



North Dakota
**Workforce Safety
& Insurance**
Putting Safety to Work

FIRST REPORT OF INJURY

SFN 2828 (08/2012)

1600 EAST CENTURY AVENUE, SUITE 1
PO BOX 5585
BISMARCK ND 58506-5585
Telephone 1-800-777-5033
Toll Free Fax 1-888-786-8695
TTY (hearing impaired) 1-800-366-6888
Fraud and Safety Hotline 1-800-243-3331
www.WorkforceSafety.com

PLEASE PRINT OR TYPE USING BLACK OR BLUE INK AND RETURN TO WSI. Please see reverse side for Fraud Warning and other information.

SECTION 1 Completion of this section is required	Claim Number	Worker's Name	Social Security Number	Injury Date	Time of Injury <input type="checkbox"/> AM <input type="checkbox"/> PM	Birth Date
	Worker's Mailing Address (Street Address, PO Box Number)				Sex <input type="checkbox"/> F <input type="checkbox"/> M	Marital Status <input type="checkbox"/> Single <input type="checkbox"/> Married
	City		State	Zip	Worker's Home/Cell Phone Number	
	Body Part Injured (Example: Left 2 nd /middle finger, right shoulder, left ankle.)		What was the nature of the injury or illness? (Example: chemical burn left hand, broken left leg, carpal tunnel syndrome in left wrist.)			
	Tell us how the injury occurred and what the worker was doing before the incident (give details). (Example: "Worker was driving lift truck with pallet of boxes when the truck tipped, pinning driver's left leg under drive shaft." "Worker developed soreness in left wrist over time from daily computer key entry.")					
	Name of Treating Doctor(s)		Clinic/Hospital	E. R. Visit <input type="checkbox"/> Yes <input type="checkbox"/> No	Overnight Stay <input type="checkbox"/> Yes <input type="checkbox"/> No	Date of First Treatment <input type="checkbox"/> N/A
	Address		City	State	Zip	Doctor's Phone Number
	Employer's Name		What is the worker's occupation? (job title or duties)			
	Employer's Address		City	State	Zip	Employer's Phone Number
	If job site, list location - (city, county, state, and zip)		Employer's Premises Job Site <input type="checkbox"/>	Time Worker Began Shift <input type="checkbox"/> AM <input type="checkbox"/> PM	When did worker last work in ND? <input type="checkbox"/>	Date Hired
SECTION 2 Worker Completion	Date employer notified and person you notified:			Have you had prior problems or injuries to that part of the body? <input type="checkbox"/> Yes <input type="checkbox"/> No		
	Witness(es) to the Injury		Address of Witness(es)		Has or will the incident cause you to miss five or more days of work? <input type="checkbox"/> Yes <input type="checkbox"/> No	
	I understand and agree that North Dakota law determines all my rights and obligations to and from WSI. I authorize any medical provider or facility, any insurance company, including workers' compensation relating to work injuries, any law enforcement or military agency, any government benefit agency including the Social Security Administration, and any educational agency or institution to release to WSI, its agents and attorneys, any and all information or records, including records pertaining to mental health, alcohol, or drug abuse, and HIV/AIDS/AIDS related illness. I authorize WSI to release any information or records about my claim to third parties or their insurers for the purpose of resolving claims against third parties. I authorize the release of any medical information related to my claim to my employer.					
	Worker's Signature		Date Signed		In addition to myself, I authorize WSI to release information on my claim to: (please print) First Name Last Name Relationship	
SECTION 3 Medical Provider Completion	Type of Injury (fracture, bruise, cut, etc.)					Date of First Treatment
	Has the incident caused the worker to miss five or more days of work? <input type="checkbox"/> Yes <input type="checkbox"/> No		Diagnosis condition based upon objective medical findings: Diagnosis code:			
	Has the worker had any prior problems or injuries to that part of the body? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please provide details.					
	Date worker may return to work: <input type="checkbox"/> Without work restrictions <input type="checkbox"/> With the following restrictions (list) Please complete the Physical Lifting Demand Level below - see guide on reverse side.					
	<input type="checkbox"/> Sedentary 10 lbs		<input type="checkbox"/> Light 20 lbs		<input type="checkbox"/> Medium 50 lbs	<input type="checkbox"/> Heavy 70 lbs
	Other instructions and/or limitations including prescribed medications or PT order:			Prognosis and anticipated length of medical treatment:		
	The above restrictions are in effect until:			Re-evaluation date:		Time:
Physician's Signature			Date Signed		Physician's Federal Tax ID No.	
SECTION 4 Employer Completion	Employer Account Number	Worker's Rate Class	Causation Code (See reverse)	OSHA Log Number (See reverse)	Has the incident caused the worker to miss five or more days of work? <input type="checkbox"/> Yes <input type="checkbox"/> No	
	Is worker a corp. officer, owner, partner, spouse or child under age 22? <input type="checkbox"/> Yes <input type="checkbox"/> No		Worker Status: <input type="checkbox"/> Full Time; <input type="checkbox"/> Part Time; <input type="checkbox"/> Seasonal; <input type="checkbox"/> Temporary		First day worker lost wages due to work injury: <input type="checkbox"/> N/A	
	Hourly Rate \$	Hours Worked Per Week	Gross Earnings YTD \$ From to		Job description submitted or attached? <input type="checkbox"/> Yes <input type="checkbox"/> No	
	Has the worker had any prior problems or injuries to that part of the body <input type="checkbox"/> Yes <input type="checkbox"/> No					Date employer notified and person notified
	Do you have a Designated Medical Provider (DMP)? <input type="checkbox"/> Yes <input type="checkbox"/> No		If yes, did the worker opt out? <input type="checkbox"/> Yes <input type="checkbox"/> No		Date of Death (If applicable)	
	If you question this claim, state reason (continue on back) or attach additional information.					
	Employer's Signature		Title		Date Signed	

Any person claiming benefits or compensation from WSI who files a false claim, or makes a false statement, or fails to notify WSI as to the receipt of income or an increase in income from employment, in connection with any claim or application for workers' compensation benefits will forfeit any future benefits and may be guilty of a felony which is punishable by imprisonment, substantial fines, or both. These criminal penalties are applicable to all persons dealing with the Fund, including injured workers, employers, medical providers, and attorneys.

To report an instance of fraud, contact the ND Fraud and Safety Hotline at 1-800-777-5033. **Additional information:**

For medical provider use:

Physical Demand Level	<u>Occasional (0-3 Hours)</u>	<u>Frequent (3-6 Hours)</u>	<u>Constant (6-8 Hours)</u>
Sedentary	10 lbs.	Negligible	Negligible
Light	20 lbs.	10 lbs. and/or Walk/Stand/Push/Pull of Arm/Leg controls	Negligible and/or Push/Pull of Arm/Leg controls while seated.
Medium	50 lbs.	20 lbs.	10 lbs.
Heavy	70 lbs.	50 lbs.	20 lbs.

For employer use:

Causation Codes:

1. Contact with object and/or equipment
2. Fall to lower level
3. Fall on same level
4. Slip, trip, or loss of balance without fall
5. Overexertion
6. Overexertion lifting
7. Repetitive motion
8. Exposure to harmful substances
9. Transportation accident
10. Fire and/or explosion
11. Assault and/or violent act

For more information regarding the OSHA Log number (OSHA 300 Reference Number), visit <http://www.osha.gov/recordkeeping/index.html>



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FIRST REPORT OF INJURY INSTRUCTIONS

SFN 13659 (05/2008)

1600 EAST CENTURY AVENUE, SUITE 1
PO BOX 5585
BISMARCK ND 58506-5585
Telephone 1-800-777-5033
Toll Free Fax 1-888-786-8695
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www.WorkforceSafety.com

REPORTING TIMEFRAMES

WSI encourages workers and employers to immediately file a claim with WSI (within 24 hours of injury occurrence) as that allows for more effective management of the claim.

WORKER: Under North Dakota law, you must notify your employer of your injury within 7 days after an accident or when the general nature of the injury became apparent.

EMPLOYER: Under North Dakota law, an employer is required to file a First Report of Injury form with Workforce Safety & Insurance (WSI) within 7 days of receiving notice of an injury from a worker.

WAYS TO FILE A CLAIM AND HOW TO SUBMIT YOUR FIRST REPORT OF INJURY

- Online at www.WorkforceSafety.com (Online Services section)
- Telephonically by calling 1-800-777-5033 or (701) 328-3800
- Fax this completed form to 1-888-786-8695 or (701) 328-3820
- Mail this completed form to WSI, PO Box 5585, Bismarck ND 58506-5585

COMPLETION INSTRUCTIONS (for assistance, call 1-800-777-5033) or (701) 328-3800

- Once WSI receives this form with the appropriate section completed by the worker, medical provider, or employer, a claim will be filed and a claim number assigned.
- All parties (meaning the worker, medical provider, and employer) may complete and sign one form or each party may complete an individual form and mail or fax it to WSI or complete a form online.
- No decision can be made on this claim until all required information is received.
- Be sure to sign and date the appropriate sections.

SECTION 1
Completion of this section is required

PLEASE PRINT OR TYPE USING BLACK OR BLUE INK AND RETURN TO WSI. Please see reverse side for Fraud Warning and other information.

Claim Number	Worker's Name	Social Security Number	Injury Date ①	Time of injury <input type="checkbox"/> AM <input type="checkbox"/> PM	Birth Date
Worker's Mailing Address				Sex <input type="checkbox"/> F <input type="checkbox"/> M	Marital Status <input type="checkbox"/> Single <input type="checkbox"/> Married
City		State	Zip	Worker's Home/Cell Phone Number	
Body Part Injured (Example: Left 2 nd /middle finger, right shoulder, left ankle.) ②		What was the nature of the injury or illness? (Example: chemical burn left hand, broken left leg, carpal tunnel syndrome in left wrist.) ③			
Tell us how the injury occurred and what the worker was doing before the incident. Provide details. (Example: "Worker was driving lift truck with pallet of boxes when the truck tipped, pinning driver's left leg under drive shaft." "Worker developed soreness in left wrist over time from daily computer key entry.") ④					
Name of Treating Doctor(s)		Clinic/Hospital	E. R. Visit <input type="checkbox"/> Yes <input type="checkbox"/> No	Overnight Stay <input type="checkbox"/> Yes <input type="checkbox"/> No	Date of First Treatment <input type="checkbox"/> N/A
Address		City	State	Zip	Doctor's Phone Number
Employer's Name		What is the worker's occupation? (job title or duties)			
Employer's Address		City	State	Zip	Employer's Phone Number
If job site, list location - (city, county, state, and zip) ⑤	Employer's Premises Job Site <input type="checkbox"/>	Time Worker Began Shift <input type="checkbox"/> AM <input type="checkbox"/> PM	When did worker last work in ND?	Date Hired	

This section must be completed each time a First Report of Injury is submitted to WSI. This section may be completed by the worker, medical provider, or employer.

- ① Please indicate the date the worker was injured or contracted an occupational disease.
- ② Please indicate the body part injured, be specific, Example: Left 2nd/middle finger, right shoulder, left ankle.
- ③ What the nature of the injury or illness is. Example: Chemical burn of left hand, broken left leg, carpal tunnel syndrome.
- ④ Please explain how the injury occurred and what the worker was doing before the incident. Provide details.
Example: "Worker was driving lift truck with pallet of boxes when the truck tipped, pinning driver's left leg under drive shaft." "Worker developed soreness in left wrist over time from daily computer key entry."
- ⑤ Please give the exact address or location of injury - (city, county, state, and zip).

SECTION 2
Worker Completion

SECTION 2 Worker Completion	Date employer notified and person you notified:		Have you had prior problems or injuries to that part of the body? 1 <input type="checkbox"/> Yes <input type="checkbox"/> No	
	Witness(es) to the injury		Address of Witness(es)	
			Have you missed five or more days from work 2 are currently off work greater than five days? <input type="checkbox"/> Yes <input type="checkbox"/> No	
	I understand and agree that North Dakota law determines all my rights and obligations to and from WSI. I authorize my medical provider or facility, any insurance company, including workers' compensation relating to work injuries, any law enforcement or military agency, any government agency including the Social Security Administration, and any educational agency or institution to release to WSI, its agents and attorneys, any and all information or records, including but not limited to, mental health, alcohol, or drug abuse, and HIV/AIDS/AIDS related illness. I authorize WSI to release any information or records about my claim to third parties for the purpose of resolving claims against third parties. I authorize the release of any medical information related to my claim to my employer.			
Worker's Signature		Date Signed		In addition to myself, I authorize WSI to release information on my claim to: (please print)
		First Name		Last Name
				Relationship

The **WORKER** is required to complete, sign, and date this section and submit this form to WSI.

- 1** Please indicate if, before this injury, you ever had any injuries or health problems, work related or not, to the area of your body listed in Section 1.
- 2** Please indicate if you will miss five or more days of work.

SECTION 3
Medical Provider Completion

SECTION 3 Medical Provider Completion	Type of injury (fracture, bruise, cut, etc.)		Date of First Treatment	
	Has the incident caused the worker to miss five or more days work or is currently off work greater than five days? 1 <input type="checkbox"/> Yes <input type="checkbox"/> No		Diagnosis condition based upon objective medical findings. 2 Diagnosis code:	
	Has the worker had any prior problems or injuries to that part of the body? <input type="checkbox"/> Yes <input type="checkbox"/> No. If yes, please provide details.			
	Date worker may return to work: <input type="checkbox"/> Without these restrictions <input type="checkbox"/> With the following restrictions (list)			
	3 Please complete the Physical Lifting Demand Level below – see guide on reverse side.			
	<input type="checkbox"/> Sedentary 10 lbs	<input type="checkbox"/> Light 20 lbs	<input type="checkbox"/> Medium 50 lbs	<input type="checkbox"/> Heavy 70 lbs
	Other instructions and/or limitations including prescribed medications or PT order: 4		Prognosis and anticipated length of medical treatment: 5	
	The above restrictions are in effect until:		Re-evaluation date:	Time:
Physician's Signature		Date Signed	Physician's Federal Tax ID No.	

The **MEDICAL PROVIDER** is required to complete, sign, and date this section and submit this form to WSI.

- 1** Please indicate if the incident will cause the worker to miss five or more days of work.
- 2** Please indicate the diagnosis condition based upon objective medical findings and the diagnosis code.
- 3** Please complete the Physical Lifting Demand Level – see reverse side of First Report of Injury form for guide.
- 4** Please list other instructions and/or limitations including prescribed medications or physical therapy.
- 5** Please indicate the prognosis and anticipated length of medical treatment.

SECTION 4
Employer Completion

SECTION 4 Employer Completion	Employer Account Number	Worker's Rate Class	Causation Code (See reverse)	OSHA Log Number (See reverse)	Has the incident caused worker to miss five or more days from work or is currently off work greater than five days? <input type="checkbox"/> Yes <input type="checkbox"/> No
	Is worker a corp. officer, owner, partner, spouse or child under age 22? <input type="checkbox"/> Yes <input type="checkbox"/> No		Worker Status: <input type="checkbox"/> Full Time; <input type="checkbox"/> Part Time; <input type="checkbox"/> Seasonal; <input type="checkbox"/> Temporary		First day worker lost wages due to work injury: <input type="checkbox"/> N/A
	Hourly Rate \$	Hours Worked Per Week	Gross Earnings From	Job description submitted or attached? <input type="checkbox"/> Yes <input type="checkbox"/> No	
	Has the worker had any prior problems or injuries to that part of the body? <input type="checkbox"/> Yes <input type="checkbox"/> No		Date employer notified and person notified		
	Do you have a Designated Medical Provider (DMP)? <input type="checkbox"/> Yes <input type="checkbox"/> No		If yes, did the worker opt out? <input type="checkbox"/> Yes <input type="checkbox"/> No		Date of Death (If applicable)
	If you question this claim, state reason (continue on back) or attach additional information.				
	Employer's Signature		Title	Date Signed	

The **EMPLOYER** is required to complete, sign, and date this section and submit this form to WSI.