1) Attacking from Kali to windows Ostart VM < Kali window 1 VM - windows - cmd - iPconfig - Note it down (for windows - isconfig kali - isconfig)

3 vm - kali - + cmd -

- · sudo su
- · password kali
- · type all commands. ( we ha to use IP of

windows to execute all commands).

#### 1- enter ipconfig in window(vm)

2- in kali command promt enter-

## Kali Linux Commands

1-sudo su

2-pass

3- all commands given by pratyush

Attacking from kali (attacker) to windows (victim)

For ip address in kali terminal, the command is: ifconfig

For ip address in windows, the command is: ipconfig

Then enter these commands in kali terminal:

For root user: sudo su

#### Nmap commands:

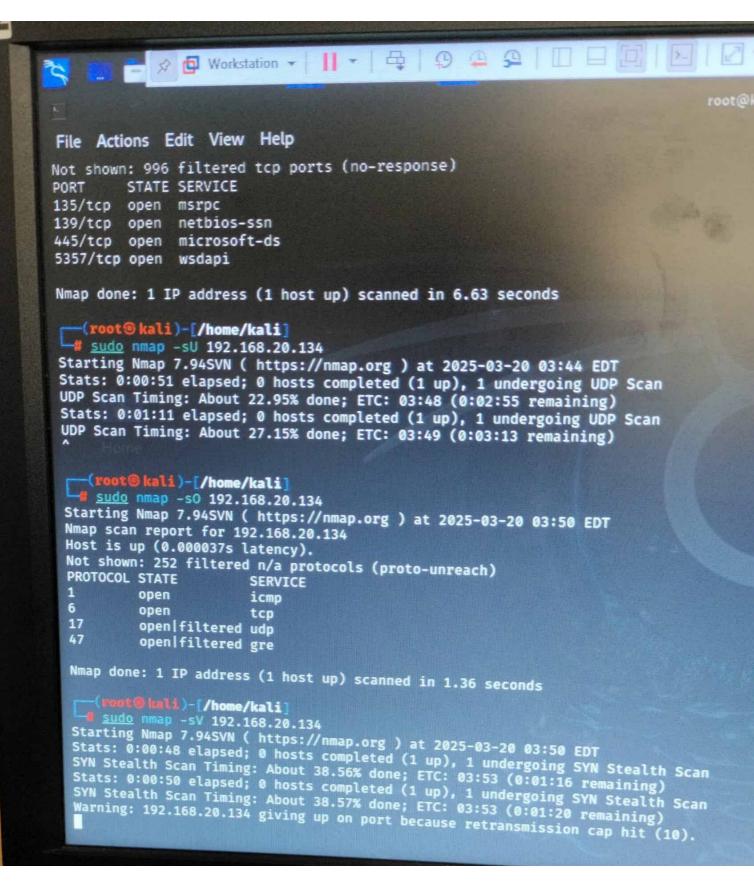
- 1) nmap -sS <your-ip> for performing stealth scan
- 2) nmap -sT <your-ip> scans for tcp protocols
- 3) init 0 turns off the entire kali terminal
- 4) nmap -O <your-ip> for os detection
- 5) nmap -sU <your-ip> scans for udp protocols
- 6) nmap -sV <your-ip> for service version detection
- 7) nmap -sP <your-ip> for ping scan

```
C Workstation → | | → □ □ □ □ □ □ □
 File Actions Edit View Help
   -(root⊗kali)-[/home/kali]
sudo nmap -sT 192.168.20.134
Starting Nmap 7.94SVN ( https://nmap.org ) at 2025-03-20 03:44 EDT
Nmap scan report for 192.168.20.134
Host is up (0.00094s latency).
Not shown: 996 filtered tcp ports (no-response)
 PORT
          STATE SERVICE
 135/tcp open msrpc
 139/tcp open netbios-ssn
 445/tcp open microsoft-ds
 5357/tcp open wsdapi
 Nmap done: 1 IP address (1 host up) scanned in 6.63 seconds
 (root@kali)-[/home/kali]
sudo nmap -sU 192.168.20.134
 Starting Nmap 7.94SVN (https://nmap.org) at 2025-03-20 03:44 EDT Stats: 0:00:51 elapsed; 0 hosts completed (1 up), 1 undergoing UDP Scan UDP Scan Timing: About 22.95% done; ETC: 03:48 (0:02:55 remaining)
 Stats: 0:01:11 elapsed; 0 hosts completed (1 up), 1 undergoing UDP Scan UDP Scan Timing: About 27.15% done; ETC: 03:49 (0:03:13 remaining)
  (root@kali)-[/home/kali]
| sudo nmap -s0 192.168.20.134
| Starting Nmap 7.94SVN ( https://nmap.org ) at 2025-03-20 03:50 EDT
  Nmap scan report for 192.168.20.134
Host is up (0.000037s latency).
  Not shown: 252 filtered n/a protocols (proto-unreach)
                               SERVICE
  1
             open
             open
             open|filtered udp
             open|filtered gre
  Nmap done: 1 IP address (1 host up) scanned in 1.36 seconds
  (roat@kmlk)-[/home/kali]

@ sudo nmap -sV 192.168.20.134

Starting Nmap 7.94SVN ( https://nmap.org ) at 2025-03-20 03:50 EDT
```

root@kali: /h



- attackers trick ppl into rerealing Sensitive into like password eg take email to get password...
- · to see installat" of social phish -> refer manual.
  - 1 VM kali firefox/chrome social Phish. github (go on this site)
    - take url/code paste it in kali (cmd) ->
      - @ cd socialphish
      - (b) . / social phish . sh
      - @ choose option from Instagram (enter it's code)
      - @link generate (open link)
      - enter fake email/Id. + Pass.

3 helps you to get in root tolder. You can use it [Psudo sy [Pass-kali after stel @ or (b) it emor oucur).



| Username f  (1) wo open metaspoitable — password: msfadmin  (2) if config — to get ip address (note it down).  (3) Outside umware — throme — slowloris — (github)  (opy the code (uri: (github))  (open kali — cmd — Ocd slowloris  (python3 slowloris.py (ipq meta)  (python3 slowloris.py (ipq meta)  (python3 slowloris.py (ipq meta)  (python3 slowloris.py (ipq meta) |
|--|
| you can see site will not load.  |
| 1) keylogger - (see manual for pitures)  1) setting - virus of Threat protect" -> Turn of all protect".  1) setting - virus of Threat protect" -> Protect".  1) Setting - virus of Threat protect" -> Protect".  2) browser -> Spyrix. app -> download (free one)  1) Spyrix free logger?  1) install (Sfk-setup) which we install ->                                      |
| 3) more into -> run anyway.  3) select language -> email -> email f fairs -> next-  5) Brower -> spyrix. com -> my account ->  Login with Same email f pass ->   |
| row you will be able to monitor victim's Device.   |
|  |

- 5) zap (do from manual)
- · instead of juice-shop link u can use the "testphp" also.
  - 1) open zap o cut comment box Automated scan
    - Paste un g test php attack Alerts (vulnerabilities)
    - Grenerate report.
- \* disable antivirus /firewall
- 6) MBSA (from manual)
  - Odisable antirirus/firewall
  - 2) open MBSA -> scan a computer -> computer name (dropdown to automatically get hostname) -Start soon - report generated
- +> wireshark
  - Open wireshark -
  - 1 double click on wifi
  - --> login 3"testphp -> username - test site" pass - test
  - @ search "http" in filter in wireshark.
  - 5 double click on userinfo. php.
  - 6 search your usermane of pass ine. test in it (seroll down)

### Using 3<sup>rd</sup> party antivirus (AVG)

AVG antivirus is already installed, if not then install it

On your pc/VMWare (windows) press Ctrl + R and type regedit and select Yes

Then in the registry editor, select HKEY\_LOCAL\_MACHINE and expand it and then expand the SYSTEM

Whatever the entries we do, it gets stored in CurrentControlSet

After you restart your OS, the changes get stored in ControlSet001

Now open AVG antivirus in windows (VMWare) and click on Run Smart Scan. It will scan windows and give you issues if any.

After the scan is complete, click on Resolve All and if it asks for a free trial, then skip it and complete the scan

# Check if your password is secure or not

1) Go to this site: security.org

Enter any password to see how secure it is

2) Go to this site: nordpass

Enter any password to see how secure it is

