WEEK 1							
	Monday	Tuesday	Wednesday	Thursday	Friday		
Option One	BBQ PULLED BEEF BRISKET NEW ORLEANS RED BEAN RICE	FIVE SPICED BEEF BEGGARS NOODLES PEAS	ROAST TURKEY ROAST POTATOES SEASONAL CABBAGE CARROTS GRAVY	CHICKEN TIKKA MASALA RICE CUCUMBER RAITA	HOME-MADE BATTERED FISH FILLET CHIPS WITH BEANS/PEAS		
Option Two	VEGGIE SUPREME PIZZA (v)	MAC 'N' CHEESE (V) GARLIC BREAD	CHUNKY VEGETABLE PASTA (V)	MARGHERITA PIZZA (V)	NEW YORK QUORN DOG (V) CHIPS SWEETCORN		
Desert	WATERMELON	COURGETTE AND APPLE MUFFIN	TUTTI FRUTTI MOUSSE CRUNCH	CHOCOLATE SPONGE CAKE	STRAWBERRY CHEESCAKE POT		
Rise SCHOOL					LL M Char		

WEEK 2							
	Monday	Tuesday	Wednesday	Thursday	Friday		
Option One	CHIPOTLE BBQ CHICKEN PAPRIKA POTATO WEDGES RED SLAW	SPECIAL MARINATED ROAST CHICKEN DRUMSTICKS WITH BBQ GARLIC AND HERB BREAD	ROAST TURKEY ROAST POTATOES SEASONAL CABBAGE CARROTS GRAVY	MAC 'N' CHEESE GARLIC BREAD	HOME-MADE BATTERED FISH FILLET & CHIPS WITH BEANS/PEA		
Option Two	QUORN SAUSAGE PATTIE & CHEESE BUN(V) PAPRIKA POTATO WEDGES RED SLAW	HERBY TOMATO PASTA (V)	MARGHERITA PIZZA (V)	BEEF BOLOGNAISE GARLIC BREAD	SICILIAN CHEESE & TOMOATO PIZZA (V)		
Desert	STRAWBERRY SWIRL SPONGE	STRAWBERRY MOUSSE CRUNCH	APPLE CRACKNELL	JELLY	BANANA COCOA CRUMBLE CUSTARD		
The Rise					NIFSN		

Chartwells EAT LEARN LIVE

Option O	ne	Monday ULTIMATE CHEESBURGER PAPRIKA POTATO WEDGES SALAD	Tuesday	Wednesday ROAST TURKEY	Thursday	Friday
Option O	ne	PAPRIKA POTATO WEDGES	CHICKEN CADOS MADAD			
			CHICKEN GYROS WRAP SALAD	ROAST POTATOES SEASONAL CABBAGE CARROTS GRAVY	CAJUN PULLED CHICKEN & BEAN PITTA POTATO WEDGES BBQ BEANS	HOME-MADE BATTERED FISH FILLE CHIPS WITH BEANS/PEAS
Option To	wo	CHEESY PENNE PASTA (V)	VEGETABLE CHILLI (V)	HERBY TOMATO PASTA (V) GARLIC BREAD	VEGEBALL PASTA CARBONARA (V)	MARGHERITA PIZZA (V)
Desert	STF	RAWBERRY AND PEACH STRUDEL WITH CUSTARD	GINGERBREAD CAKE	STRAWBERRY MOUSSE CRUNCH	JELLY	BANOFFEE PIE

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