

# Food and Beverage Dashboard

Select the food or beverage:

Milk

Enter

Select the portion size

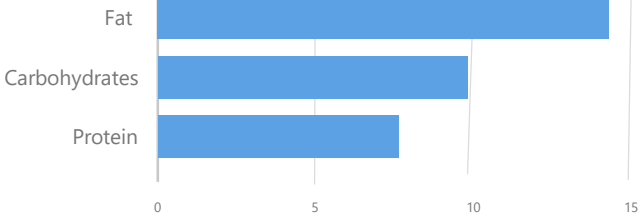
2 Cups/ 500g

Enter

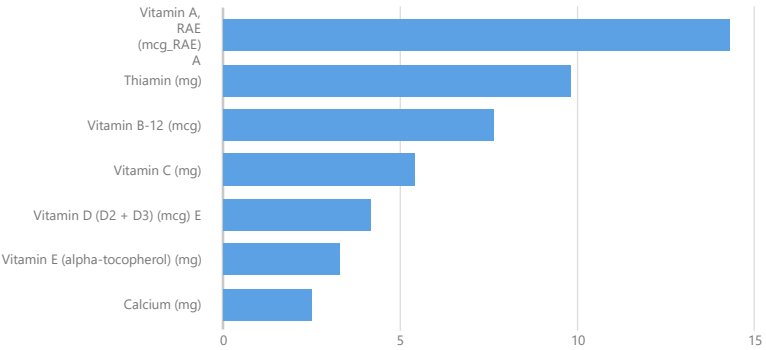
## Nutrition Facts

- Item 1
- Item 2
- Item 3
- Item 4
- Item 5
- Item 1
- Item 2
- Item 3
- Item 4
- Item 5
- Item 1
- Item 2
- Item 3
- Item 4
- Item 5

## Macro Nutrients



## Micro Nutrients



## % Daily Value

MILK CONSUMPTION BASED ON US % DAILY CONSUMPTION

