

11.2 Question 2

11.2.A Is the email header in RFC 5322 or MIME format?

It is obviously in the MIME format as the first thing that is stated in it is the MIME version

11.2.B Is there anything in the email body based on what you can say that it's RFC 5322 or MIME?

As the email contains national language characters like 'ä', 'ü', and 'à' it is using the MIME format.