

Calculus I and Analytical Geometry

040101101

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Chapter 4

INTEGRATION

4. Integration of Powers of Trigonometric Functions

1) Integrating Powers of Sine and Cosine:

Integrals of the form:

$$\int \sin^n x \cos^m x \, dx$$

Case (1): if m or n is an odd positive integer, we use the identity

$$\sin^2 x + \cos^2 x = 1$$

to convert high powers of one trigonometric function into the other, leaving a single sine or cosine term in the integrand.

Example 1:

$$\int \sin^3 x \, dx$$

Solution

$$\int \sin^3 x \, dx = \int \sin^2 x \cdot \sin x \, dx$$

$$= \int (1 - \cos^2 x) \cdot \sin x \, dx$$

$$= \int \sin x \, dx - \int \cos^2 x \cdot \sin x \, dx$$

$$= \left[-\cos x + \frac{\cos^3 x}{3} \right] + C$$

Example 2:

$$\int \cos^5 x \, dx$$

Solution

$$\int \cos^5 x \, dx = \int \cos^4 x \cos x \, dx = \int (\cos^2 x)^2 \cdot \cos x \, dx = \int (1 - \sin^2 x)^2 \cdot \cos x \, dx$$

$$= \int (1 - 2 \sin^2 x + \sin^4 x) \cos x \, dx$$

$$= \int \cos x \, dx + \int -2 \sin^2 x \cdot \cos x \, dx + \int \sin^4 x \cdot \cos x \, dx$$

$$= \sin x - \frac{2}{3} \sin^3 x + \frac{\sin^5 x}{5} + C$$

Example 3:

$$\int \sin^3 x \cos^2 x \, dx$$

Solution

$$\int \sin^3 x \cos^2 x \, dx = \int \sin^2 x \cos^2 x \sin x \, dx$$

$$= \int (1 - \cos^2 x) \cos^2 x \sin x \, dx = \int (\cos^2 x - \cos^4 x) \sin x \, dx$$

$$= -\frac{\cos^3 x}{3} + \frac{\cos^5 x}{5} + C$$

Example 4:

$$\int \sin^3 x \cos^{-5} x \, dx$$

Solution

$$\int \sin^3 x \cos^{-5} x \, dx = \int \sin^2 x \cos^{-5} x \sin x \, dx$$

$$= \int (1 - \cos^2 x) \cos^{-5} x \cdot \sin x \, dx$$

$$= \int (\cos^{-5} x - \cos^{-3} x) \cdot \sin x \, dx$$

$$= \left[-\frac{\cos^{-4} x}{-4} + \frac{\cos^{-2} x}{-2} \right] + C$$

$$= \frac{1}{4} \cos^{-4} x - \frac{1}{2} \cos^{-2} x + C$$

Case (2): if m and n are both even positive integers, we use the trigonometric identities

$$\sin^2 x = \frac{1}{2}(1 - \cos 2x)$$

$$\cos^2 x = \frac{1}{2}(1 + \cos 2x)$$

Example 5:

$$\int \sin^2 x \, dx$$

Solution

$$\int \sin^2 x \, dx = \int \frac{1}{2}(1 - \cos 2x) \, dx = \frac{1}{2} \left[x - \frac{\sin 2x}{2} \right] + C$$

Example 6:

$$\int \cos^4 x \, dx$$

Solution

$$\int \cos^4 x \, dx = \int (\cos^2 x)^2 \, dx = \int \left[\frac{1}{2} (1 + \cos 2x) \right]^2 \, dx$$

$$= \frac{1}{4} \int (1 + 2 \cos 2x + \cos^2 2x) \, dx$$

$$= \frac{1}{4} \left[x + 2 \frac{\sin 2x}{2} + \frac{1}{2} \int (1 + \cos 4x) \, dx \right]$$

$$= \frac{1}{4} \left[x + \sin 2x + \frac{1}{2} \left(x + \frac{\sin 4x}{4} \right) \right] + C$$

Example 7:

$$\int \sin^2 x \cos^2 x \, dx$$

Solution

$$\begin{aligned} \int \sin^2 x \cos^2 x \, dx &= \int (\sin x \cos x)^2 \, dx \\ &= \int \left(\frac{1}{2} \sin 2x \right)^2 \, dx = \frac{1}{4} \int \left(\frac{1}{2} (1 - \cos 4x) \right) \, dx \\ &= \frac{1}{4} \left[\frac{1}{2} \left(x - \frac{\sin 4x}{4} \right) \right] + C = \frac{1}{4} \left[\frac{1}{2} x - \frac{1}{8} \sin 4x \right] + C \end{aligned}$$

(home work) $\int \sin^4 x \cos^4 x \, dx$

Example 8:

$$\int \sin^2 x \cos^4 x \, dx$$

Solution

$$\begin{aligned} \int \sin^2 x \cos^4 x \, dx &= \int (\sin x \cos x)^2 \cos^2 x \, dx \\ &= \int \left(\frac{1}{2} \sin(2x) \right)^2 \cdot \frac{1}{2} (1 + \cos(2x)) \, dx = \frac{1}{8} \int (\sin(2x))^2 + (\sin(2x))^2 (\cos(2x)) \, dx \\ &= \frac{1}{8} \int \frac{1}{2} (1 - \cos(4x)) + (\sin(2x))^2 (\cos(2x)) \, dx = \frac{1}{8} \int \frac{1}{2} (1 - \cos(4x)) + (\sin(2x))^2 (\cos(2x)) \, dx \\ &= \frac{1}{8} \left[\frac{1}{2} \left(x - \frac{1}{4} \sin(4x) \right) + \frac{1}{3 \cdot 2} (\sin(2x))^3 \right] + C = \left[\frac{1}{16} x - \frac{1}{64} \sin(4x) + \frac{1}{48} (\sin(2x))^3 \right] + C \end{aligned}$$

5) Integrals Involving Powers of Tangent and Secant

Integrals of the form

$$\int \tan^n x \sec^m x dx$$

Example 9:

$$\int \tan^6 x \sec^4 x dx$$

Solution

$$\begin{aligned} \int \tan^6 x \sec^4 x dx &= \int \tan^6 x \sec^2 x \cdot \sec^2 x dx = \int \tan^6 x (1 + \tan^2 x) \cdot \sec^2 x dx \\ &= \int (\tan^6 x + \tan^8 x) \cdot \sec^2 x dx = \frac{\tan^7 x}{7} + \frac{\tan^9 x}{9} + C \end{aligned}$$

Example 10:

$$\int \tan^3 x \sec^6 x \, dx$$

Solution

$$\begin{aligned} \int \tan^3 x \sec^6 x \, dx &= \int \tan^3 x \sec^4 x \cdot \sec^2 x \, dx = \int \tan^3 x (\sec^2 x)^2 \cdot \sec^2 x \, dx \\ &= \int \tan^3 x (1 + \tan^2 x)^2 \cdot \sec^2 x \, dx = \int \tan^3 x (1 + 2 \tan^2 x + \tan^4 x) \cdot \sec^2 x \, dx \\ &= \int (\tan^3 x + 2 \tan^5 x + \tan^7 x) \cdot \sec^2 x \, dx = \frac{\tan^4 x}{4} + \frac{2 \tan^6 x}{6} + \frac{\tan^8 x}{8} + C \end{aligned}$$

Example 11:

$$\int \sec^4 2x \, dx$$

Solution

$$\begin{aligned} \int \sec^4 2x \, dx &= \int \sec^2 2x \cdot \sec^2 2x \, dx = \int (1 + \tan^2(2x)) \sec^2 2x \, dx \\ &= \int \sec^2 2x \, dx + \int \tan^2(2x) \cdot \sec^2 2x \, dx = \frac{1}{2} \left[\tan 2x + \frac{\tan^3 2x}{3} \right] + C \end{aligned}$$

Homework : $\int \csc^6 2x \, dx$

Example 12:

$$\int \tan^5 x \sec^2 x \, dx$$

Solution

$$\int \tan^5 x \sec^2 x \, dx = \int (\tan x)^5 \sec^2 x \, dx = \frac{(\tan x)^6}{6} + C$$

Example 13 :

$$\int \cot^2 x \csc^4 x \, dx$$

Solution

$$\int \cot^2 x \csc^4 x \, dx = \int \cot^2 x (1 + \cot^2 x) \csc^2 x \, dx = \int (\cot^2 x + \cot^4 x) \csc^2 x \, dx$$

$$= -\frac{\cot^3 x}{3} - \frac{\cot^5 x}{5} + C$$

Example 14:

$$\int \tan^3 x \sec^3 x \, dx$$

Solution

$$\int \tan^3 x \sec^3 x \, dx = \int \tan^2 x \sec^2 x \cdot \textcolor{red}{\sec x \tan x} \, dx$$

$$= \int (\sec^2 x - 1) \sec^2 x \cdot \textcolor{red}{\sec x \tan x} \, dx$$

$$= \int (\sec^4 x - \sec^2 x) \cdot \textcolor{red}{\sec x \tan x} \, dx = \frac{\sec^5 x}{5} - \frac{\sec^3 x}{3} + C$$

Example 15:

$$\int \tan^4 x \, dx$$

Solution

$$\begin{aligned}\int \tan^4 x \, dx &= \int \tan^2 x \tan^2 x \, dx \\&= \int \tan^2 x \cdot (\sec^2 x - 1) dx = \int (\sec^2 x \tan^2 x - \tan^2 x) \, dx \\&= \int (\tan x)^2 \sec^2 x \, dx - \int (\sec^2 x - 1) \, dx \\&= \frac{(\tan x)^3}{3} - (\tan x - x) + C\end{aligned}$$

Example 16:

$$\int \tan^5 x \, dx$$

Solution

$$\begin{aligned} I &= \int \tan^5 x \, dx = \int \tan^3 x \tan^2 x \, dx \\ &= \int \tan^3 x (\sec^2 x - 1) dx = \int (\tan x)^3 \sec^2 x \, dx - \int \tan^3 x \, dx \\ &= \frac{\tan^4 x}{4} - \int \tan x (\sec^2 x - 1) dx \\ &= \frac{\tan^4 x}{4} - \int (\tan x)^1 \sec^2 x \, dx + \int \tan x \, dx \\ &= \frac{\tan^4 x}{4} - \frac{\tan^2 x}{2} + \ln|\sec x| + C \end{aligned}$$

Example 17:

$$\int \cot^4 x$$

Solution

$$\begin{aligned} I &= \int \cot^4 x \, dx = \int \cot^2 x \cot^2 x \, dx \\ &= \int \cot^2 x (\csc^2 x - 1) dx = - \int (\cot x)^2 (-\csc^2 x) \, dx - \int \cot^2 x \, dx \\ &= -\frac{\cot^3 x}{3} - \int (\csc^2 x - 1) \, dx \\ &= -\frac{\cot^3 x}{3} - [-\cot x - x] + c \\ &= -\frac{\cot^3 x}{3} + \cot x + x + c \end{aligned}$$

6) Integration by Trigonometric substitutions

1) Integrals that contain

$$\sqrt{a^2 - x^2} \text{ OR } (a^2 - x^2)^{\frac{3}{2}} \text{ OR } (a^2 - x^2)^{\frac{5}{2}}, \dots$$

$$\text{Let } x = a \sin \theta, \quad dx = a \cos \theta d\theta$$

2) Integrals that contain

$$\sqrt{a^2 + x^2} \text{ OR } (a^2 + x^2)^{\frac{3}{2}} \text{ OR } \dots$$

$$\text{Let } x = a \tan \theta, \quad dx = a \sec^2 \theta d\theta$$

3) Integrals that contain

$$\sqrt{x^2 - a^2} \text{ OR } (x^2 - a^2)^{\frac{5}{2}} \text{ OR } \dots$$

$$\text{Let } x = a \sec \theta, \quad dx = a \sec \theta \tan \theta d\theta$$

- **Example 1:**

$$\int \frac{x^3}{\sqrt{1-x^2}} dx$$

Solution

Let $x = \sin \theta$, $dx = \cos \theta d\theta$

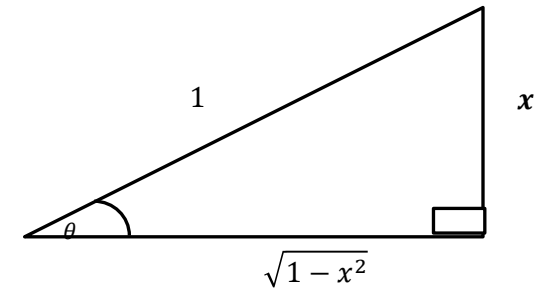
$$\sqrt{1-x^2} = \sqrt{1-\sin^2 \theta} = \sqrt{\cos^2 \theta} = \cos \theta$$

$$\int \frac{x^3}{\sqrt{1-x^2}} dx = \int \frac{\sin^3 \theta}{\cos \theta} \cdot \cos \theta d\theta$$

$$= \int \sin^3 \theta d\theta = \int \sin^2 \theta \sin \theta d\theta$$

$$= \int (1 - \cos^2 \theta) \sin \theta d\theta = \int (\sin \theta - \cos^2 \theta \cdot \sin \theta) d\theta = \left[-\cos \theta + \frac{\cos^3 \theta}{3} \right] + C$$

$$= \left[-\sqrt{1-x^2} + \frac{1}{3} \left(\sqrt{1-x^2} \right)^3 \right] + C$$



Example 2:

$$\int \frac{\sqrt{9-4x^2}}{x} dx$$

Solution

Let $2x = 3 \sin \theta$, then $x = \frac{3}{2} \sin \theta \rightarrow dx = \frac{3}{2} \cos \theta d\theta$

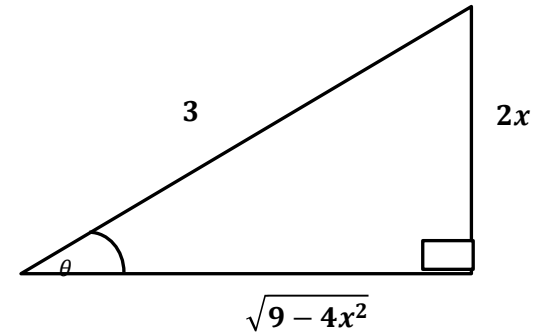
$$\sqrt{9-4x^2} = \sqrt{9-9\sin^2 \theta} = \sqrt{9(1-\sin^2 \theta)} = 3\sqrt{\cos^2 \theta} = 3 \cos \theta$$

$$\therefore \int \frac{\sqrt{9-4x^2}}{x} dx = \int \frac{3 \cos \theta}{\frac{3}{2} \sin \theta} \cdot \frac{3}{2} \cos \theta d\theta$$

$$= \int \frac{3 \cos^2 \theta}{\sin \theta} d\theta = 3 \int \frac{1 - \sin^2 \theta}{\sin \theta} d\theta$$

$$= 3 \int \left(\frac{1}{\sin \theta} - \frac{\sin^2 \theta}{\sin \theta} \right) d\theta = 3 \int (\csc \theta - \sin \theta) d\theta = 3[\ln |\csc \theta - \cot \theta| + \cos \theta] + C$$

$$= 3 \left[\ln \left| \frac{3}{2x} - \frac{\sqrt{9-4x^2}}{2x} \right| + \frac{\sqrt{9-4x^2}}{3} \right] + C$$



Example 3:

$$\int \frac{dx}{x^2 \sqrt{x^2 + 1}}$$

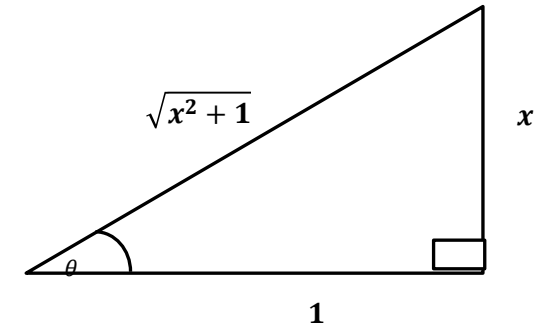
Solution

$$\text{Let } x = \tan \theta, dx = \sec^2 \theta d\theta$$

$$\sqrt{x^2 + 1} = \sqrt{\tan^2 \theta + 1} = \sqrt{\sec^2 \theta} = \sec \theta$$

$$I = \int \frac{dx}{x^2 \sqrt{x^2 + 1}} = \int \frac{\sec^2 \theta d\theta}{\tan^2 \theta \cdot \sec \theta} = \int \frac{\sec \theta}{\tan^2 \theta} d\theta = \int \frac{1}{\cos \theta} \cdot \frac{\cos^2 \theta}{\sin^2 \theta} d\theta$$

$$= \int \cos \theta \cdot (\sin \theta)^{-2} d\theta = \frac{(\sin \theta)^{-1}}{-1} + C = -\frac{1}{\sin \theta} + C = -\operatorname{cosec} \theta + C = -\frac{\sqrt{x^2 + 1}}{x} + C$$



Example 4:

$$\int \frac{dx}{(9x^2 + 1)^2}$$

Solution

Let $3x = \tan \theta$

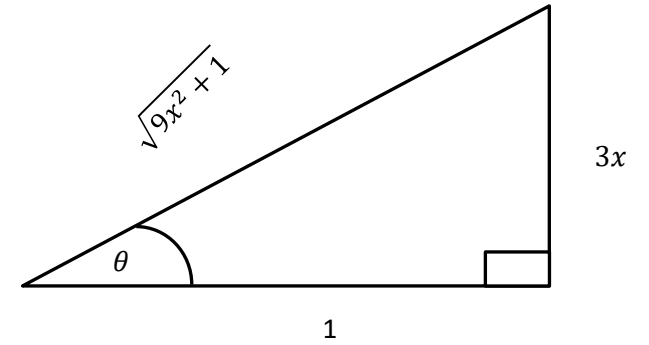
$$\therefore x = \frac{1}{3} \tan \theta \rightarrow dx = \frac{1}{3} \sec^2 \theta d\theta$$

$$(9x^2 + 1)^2 = (\tan^2 \theta + 1)^2 = (\sec^2 \theta)^2 = \sec^4 \theta$$

$$\begin{aligned} I &= \int \frac{\frac{1}{3} \sec^2 \theta d\theta}{\sec^4 \theta} = \frac{1}{3} \int \frac{1}{\sec^2 \theta} d\theta = \frac{1}{3} \int \cos^2 \theta d\theta = \frac{1}{3} \cdot \frac{1}{2} \int (1 + \cos 2\theta) d\theta \\ &= \frac{1}{6} \left[\theta + \frac{\sin 2\theta}{2} \right] + C = \frac{1}{6} \left[\theta + \frac{2 \sin \theta \cos \theta}{2} \right] + C = \frac{1}{6} [\theta + \sin \theta \cos \theta] + C \end{aligned}$$

$$I = \frac{1}{6} [\theta + \sin \theta \cos \theta] + C$$

$$= \frac{1}{6} \left[\tan^{-1}(3x) + \frac{3x}{\sqrt{9x^2 + 1}} \cdot \frac{1}{\sqrt{9x^2 + 1}} \right]$$



Example 5:

$$\int \frac{\sqrt{x^2 - 64}}{x} dx$$

Solution

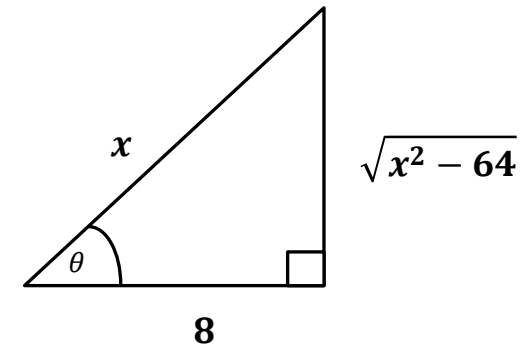
Let $x = 8 \sec \theta$, $dx = 8 \sec \theta \tan \theta d\theta$

$$\sqrt{x^2 - 64} = \sqrt{64 \sec^2 \theta - 64} = 8 \sqrt{\sec^2 \theta - 1} = 8 \tan \theta$$

$$I = \int \frac{\sqrt{x^2 - 64}}{x} dx = \int \frac{8 \tan \theta}{8 \sec \theta} \cdot 8 \sec \theta \tan \theta d\theta$$

$$= 8 \int \tan^2 \theta d\theta = 8 \int (\sec^2 \theta - 1) d\theta$$

$$= 8 [\tan \theta - \theta] + C = 8 \left[\frac{\sqrt{x^2 - 64}}{8} - \sec^{-1} \left(\frac{x}{8} \right) \right] + C$$



Example 6:

$$\int \frac{x^2}{(x^2 - 1)^{\frac{5}{2}}} dx$$

Solution

Let $x = \sec \theta$, $dx = \sec \theta \tan \theta d\theta$

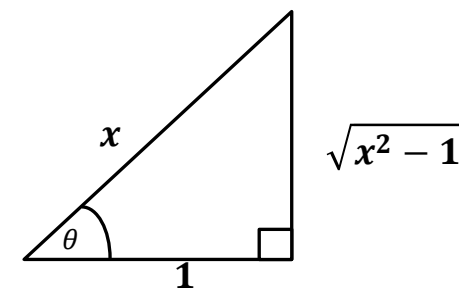
$$(x^2 - 1)^{\frac{5}{2}} = (\sec^2 \theta - 1)^{\frac{5}{2}} = (\tan^2 \theta)^{\frac{5}{2}} = \tan^5 \theta$$

$$I = \int \frac{x^2}{(x^2 - 1)^{\frac{5}{2}}} dx = \int \frac{\sec^2 \theta}{\tan^5 \theta} \cdot \sec \theta \tan \theta d\theta$$

$$= \int \frac{\sec^3 \theta}{\tan^4 \theta} d\theta = \int \frac{1}{\cos^3 \theta} \cdot \frac{\cos^4 \theta}{\sin^4 \theta} d\theta$$

$$= \int \frac{\cos \theta}{\sin^4 \theta} d\theta = \int \cos \theta (\sin \theta)^{-4} d\theta$$

$$= \frac{(\sin \theta)^{-3}}{-3} + C = \frac{-1}{3} \left[\frac{\sqrt{x^2 - 1}}{x} \right]^{-3} + C$$



$$\because x = \sec \theta$$

$$\cos \theta = \frac{1}{x}$$

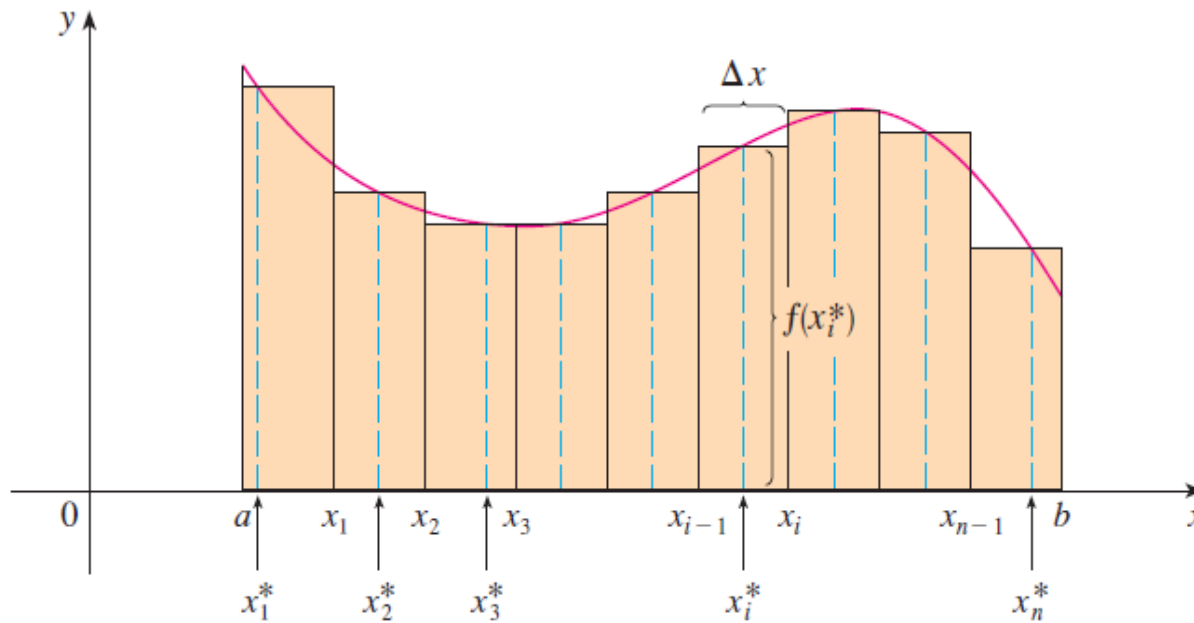
$$\sin \theta = \frac{\sqrt{x^2 - 1}}{x}$$

Definition of a Definite Integral

If f is a function defined for $a \leq x \leq b$, we divide the interval $[a, b]$ into n subintervals of equal width $\Delta x = (b - a)/n$. We let $x_0 (= a), x_1, x_2, \dots, x_n (= b)$ be the endpoints of these subintervals and we let $x_1^*, x_2^*, \dots, x_n^*$ be any sample points in these subintervals, so x_i^* lies in the i th subinterval $[x_{i-1}, x_i]$. Then the definite integral of f from a to b is

$$\int_a^b f(x) dx = \lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*) \Delta x$$

provided that this limit exists. If it does exist, we say that f is integrable on $[a, b]$.



$$Area = \lim_{n \rightarrow \infty} [f(x_1^*)\Delta x + f(x_2^*)\Delta x + \dots + f(x_n^*)\Delta x] = \lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i^*) \Delta x$$

Riemman sum

Upper limit of integration

Integral sign

Lower limit of integration

The function is the integrand.

x is the variable of integration.

When you find the value of the integral, you have evaluated the integral.

Integral of f from a to b

$$\int_a^b f(x) dx$$

Detailed description: The diagram shows the components of a definite integral. The integral sign is in the center. Above it is the upper limit 'b', and below it is the lower limit 'a'. To the right of the integral sign is the function 'f(x)', and to the right of that is the differential 'dx'. A blue bracket underneath the entire expression from 'a' to 'dx' is labeled 'Integral of f from a to b'. Lines connect text labels to specific parts of the integral: 'Upper limit of integration' points to 'b'; 'Integral sign' points to the integral symbol; 'Lower limit of integration' points to 'a'; 'The function is the integrand.' points to 'f(x)'; 'x is the variable of integration.' points to 'dx'; and 'When you find the value of the integral, you have evaluated the integral.' points to the blue bracket.

- **Fundamental theorem of calculus**

Suppose that $f(x)$ is continuous on $[a, b]$ and that $F(x)$ is a function such that $F'(x) = f(x)$, then

$$\int_a^b f(x) dx = F(b) - F(a)$$

Example 1:

$$\int_1^3 (x^2 - 3) dx$$

Solution

$$\int_1^3 (x^2 - 3) dx = \left[\frac{x^3}{3} - 3x \right]_1^3 = \left(\frac{27}{3} - 9 \right) - \left(\frac{1}{3} - 3 \right) = (9 - 9) - \left(\frac{1 - 9}{3} \right) = -\left(\frac{-8}{3} \right) = \frac{8}{3}$$

Example 2:

$$\int_0^1 \frac{dx}{\sqrt{3+4x^2}}$$

Solution

$$\int_0^1 \frac{dx}{\sqrt{3+4x^2}} = \frac{1}{2} \int_0^1 \frac{2 dx}{\sqrt{(\sqrt{3})^2 + (2x)^2}}$$

$$= \frac{1}{2} \left[\sinh^{-1} \left(\frac{2x}{\sqrt{3}} \right) \right]_0^1 = \frac{1}{2} \left[\sinh^{-1} \left(\frac{2}{\sqrt{3}} \right) - \sinh^{-1}(0) \right] = \frac{1}{2} \sinh^{-1} \left(\frac{2}{\sqrt{3}} \right)$$

- **Properties of the definite integral:**

$$1) \quad \int_a^b f(x) dx = \int_a^c f(x) dx + \int_c^b f(x) dx, \quad \text{where } a < c < b$$

$$2) \quad \int_a^b k f(x) dx = k \int_a^b f(x) dx$$

$$3) \quad \int_a^b [f(x) \pm g(x)] dx = \int_a^b f(x) dx \pm \int_a^b g(x) dx$$

$$4) \quad \int_a^b f(x) dx = - \int_b^a f(x) dx$$

$$5) \quad \int_a^b f(x) dx = \int_a^b f(y) dy = \int_a^b f(t) dt = \dots$$

- The definite integral does not depend on the variable in the integration but depends on the lower & upper bounds.

- If $f(x)$ is even function ($f(-x) = f(x)$)

$$\int_{-a}^a f(x) dx = 2 \int_0^a f(x) dx$$

- If $f(x)$ is odd function ($f(-x) = -f(x)$)

$$\int_{-a}^a f(x) dx = 0$$

Example 3 :

$$\int_{-1}^1 x^3 dx$$

Solution

$$\int_{-1}^1 x^3 dx = 0$$

Example 4:

$$\int_1^2 \frac{dx}{x^2 \sqrt{16 - x^2}}$$

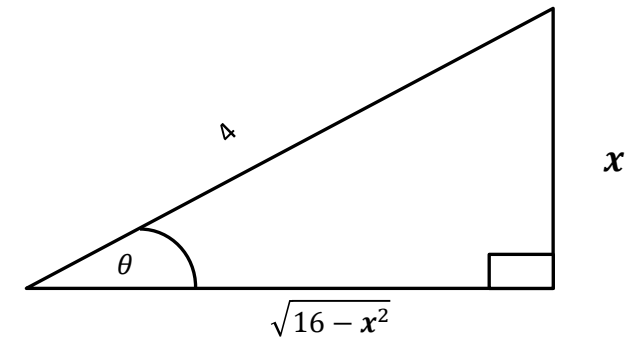
Solution

$$\text{Let } x = 4 \sin \theta \rightarrow dx = 4 \cos \theta d\theta$$

$$I = \int_1^2 \frac{4 \cos \theta d\theta}{16 \sin^2 \theta \sqrt{16 - 16 \sin^2 \theta}}$$

$$= \frac{1}{16} \int_1^2 \frac{\cos \theta d\theta}{\sin^2 \theta \sqrt{1 - \sin^2 \theta}} = \frac{1}{16} \int_1^2 \csc^2 \theta d\theta$$

$$= \left[-\frac{1}{16} \cot \theta \right]_{x=1}^{x=2} = \left[-\frac{1}{16} \frac{\sqrt{16 - x^2}}{x} \right]_{x=1}^{x=2} = -\frac{1}{16} \left[\frac{\sqrt{16 - 4}}{2} - \frac{\sqrt{16 - 1}}{1} \right]$$



Example 5:

$$\int_0^1 \sin^{-1} x \, dx$$

Solution

$$u = \sin^{-1} x \qquad dv = dx$$

$$du = \frac{1}{\sqrt{1-x^2}} dx \qquad v = x$$

$$\begin{aligned} \int_0^1 \sin^{-1} x \, dx &= [x \sin^{-1} x]_{x=0}^{x=1} - \int_0^1 \frac{x}{\sqrt{1-x^2}} dx \\ &= [x \sin^{-1} x]_{x=0}^{x=1} + [\sqrt{1-x^2}]_{x=0}^{x=1} = \left[\frac{\pi}{2} - 0 \right] + [\sqrt{1-1} - \sqrt{1-0}] = \frac{\pi}{2} - 1 \end{aligned}$$