

## **An example of the Alaap (2')**

**Riky and Pedro, you might want to join in this:**

[https://soundcloud.com/luso-sangeet/gorakh-alaap-2023-05-22-1355/s-AM00khzu2M4?si=efedb2b442074c72a11d8f7328572690&utm\\_source=clipboard&utm\\_medium=text&utm\\_campaign=social\\_sharing](https://soundcloud.com/luso-sangeet/gorakh-alaap-2023-05-22-1355/s-AM00khzu2M4?si=efedb2b442074c72a11d8f7328572690&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing)

## **Astayi (1st time)**

**False starts - Stephen and Elsa**

**Whole Astayi - Everyone**

**Establish S and below - Stephen**

**Establish R - Riky (good starting chalan is d S R—)**

**Establish M - Pedro**

## **Maybe once more through Astayi - Everyone**

.... Then Stephen to go up to High Sa and Antara

## **An example of the Astayi (1st time) (2'30)**

[https://soundcloud.com/luso-sangeet/gorakh-astayi-2023-05-22-0952/s-zx7pPwKCihB?si=efedb2b442074c72a11d8f7328572690&utm\\_source=clipboard&utm\\_medium=text&utm\\_campaign=social\\_sharing](https://soundcloud.com/luso-sangeet/gorakh-astayi-2023-05-22-0952/s-zx7pPwKCihB?si=efedb2b442074c72a11d8f7328572690&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing)

## **Antara (2'00)**

**2 x "Ascendendo vai"**

**More "Ascendendo vai", instruments, with Scales up and down - Pedro & Riky**

**2 x "Ascendendo vai, serpenteando"**

**2 x "E ondulando"**

**2 x "Na revoada tenta subir", 2nd time continuing "ainda, e inabalável" etc.**

## **2nd time Astayi**

**Stephen - improvising to Mukhra of Astayi (at Khali) or to Mukhra of Antara (Sam).**

[https://soundcloud.com/luso-sangeet/gorakh-antara-2023-05-22-1545/s-RXGqAvSpF9V?si=efedb2b442074c72a11d8f7328572690&utm\\_source=clipboard&utm\\_medium=text&utm\\_campaign=social\\_sharing](https://soundcloud.com/luso-sangeet/gorakh-antara-2023-05-22-1545/s-RXGqAvSpF9V?si=efedb2b442074c72a11d8f7328572690&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing)

[si=efedb2b442074c72a11d8f7328572690&utm\\_source=clipboard&utm\\_medium=text&utm\\_campaign=social\\_sharing](https://soundcloud.com/luso-sangeet/gorakh-antara-2023-05-22-1545/s-RXGqAvSpF9V?si=efedb2b442074c72a11d8f7328572690&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing)

## **Ending Tihai**

[https://soundcloud.com/luso-sangeet/gorakh-end-tihai-2023-05-22-1546/s-M4iwxcn48WV?si=efedb2b442074c72a11d8f7328572690&utm\\_source=clipboard&utm\\_medium=text&utm\\_campaign=social\\_sharing](https://soundcloud.com/luso-sangeet/gorakh-end-tihai-2023-05-22-1546/s-M4iwxcn48WV?si=efedb2b442074c72a11d8f7328572690&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing)