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TENNESSEE DEPARTMENT OF LABOR AND WORKFORCE DEVELOPMENT EMPLOYER'S FIRST REPORT OF WORK INJURY OR ILLNESS

t				OK INDUKT OK ILLINESS					
CLAIMSADMCARRIER	JURISDICTION CLAIM # (STATE FILE #)		CLAIM TYPE CODE MED ONLY		The use of this	form in re-		A.L.	
	CLAMS ADM CLAIM # (INSURER CLAIM #)			MNITY AME LOST TIME	The use of this form is required under the provisions of the Tennessee Workers' Compensation Law and must be completed and filed with your insurance carrier immediately after notice of injury. It is a crime to knowingly provide false, incomplete or misleading information to any party to a workers' compensation transaction for the purpose of compensation transaction for the purpose of				
	OSHA LOG CASE #		BECAME MED ONLY NOTIFY ONLY TRANSFER						
	NAME OF INSURANCE CARRIER		CARRIE	CHANGE IN CORNER OF COLUMN STORY AND ADDRESS OF THE PROPERTY O	compensation transaction for the purpose of committing fraud. Penalties include imprisonment, fines and denial of insurance benefits.				
	CLAIMS ADMIN FIRM NAME (if different from carrier)		FEIN OF CLMS ADM		If you have questions, the state now has a benefit review system where a Workers' Compensation				
	CLAIMS ADJUSTER NAME		CLMS ADJ PHONE#		Specialist can p (TDD).	provide assist	tance. Ca	II 1-800-332-2667	
	CLAIM HANDLING OFFICE ADDRESS LINE 1 AND LINE 2				CITY		STATE	ZIP	
EMPLOYER	EMPLOYER NAME Trends International LLC			'ER FEIN	SIC CODE		PHONE NUMBER 317-388-4007		
	EMPLOYER ADDRESS LINE 1 AND LINE 2 5188 West 74th Street				NATURE OF BUSINESS				
	CITY Indianapolis	STATE	3	ZIP 46268	INSURED REPORT N	UMBER	EMPLOYE	R LOCATION#	
POLICY	INSURED NAME (parent co. if different than employer) Hanover 800-628-0250			NUMBER 9488045	EFF DATE 05/15/2014	FULL 1	EMPLOYMENT STATUS CODE FULL TIME/REGULAR		
			SELF INSURED? ☐ YES ☑ NO		EXP DATE PART TIME 05/15/2015 PIECE WORKER				
FMPLOYEE	EMPLOYEE LAST NAME		PHONE INCL AREA CODE		GENDER MALE	SEASO	NAL		
	FIRST	Mi	DEPART	MENT REGULARLY	FEMALE	APPRE	APPRENTICE FULL TIME APPRENTICE PART TIME		
	ADRRESS LINE 1 & 2				OCCUPATION DESCRIPTION				
	CITY	STATE		ZIP	MARITAL STATUS UNMARRIED.	-	MARRIED NCCI CLASS SEPARATED CODE		
	SSN DATE OF BIRTH		DATE OF HIRE		SINGLE, DIVORCED UNKNOWN			CODI.	
WAGE	WAGE PERIOD WEEKLY NUMBER \$ HOURLY BI-WEEKLY WEEK		ER OF DAYS WORKED PER		SALARY CONTINUED IN LIEU OF COMPENSATION YES NO FULL WAGES PAID FOR DATE OF INJURY YES NO				
	□ DAILY □ MONTHLY								
ACCTDENT/INJURY			OF INJURY AND		M ☐ PM TIME EMPLOYEE BEGAN WORK ON INJURY DATE ☐ AM ☐ PM				
			PART AFFECTED CODE		NATURE OF INJURY CODE CAUSE OF INJURY CODE				
	DATE CLAIM ADM NOTIFIED OF INJURY How in the part		njury or illi ri of the bo	ness occurred. Descr dy affected and how,	ibe the incident includi and object or substance	ng what the emp e that directly h	ployee was o	loing just before, mployee.	
	DATE LAST DAY WORKED								
	DATE DISABILITY BEGAN								
	RETURN TO WORK DATE (IF APPLICABLE)								
	DATE OF DEATH (IF APPLICABLE) IF DEATH			H CLAIM, GIVE # DEPENDENTS FOR EACH RELATIONSHIP OW FATHER SISTER TOTAL # DEPENDENTS					
	DID INJURY/ILLNESS OCCUR ON EMPLOYER'S WIDE			OWER DAUGHTER BROTHER THER SON HANDICAPPED CHILD			ALL DESCRIPTION OF THE PROPERTY OF THE PROPERT		
	ADDRESS WHERE INJURY OCCURRED (if other than employer's p			STATE ZIP COUNTY OF INJURY					
IRFATMEN	PHYSICIAN NAME			HOSPITAL OR OFF SITE TREATMENT NAME					
	ADDRESS LINE 1 AND 2			ADDRESS LINE 1. AND 2					
	CITY STATE	ZIP	**************************************	CITY	2015-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-		STATE ZIP		
	INITIAL TREATMENT MINOR BY EMPLOYE MINOR BY CLINIC/HO								
	DATE PREPARED PREPARER NAME & TITLE			PREPARER'S COMPANY NAME PHONE NUMBER Trends International LLC 317-388-4007					
.0				CONTRACTOR AND MICHAEL MAN MIC					

116-0021 (REV 12-01)

TENNESSEE WORKERS' COMPENSATION INSURANCE

Employers: The law requires this notice to be conspicuously posted at the employer's place of business so all employees have access to it.

WHO IS REQUIRED TO HAVE WORKERS' COMPENSATION INSURANCE?

All employers with five (5) or more full or part-time employees.

All employers engaged in the mining and production of coal with one (1) or more employees.

All contractors in the construction industry with one (1) or more employees.

To confirm if an employer is subject to the workers' compensation law and if so to obtain the name of the workers' compensation insurance company contact:

Hanover

Name of employer representative authorized to provide information on workers' compensation 800-628-0250

Telephone number of employer representative to provide information on workers' compensation P O Box 15146, Worcester, MA 01615

Address of employer representative to provide information on workers' compensation

WHAT SHOULD AN EMPLOYEE DO IF INJURED AT WORK?

1. Report the injury to the employer immediately. Employer notification is required.

and 2. Select a treating physician from a panel provided by the employer.

To report an injury contact:

Hanover

Name of employer representative to notify in event of a work related injury

800-628-0250

Telephone number of employer representative to notify in event of a work related injury P O Box 15146, Worcester, MA 01615

Address of employer representative to notify in event of a work related injury

WHAT SHOULD AN EMPLOYER DO WHEN AN INJURY IS REPORTED?

1. Immediately complete a First Report of Work Injury form and send it to the workers' compensation insurance company or the third party administrator to be filed with the Tennessee Dept. of Labor and Workforce Development, Workers' Compensation Division.

and 2. Offer a panel of physicians.

> The employer shall designate a group of three (3) or more physicians or surgeons not associated together in practice from which the injured employee shall have the privilege of selecting the operating surgeon or the attending physician. If the injury is a back injury, the panel shall be expanded to four (4), one of whom must be a doctor of chiropractic. If a doctor of chiropractic is chosen, chiropractor visits may be authorized for up to twelve (12) visits per back injury. More than twelve (12) visits to such doctor of chiropractic must be specifically approved by the employer or insurance carrier. The provisions for chiropractic care shall not apply to workers' compensation self'insurer pools established pursuant to Section 50-6-405(a)(1). If the injury requires the treatment of physician or surgeon who practices orthopedic or neuroscience medicine then the employer may appoint a panel of physicians or surgeons practicing orthopedic or neuroscience medicine consisting of five (5) physicians, with no more than four (4) physicians affiliated in practice together. The employee may select a treating physician or surgeon from the employer panel.

The Tennessee Department of Labor and Workforce Development, Division of Workers' Compensation, has staff available to help both employees and employers. For more information contact:

TENNESSEE DEPARTMENT OF LABOR AND WORKFORCE DEVELOPMENT DIVISION OF WORKERS' COMPENSATION 710 JAMES ROBERTSON PARKWAY NASHVILLE, TENNESSEE 37243

615-532-4812 OR TOLL FREE 1-800-332-2667 OR 1-800-332-2257 (TDD)

www.state.tn.us/labor-wfd/weomp.html

LB-0922 (rev. 08/05)

SEGURO DE ACCIDENTES DE TRABAJO DE TENNESSEE

Empleadores: La ley exige que se ponga este aviso en un lugar del negocio del empleador bien visible para que todos los empleados tengan acceso al mismo.

¿QUIÉNES ESTÁN OBLIGADOS A TENER SEGURO DE ACCIDENTES DE TRABAJO?

Todo empleador que tenga cinco (5) o más de cinco empleados de horario completo o de medio horario. Todo empleador que se dedique a la explotación de minas y la producción de carbón que tenga un (1) empleado o más de un empleado.

Todo empresario de la industria de la construcción que tenga un (1) empleado o más de un empleado. Para comprobar si un empleador está sujeto a la ley de accidentes de trabajo y si ese fuera el caso, para obtener el nombre de la compañía de seguro de accidentes de trabajo a contactar: Hanover

800-628-0250

P O BOX 15146, WOYCES LET, MA 01615

Dirección del representante del empleador

(el nombre, la dirección y el número de teléfono del representante del empleador autorizado a dar información sobre indemnización por accidentes de trabajo)

¿QUÉ DEBE HACER UN EMPLEADO SI SE LESIONA EN EL TRABAJO?

- 1. Notificar al empleador de la lesión inmediatamente. Es obligatorio notificar al empleador.
- Escoger a un médico que le atienda de la lista que le dé el empleador. Para notificar una lesión póngase en contacto con:

Hanover

800-628-0250 Nombre del representante del empleador

Número de teléfono del representante del empleador 15146, Worcester, MA 01615

Dirección del representante del empleador

(el nombre, la dirección y el número de teléfono del representante del empleador autorizado a dar información sobre indemnización por accidentes de trabajo)

¿QUÉ DEBE HACER EL EMPLEADOR CUANDO SE LE NOTIFICA DE UNA LESIÓN?

- 1. Llenar inmediatamente el formulario Primera Notificación de Accidente de Trabajo y enviarlo a la compañía de seguro de accidentes de trabajo o al administrador del seguro contra tercera persona para que lo registre en el Departamento de Trabajo y Desarrollo Laboral de Tennessee, División de Accidentes de Trabajo.
- y 2. Ofrecer una lista de médicos.

El empleador deberá nombrar un grupo de tres (3) médicos o cirujanos o más que no estén afiliados a la misma oficina y de los cuales el empleado lesionado tendrá el privilegio de escoger ya sea el médico que le va a atender o el cirujano que le va a operar. Si la lesión es una lesión de la espalda, la lista aumentará a cuatro (4), entre los cuales habrá un médico quiropráctico. Si ud escoje un médico quiropráctico, las visitas pueden ser autorizadas hasta doce (12) vezes por la lesión de espalda. Si ud require más de doce (12) visitas al mismo médico quiropráctico tendra que tener autorización de su justador de seguransa or empleador. Las provisiones para el cuidado del quiropráctico no se aplicarán grupos de autoasegurador establecidas conforme a la Sección 50-6-405 (a) (1). Si es una lesión que requiere que le atienda un médico o cirujano que ejerce la medicina ortopédica o de neurociencias, entonces el empleador deberá nombrar un grupo de cinco (5) médicos o cirujanos que ejercen la medicina ortopédica o de neurociencias de entre los cuales sólo cuatro (4) pueden estar afiliados a la misma oficina. El empleado puede escoger un médico o cirujano de la lista del empleador para que le atienda.

El Departamento de Trabajo y Desarrollo Laboral de Tennessee, División de Accidentes de Trabajo tiene trabajadores disponibles para ayudar tanto al empleado como al empleador. Si necesita más información, favor de ponerse en contacto con:

> DEPARTAMENTO DE TRABAJO Y DESARROLLO LABORAL DE TENNESSEE DIVISIÓN DE ACCIDENTES DE TRABAJO 710 JAMES ROBERTSON PARKWAY NASHVILLE, TENNESSEE 37243 615-532-4812 O LLAME GRATIS AL 1-800-332-2667 O AL 1-800-332-2257 (TDD)

www.state.tn.us/labor-wfd/wcomp

LB-0922 (rev 03/06)



Tn - Physician Panel Listing 2015

TN

NOTICE TO ALL EMPLOYEES

If you sustain a compensable accident while at work, your employer has arranged for the payment of your medical care with your insurance payor. It is your responsibility to immediately report the injury to your supervisor.

IN CASE OF INJURY

As stated in Section 50-6-204 (a) of the Tennessee Workers' Compensation Statute, the employer or the employer's agent shall designate a group of (3) or more reputable physicians or surgeons not associated together in practice and the injured employee shall select the medical provider from the list below.

If the injury is a back injury, the panel shall be expanded to four (4), one of whom must be a doctor of chiropractic. If a doctor of chiropractic is chose, chiropractic visits may be authorized for up to twelve (12) visits per back injury. More than twelve (12) visits to such doctor of chiropractic must be specifically approved by the employer or insurance carrier. If the injury require the treatment of physician or surgeon who practices orthopedic or neuroscience medicine then the employer may appoint a panel of physicians or surgeons practicing orthopedic or neuroscience medicine consisting of five (5) physicians, with no more than 4 physicians affiliated in practice together. The employee may select a treating physician or surgeon from the employer panel.

You may reach CorVel for assistance in locating a physician within our network by dialing 888-699-6665 or e-mail us at inquiry@corvel.com

This panel is in effect during your worker's compensation policy period with your insurance payor. Report all work related injuries to your supervisor immediately.

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Prepared: 3/17/2015 10:04:37 AM

CORVEL

Tn - Physician Panel Listing 2015

TN

Chiropractic

Damien, Curtis E 8110 Hwy 51 N Ste 2 Millington, TN 38053 (901) 872-0760

General Practice

Atwood, Birgit 301 21st Ave N Nashville, TN 37203 (800) 285-9795

Internal Medicine

Klinner, Thomas R 9203 Lee Hwy Ste 9 Ooltewah, TN 37363 (423) 238-4700

Multi-Specialty Group

Abingdon Physician Partners 1 Professional Park Dr Ste 18 Johnson City, TN 37604 (423) 926-0063

Ophthalmology/Ophtal Surg

Holliday, James N 1795 Fermantown Cordova, TN 38016 (901) 759-9757

Physical Medicine & Rehab

Park, Ashley L 1400 S Germantown Rd Germantown, TN 38138 (901) 759-3100

Family Practice

Chambers, Robert Todd 1208 Merchants Rd Knoxville, TN 37912 (865) 688-2522

Imaging/MRI

Ft Sanders West Diagnostic Center 210 Ft Sanders W Blvd Ste 100 Knoxville, TN 37922 (865) 531-5400

Minor Emerg/Urgent Care C

Doctor's Care of Tennessee 101 Glenleigh Ct Knoxville, TN 37934 (865) 675-3311

Occupational Medicine

Middle Tennessee Occupational & Environmental 936 Murfreesboro Rd Lebanon, TN 37090 (615) 443-1744

Orthopedics/Orthopedic Su

Maguire, James K 260 Fort Sanders W Blvd Knoxville, TN 37922 (865) 558-4400

Physical Therapy

Maximum Potential Physical Therapy 2319 Emory Rd Powell, TN 37849 (865) 947-3797

If the injury is a medical emergency, ensure that the injured employee is transported to the nearest emergency treatment facility.

If you need assistance making an appointment for medical treatment, you may call CorVel toll-free at 888-699-6665.

You may reach CorVel for assistance in locating a physician within our network by dialing 888-699-6665 or e-mail us at inquiry@corvel.com

For Assistance in Scheduling MRI or Diagnostic Testing Call 888-922-7347

CorVel has made every effort to ensure the accuracy of this listing. However, changes may occur daily. We recommend that you confirm with the healthcare provider, prior to receiving services, that he/she is currently participating with CorVel or one of CorVel's affiliate networks.