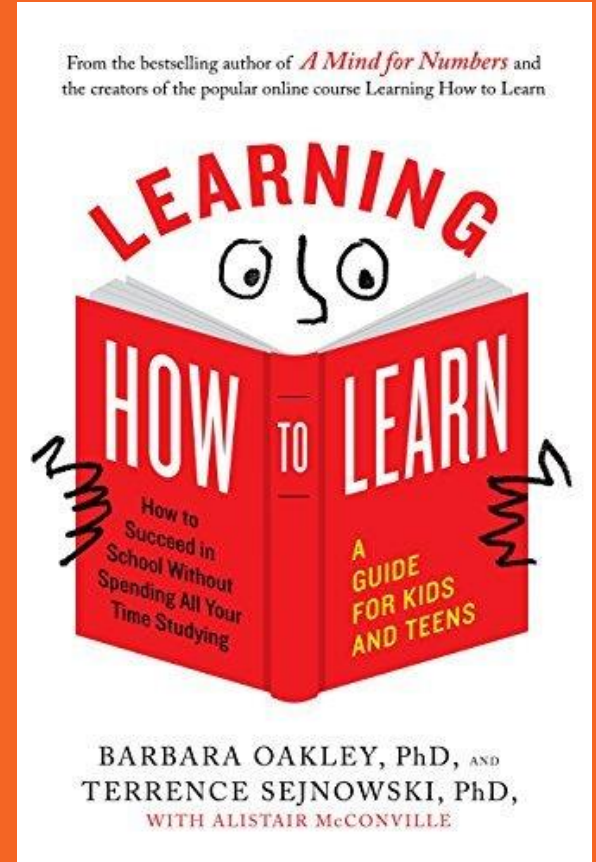
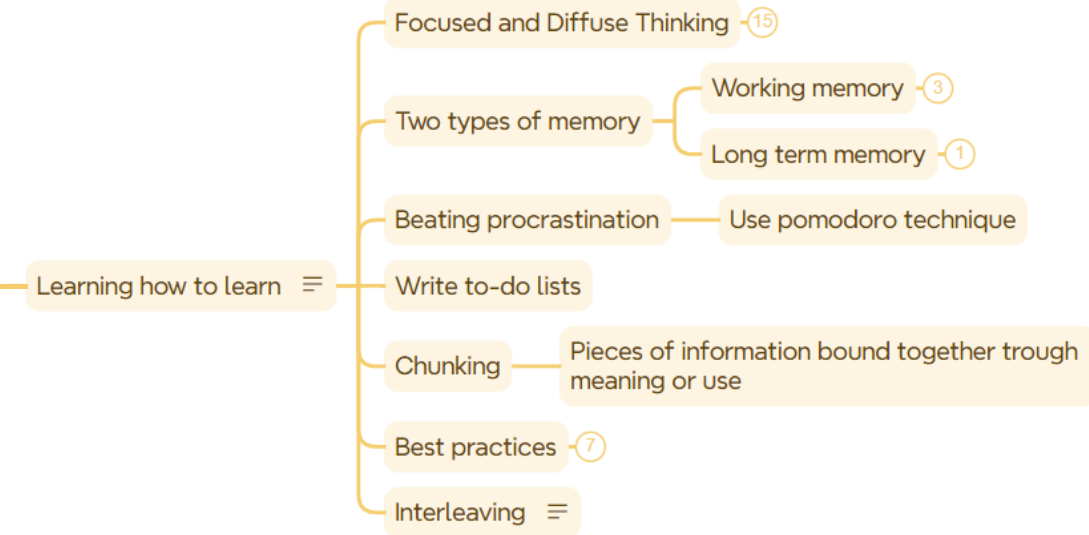
“The content focuses on building strategies
and effective learning methods”



What's Learning

Learning is the process of acquiring new understanding, knowledge, behaviors, skills, values, attitudes, and preferences...

Learning how to learn



Learn fast

Apply top-down approach

?


Using some tools to research: Chat GPT, Bing Chat...



A man with curly hair, glasses, and a beard is sitting at a white desk, smiling while typing on a silver laptop. He is wearing a dark jacket over a white t-shirt. On the desk, there is a small potted plant with green leaves, a white mug, and a red notebook. In the background, there is a brick wall and a window with a white frame. A white curved arrow points from the top left towards the text.

Autonomy at work

What's autonomy at work?



Autonomy at work means we (individual) have some level of control over how we get work done, such as how we accomplish tasks, set deadlines, and where or when they work...

Why is it important?

- Help reach us full potential.
- It allows for creativity in the workplace and promotes increased self-advocacy from us





Benefits

- ✓ Increases motivation and productivity
- ✓ Improves trust and job satisfaction
- ✓ Develop skills and increase advancement opportunities



What's the smart question

“is a question that is well-thought-out, clear, and designed to elicit valuable information”

How to ask smart questions

input

Think about what you already know

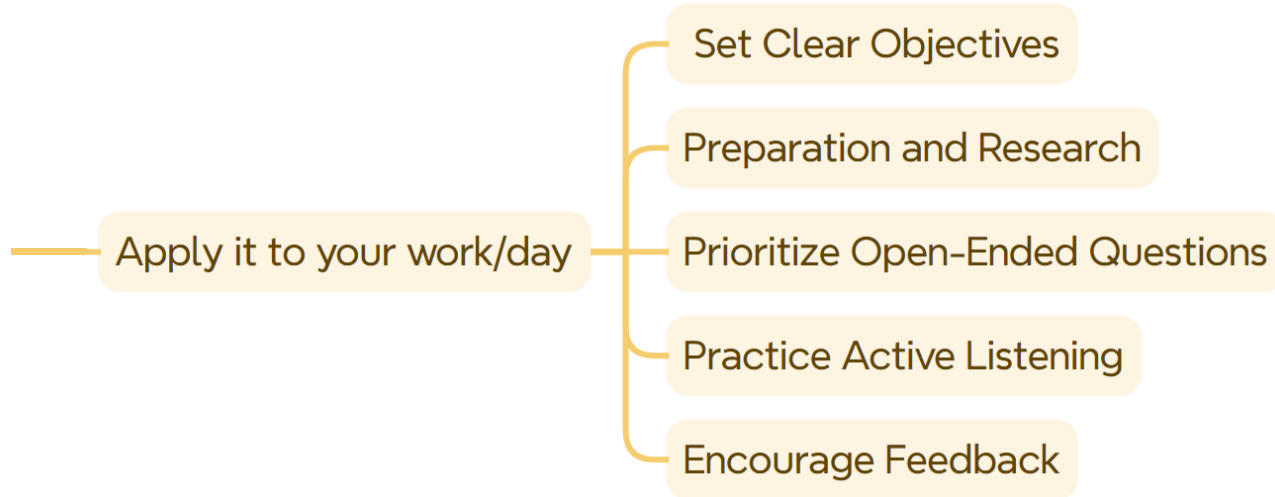
output

Confirm what you want to ask (what you don't know: can be a suggestion, answer)

requirement

Ensure simplicity and clarity

How to apply smart question on your daily basis/work



Thank you