

Performance

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

▲ 0–49

50–89

90–100

The screenshot shows a registration form for 'For Goodness Bakes'. At the top, it says 'For Goodness Bakes' and 'Let's get baking!'. There is a 'Log in here.' link. The form is titled 'Register' and asks if the user is already part of the community. It includes fields for 'Username' (with placeholder 'Username'), 'Email (optional)' (with placeholder 'Email address'), and 'Password' (with placeholder 'Password'). Below the password field is a list of password requirements:

- Your password can't be too similar to your other personal information.
- Your password must contain at least 8 characters.
- Your password can't be a commonly used password.
- Your password can't be entirely numeric.

There are also fields for 'Password (again)' (placeholder 'Password (again)') and 'Password (again)' (placeholder 'Password (again)').

METRICS

[Expand view](#)

First Contentful Paint

2.1 s

Largest Contentful Paint

2.2 s

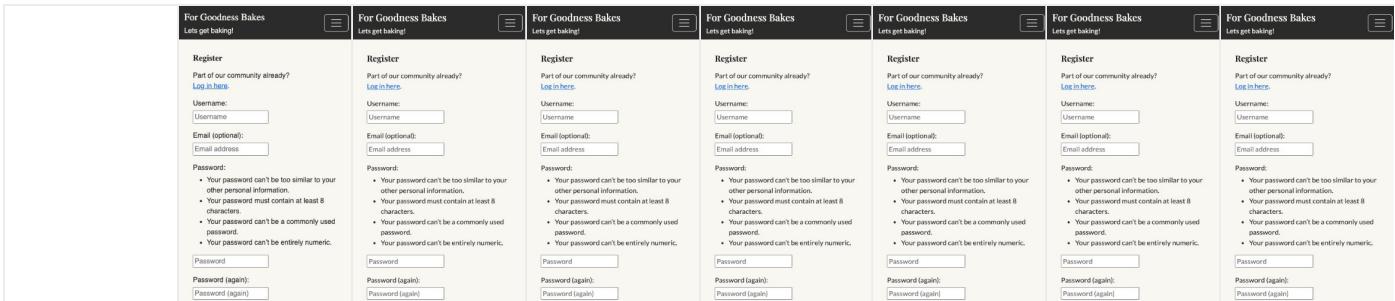
Total Blocking Time

0 ms

Cumulative Layout Shift

0.008

Speed Index

2.1 s[View Treemap](#)

Later this year, insights will replace performance audits. [Learn more and provide feedback here.](#)

[Try insights](#)

Show audits relevant to: All FCP LCP TBT CLS

DIAGNOSTICS

▲ Eliminate render-blocking resources — Est savings of 1,160 ms

▲ Reduce unused CSS — Est savings of 46 KiB

▲ Page prevented back/forward cache restoration — 1 failure reason

Minify CSS — Est savings of 3 KiB

Enable text compression — Est savings of 13 KiB

Serve static assets with an efficient cache policy — 1 resource found

Avoid serving legacy JavaScript to modern browsers — Est savings of 0 KiB

○ Avoid large layout shifts — 3 layout shifts found

○ Avoid chaining critical requests — 8 chains found

○ Minimize third-party usage — Third-party code blocked the main thread for 0 ms

○ Largest Contentful Paint element — 2,210 ms

- Avoid long main-thread tasks — 2 long tasks found

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (26)

Show ▾



Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

CONTRAST

- ▲ Background and foreground colors do not have a sufficient contrast ratio.

These are opportunities to improve the legibility of your content.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Show ▾

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

PASSED AUDITS (18)

Show ▾

NOT APPLICABLE (38)

Show ▾



Best Practices

TRUST AND SAFETY

- Ensure CSP is effective against XSS attacks

- Use a strong HSTS policy

▼

PASSED AUDITS (15)

Show

NOT APPLICABLE (4)

Show



SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

CONTENT BEST PRACTICES

- Document does not have a meta description

▼

Format your HTML in a way that enables crawlers to better understand your app's content.

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Show

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (6)

Show

NOT APPLICABLE (3)

Show

Captured at Jan 29, 2026,
10:13 PM GMT
 Initial page load

Emulated Moto G Power with
Lighthouse 12.6.0
 Slow 4G throttling

Single page session
 Using Chromium 138.0.0.0
with devtools