# Secure Programming Lecture 9: Secure Development

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#### Overview

#### Lifecycle security touchpoints

- 1. Code review and repair
- 2. Architectural risk analysis
- 3. Penetration testing
- 4. Risk-based security testing
- 5. Abuse cases
- 6. Security requirements
- 7. Security operations

## Recap

We've looked in detail at two important **vulnerability classes**:

- overflows, stack and heap
- injections, command and SQL

We've seen **secure development processes** from the outside:

- vulnerability advisories, CVE classifications
- a maturity model for secure software development: BSIMM

It's time to delve a bit more into **secure development activities** included in BSIMM.

## A Building Security In Process

We'll look at a:

**Secure Software Development Lifecycle** (SSDLC)

due to **Gary McGraw** in his 2006 book *Software Security: Building Security In.* 

Work by McGraw and others has been combined in the best practices called Building Security In we saw in BSIMM. This is promoted by the US-CERT.

To avoid debates over specific development processes, BSI indexes best practice activities. But activities relate to lifecycle stages.

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#### McGraw's Three Pillars

In *Building Security In*, Gary McGraw proposes three "pillars" to use throughout the lifecycle:

#### I: Applied Risk Management

process: identify, rank then track risk

#### II: Software Security Touchpoints

- designing security ground up, not "spraying on"
- seven security-related activities

#### III: Knowledge

- knowledge as applied information about security
- e.g., guidelines or rules enforced by a tool
- or known exploits and attack patterns

# Security activities during development

How should secure development practices be incorporated into traditional software development?

- 0. treat security separately as a new activity (wrong)
- 1. invent a new, security-aware process (another fad)
- 2. run security activities alongside traditional

In business, "touchpoints" are places in a product/sales lifecycle where a business connects to its customers.

McGraw adapts this to suggest "touchpoints" in software development where security activities should interact with regular development processes.

# Security activities during lifecycle

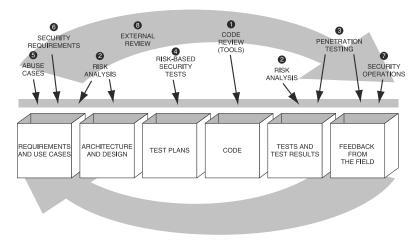
McGraw identified 7 touchpoint activities, connecting to software development artefacts. In lifecycle order:

- Abuse cases (in requirements)
- Security requirements (in requirements)
- Risk analysis (in design)
- Risk-based security tests (in test planning)
- Code review (in coding)
- Risk analysis (in testing)
- Penetration testing (in testing and deployment)
- Security operations (during deployment)

His process modifies one adopted by Microsoft after the famous *Gates Memo* in 2002.

**Exercise.** For each touchpoint (detailed shortly), identify the development artefact(s) it concerns.

# Touchpoints in the software development lifecycle



The numbers are a ranking in order of effectiveness.

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#### Code review

Most effective step: eliminate problems at source.

Evidence since 1970s shows that bugs are orders of magnitude cheaper to fix during coding than later in the lifecycle (industry is still learning this; code QA processes aren't as widely deployed as you might imagine).

#### Manual code review

- can find subtle, unusual problems
- an onerous task, especially for large code bases

#### Automatic static analysis

- increasingly sophisticated tools automate scanning
- very useful but can never understand code perfectly
- and may need human configuration, interpretation

Especially effective for simple bugs such as overflows.

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# Architectural risk analysis

Design flaws are not obvious from staring at code; they need to be identified in the design phase.

Architectural risk analysis considers security during design:

- the security threats that attackers pose to assets
- vulnerabilities that allow threats to be realised
- the impact and probability for a vulnerability exploit
- hence the **risk**, as risk = probability × impact
- countermeasures that may be put into place

Example: poor protection of secret keys; risk is deemed high that attacker can read key stored on the filesystem and then steal encrypted document. A countermeasure is to keep encryption keys on dedicated USB tokens.

# Risk analysis in general

- Several approaches:
  - financial loss oriented (cost versus damage)
  - mathematical (or pseudo-mathematical) risk ratings
  - qualitative methods using previous knowledge
- If possible, should use specialist non-developers
  - requires understanding business impact
  - perhaps legal and regulatory framework
  - devs often strongly opinionated, fixed assumptions

**Question.** A risk analysis often begins by looking at value of assets. Why is this not enough?

# Common steps in risk analysis

- 1. Study system (specs, design docs, code if ready)
- 2. Identify threats and attacker types/routes
- 3. List possible vulnerabilities in the software
- 4. Understand planned security controls (& risks...)
- 5. Map attack scenarios (routes to exploit)
- 6. Perform impact analysis
- 7. Using likelihood estimates, rank risks
- 8. Recommend countermeasures in priority/cost order

Particular risk analysis methods refine these.

In steps 2 and 3, may use checklists of threat types and previously known vulnerabilities; also general "goodness" guidelines.

## Security design guidelines

#### Saltzer and Schroeder (1975)'s classic principles:

- 1. Economy of mechanism: keep it simple, stupid
- 2. Fail-safe defaults: e.g., no single point of failure
- 3. Complete mediation: check everything, every time
- 4. **Open design**: assume attackers get the source & spec
- 5. Separation of privilege: use multiple conditions
- 6. Least privilege: no more privilege than needed
- 7. Least common mechanism: beware shared resources
- 8. **Psychological acceptability**: are security ops usable?

**Exercise.** If you haven't studied these already, you should review them in detail.

## Microsoft STRIDE approach

**STRIDE** is a mnemonic for categories of threats in Microsoft's method:

- ▶ **S**poofing: attacker pretends to be someone else
- ► Tampering: attacker alters data or settings
- ▶ **R**epudiation: *user can deny making attack*
- Information disclosure: loss of personal info
- ▶ **D**enial of service: preventing proper site operation
- ▶ **E**levation of privilege: *user gains power of root user*

**Exercise.** Remember the definitions of the familiar CIA security properties (confidentiality, integrity, availability). Explain which properties each threat type attacks.

## The STRIDE approach

STRIDE uses *Data Flow Diagrams* to chase data through a system.

- Consider each data flow, manipulation, or storage:
  - Are there vulnerabilities of type S,T,R,I,D,E?
  - Are there routes to attack?
- Design mitigations (countermeasures)

STRIDE was designed as a developer-friendly mechanism

- devs may not know end user's risk tolerance
- so de-emphasises risk assessment, business impact

See MSDN magazine, Nov 2006.

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# Penetration testing

Current dominant methodology (alongside bolt-on protection measures, outside the lifecycle). Effective because it considers a program in final environment.

## Finds real problems

- demonstrable exploits easily motivates repair costs
- process "feels" good

#### Drawback: no accurate sense of coverage

- ready made pen testing tools cover only easy bugs
- system-specific architecture and controls ignored

Beware Dijkstra's famous remark: *Testing shows the presence, not the absence of bugs*. Just running some standard pen-testing tools is a very minimal test.

Example: by feeding data to form elements, a browser plugin pen testing tool uncovers XSS vulnerabilities.

# Bad use of Pen Testing

- Black-box pen testing by consultants is limited
  - They may know tools but not system being tested
  - Judgements about code can be limited
- Developers only patch problems they're told about
  - Patches may introduce new problems
  - Patches often only fix symptom, not root cause
  - Patches often go un-applied

# Good use of Pen Testing

#### McGraw advocates using pen testing:

- At the unit level, earlier in development:
  - automatic fault-injection with fuzzing tools
- Before deployment, as a last check
  - not a first check for security, after deployment!
  - risk-based, focus on configuration and environment
- Metrics-driven: tracking problem reduction
  - not imagining zero=perfect security
  - use exploits as regression tests
- For repairing software, not deploying work-arounds

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## Security testing

Security testing complements QA processes which ensure main functional requirements are error free.

- Test security functionality
  - security provisions tested using standard methods
  - integrated by considering with main requirements
- Tests based on attack patterns or identified abuse cases
  - apply risk analysis to prioritize
  - consider attack patterns

## Traditional testing vs security testing

#### Focus on:

- Explicit functional requirements
  - check use cases, operate as expected
  - customer can add/remove items from cart
- Sometimes explicit non-functional requirements
  - check usability, performance
  - user experience (UX) is pleasing
  - updating cart takes at most 5 seconds

Testers check a reasonably clear list of desired behaviours.

```
"The system shall..."
```

# Traditional testing vs security testing

#### Focus on:

- ▶ Rarely explicit non-functional *non*-requirements
  - check many undefined, unexpected behaviours are impossible

Testers check an *unclear* list of *un*desirable behaviours are absent.

"The system shall not..."

# A strategy for security testing

- 1. Understand the **attack surface** by enumerating:
  - program inputs
  - environment dependencies
- 2. Use **risk analysis** outputs to prioritize components
  - (usually) highest: code accessed by anonymous, remote users
- 3. Work through **attack patterns** using fault-injection:
  - use manual input, fuzzers or proxies
- 4. Check for security design errors
  - privacy of network traffic
  - controls on storage of data, ACLs
  - authentication
  - random number generation

## Automating security tests

Just as with functional testing, we can benefit from building up suites of *automated security tests*.

- 1. Think like an attacker
- 2. Design test suites to attempt malicious exploits
- 3. Knowing system, try to violate specs/assumptions

This goes beyond random *fuzz testing* approaches.

Specially designed **whitebox fuzz testing** is successful at finding security flaws (or, generating exploits).

Rough idea: apply *dynamic test generation*, using symbolic execution to generate inputs that reach error conditions (e.g., buffer overflow).

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#### Abuse cases

Idea: describe the desired behaviour of the system under different kinds of abuse/misuse.

- Work through attack patterns, e.g.
  - illegal/oversized input
- Examine assumptions made, e.g.
  - interface protects access to plain-text data
  - cookies returned to server as they were sent
- Consider unexpected events, e.g.
  - out of memory error, disconnection of server

Specific detail should be filled out as for a use case.

Related idea: **anti-requirements**.

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## Security requirements

Security needs should be explicitly considered at the requirements stage.

- Functional security requirements, e.g.
  - use strong cryptography to protect sensitive stored data
  - provide an audit trail for all financial transactions
- Emergent security requirements, e.g.
  - do not crash on ill-formed input
  - do not reveal web server configuration on erroneous requests

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## Security operations

Security during operations means managing the security of the deployed software.

Traditionally this has been the domain of **information security** professionals.

The idea of this touchpoint is to combine expertise of **infosecs** and **devs**.

# Information security professionals

By now, many different types, expert in:

- Incident handling, response (SOC team)
- Craft knowledge: malware, vulnerabilities
- Understanding and deploying desirable patches
- Configuring firewalls, IDS, virus detectors, UTMs, SIEMs.

But are rarely *software* experts.

Taking part in the development process can **feed back knowledge from attacks**, or join in **security testing**.

Infosec people understand pentesting from the outside and less from inside. Network security scanners are more evolved and effective than application scanners.

#### Coders

#### Expert in:

- Software design
- Programming
- Build systems, overnight testing

But rarely understand security in-the-wild.

Coders focus on the main product, easy to neglect the deployment environment. E.g., VM host environment may be easiest attack vector.

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## Summary

This lecture outlined some SSDLC activities.

The descriptions were quite high-level.

**Exercise.** For each of the touchpoints, find specific documented examples of their use in a development process. (McGraw's book has some, but there are plenty of other sources).

**Exercise.** Practice thinking about the touchpoints by constructing scenarios. Consider the development of a particular piece of software or a system. Imagine what some of the touchpoints might uncover or recommend.

## **Review questions**

- Describe 5 secure development lifecycle activities and the points in which they would be used in a compressed 4-stage agile development method (use case, design, code, test).
- What kinds of security problem is code review better at finding compared with architectural risk analysis?
- Why is risk analysis difficult to do at the coding level?
- What is the main drawback of penetration testing, especially when it is applied as an absolute measure of security of a software system?

#### References and credits

#### Material in this lecture is adapted from

- Software Security: Building Security In, by Gary McGraw. Addison-Wesley, 2006.
- ► The Art of Software Security Testing, by Wysopal, Nelson, Dai Zovi and Dustin. Addison-Wesley, 2007.
- Build Security In, the initiative of US-CERT at https://buildsecurityin.us-cert.gov/.