```java
// Singleton Class
public class ConfigurationManager {
    private static ConfigurationManager instance;
    private Properties properties;

    private ConfigurationManager() {
        properties = new Properties();
        // Load properties from file or environment
        // properties.load(...);
    }

    public static synchronized ConfigurationManager getInstance() {
        if (instance == null) {
            instance = new ConfigurationManager();
        }
        return instance;
    }

    public String getProperty(String key) {
        return properties.getProperty(key);
    }

    public void setProperty(String key, String value) {
        properties.setProperty(key, value);
    }
}
```

```java
// Client code
public class SingletonPatternDemo {
    public static void main(String[] args) {
        ConfigurationManager config1 = ConfigurationManager.getInstance();
        ConfigurationManager config2 = ConfigurationManager.getInstance();

        config1.setProperty("appName", "MyApp");

        System.out.println(config2.getProperty("appName")); // Output: MyApp
        System.out.println(config1 == config2); // Output: true (both references point to the same instance)
    }
}
```