### Complicaciones del tratamiento de la NIA

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Agenovir Corporation Scientific advisory board

Antiva Biosciences Scientific advisory board

The Vax Scientific advisory board

- Pain
  - Should not last for more than a week
  - Should not be severe
  - Generous use of topical anesthetic
  - Non-steroidal anti-inflammatory meds
  - Acetominophen
  - No aspirin
  - Avoid narcotics

- Pain
  - Additional measures
    - Sitz baths
    - Benzodiazepines
    - Topical lidocaine ointment
    - Calmoseptine (zinc oxide cream)
    - Avoid spicy food

- Topical anesthestic
  - Apply generously before HRA and at least 30 minutes before injection
  - Apply with DARE
  - Local injections at dentate line and distal for biopsy
  - 1% lidocaine with 8.4% bicarb in 5:1 ratio
  - Local injections for all ablative treatments

- Bleeding
  - Short-term- minimal
  - Longer-term (7-10 days after treatment)potentially severe
  - Avoid pelvic pressure
    - Exercise
    - Heavy lifting
    - Anal intercourse for 4 weeks

- Fissures
  - Common
- Fistulas
  - Uncommon
- Reactivation of herpes simplex
  - Uncommon

- Abscess
  - · Warn patient about fever, swellling, discharge
  - Uncommon

- External hemorrhoid
  - Seen with distal canal/perianal treatments
  - Source of pain and bleeding

- Long-term
  - Pain
  - Stenosis

#### Condylox 0.5% gel (podofilox)

- Pain
- Bleeding

#### Aldara<sup>TM</sup> (5% imiquimod cream)

- Pain
- Bleeding
- Flu-like symptoms

# Veregen 15% ointment

- Pain
- Ulceration

### Efudex 5% cream

Pain

- Bleeding
- Ulceration
- Watch your patient apply it
- Warn them about the 5 days on/9 days off cycle

#### 85% Trichloroacetic acid (TCA)

- Pain
- Do not mix it up with acetic acid!

### Cryotherapy

- Pain
- Ulceration
- Hyperpigmentation

#### Infrared coagulation and hyfrecation

- Pain
  - Manageable with good pain management at the time of the procedure and after
- Bleeding
  - Manageable with careful hemostasis and post-procedure care

### Summary

- Complications of treatment for AIN are rare
- Bleeding and pain are the most common
- Treatment is a long-term process and it is important to set expectations and minimize side effects