



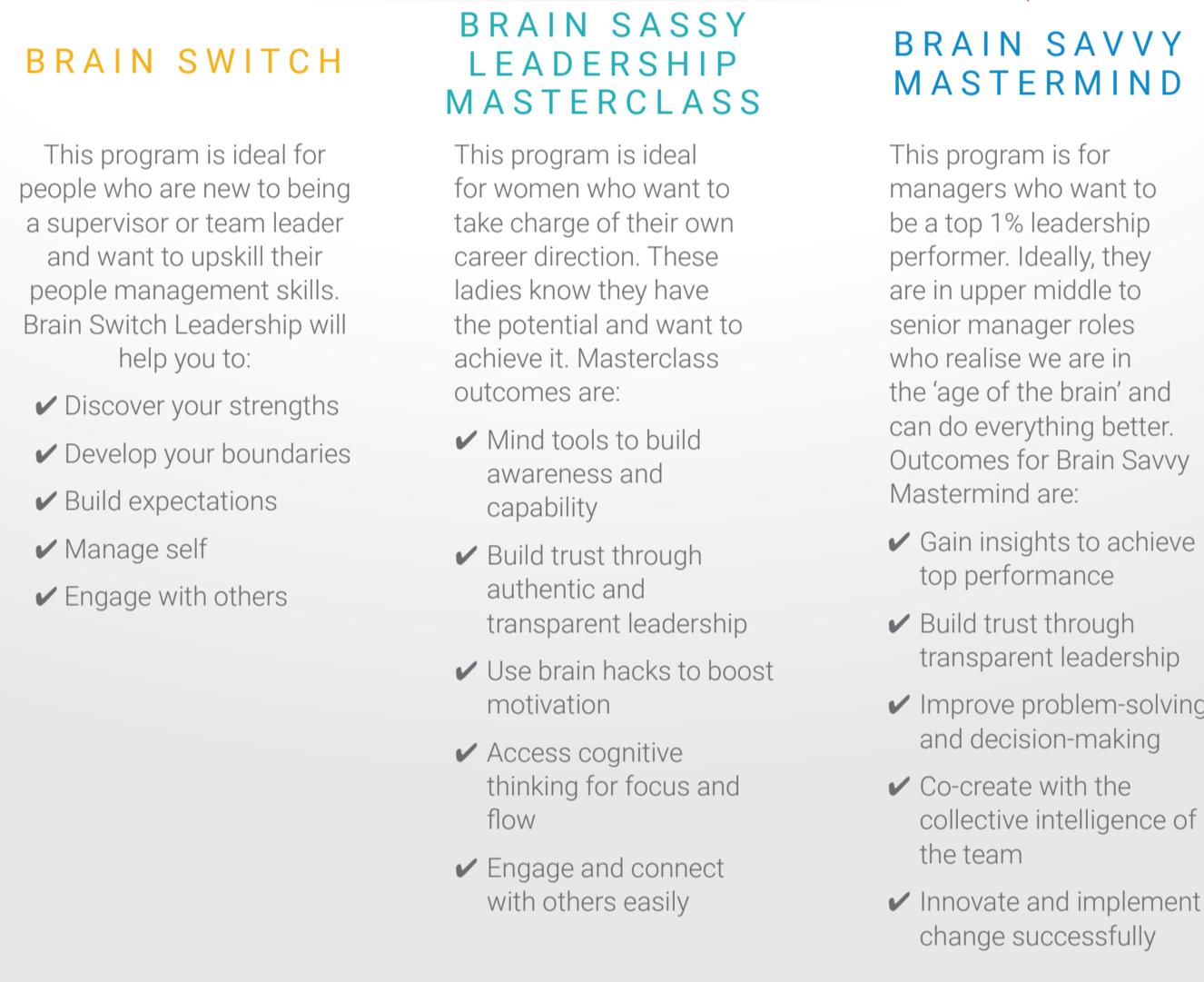
Book a Free 'aha!' Session now...

How Neuroscience can help you get back the **Monday Magic...**

You know how many people drag themselves into work at the beginning of a week, applying a little neuroscience can change the way you feel and everyone around you dramatically. Neuroscience gives you factual reasons for why we have these feelings and what we can do to change them. By using this knowledge, you have entered the 'age of the brain'. You have decided to not let your brain remain a dark mystery, but tap into its incredible force to direct the way you think, behave and engage. You have the power to make Magic and turn your Mondays into a day of welcome and glory.

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle." Steve Jobs

WHAT IS POSSIBLE FOR YOU...



BRAIN SWITCH

This program is ideal for people who are new to being a supervisor or team leader and want to upskill their people management skills. Brain Switch Leadership will help you to:

- ✓ Discover your strengths
- ✓ Develop your boundaries
- ✓ Build expectations
- ✓ Manage self
- ✓ Engage with others

BRAIN SASSY LEADERSHIP MASTERCLASS

This program is ideal for women who want to take charge of their own career direction. These ladies know they have the potential and want to achieve it. Masterclass outcomes are:

- ✓ Mind tools to build awareness and capability

- ✓ Build trust through authentic and transparent leadership

- ✓ Use brain hacks to boost motivation

- ✓ Access cognitive thinking for focus and flow

- ✓ Engage and connect with others easily

BRAIN SAVVY MASTERMIND

This program is for managers who want to be a top 1% leadership performer. Ideally, they are in upper middle to senior manager roles who realise we are in the 'age of the brain' and can do everything better. Outcomes for Brain Savvy Mastermind are:

- ✓ Gain insights to achieve top performance

- ✓ Build trust through transparent leadership

- ✓ Improve problem-solving and decision-making

- ✓ Co-create with the collective intelligence of the team

- ✓ Innovate and implement change successfully

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Karen Livey

REWIRING LEADERSHIP

I work with people who want to be great leaders, people who want to be the best they can be. They value professional development and can see how it can improve their own time at work and also those who work with them and for them.

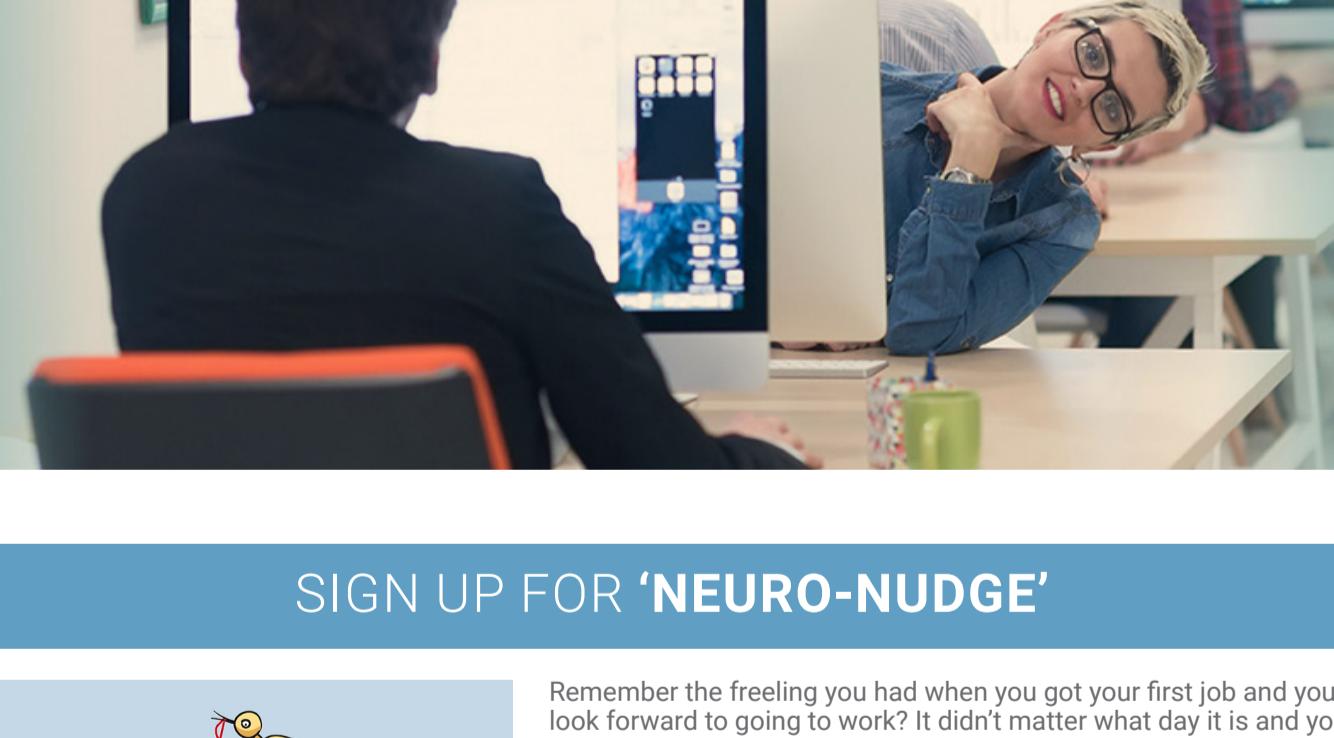
My focus of rewiring leadership is showing leaders how they can use a neuroscience lens to give deeper understanding and knowledge in behaviours. They can learn how some small tweaks can make exponential positive difference to themselves and others. [Read more...](#)



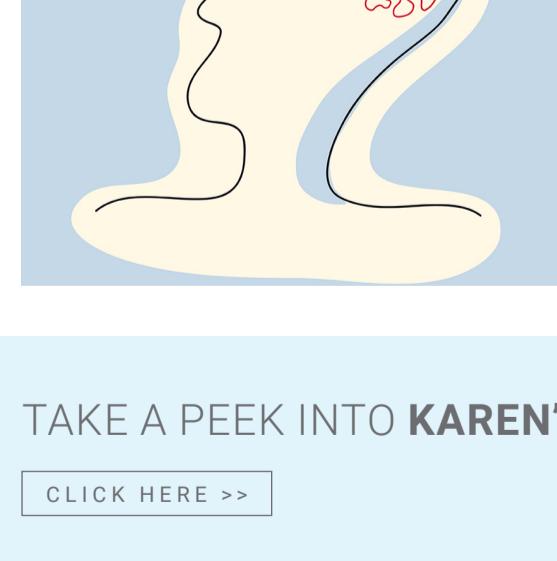
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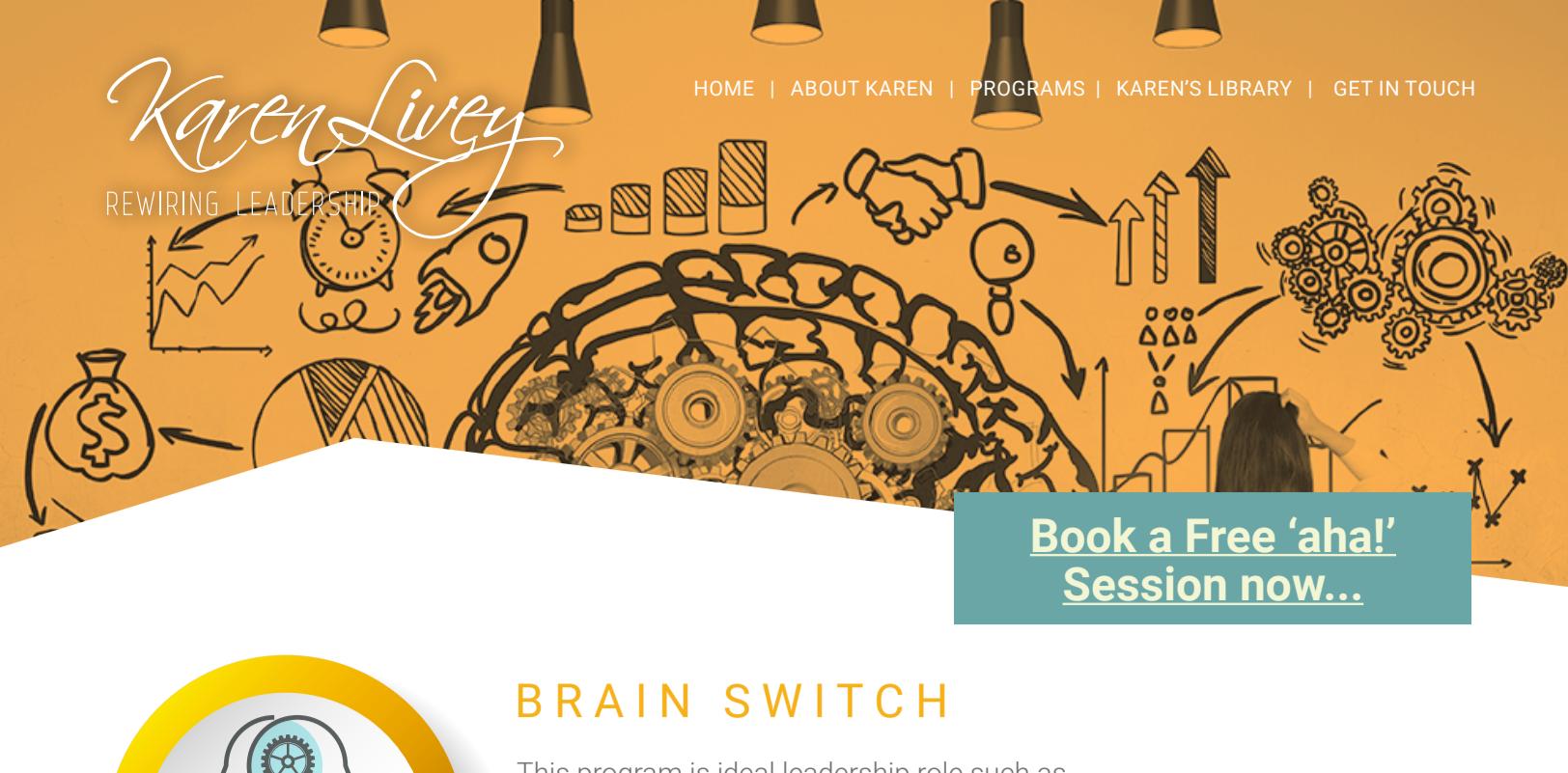
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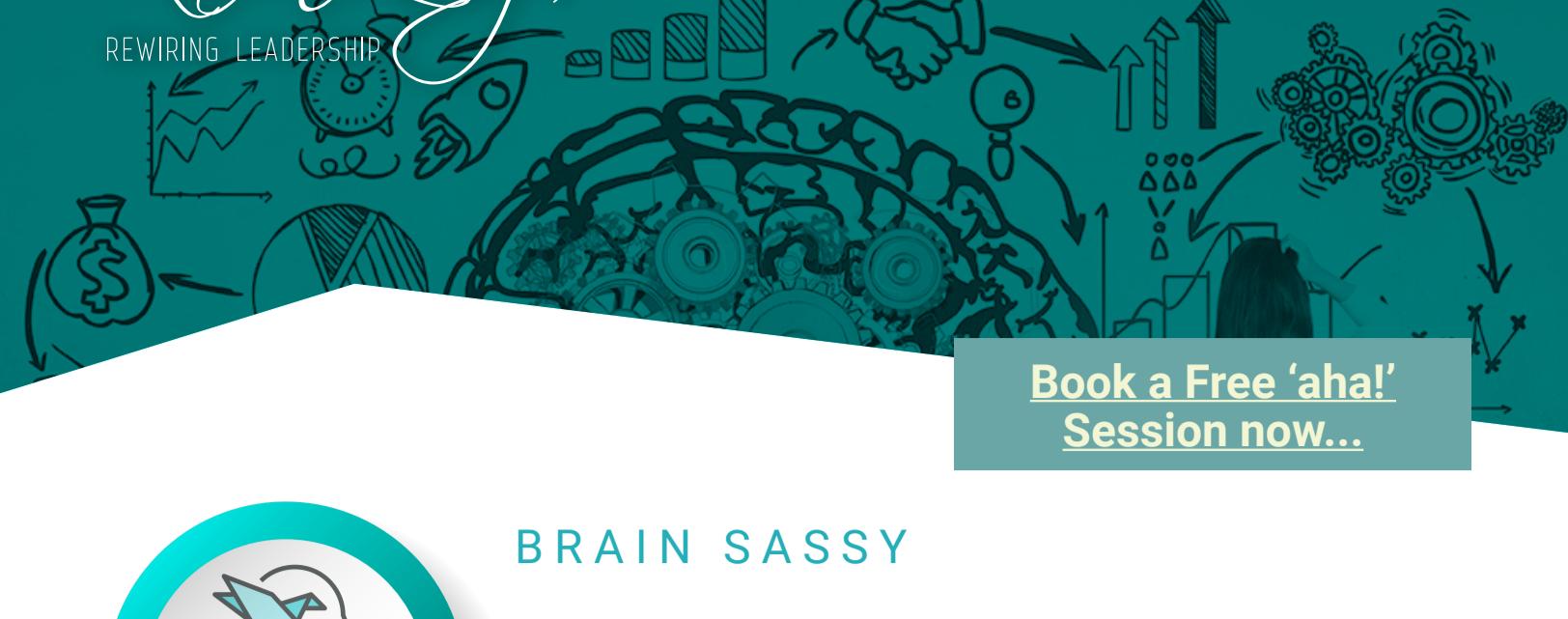
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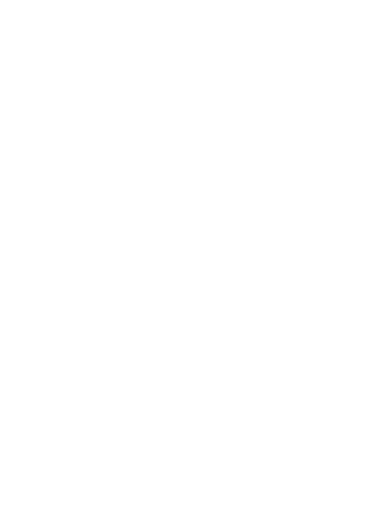
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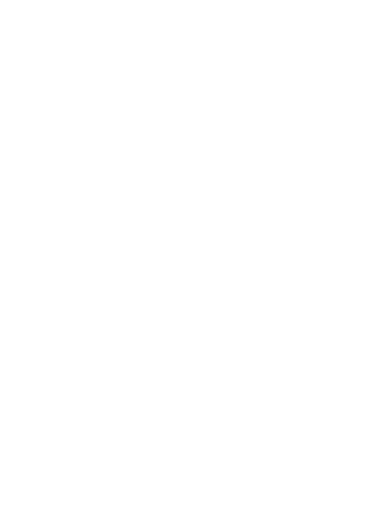
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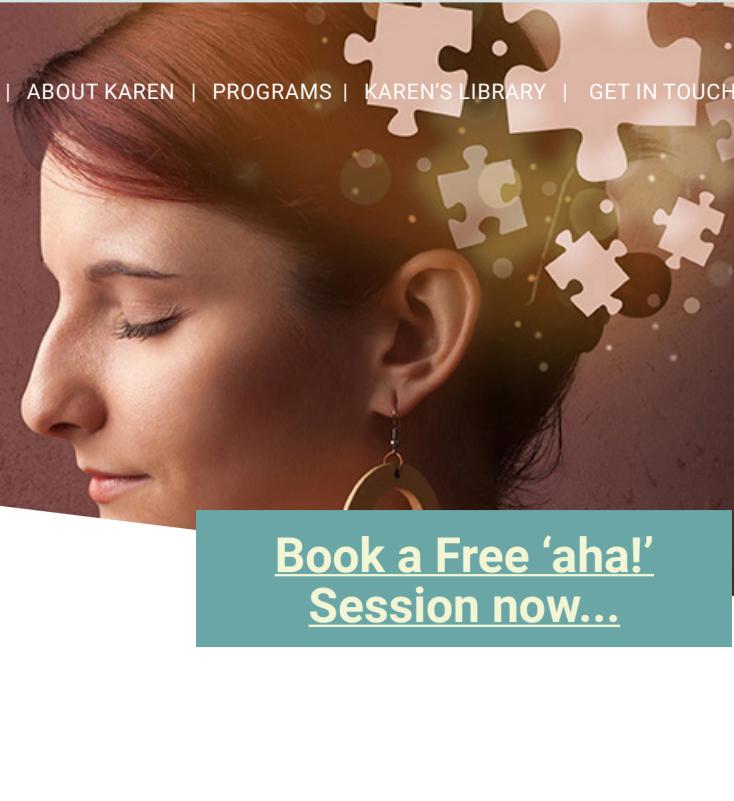
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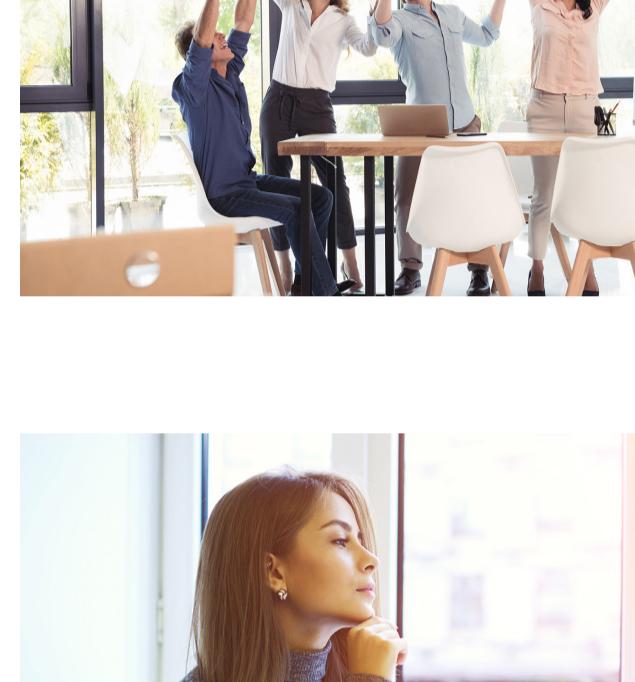
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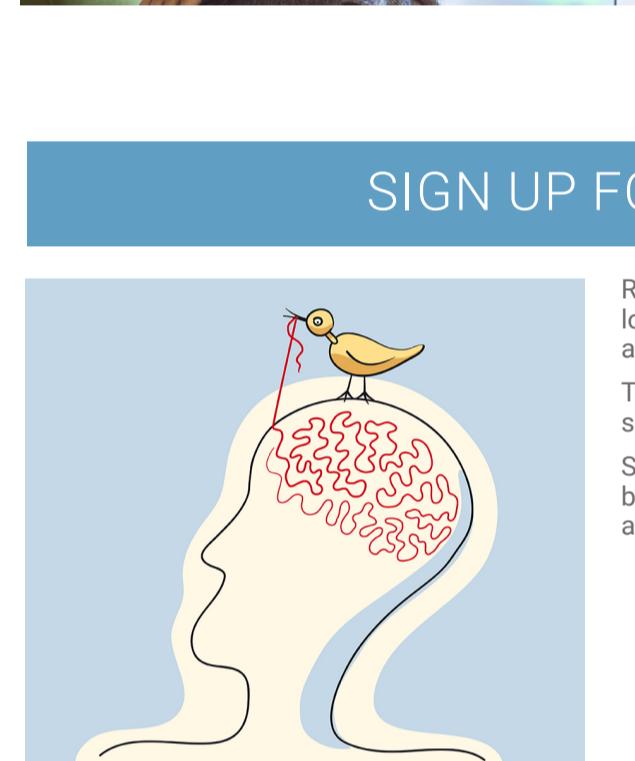
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Understanding willpower and when to use it...

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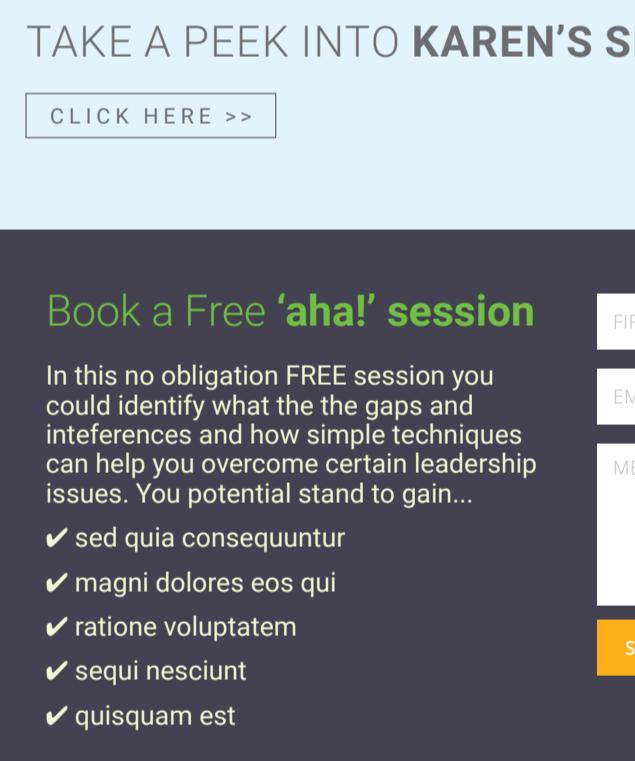
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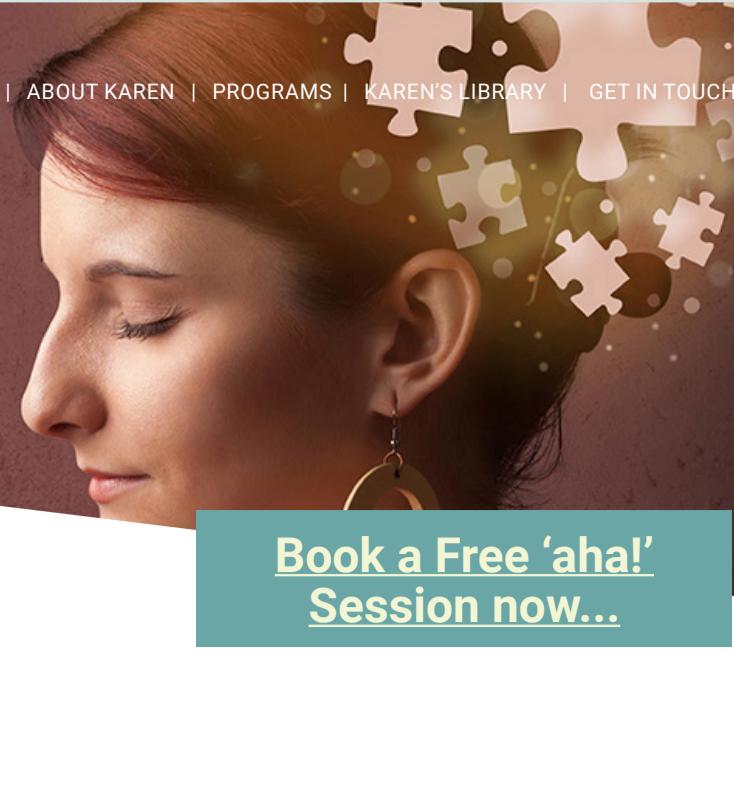
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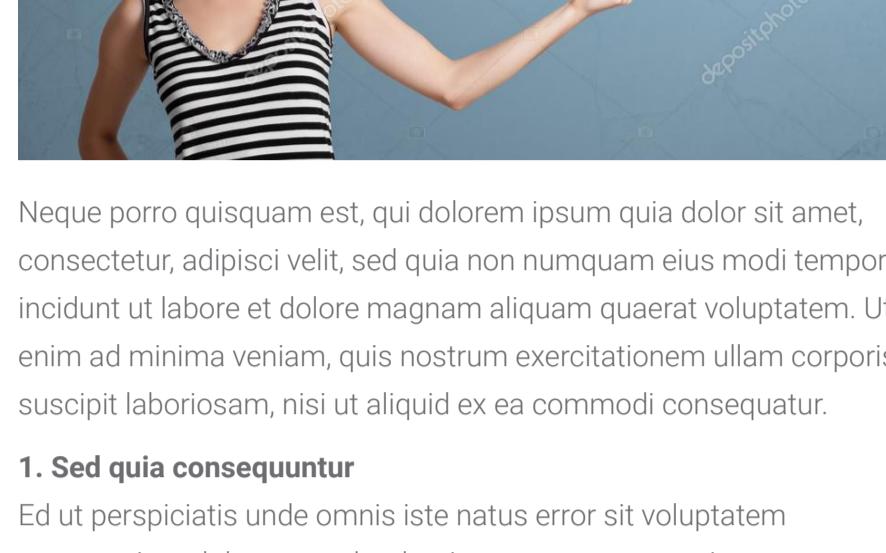
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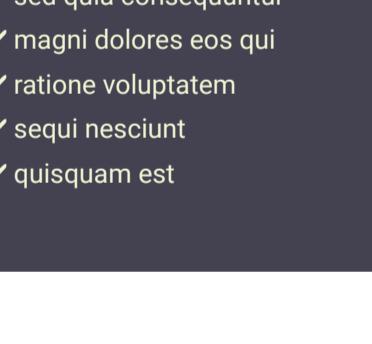
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ABOUT KAREN LIVEY

She is often fascinated by people – what they do, what they don't do, and everything in-between. No surprise she had a degree in psychology, a Master's in Business Administration, numerous other qualifications, and finally, a qualification in Neuroscience of Leadership. If you put all of her into a bag and shake it up, you end up with an optimistic can-do person who wants to change the way you work into an environment with people want to be in and bring out their best through awesome self and others leadership.

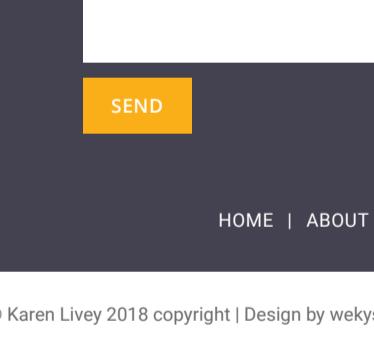
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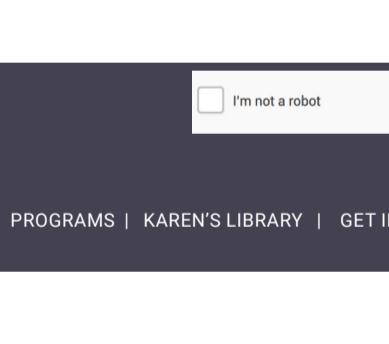
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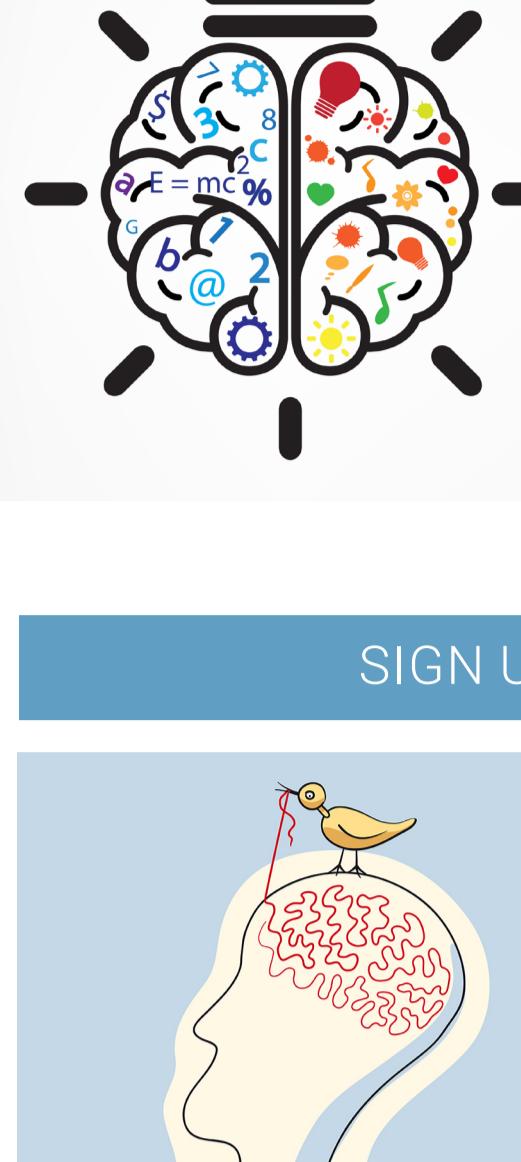
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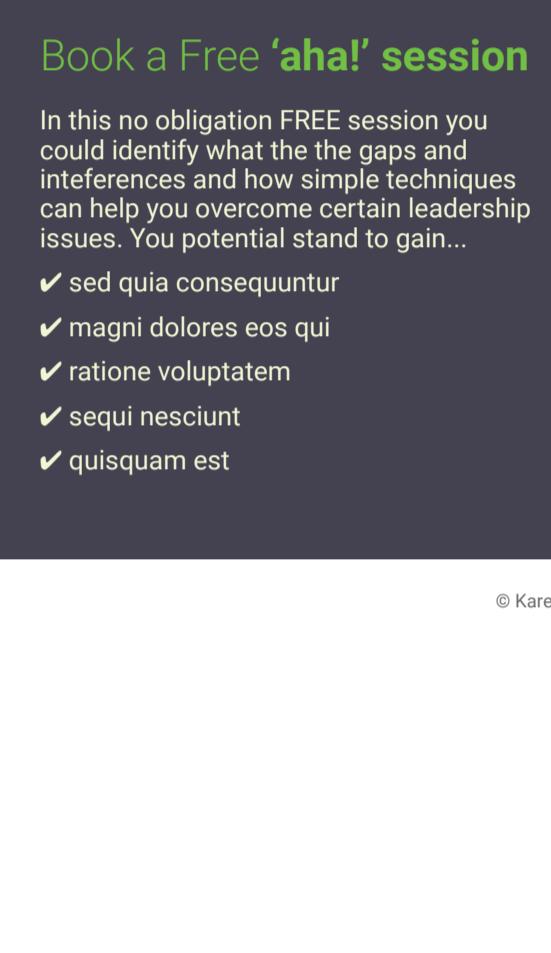
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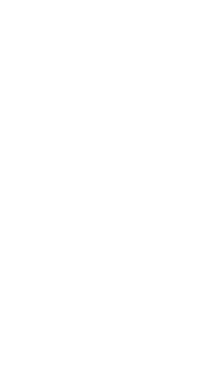
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