

# Personal Competencies Inventory - PAP 1

Utilize SWOT to complete this inventory. You are NOT being graded on your responses. This is for you!

\* Required

**Name \***

Last, First

Lynn, Brittany

**Term \***

yearmonth (ex. 1601)

1601

**Writing competency: This encompasses all forms of written communication. \***

This includes: formal papers, presentations, discussions, assignments, etc.

- ☐ 0 - I am completely uncomfortable writing at the college-level.
- ☐ 1 - I am quite uncomfortable writing at the college-level.
- ☐ 2 - I am uncomfortable writing at the college-level.
- ☐ 3 - I am comfortable writing at the college-level; but, know I could work on this.
- ☒ 4 - I am quite comfortable writing at the college-level; but, know I there are a couple of things on which I could improve.
- ☐ 5 - I am completely comfortable writing at the college-level.

## Speaking competency: This encompasses all forms of verbal communication. \*

This includes: presentations, class discussions, conversations with instructors, etc.

- ☐ 0 - I am completely uncomfortable speaking at the college-level.
- ☐ 1 - I am quite uncomfortable speaking at the college-level.
- ☐ 2 - I am uncomfortable speaking at the college-level.
- ☐ 3 - I am comfortable speaking at the college-level; but, know I could work on this.
- ☒ 4 - I am quite comfortable speaking at the college-level; but, know I there are a couple of things on which I could improve.
- ☐ 5 - I am completely comfortable speaking at the college-level.

## Math competency: I can use quantitative techniques to solve real world problems: \*

This includes: basic math, logic, analysis of numbers

- ☐ 0 - I am completely uncomfortable using quantitative techniques to solve real world problems.
- ☐ 1 - I am quite uncomfortable using quantitative techniques to solve real world problems:
- ☐ 2 - I am uncomfortable using quantitative techniques to solve real world problems:
- ☐ 3 - I am comfortable using quantitative techniques to solve real world problems:
- ☒ 4 - I am quite comfortable using quantitative techniques to solve real world problems: but, know I there are a couple of things on which I could improve.
- ☐ 5 - I am completely comfortable using quantitative techniques to solve real world problems:

## Personal Improvement Reflection: \*

0 - I can identify three areas in which I have experienced personal growth since I started classes at Full Sail.

1 - I can identify three areas in which I need additional growth.

2 - I have a Personal Development Plan for my life (IDP).

3 - I have set goals for 5 years from now.

4 - I have set goals for 10 years from now.

5 - I take every day as it comes, I can't be worried about tomorrow.

## Critical Thinking: Carefully and logically analyze information and ideas from multiple perspectives in order to develop reasoned solutions to problems. \*

- ☐ 0 - I am completely uncomfortable analyzing information and ideas from multiple perspectives in order to develop reasoned solutions to problems.
- ☐ 1 - I am quite uncomfortable analyzing information and ideas from multiple perspectives in order to develop reasoned solutions to problems.
- ☐ 2 - I am uncomfortable analyzing information and ideas from multiple perspectives in order to develop reasoned solutions to problems.
- ☐ 3 - I am comfortable analyzing information and ideas from multiple perspectives in order to develop reasoned solutions to problems.
- ☐ 4 - I am quite comfortable analyzing information and ideas from multiple perspectives in order to develop reasoned solutions to problems.
- ☒ 5 - I am completely comfortable analyzing information and ideas from multiple perspectives in order to develop reasoned solutions to problems.

## Critical Thinking: I apply scientific inquiry or research to solving problems. \*

- ☐ 0 - I am completely uncomfortable applying scientific inquiry or research to solving problems.
- ☐ 1 - I am quite uncomfortable applying scientific inquiry or research to solving problems.
- ☐ 2 - I am uncomfortable applying scientific inquiry or research to solving problems.
- ☐ 3 - I am comfortable applying scientific inquiry or research to solving problems.
- ☒ 4 - I am quite comfortable applying scientific inquiry or research to solving problems.
- ☐ 5 - I am completely comfortable applying scientific inquiry or research to solving problems.

### Critical Thinking: I defend ideas with appropriate support. \*

- ☐ 0 - I am completely uncomfortable defending ideas with appropriate support.
- ☐ 1 - I am quite uncomfortable defending ideas with appropriate support.
- ☐ 2 - I am uncomfortable defending ideas with appropriate support.
- ☐ 3 - I am comfortable defending ideas with appropriate support.
- ☐ 4 - I am quite comfortable defending ideas with appropriate support.
- ☒ 5 - I am completely comfortable defending ideas with appropriate support.

### Effective interpersonal interactions: This includes written, verbal and non-verbal interactions. \*

0 - I understand and can explain how culture can impact individual perception, action, and actions.

1 - I understand and can explain how social structure can impact individual perception, action, and actions.

2 - I understand and can explain how diversity can impact individual

2 - I understand and can explain how diversity can impact individual perception, action, and actions.

3 - I understand and can explain how key elements of historical context can impact individual perception, action, and actions.

4 - I need to work on this area.

### Digital Literacy Technologies: I know which digital tool to present information. \*

- ☐ 0 - I am completely uncomfortable choosing the correct digit tool to present information.
- ☐ 1 - I am quite uncomfortable choosing the correct digit tool to present information.
- ☐ 2 - I am uncomfortable choosing the correct digit tool to present information.
- ☐ 3 - I am comfortable choosing the correct digit tool to present information.
- ☒ 4 - I am quite comfortable choosing the correct digit tool to present information.
- ☐ 5 - I am completely comfortable choosing the correct digit tool to present information.

### Digital Literacy Technologies: I know which technologies to use for researching and locating information. \*

- ☐ 0 - I am completely uncomfortable choosing the correct digit tool to use for researching and locating information.
- ☐ 1 - I am quite uncomfortable choosing the correct digit tool to use for researching and locating information.
- ☐ 2 - I am uncomfortable choosing the correct digit tool to use for researching and locating information.
- ☐ 3 - I am comfortable choosing the correct digit tool to use for researching and locating information.

- ☒ 4 - I am quite comfortable choosing the correct digit tool to use for researching and locating information.
- ☐ 5 - I am completely comfortable choosing the correct digit tool to use for researching and locating information.

### TEM: Concept Mapping \*

- ☐ 0 - I am completely uncomfortable with when and how to use a concept map.
- ☐ 1 - I am quite uncomfortable with when and how to use a concept map. and locating information.
- ☐ 2 - I am uncomfortable with when and how to use a concept map. for researching and locating information.
- ☒ 3 - I am comfortable with when and how to use a concept map. g and locating information.
- ☐ 4 - I am quite comfortable with when and how to use a concept map. e for researching and locating information.
- ☐ 5 - I am completely comfortable with when and how to use a concept map.

### Time Management \*

This includes all aspects of life

- ☐ 0 - I struggle immensely with time management.
- ☐ 1 - At times I struggle with time management.
- ☒ 2 - My time management is so-so.
- ☐ 3 - I have a pretty good handle on my time management.
- ☐ 4 - I have this time management thing in the bag.

### Art History: Formal Elements of Art Vocabulary \*

Line, Shape, Space, Color: Value; Saturation; Contrast, Texture

- ☐ 0 - I am completely uncomfortable with the formal elements of art

vocabulary.

- ☐ 1 - I am quite uncomfortable with the formal elements of art vocabulary.. and locating information.
- ☐ 2 - I am uncomfortable with the formal elements of art vocabulary.or researching and locating information.
- ☒ 3 - I am comfortable with the formal elements of art [vocabulary.pt](#) map.g and locating information.
- ☐ 4 - I am quite comfortable with the formal elements of art vocabulary.arching and locating information.
- ☐ 5 - I am completely comfortable with the formal elements of art vocabulary.

## Art History: Universal Principles of Design Vocabulary \*

Balance, Emphasis/Focus, Movement, Pattern, Repetition, Proportion, Rhythm, Variety, Unity

- ☐ 0 - I am completely uncomfortable with the formal elements of art vocabulary.
- ☐ 1 - I am quite uncomfortable with the formal elements of art vocabulary.. and locating information.
- ☒ 2 - I am uncomfortable with the formal elements of art vocabulary.or researching and locating information.
- ☐ 3 - I am comfortable with the formal elements of art [vocabulary.pt](#) map.g and locating information.
- ☐ 4 - I am quite comfortable with the formal elements of art vocabulary.arching and locating information.
- ☐ 5 - I am completely comfortable with the formal elements of art vocabulary.

## Psychology of Play: RISE Model for Self Evaluation \*

Reflect, Inquire, Suggest, Elevate

- ☐ 0 - I am completely uncomfortable with the RISE Model for Self Evaluation.
- ☐ 1 - I am quite uncomfortable with the RISE Model for Self Evaluation

- ☒ 1 - I am quite uncomfortable with the RISE Model for Self Evaluation.
- ☐ 2 - I am uncomfortable with the RISE Model for Self Evaluation.
- ☒ 3 - I am comfortable with the RISE Model for Self Evaluation.
- ☐ 4 - I am quite comfortable with the RISE Model for Self Evaluation.
- ☐ 5 - I am completely comfortable with the RISE Model for Self Evaluation.

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