

for loops

"The Virgin" while loop

requires
incrementing
the index
variable

basically
just dumb
copy-paste



risks infinite
loop

needs exit
condition

THE CHAD

for loop

literally
impossible to
get infinite loop

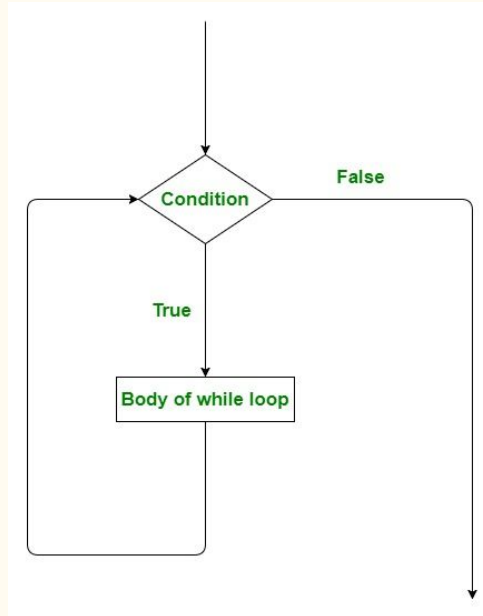
can do
everything
the while
loop can

Iterated
variable
removes
need for
incrementing



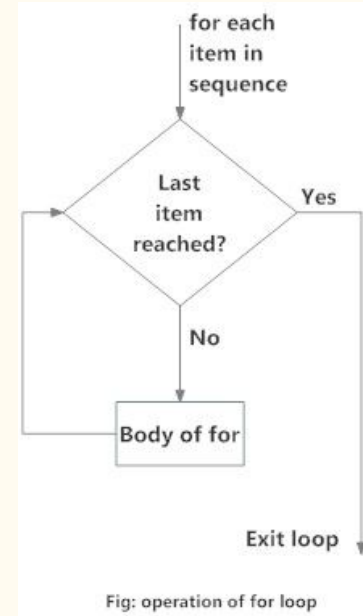
While Loop

```
while <boolean condition>:  
    <instructions>
```



For Loop

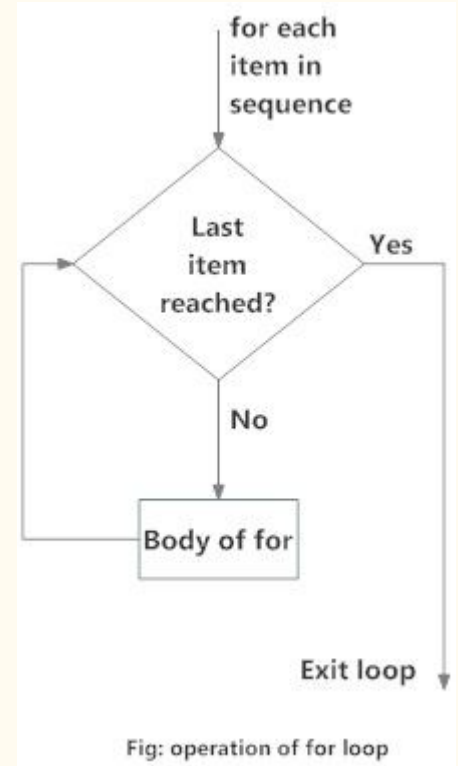
```
for <item> in <sequence>:  
    <instruction>
```



for loop

- Repeats same chunk of code **for** each item in a sequence
 - A sequence, or an “iterable”, can be a list, tuple, string etc.
 - Sequence length specifies total number of iterations
 - The <item> becomes an “iterator” variable that can be used inside the loop

```
for <item> in <sequence>:  
    <instruction>
```



for loops using iterables

```
for i in [1, 2, 3, 4, 5]:  
    print(f"Current i is {i}")
```



```
someStr = "Hello"  
for i in someStr:  
    print(f"Letter: {i}")
```

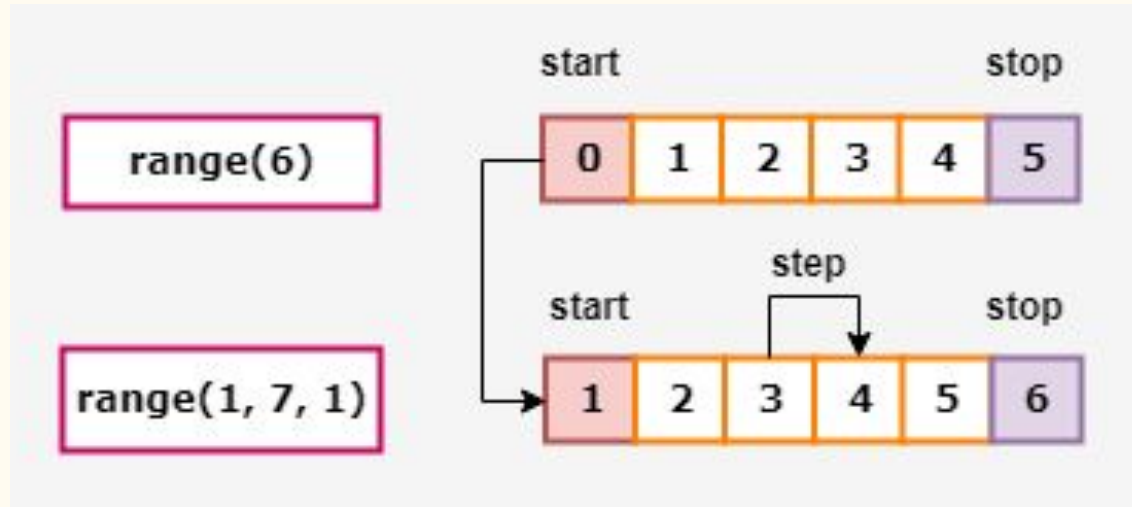
```
Letter: H  
Letter: e  
Letter: l  
Letter: l  
Letter: o
```

for loops using dictionaries

```
myDict = {"a": "x", "b": "y", "c": "z"}  
  
for key in myDict:  
    print(f"{ key } -- { myDict[key] }")
```

range()

- Generates a sequence of numbers
- `range(n)` generates a sequence from 0 to $(n-1)$ with a step-size of 1
- `range(a, n, s)` generates a sequence from starting value `a` to $(n-1)$ with a step-size of `s`.



range() example

```
for i in range(5):  
    print(i)
```

0

1

2

3

4

```
for i in range(1,6):  
    print(i)
```

1

2

3

4

5

range() interactive examples

```
for i in range(1, 10, 2):  
    print(i)
```

1
3
5
7
9

```
for i in range(7):  
    print(i)
```

0
1
2
3
4
5
6

```
for i in range(0, 7, 1):  
    print(i)
```

0
1
2
3
4
5
6

Using `range()` to count

```
for i in range(5):  
    print("Hello World")
```

```
Hello World  
Hello World  
Hello World  
Hello World  
Hello World
```

Using `range()` for indexing

```
NATO_phonetic_alphabet = ['Alpha', 'Bravo', 'Charlie', 'Delta', 'Echo', 'Foxtrot']  
print(len(NATO_phonetic_alphabet))  
range(len(NATO_phonetic_alphabet))  
list(range(len(NATO_phonetic_alphabet)))
```

```
6  
[0, 1, 2, 3, 4, 5]
```

Nested loops

```
for letter in ["A", "B", "C"]:  
    for digit in [1, 2, 3]:  
        print(letter + str(digit))
```

Summary

```
while <boolean condition>:  
    <instructions>
```

```
for <item> in <sequence>:  
    <instruction>
```

	while loops	for loops
Loop is executed whenever a condition is satisfied	... over the items of a predetermined sequence or iterable (list/tuple/string etc.)
Use when you don't know how times to run the loop (ie. iterations) but you do know when to stop the loop (ie. the condition)	... you know exactly how many times to run the loop

Further learning

- If you want to learn more about coding, we're making a resource list for self-guided learning
 - Links to websites, courses and cheat-sheets we've found useful
 - Will be posted on the MBSI Coding Workshop Facebook Group Page
- If you get stuck, ask for help!
 - MBSI Coding Workshops Facebook Group



Breakout Time!

FEEDBACK FORM:

<https://forms.gle/1GnsHhYUav7D281F8>