

# Contents

Background	2
Vision	2
Key values	3
Events & Initiatives	3
Our Team	4
Finance	5
Challenges	5
Way forward	5
Conclusion	5

Page | 1



### **Background**

Growing up in the streets of Alexandra gave us-the founding team of Feed a tummy- the chance to see and experience the vast challenges that occur. One that stood out was seeing the degree of lack of support, hunger and poverty in our township. Many children go to school hungry demotivated and uncared for. Page | 2 Therefore, we as feed a tummy (F.A.T) a non-profit organization became dedicated in helping with the provision of a good and proper meal within the local townships.

FAT is a registered non-profit organization (NPO) which cares for the youth and people in our and surrounding townships by empowering, motivating and nurturing the future leaders. FAT was founded in early 2019 with the aim of tackling hunger and poverty in our townships to empower and support children and every person we reach

> out to so that they can reach their full potential by eliminating any possible obstacle in their way. FAT was established due to a variety of factors, including lack of motivation in the children, low performance rate, poor concentration at school,

> > unemployment, youth support and other

health/psychological/educational issues faced by the vast majority of youth in South African townships. Initially, the objective was to focus on primary school children, but we saw the need to tackle as many age groups as possible because no one should be left behind.

This support includes foods distribution and material necessities. Many families are dependent on social grants to find provide for their families-which in most cases is not enough. As our project grows, we hope to understand better the needs of the community and in this regard our focus will also widened to include other types of support.

Vision

The organization aims to eliminate hunger, enhance the quality of life and empowering of youth in South Africa townships.

Our goal is to try help as many children as possible by creating a feeding scheme/drive for government schools, homes in townships and those who are homeless, to the necessary requirements they need for a healthy and productive life.



## **Key values**

F - Frugality, Friendship & Future Orientated

A - Accessibility & Awareness

T - Transformation, Teamwork & Trust



#### **Events & Initiatives**

The Mandela Drive Date: 18<sup>th</sup> July 2019

The Mandela drive was an event celebrating one of South Africa's hero and legend Nelson Mandela and most importantly 67 minutes of doing good. On this occasion feed a tummy dedicated its time and visited two of Alexandra's local nursery schools to provide a meal and snack for the day. Children received a sandwich, juice, two fruits (orange and apple) and a treat. This is what the core aim of F.A.T is about which is to feed.

The Toy Drive Date: 11th December 2019

We were delighted to get the time to visit, share toys and spend time with the children at Refilwe Legae Home, an NPO in Alexandra township, that takes care or fosters children without a home or biological family members both disabled and non-disabled children.

The book of tales initiative Date: 20<sup>th</sup> May 2020

Due to the COVID-19 pandemic, scholars were unable to go to school. Most learning activities were suspended across the country. This left children at home with very little stimulation with regards to learning activities. The FAT team took it upon us to develop an initiative that would counteract this, but was still cost effective and easy for everyone to participate in. The book of tales is compilation of short stories written by children, teachers, parents and other people who were interested. This encouraged youngsters to both read and write.

# **Our Team**



Kate Kekana



Lebogang Mogale

CFO



Page | 4

**Refilwe Satkge** 

Head of Outreach





Lebogang Phaahla



Palesa Maredi

**Board Member** 



Keitumetse Sebola Board member



Thandoluhle Moyo

Head of PR



Secretary-General





Our source of funding currently is through donations and are in search of funding

Donation methods include donation list, know or anonymous offering, fund raising events and selling hand crafts to raise money

Page | 5

# Challenges

The organization strives to add value by giving satisfactory service through the good will of volunteers and facilities on hands. However, there are limitations in raising enough funds for the activities and initiatives we plan. Private funding and asset donations are needed for the provision of basic meals, utensils required and poverty mitigation at large.

## Way forward

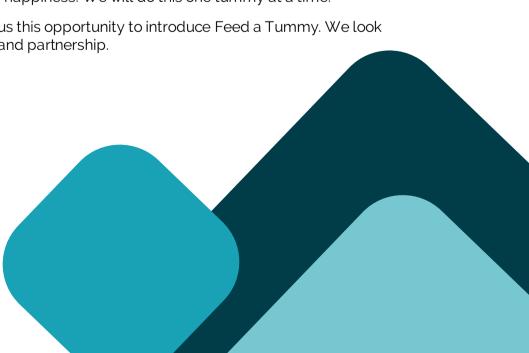
If you or your company/organization are able to help the organization financially or by means of asset donation in any way, please feel free to contact any of the following officials:

Miss Kate Kekana, on +27 76 160 8240 Miss Lebogang Mogale, on Miss Thandoluhle Moyo, on +27 62 140 7440 Or email us on Feedatummyorg@gmail.com

#### Conclusion

There are many problems that require solving in the world. There are many ways to change the world. The process begins by identifying those factors which lead to suffering and cultivating those which lead to happiness. We will do this one tummy at a time.

Thank you for providing us this opportunity to introduce Feed a Tummy. We look forward to your support and partnership.



# **Contact us**

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