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1. INTRODUCTION

1.1 Project Overview

HealthAI is an advanced AI-powered healthcare assistant built using IBM's cutting-edge Granite generative AI models.

It is designed to bridge the gap between everyday users and complex medical information by offering personalized, data-driven insights in a user-friendly interface.

The platform includes four core features:

 **Patient Chat:** An AI chatbot where users can ask health-related questions in simple language and get clear, empathetic answers.

 **Disease Prediction:** Users can input their symptoms; the AI analyzes this information along with general health data to suggest possible conditions and next steps.

 **Personalized Treatment Plans:** For users with a diagnosed condition, the AI offers evidence-based treatment suggestions, lifestyle modifications, and follow-up recommendations.

 **Health Analytics Dashboards:** Visual tools to help users monitor trends in vital signs like heart rate, blood pressure, or blood glucose, empowering them to track and understand their health over time.

1.2 Purpose

The primary purpose of HealthAI is to empower people to take control of their health by using the power of AI to make medical knowledge:

- Clear
- Personalized
- Accessible anytime, anywhere

Specifically, HealthAI aims to:

- Help users make informed decisions about their health, rather than relying on scattered online information.
- Predict possible health conditions based on symptoms, so users can seek timely medical help when necessary.
- Provide tailored treatment suggestions and lifestyle tips to support ongoing care, especially for chronic conditions.
- Answer everyday health questions in natural language, using empathetic and easy-to-understand responses.
- Offer mental health support and daily health tips to promote overall well-being.

2. IDEATION PHASE

2.1 Problem Statement:

HealthAI aims to address common challenges that people face when it comes to understanding and managing their health.

Despite the availability of medical information online, users often feel confused, anxious, or unsupported because:

- Medical content can be too technical
- Information is often scattered across many websites
- Users may not have immediate access to a doctor or professional advice
- Existing tools rarely personalize recommendations based on the user's data

By using IBM Watson Machine Learning and Generative AI (Granite model), HealthAI brings everything together into one intelligent assistant.

It helps users:

- Get AI-generated answers to their health questions
- Check what conditions might match their symptoms
- Receive personalized treatment and lifestyle suggestions
- Track health metrics over time and see trends clearly

Below is the problem statement table filled as per the HealthAI platform user scenarios:

Problem Statement (PS)	I am (Customer)	I'm trying to	But	Because	Which makes me feel
PS-1	A person with limited medical knowledge	Understand my symptoms and find out what might be wrong	I can't reach a doctor quickly or understand medical websites	Most health info is technical or scattered across sites	Confused, anxious, and unsure of what to do
PS-2	Someone managing a chronic condition	Track my health trends and get daily guidance	I don't get updates or insights from my data	There's no interactive or AI-based tool helping me	Overwhelmed, unsupported, and worried

Why these problem statements matter:

They show:

- The real needs and feelings of users
- The gap in current healthcare tools (lack of personalization, real-time AI, accessible explanations)
- Why HealthAI's features (Patient Chat, Symptom Checker, Treatment Plans, Analytics) directly solve these pain points

2.2 Empathy Map Canvas:

An empathy map is a simple tool that helps teams understand users better by exploring what they say, think, do, and feel.

HealthAI aims to assist people with health concerns using AI-based tools. This map helps us design features that are more human-centered and solve real pain points.

User Persona

A person with limited medical knowledge or managing a chronic condition who wants fast, clear, and personalized healthcare support.



User Experience Visual

Empathy Map Table

Section	Details
SAYS	<ul style="list-style-type: none">• “I don’t know if this is serious or not.”• “I wish I could speak to a doctor now.”• “I don’t understand this medical report.”• “Is this medicine safe for me?”
THINKS	<ul style="list-style-type: none">• “Is this something to worry about?”• “Will this get worse if I ignore it?”• “I hope the AI gives the correct answer.”• “What if I misinterpret the result?”
DOES	<ul style="list-style-type: none">• Searches symptoms on Google• Enters symptoms in HealthAI• Uploads medical reports• Reads lifestyle suggestions• Uses chat interface

Brainstorm & Idea Prioritization Template:

Brainstorming is essential in developing **HealthAI**, an intelligent healthcare assistant that uses **IBM Granite models and Generative AI** to improve patient support. This environment encourages every team member—whether technical or non-technical—to share creative ideas that help users get clearer, faster, and more personalized health insights.

This session will focus on proposing, organizing, and improving features such as **symptom checkers, AI medical chats, treatment plans, and health analytics dashboards**. Whether you're together or remote, use this template to contribute freely and shape innovative AI-driven healthcare solutions.

Step-1: Team Gathering, Collaboration and Select the Problem Statement

The screenshot shows a template for "Brainstorm & idea prioritization".

Template (vertical bar on the left)

Brainstorm & idea prioritization

Use this template to brainstorm features and improvements for HealthAI – an AI-based healthcare assistant built with IBM Granite.

🕒 10 minutes to prepare
🕒 1 hour to collaborate
👤 2-8 people recommended

Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

⌚ 10 minutes

1 Define your problem statement

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

⌚ 5 minutes

PROBLEM
How might we help users better understand and manage their health using an AI assistant?

Key rules of brainstorming

To run a smooth and productive session

- Stay in topic.
- Encourage wild ideas.
- Defer judgment.
- Listen to others.
- Go for volume.
- If possible, be visual.

Open article →

Step-2: Brainstorm, Idea Listing and Grouping

2

Brainstorm

Write down as many ideas that come to mind that address your problem statement.

⌚ 10 minutes

TIP
You can select a sticky note and hit the pencil [switch to sketch] icon to start drawing!

Identify Problem

- User needs are unclear
- User needs are changing

Understand Stakeholders

- Stakeholders have different needs
- Stakeholders have different priorities

Gather Ideas

- Ideas are scattered and unorganized
- Ideas are not fully developed

Idea Review

- Ideas are not prioritized
- Ideas are not refined

IDEAS 1

IDEAS 2

IDEAS 3

IDEAS 4

Step-4: Idea Prioritization

3

Group Ideas

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you can break it up into smaller sub-groups.

⌚ 20 minutes

TIP

Add customizable tags to sticky notes to make it easier to find, browse, organize, and categorize important ideas as themes within your mural.

Cluster 1:
Diagnosis & Info Tools

Symptom Checker

Medical Q&A

Health Report Summarizer

Cluster 2:
Personalized Treatment & Advice

Treatment Plan Generator

Lifestyle & Diet Suggestions

Medication Info

Cluster 3:
Support & Awareness

Mental Health Chat

Health Tip Generator

Doctor Finder

4

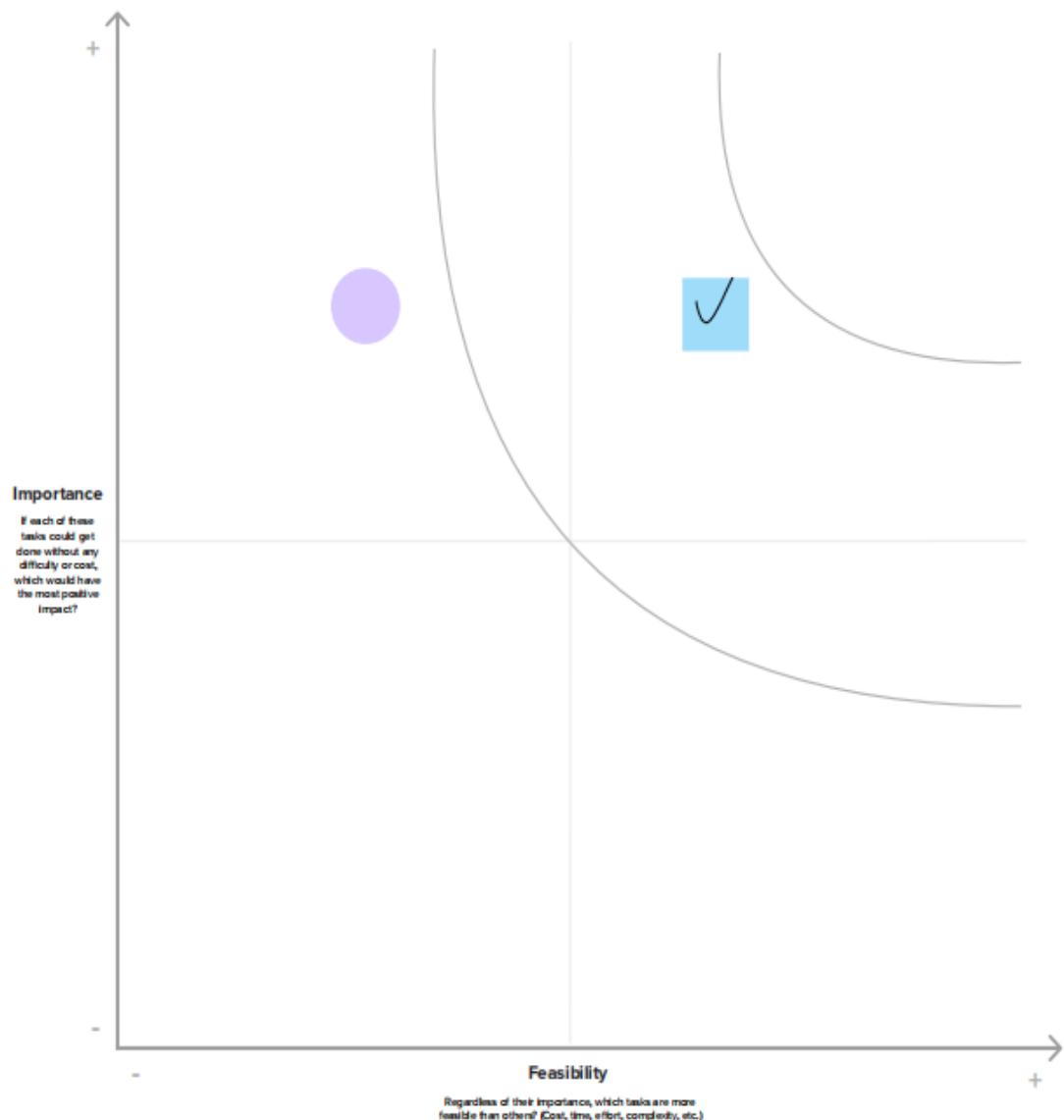
Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

⌚ 20 minutes

TP

Participants can use their cursors to point at where sticky notes should go on the grid. The facilitator can confirm the spot by using the laser pointer holding the H key on the keyboard.



3. REQUIREMENT ANALYSIS

3.1 Customer Journey map:

A **customer journey map** shows the *typical path* a user takes when interacting with your application — from first hearing about it to getting real value.

For HealthAI, your journey could look like this:

Example Table: HealthAI Customer Journey:

Stage	User Goal	Touchpoints	What the user does	Feelings / Emotions	How HealthAI helps
Awareness	Learn about a tool that helps with health info	Ads, social media, word of mouth	Sees a post or video about HealthAI	Curious, hopeful	Clear messaging & simple intro
Consideration	Check if it's useful	Website, app page	Reads about Patient Chat, Disease Prediction etc.	Interested but skeptical	Shows demos & testimonials
Onboarding	Start using HealthAI	Sign-up page / intro screen	Creates profile, adds basic health data	Slight nervousness	Simple guided steps
Usage	Get answers & predictions	Patient Chat, Symptom Checker, Health Analytics	Asks questions, uploads reports, tracks vitals	Confident, reassured	Fast, clear AI replies; charts & summaries
Follow-up	Stay updated & improve health	Notifications, daily tips	Reads daily tips, revisits trends	Supported, motivated	Personalized reminders & advice

The **customer journey map** for HealthAI shows the complete experience of a user — starting from the moment they first learn about the application, to when they become regular users who rely on it for daily health support.

At the **beginning**, the user might see an ad, a social media post, or hear about HealthAI from a friend. They become curious because HealthAI promises to make health information easier to understand using AI.

In the **consideration stage**, the user explores the website or app page to see if it really fits their needs. They might look at the key features: **Patient Chat** for asking health questions, **Disease Prediction** to understand symptoms, **Treatment Plans** with AI suggestions, and **Health Analytics** to track health trends.

Once convinced, the user moves to the **onboarding stage**. Here, they create a profile, add basic details about their health, and learn how to use different features. A smooth and friendly.

3.2 Solution Requirement:

Functional Requirements:

Following are the functional requirements of the proposed solution.

FR No.	Functional Requirement (Epic)	Sub Requirement (Story / Sub-Task)
FR-1	User Registration	Registration through Form Registration through Gmail Registration through LinkedIn
FR-2	User Confirmation	Confirmation via Email Confirmation via OTP
FR-3	Health Data Input	Manual input of patient vitals Secured upload of medical reports and images
FR-4	AI-driven health analysis	Disease prediction based on symptoms and patient data Personalized treatment based on patient profiles
FR-5	Data security& privacy	Encrypting patient data Implementing role based access to limit data access
FR-6	Reporting &analytics	Develop interactive dashboards to visualize key health metrics Allow users to generate custom reports based on specific criteria

Non-functional Requirements:

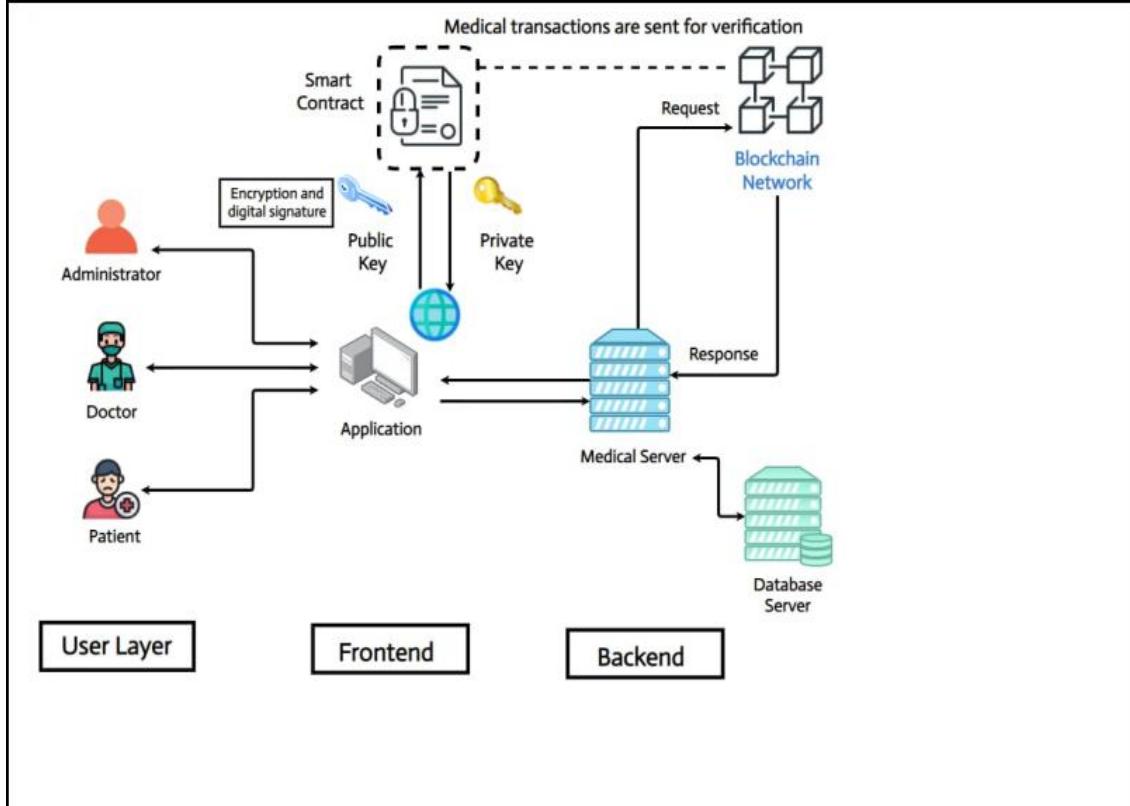
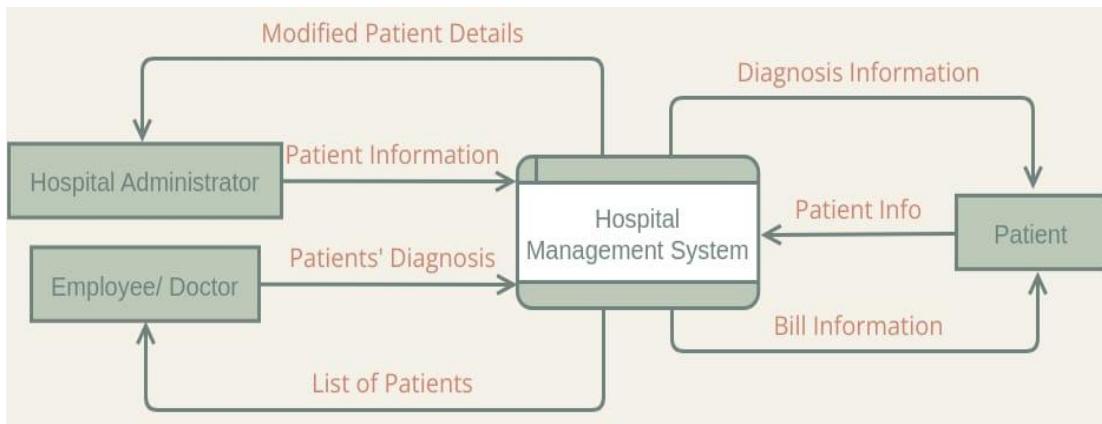
Following are the non-functional requirements of the proposed solution.

FR No.	Non-Functional Requirement	Description
NFR-1	Usability	The ease with which healthcare professionals and patients can interact with the AI system, including clear instructions and minimal training requirements for effective use in clinical settings
NFR-2	Security	The protection of sensitive patient data and system integrity from unauthorized access, breaches and cyber threats, ensuring compliance with regulations like HIPAA and maintaining patient privacy
NFR-3	Reliability	The consistent and accurate functioning of the AI-system, providing dependable results and predictions without errors or downtime, which is crucial for critical healthcare decisions and patient safety
NFR-4	Performance	The speed and efficiency of the AI system in processing data, generating insights and delivering responses, treatment planning and operational tasks in healthcare
NFR-5	Availability	The continuous accessibility of the AI system to authorized users whenever needed, minimizing downtime and ensuring that critical healthcare operations are not interrupted due to system unavailability
NFR-6	Scalability	The ability of the Ai system to handle increasing amount of data, users, and functionalities without compromising performance or stability, allowing for expansion and adaption to growing healthcare demands

3.3 Data Flow Diagram:

A Data Flow Diagram (DFD) in health care visually represents how a patient data moves through a system, showing the flow of information between entities like patients, doctors, and administrators, and how it's processed, stored and used. DFDs are crucial for understanding and optimizing healthcare processes, improving data accuracy and enhancing patient care.

Example:



3.4 Technology Stack

Technical Architecture:

The technical architecture of **HealthAI: Intelligent Healthcare Assistant** is designed to combine multiple software tools and AI models into a seamless, scalable platform that helps users manage and understand their health better.

At its core, HealthAI integrates:

- **Generative AI models** (like IBM Granite) for natural language understanding and response generation
- **Machine learning services** (IBM Watson ML and Hugging Face) to analyze user data and predict health conditions
- **Data visualization libraries** (such as Plotly) to create user-friendly dashboards
- **Frontend frameworks** like Streamlit or Gradio to build an interactive web-based user interface

This architecture supports key HealthAI features:

- Patient Chat for natural conversations with AI
- Symptom Checker and Disease Prediction based on user input
- AI-generated Treatment Plans
- Health Analytics dashboards to track trends and vitals

To ensure it meets real-world healthcare needs, HealthAI's architecture is built with these principles:

- **Scalability:** Designed to handle more users and data over time without performance drops
- **Interoperability:** Can connect with external health data sources (like lab reports, patient records, wearable devices) in the future
- **Reliability & Security:** Uses secure API key management, encrypted data handling, and robust backend services to protect sensitive user information

In practice, the architecture works like this:

- The frontend interface collects user inputs (questions, symptoms, reports)
- These inputs are sent to the backend services which handle data processing and AI model calls
- The AI models generate responses, predictions, or summaries
- The results are returned to the frontend, which displays them clearly to the user with charts, text summaries, or conversational replies

By designing this layered architecture, HealthAI can offer accurate, real-time health insights in a way that feels smooth and easy for users — while staying flexible enough to add new AI features or data connections in the future.

4. PROJECT DESIGN

4.1 Problem Solution Fit

Millions of people globally struggle to access accurate, reliable, and personalized healthcare information. In rural or underserved areas, access to doctors is often limited or delayed, leading individuals to depend on internet searches or unverified sources that may cause confusion, misinformation, or even harm.

Current tools such as basic symptom checkers or health apps are often generic, not intelligent, and lack personalization. They don't account for an individual's health history, context, or preferences. Meanwhile, chronic disease patients face a fragmented experience—using one tool for tracking, another for advice, and none for tailored recommendations.

In this environment, there's an urgent need for an intelligent, all-in-one healthcare assistant that provides medical Q&A, symptom evaluation, treatment planning, and health trend monitoring — all in a seamless, user-friendly platform.

Purpose:

The purpose of HealthAI is to revolutionize digital healthcare assistance through the power of IBM Granite's generative AI. It aims to provide users with instant, personalized, and medically sound insights that enhance decision-making and promote better health outcomes.

Specifically, HealthAI is designed to:

- Empower users with trusted medical responses to reduce dependence on unreliable sources.
- Bridge the accessibility gap in areas lacking immediate healthcare support.
- Streamline healthcare tasks by integrating diagnosis, treatment guidance, and analytics into one tool.
- Support chronic patients and wellness seekers by offering tailored lifestyle and monitoring tools.
- Simplify user interaction with an intuitive web interface (Streamlit), ensuring people of all tech levels can benefit.
- Help users understand medical terms, lab reports, and treatment plans in plain language so they feel more informed and confident.
- By suggesting possible conditions and highlighting warning signs, HealthAI can encourage users to seek professional help sooner.
- Provide calm, empathetic AI responses to common health concerns, helping users feel reassured instead of overwhelmed.
- Use daily tips, reminders, and positive reinforcement to help users build long-term wellness routines.
- Allow users to visualize trends in blood pressure, glucose, or other metrics, helping them track progress and discuss it with their doctor.

Problem-Solution fit canvas 2.0

 AMALTAMA

1. CUSTOMERS SEQVENT(S)	6. CUSTOMER CONSTRAINTS	5. AVAILABLE SOLUTIONS
Identifying each seeking, accessible, accurate health information anytime, anywhere¹⁰	Limited access to reliable health information <ul style="list-style-type: none"> • Lack of medical expertise • Time constraints • Confidentiality issues • Urgency feels insignificant 	Existing businesses online health calculators and consultation services HealthAL intelligent healthcare assistant¹¹ IBM Watson 100 intelligent¹² purposefully provides early-stage consultations offering user-declarative, provider-natural language insights, treatment of memoir troubleshooting, resolution, and accessibility.
3. JOGS-TO BE DONE / PROBLEMS	9. PROBLEM ROOT CAUSE	7. BEHAVIOR
Helping users understand their health conditions, using available treatment options.	The need for credible real-time healthcare information without professional support self-reliance. Users avoid preexisting treatment plans with triggered confidence without significant urgency	Users avoid professional care, potentially misdiagnose themselves, trifling comprehensive treatment plans apply incorrect TIXI treatments; volunteer significant time for research, effort. Volunteeromantic come home for research, as single glancing significant time for research. Engage whielay A solve time for research, and improvement.
3. TRIGGERS	10. YOUR SOLUTION	5.1 ONLINE CHANNELS
Onset of symptoms, seeking Next-T treatment, chronic diseases creating an urgent need of sompting understanding and	HealthALan intelligent healthcare assistant utilizing IBM's Granie idap (M) platform AI to provide intelligent healthcare assistance, offered by IBM Watson, using AI Delivery Well Prioritized/ healthiest on the reality charms.	Webinars and conferences for both before and after users become
4. EMOTIONS BEFORE & AFTER		3.2 OFFLINE CHANNELS
Consideration: Peace of mind knowing their treatment plan helps them stay healthy	Delivery As-Is Afficiencies on action.com	Webinars and conferences for both before and after users become

4.2 Proposed Solution

The following table summarizes the key aspects of the **HealthAI: Intelligent Healthcare Assistant** project.

It explains the problem HealthAI aims to solve, describes the proposed AI-driven solution, highlights its unique value, and outlines its potential social impact, business viability, and scalability.

By bringing together these elements, the table helps clearly communicate how HealthAI leverages IBM Granite models and generative AI to make healthcare information more accessible, personalized, and user-friendly.

S.No.	Parameter	Description
1.	Problem Statement (Problem to be solved)	Millions of people lack access to quick, reliable, and personalized healthcare advice. Self-diagnosis through the internet often leads to misinformation. There's also no unified AI tool offering symptom checks, treatment guidance, and health tracking in one platform.
2.	Idea / Solution description	HealthAI is a generative AI-powered platform using IBM Granite-13b-instruct-v2, built to provide empathetic and intelligent healthcare assistance. It includes features such as: Patient Chat, Symptom Checker, Treatment Plan Generator, and Health Analytics Dashboard – all accessible through a simple Streamlit-based web app.
3.	Novelty / Uniqueness	HealthAI uniquely integrates multiple critical healthcare functions (chat, diagnosis, treatment, and analytics) into a single, AI-driven platform. It uses IBM Watson's Granite model to ensure context-aware, medically sound, and personalized responses, improving upon generic apps or search engines.
4.	Social Impact / Customer Satisfaction	HealthAI increases healthcare accessibility, especially for people in remote or underserved regions. It empowers users to make informed decisions, reduces anxiety from symptom uncertainty, and improves chronic condition tracking. The simplified design enhances user satisfaction across all age groups.
5.	Business Model (Revenue Model)	HealthAI can operate on a freemium model: core features are free for all users, while premium services (e.g., full analytics history, doctor integrations, or multilingual support) are offered via subscription. Health institutions can also subscribe for analytics and bulk services.
6.	Scalability of the Solution	The solution is scalable both technically and geographically. Hosted on cloud infrastructure, it can be deployed globally via Hugging Face Spaces or web hosting. Future scalability includes multilingual support, voice input, wearable integrations, and offline mobile version.

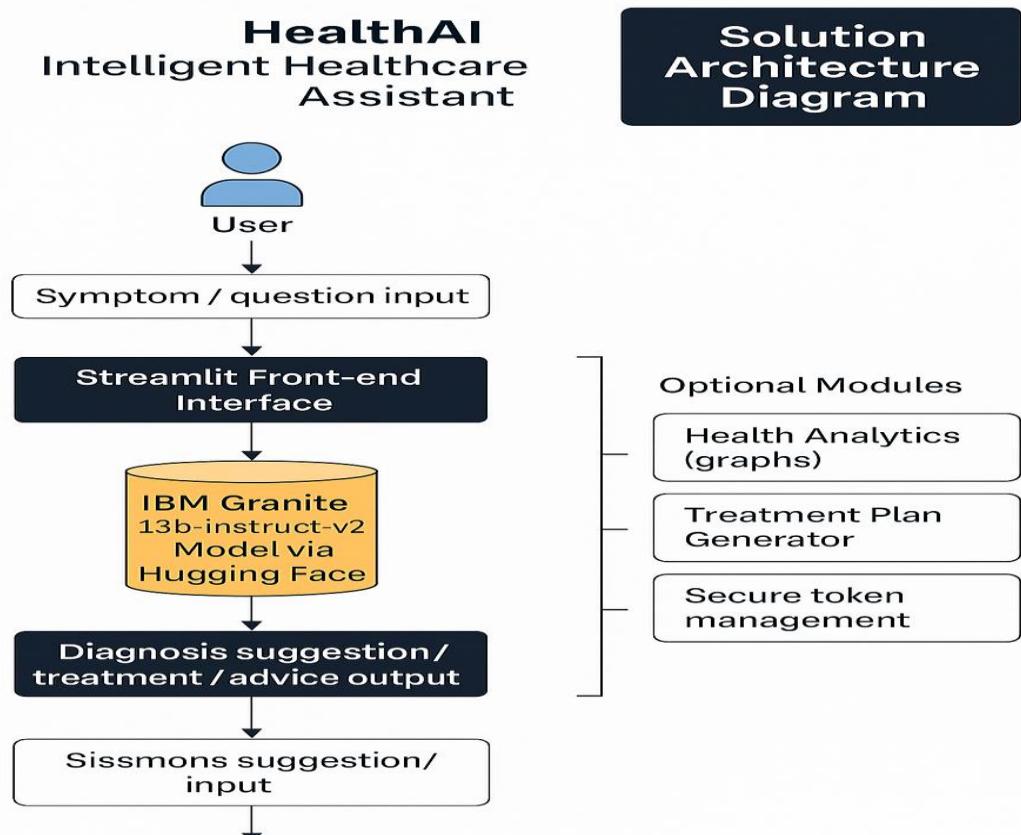
4.3 Solution Architecture

Solution architecture is a critical process that connects the healthcare challenges faced by users with appropriate AI-powered technical solutions. For **HealthAI**, this architecture bridges real-world medical information needs and the capabilities of IBM Granite-based generative AI.

Its goals in this project are to:

- **Identify and apply the most effective AI technologies** (like IBM Granite 13b-instruct-v2) to support healthcare needs such as symptom evaluation, treatment guidance, and health analytics.
- **Design a modular system architecture** using components like Streamlit frontend, Hugging Face model APIs, and secure backend logic to ensure scalability, accessibility, and accuracy.
- **Define the structure and flow** of user interaction — from input (symptom/question) to model inference to response — in a way that's intuitive, fast, and user-friendly.
- **Specify development phases** clearly: starting from basic chat support and diagnosis suggestions to future features like real-time health analytics and wearable integration.

Example - Solution Architecture Diagram:



5. PROJECT PLANNING & SCHEDULING

5.1 Project Planning

Product Backlog, Sprint Schedule and Estimation

To effectively plan and track the development of **HealthAI: Intelligent Healthcare Assistant**, we have created a detailed product backlog outlining key functional requirements, user stories, their story points, priority, and the responsible team members.

The backlog covers features like patient registration, patient login, a personalized health dashboard, the symptom checker, and secure health record access.

Each user story is prioritized and distributed across multiple sprints to ensure systematic delivery and quality testing.

For instance, Sprint-1 focuses on enabling patients to register via email, Google Health, or Apple Health accounts, along with sending confirmation emails. Sprint-2 continues with login functionalities and dashboard creation, while Sprint-3 and Sprint-4 handle AI-driven features like symptom checking and health record access.

Project Tracker, Velocity & Burndown Chart

The development plan follows an agile methodology using 6-day sprints, ensuring timely and incremental delivery.

The tracker below summarizes planned and actual release dates, along with the number of story points completed per sprint:

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed	Sprint Release Date (Actual)
Sprint-1	20	6 Days	01 Jun 2025	06 Jun 2025	20	06 Jun 2025
Sprint-2	20	6 Days	08 Jun 2025	13 Jun 2025	20	13 Jun 2025
Sprint-3	20	6 Days	15 Jun 2025	20 Jun 2025	20	20 Jun 2025
Sprint-4	20	6 Days	22 Jun 2025	27 Jun 2025	20	27 Jun 2025
Sprint-5	20	6 Days	29 Jun 2025	04 Jul 2025	20	04 Jul 2025
Sprint-6	20	6 Days	06 Jul 2025	11 Jul 2025	20	11 Jul 2025
Sprint-7	20	6 Days	13 Jul 2025	18 Jul 2025	20	18 Jul 2025
Sprint-8	20	6 Days	20 Jul 2025	25 Jul 2025	20	25 Jul 2025

6. FUNCTIONAL AND PERFORMANCE TESTING

6.1 Performance Testing

Performance testing for HealthAI focuses on ensuring that the platform remains responsive, reliable, and scalable under real-world usage.

Given that HealthAI uses large language models (IBM Granite) and AI-based processing to provide health insights, it is critical to test how the system performs when multiple users interact with features such as:

-  Patient Chat (real-time AI responses)
-  Symptom Checker
-  Treatment Plan Generator
-  Health Analytics dashboards

The main objectives of performance testing for HealthAI are:

 **Measure response time:**

Check how quickly AI responses are generated and displayed in the interface when users enter queries or upload reports.

 **Test scalability:**

Simulate many concurrent users to ensure the system handles peak loads, for example during health awareness campaigns or emergencies.

 **Ensure stability:**

Run tests over extended periods to confirm HealthAI continues to operate without crashes, memory leaks or slowdowns.

 **Backend performance:**

Verify that calls to the IBM Granite model and data visualizations load within acceptable times, even when large data sets (e.g., multi-month health trends) are requested.

 **User experience consistency:**

Make sure that performance remains smooth across different network conditions and devices, since HealthAI is intended to be accessible to users everywhere.

To achieve effective performance testing for **HealthAI**, several tools and methods can be applied:

-  **Locust** and **JMeter** can simulate hundreds or thousands of users interacting with HealthAI at the same time. This helps measure how well the system handles high traffic, such as during peak hours or public health events when many users might seek AI help simultaneously.
-  **Built-in monitoring tools** in frameworks like Streamlit or Gradio allow real-time tracking of server performance. They help identify slow response times, memory usage spikes, and potential bottlenecks when AI models (like IBM Granite) process large or complex user queries.

7. RESULTS

7.1 Output Screenshots

The screenshot shows a dark-themed web application interface. At the top, there are five tabs: "Medical Q&A", "Symptom Checker" (which is highlighted in orange), "Health Report Summarizer", "Medication Advisor", and "Lifestyle & Diet Advice". Below the tabs is a search bar labeled "Enter your symptoms" containing the text "Cough and shortness of breath". Underneath the search bar is a section titled "Possible conditions" which is currently empty. At the bottom of the main content area is a large, rounded rectangular button with the word "Check" in white. At the very bottom of the page, there are links for "Use via API", "Built with Gradio", and "Settings".

The screenshot shows a dark-themed web application interface. At the top, there are seven tabs: "Medical Q&A", "Symptom Checker", "Health Report Summarizer", "Medication Advisor", "Lifestyle & Diet Advice", "Mental Health Chat", "Doctor Finder", and "Health Tip Generator". Below the tabs is a search bar labeled "Ask a Medical Question" containing the text "I have a fever". Underneath the search bar is a section titled "Answer" containing a detailed response. The response discusses a 2009 study from the Journal of the American Medical Association that found a fever can help the body fight off infections. It emphasizes that while a fever can be a sign of an immune response to an infection, it's not a reliable indicator of the specific type of infection. It advises consulting a healthcare professional for an accurate diagnosis and treatment. Below the main answer text, there is a list of general tips for managing a fever:

1. Drink plenty of fluids to stay hydrated.
2. Get plenty of rest to allow your body to fight off the infection.
3. Use over-the-counter fever reducers like acetaminophen (Tylenol) or ibuprofen (Advil, Motrin) to help lower your fever, but always follow the recommended dosage.
4. Wear light, loose clothing to help your body regulate its temperature.
5. Use a cool, lukewarm compress on your forehead or other areas of discomfort.

At the bottom of the answer section, there is a note: "Remember, if your fever persists for more than a few days, or if you have other concerning symptoms, seek medical attention promptly."

The screenshot shows a dark-themed web application interface. At the top, there are seven tabs: "Medical Q&A", "Symptom Checker", "Health Report Summarizer", "Medication Advisor", "Lifestyle & Diet Advice", "Mental Health Chat", "Doctor Finder", and "Health Tip Generator". Below the tabs is a search bar labeled "Ask a Medical Question" containing the text "I have fever". Underneath the search bar is a section titled "Answer" containing a detailed response. The response follows a structured approach:

- Step 1: Understand the context - You're experiencing a fever.
- Step 2: Recognize that fever is a symptom, not a disease itself. It can be caused by various illnesses, including viral or bacterial infections, or even medication side effects.
- Step 3: Encourage self-care - Ensure you're well-hydrated, resting, and taking over-the-counter fever-reducing medication if necessary, following the instructions carefully.
- Step 4: Consult a healthcare professional - If the fever persists for more than a few days, or is accompanied by severe symptoms (such as difficulty breathing, chest pain, confusion, or rash), seek medical attention immediately.
- Step 5: Maintain a healthy lifestyle - Eat nutritious food, stay warm, and avoid contact with others to prevent spreading any potential illness.

In summary, while having a fever is a normal bodily response to infection or inflammation, it's essential to monitor your symptoms and consult a healthcare professional if concerns arise or the fever doesn't improve after a few days.

At the bottom of the answer section is a large, rounded rectangular button with the word "Submit" in white.

8. ADVANTAGES & DISADVANTAGES

Advantages:

1. **AI-Powered Personalization:**
Provides tailored responses and treatment suggestions based on each user's input and history, unlike generic search engines.
2. **Quick Access to Medical Information:**
Users can get immediate answers to health-related questions anytime, reducing the need to search multiple websites.
3. **Integrated Features in One Platform:**
Combines patient chat, symptom checking, treatment plans, and health analytics — offering a complete assistant instead of separate tools.
4. **Empathetic and Clear Language:**
AI responses are designed to explain complex medical terms in simple language, improving user understanding and reducing anxiety.
5. **Enhanced Health Tracking:**
Users can visualize their health trends (e.g., heart rate, glucose levels) and get AI-generated insights over time.
6. **Accessible Anywhere:**
As a web-based platform (using Streamlit or Gradio), HealthAI can be used from mobile, tablet, or desktop, anywhere with internet.
7. **Supports Underserved Areas:**
Offers basic medical guidance to people who may not have immediate access to healthcare professionals.

Disadvantages:

1. **AI Limitations:**
AI may occasionally give incomplete or less accurate suggestions; it cannot fully replace professional diagnosis.
2. **Data Privacy Risks:**
Handling health data online requires strict security measures; any vulnerability could risk sensitive information.
3. **Dependence on Internet:**
Requires stable internet; users in remote or low-connectivity areas might face challenges.
4. **Model Bias & Updates:**
AI models need to be regularly updated to remain accurate; outdated data could affect recommendations.
5. **No Real-Time Medical Testing:**
Cannot perform physical exams, lab tests, or emergency care — relies only on user-provided input.

9. CONCLUSION

HealthAI demonstrates how generative AI and machine learning can be harnessed to make healthcare information more accessible, personalized, and user-friendly.

By integrating the IBM Granite model with an intuitive web interface (built using Streamlit or Gradio), HealthAI empowers users to:

- Ask health questions in natural language and get clear, AI-generated answers
- Check possible conditions based on their symptoms
- Receive personalized treatment suggestions
- Visualize health trends and metrics to better understand their wellbeing

This platform addresses common challenges such as lack of immediate access to medical professionals, confusing medical information online, and the need for a single, reliable source for health guidance.

While HealthAI does not replace professional medical care, it acts as a trusted companion, helping users make more informed decisions and encouraging proactive health management. By combining AI-driven empathy, real-time analysis, and secure data handling, HealthAI has the potential to bridge gaps in healthcare accessibility, support chronic patients, and promote everyday wellness — making personalized health support available to anyone, anytime.

10. FUTURE SCOPE

As HealthAI evolves, there are several opportunities to expand its features and impact:

Multilingual Support

Introduce multiple languages to serve users from different regions and make healthcare information globally accessible.

Voice Input & Conversational AI

Allow users to speak their questions or describe symptoms verbally, making the platform easier to use for people who have difficulty typing.

Integration with Wearable Devices

Connect with smartwatches, fitness trackers, or medical devices to automatically track real-time data like heart rate, steps, sleep, and blood sugar.

Doctor & Hospital Finder

Enhance recommendations by integrating local healthcare directories so users can directly find and book appointments with specialists near them.

Mental Health Modules

Add guided meditations, stress check-ins, and AI-generated mental health tips to better support emotional wellbeing.

Offline Mode / Mobile App

Develop a lightweight mobile version or offline features to help users in areas with limited or unstable internet access.

Advanced Analytics & Reports

Generate downloadable health summaries and personalized trend reports that users can share with doctors for deeper consultations.

Continuous AI Model Updates

Regularly train the AI on the latest medical guidelines and research to keep responses accurate, relevant, and safe.

By pursuing these enhancements, **HealthAI** can grow into a more holistic, intelligent healthcare assistant — supporting preventive care, improving user engagement, and helping bridge gaps in global healthcare delivery.

11. APPENDIX

Source Code:

The full source code for HealthAI, including:

- Gradio-based user interface (Medical Q&A, Symptom Checker, Treatment Plans, Health Analytics)
- Python scripts to connect with the IBM Granite / Hugging Face model
- Prompt engineering and API integration scripts

Step 1: Install Required Libraries

```
!pip install transformers accelerate gradio pandas matplotlib
```

These libraries help with:

- transformers → to load and run the AI model
- accelerate → to run models efficiently on GPU
- gradio → to create the interactive web interface
- pandas, matplotlib → for data handling and visualization (if needed)

Step 2: Load the AI Model (IBM Granite) from Hugging Face

❖ from transformers import AutoTokenizer, AutoModelForCausallM, pipeline

```
import os
```

```
# Set your Hugging Face token securely
```

```
os.environ['HF_TOKEN'] = "your_token_here" # Replace with your  
actual token
```

```
model_id = "ibm-granite/granite-3.3-2b-instruct"
```

```
# Load tokenizer and model using token
```

```
tokenizer = AutoTokenizer.from_pretrained(model_id,  
use_auth_token=os.getenv('HF_TOKEN'))
```

```
model = AutoModelForCausallM.from_pretrained(model_id,  
use_auth_token=os.getenv('HF_TOKEN'))
```

```
# Create text-generation pipeline
```

```
generator = pipeline("text-generation", model=model, tokenizer=tokenizer,  
device_map="auto", max_new_tokens=512)
```

❖ This code connects securely to the IBM Granite model hosted on Hugging Face and prepares it to generate AI responses.

Step 3: Build the HealthAI User Interface with Gradio

The interface includes multiple tabs:

-  Medical Q&A Assistant
-  Symptom Checker
-  Health Report Summarizer
-  Medication Advisor
-  Lifestyle & Diet Advice
-  Mental Health Chat
-  Doctor Finder
-  Health Tip Generator

Example:

```
import gradio as gr
with gr.Blocks() as demo:
    gr.Markdown("# 🧠 HealthAI - Intelligent Healthcare Assistant")
    with gr.Tab("👤 Medical Q&A"):
        q = gr.Textbox(label="Ask a Medical Question")
        a = gr.Textbox(label="Answer")
        btn = gr.Button("Submit")
        btn.click(medical_qa, inputs=q, outputs=a)
    # ... (Other tabs similarly defined)
demo.launch()
```

Each tab takes **user input** and sends it to a specific AI function (e.g., medical_qa, symptom_checker) which generates the output.

Step 4: Define AI Functions (not shown here)

Functions like:

- medical_qa

- symptom_checker
- report_summarizer
- medication_info
- lifestyle_suggestion
- mental_health_chat
- doctor_finder
- health_tip

These functions use the generator pipeline to call the AI model and format the AI-generated text.

Purpose of this Code:

- Connect to IBM Granite 3.3-2b-instruct model to generate medically relevant responses.
- Create an intuitive, multi-tab healthcare app using Gradio that works directly in Google Colab or desktop.
- Make it easy for users to ask questions, check symptoms, and get personalized AI-based health advice.

GitHub & Project Demo Link:

A recorded demo video showing:

- Application running in Google Colab
- How each feature works: Symptom Checker, Patient Chat, Treatment Plan Generator, Health Analytics

Demo video link:

<https://drive.google.com/drive/folders/15g7abjRF3sJTzbc9pQJmPRuDa0WsNx6>

Project repository:

<https://github.com/SruthiPola/HealthAI/tree/main>