

The Djenu (Heartfrost)



ccasionally, an evil spirit will possess a human, turning them into a Djenu. More often, however, a human is turned into a Djenu as a result of such a heinous crime that it is believed one cannot remain human after it is committed.

This crime? Cannibalism. Yes, almost every Djenu was once a human but with an unholy hunger. Due to this crime, it is said that the heart turns to pure ice, triggering the change from human to monster. Unlike most other evil creatures, though, a Djenu can return to its human form. To do this, the heart must be extracted from its frozen prison. Then the icy heart must be destroyed by being completely melted.

Appearance. The mere sight of this fiend gives you chill. Its grotesque body is roughly humanoid, but there's nothing human-like about its glistening blue skin or the jagged shards of ice that cling to it like armour. Its posture and size are more like a troll, with sharp claws and razor-sharp teeth.

The ice cannibal is a formidable opponent who strikes as unexpectedly as a winter storm. When it senses danger, it may encase its opponents in ice, trapping them within its grasp until they are able to break free from the frozen prison. With enough skill and strength, adventurers may face down this beast and survive to tell the tale... enjoy!

- Jamez.

Djenu were once human, or so they claim, but the darkest sins triggered their change. Consuming another is where it went wrong, a heart in a body that doesn't belong. Returning the soul to what used to be, by melting the prison they wish to be free.



Variant: Blackheart Djenu

Some Djenu have adapted to survive and blend into urban environments. Living underground, avoiding the warmth of the sun, they surface during the harsh winters often disguised as a helpless frozen traveller waiting patiently to pounce.

Condition Immunities. exhaustion, frightened, paralyzed

Innate Spellcasting (3/Day). The Blackheart Djenu can innately cast *Armour of Agathys*, requiring no material components. Its innate spellcasting ability is Wisdom.

Chattering Storm. A frozen burst of freezing shards blast from the Djenu in a 15-foot cone. Any creature caught in the spell must make a Constitution saving throw, taking 9 (2d8) on a fail, or half as much on a success. Any nonmagical liquid caught within the blast freezes instantly.

THE DJENU

Medium undead, chaotic evil

Armor Class 16

Hit Points 104 (12d8 + 50)

Speed 20 ft.

STR	DEX	CON	INT	WIS	CHA
16 (+3)	10 (+0)	21 (+5)	4 (-3)	13 (+1)	7 (-2)

Damage Immunities cold

Condition Immunities exhaustion, frightened, paralyzed, petrified

Senses passive Perception 11

Languages -

Challenge 8 (3,900 XP)

Ice Prison. Any creature killed by the Djenu freezes for 13 days, during which time it can't be thawed, animated, or raised from the dead.

Heat Thief. At the end of its turn, the Djenu deals 11 (2d10) cold damage to all hostile creatures within 15 feet. Creatures affected by this have their movement speed reduced by half on their next turn.

Snowblind. The Djenu has disadvantage in terrain other than ice and snow.

ACTIONS

Blinding Frost. The Djenu breathes a 20-foot-radius sphere of fog. The sphere area is heavily obscured. Until the start of its next turn, all creatures in a 20-foot-radius originating from The Djenu must make a DC 15 Constitution saving throw or be blinded until the start of the terror's next turn or a wind of moderate or greater speed disperses it.

Shattering Claws. Melee Weapon Attack: +3 to hit, reach 10 ft., one target. Hit: 18 slashing damage.