CHILD ONLINE PROTECTION

The digital world offers immense opportunities for learning and growth, but it also brings risks such as cyberbullying, identity theft, and online Predators.

Available Support and Services:

Child Protection Helpline: **1121**
PTA: **0800-55055**, FIA-Cyber wing: **1991**
Police Helpline: **15**,
NCRC'S Helpline: **051-9202733**
Ministry of Human Rights Helpline: **1099**

SO, WHAT TO LOOK OUT FOR WHEN USING THE INTERNET?

CYBERBULLYING
Harrasment, threats or intimidation through digital platforms.

IDENTITY THEFT
Misuse of personal information for fraud.

INAPPROPRIATE CONTENT
Exposure to harmful, hateful or illegal materials.

ONLINE PREDATORS
Exploit or groom children for harmful purposes.

PHISHING
Scams to steal sensitive information.

DEVICE SECURITY RISK
Malware and hacking attempts.

HOW TO STAY SAFE ONLINE
- Avoid sharing personal details like addresses, school names, or phone number.
- Use strong, unique passwords and enable two factor authentication.
- Be wary of strangers asking for personal information or inappropriate content.
- Immediately block and report users who make you feel unsafe.
- Learn about online risks and safe practices through trusted resourses.
- Share your concerns or uncomfortable online experiences with a trusted person like a parent, teacher or counselor.

HOW TO GUIDE STUDENTS
- Discuss online safety topics during classes and integrate them into curriculum.
- Create a safe space for students to share concerns about online experiences.
- Promote responsible device use in schools, such as keeping screens visible and ensuring parental control are enabled.
- Train students to identify fake news, phishing attempts, and suspicious websites.
- Watch for signs of distress in students that might indicate cyberbullying or other online issues.

PRACTICAL TIPS FOR ALL
- Use trusted platforms.
- Update devices and softwares regularly.
- Avoid public Wi-Fi
- Regularly backup your Data.
- Avoid posting anything confidential, private, or sensitive online.
- Take breaks and reduce your screentime.
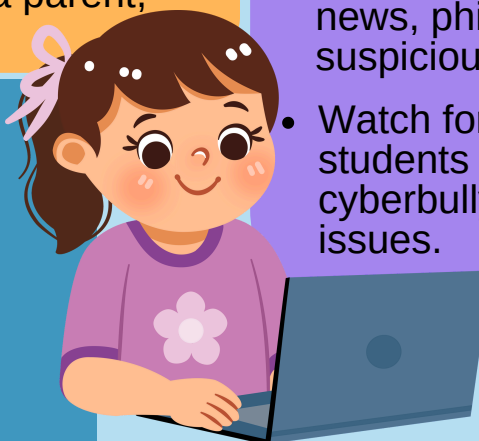
SCAN THE CODE TO LEARN MORE ABOUT ONLINE SAFETY