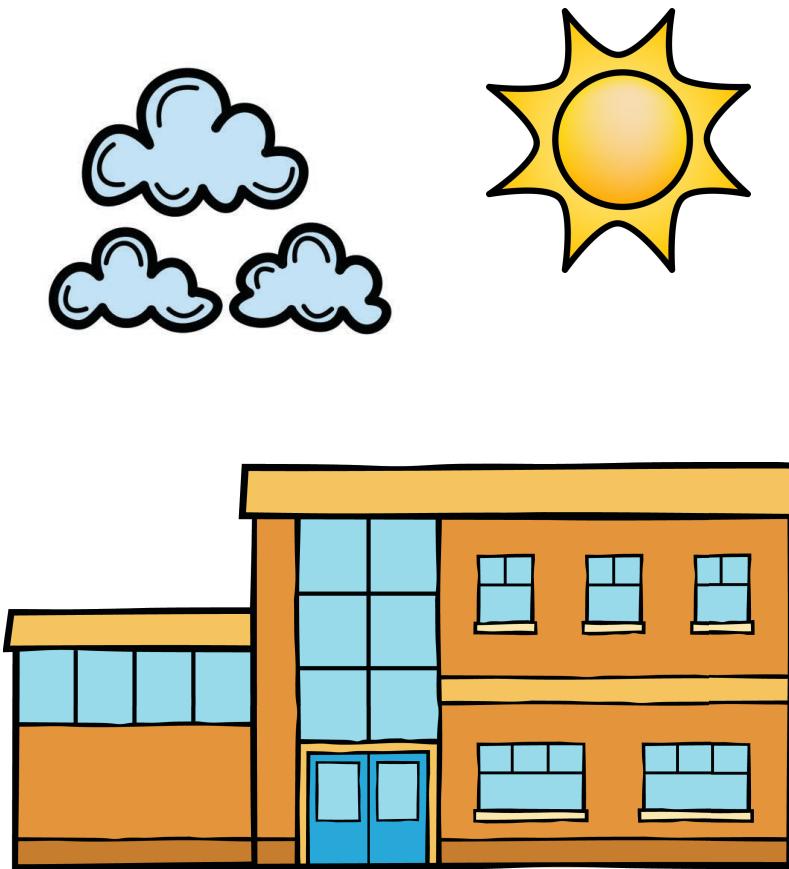


# GOING TO SCHOOL



Summer vacation is all done.



It is time to go to school!



I will ride the bus to school.



I will get a ride to school.



I will see friends and  
teachers at school.



There will be lots of fun activities.



I can play with toys and friends.



Sometimes my class will sit on the floor to learn.



Other times the class will sit at tables or desks.



My class will eat lunch at school.



I will get to eat a snack at school.



Playing in the sensory table  
will be so much fun!



My class will get to play  
on the playground too.



When school is done, I will  
go home on the bus.



When school is done, I will  
get a ride home.

When school is done, I will  
go to \_\_\_\_\_.



Going back to school will be fun!

The pages of this book are not numbered, so that you can choose the pages that work best for your situation (riding the bus or riding in a car to school, etc...).

# INFORMATION

## THE AUTISM CLASSROOM GUIDE GIVES YOU 10 ESSENTIALS FOR SETTING UP A SELF CONTAINED CLASSROOM FOR AUTISTIC CHILDREN.

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**Autism Classroom Guide**  
TOP 10 TIPS FOR SETTING UP AN EFFECTIVE SELF CONTAINED CLASSROOM  
Creating a classroom that supports neurodiverse learners at the early childhood level is crucial. Make sure you have all of the key elements that will help meet your student's needs, and improve their independence.

[WWW.AUTISMLITTLELEARNERS.COM](https://www.autismlittlelearners.com)

**Positive Relationship**  
Fostering a positive relationship with your autistic students is vital. I'll say it a little louder for those in the back. Build A Positive Relationship! This holds true for teachers, para, therapists...everyone. You need to reach the child before you can teach the child.

Take some time at the beginning of the school year to work on relationship building. Often times, in a self-contained classroom, you don't have to follow a set curriculum that needs to be started on day one. This gives you the flexibility to schedule in a lot of play and activities that will grow your relationship with your students.

**Self Regulation**  
If a child is dysregulated, they aren't going to be in a position to take in or learn new things. We know that autistic children often struggle with interoception, which is the ability to sense the internal state of the body. If the ability to sense the internal state of the body is impaired, it can affect self-regulation, managing emotions, sleeping, toileting, experiencing pain, and identifying symptoms when sick.

Co-regulation is typically where we need to start at the early childhood level. Co-regulation is defined as warm and responsive interactions that provide the support, coaching, and modeling children need to "understand, express, and modulate their thoughts, feelings, and behaviors" (Murray et al. 2015). The next step would be moving on to self-regulation.

**Para Training**  
I wish we had a full week to train our paras and connect as a team before the start of each school year. Wouldn't that be amazing? But, the reality is that we often only have a couple of hours (if that) each year. I'm not going to tell you how important and necessary this is...you already know.

If you are able to provide a formal training not at the beginning of the school year, YAY! If most utilized "systems" in your classroom. For me, it would be: visual schedules, all done bucket, wait mat, star chart, and the Visual Support Starter Set.

**ALONE WE CAN DO SO LITTLE. TOGETHER WE CAN DO SO MUCH.**

Once you make your list, do a quick little write up about how you use it. You can print these instructions and make a little packet for your paras. Be sure to include a sentence or two about why you are using each support.

Then, as you model it during "on the job training", they have some background information first. This will also help these important ones stand out as the important ones for your classroom.

If you are able to find 30-60 minutes to meet as a team at least once a month, you will be able to talk through any issues, behaviors, or new goals for students. Finding this time is difficult; but it is essential for creating a team that works like a well-oiled machine. Think outside the box and talk to your supervisor to find ways to make this happen.

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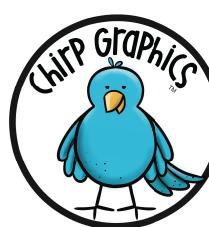
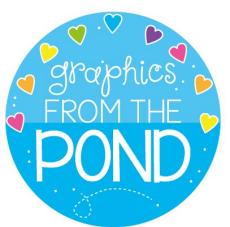
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- Email me pictures of this resource in use at [autismlittlelearners@gmail.com](mailto:autismlittlelearners@gmail.com) to be featured on my social media posts!

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Thank you to these amazing clip artists for their talent!



# INFORMATION

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## EARN CREDITS...

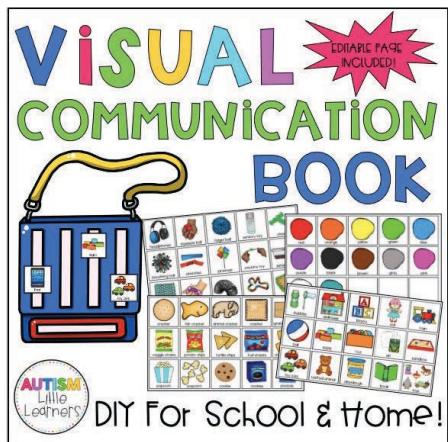
Don't forget to leave feedback in order to receive credits for further TPT purchases! I absolutely love hearing from you!

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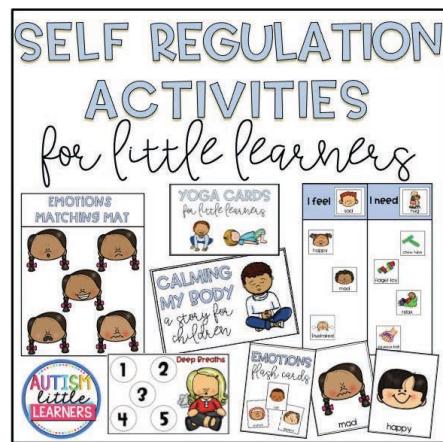
★ Tap the green star to follow! ★

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DIY For School & Home!

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**VISUAL SCHEDULE**  
for special education

AUTISM Little Learners

art class  
bus  
backpack  
ELLA  
FIRST THE THEN  
mod  
happy

## THANK YOU!

I'm so appreciative of your support!



**taraTUCHEL**  
Speech/Language Pathologist

# INFORMATION

THIS VISUAL SUPPORT STARTER SET HAS  
EVERYTHING YOU NEED TO GET STARTED USING  
VISUAL SUPPORTS AT SCHOOL OR AT HOME!

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