### Applies to:

### Aetna plans

### Innovation Health® plans

Health benefits and health insurance plans offered and/or underwritten by the following:

Allina Health and Aetna Health Insurance Company (Allina Health | Aetna)

Banner Health and Aetna Health Insurance Company and/or Banner Health and Aetna Health Plan Inc. (Banner | Aetna)

Sutter Health and Aetna Administrative Services LLC (Sutter Health | Aetna)

Texas Health + Aetna Health Plan Inc. and Texas Health + Aetna Health Insurance Company (Texas Health Aetna)

# aetna®

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna). Aetna provides certain management services on behalf of its affiliates.

### **Precertification Information Request Form**

#### **About this form**

All BRCA tests require precertification. Failure to complete this form in its entirety may result in the delay of review. Effective October 10, 2018, this form replaces all other BRCA precertification information request documents and forms.

Once completed, this form contains confidential information. Only the individual or entity it's addressed to can use it. If you're not the intended recipient, or the employee or agent responsible for delivering the form to the intended recipient, you can't disseminate, distribute or copy the completed form. If you received the completed form in error, call us at 1-877-794-8720.

#### How to fill out this form

As the patient's attending physician, you must complete **all** sections of the form. You can use this form with all Aetna health plans, including Aetna's Medicare Advantage plans. You can also use this form with health plans for which Aetna provides certain management services.

#### When you're done

Once you've filled out the form, fax it and all requested medical documentation to us at **1-860-975-9126**. Or you can submit the completed form and the specimen sample to one of our network BRCA testing laboratories listed below. Then they'll submit the form to us.

Quest Diagnostics, Inc.	Fax the precertification form to <b>1-855-422-5181</b> . Call BRCAvantage Concierge Services at <b>1-866-436-3463</b> or visit <b>www.questvantage.com</b> for more information
Ambry Genetics	Fax the precertification form to <b>1-949-900-5501</b> . Order collection and transportation kits from by calling <b>1-866-262-7943</b> or online at <b>www.ambrygen.com</b>
Baylor Miraca Genetics Laboratories, LLC	Fax the precertification form to 1-713-798-2728. Order collection and transportation kits by calling 1-800-411-GENE or 1-713-798-6555 or email geneticetest@bmgl.com
Color Genomics	Submit the completed form with specimen sample to Color Genomics or fax the precertification form to <b>1-650-396-3046</b> . Order collection kits from Color Genomics by calling <b>1-844-362-6567</b> or email <a href="mailto:support@color.com">support@color.com</a> .
Counsyl	For more information, call 1-888-COUNSYL (1-888-268-6795), send an email to support@counsyl.com or visit www.counsyl.com
GeneDx, Genpath, BioReference	Fax the precertification form to <b>1-201-421-2010</b> . If you have any questions call <b>1-888-729-1206</b> or visit <b>www.genedx.com</b>
Invitae	Fax the precertification form to 1-415-276-4164. If you have any questions, call 1-800-436-3037 or email clientservices@invitae.com or visit www.invitae.com/en/request-a-kit/
LabCorp	Fax the precertification form to <b>1-855-711-5699</b> . For questions, call <b>1-855-488-8750</b> or send email to <b>BRCApriorauth@labcorp.com</b>
Medical Diagnostic Lab, LLC	Fax the precertification form to <b>1-609-570-1062</b> . If you have questions, call <b>1-877-269-0090</b> or visit <b>www.mdlab.com</b>
Myriad Genetics Laboratories, Inc.	Fax the precertification form to 1-801-584-3615. If you have questions, call 1-800-469-7423

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### **Precertification Information Request Form**

### What happens next?

Once we receive the requested documentation, we'll perform a clinical review. Then we'll make a coverage determination and let you know our decision.

### How we make coverage determinations

For our Medicare Advantage members, we use CMS benefit policies, including national coverage determinations (NCD) and local coverage determinations (LCD) when available, to make our coverage determinations If there isn't an available NCD or LCD to review, then we'll use the Clinical Policy Bulletin referenced below to make the determination.

For all other members, we encourage you to review Clinical Policy Bulletin #227: BRCA Testing, Prophylactic Mastectomy, and Prophylactic Oophorectomy before you complete this form.

You can find the Clinical Policy Bulletins and Precertification Lists by visiting the website on the back of the member's ID card.

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## **Precertification Information Request Form**

Failure to complete this form in its entirety may result in the delay of review.				
Fax to: BRCA Precertification Department		Fax number: 1-860-975-9126		
Section 1: To be o	completed by o	rdering physician		
Member name:		Member ID:		
Member address:				
Member phone #:	ember date of b	oirth: / / Gender: M F		
Physician name:	Physician	Physician NPI number:		
Physician phone number:	Physician	Physician status: Participating Non-participating		
Physician address:				
IPA name:	IPA NPI N	IPA NPI Number:		
IPA address:				
IPA phone #: 1				
Section 2: Provide	the following g	eneral information		
Laboratory name:	Labora	Laboratory phone number:		
Laboratory status: Participating Non-particip	pating Date of	f specimen collection: / /		
ICD-10 code(s):				
Section 3: Test menu				
BRCA 1 and BRCA 2 gene sequencing comprehensive testing (CPT 81211)  BRCA 1/2 three gene mutation panel for Ashkenazi Jewish Ancestry (187delAG, 5385InsC, 6174delT) (CPT 81212)  BRCA 1/2 three gene mutation panel for Ashkenazi Jewish Ancestry with reflex to comprehensive (CPT 81212, 81211)  Large Rearrangement (BART) testing¹ (Medicare members only) (CPT 81213)  BRCA 1 and BRCA 2 gene sequencing comprehensive and BART testing¹ (Medicare members only) (CPT 81162)  BRCA 1 Single site testing (CPT 81215); specify relationship and mutation:  BRCA 2 Single site testing (CPT 81217); specify relationship and mutation:  BRACAnalysis CDx™ (CPT 81211, 81213 or 81162); include all failed lines of chemotherapy:  1				

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<sup>&</sup>lt;sup>1</sup> Aetna does not cover large rearrangement testing (BART) unless the member is covered by Medicare and meets criteria for comprehensive testing. There is inadequate information regarding the frequency of large genomic re-arrangements in the United States populations to indicate that testing or retesting for these specific mutations (e.g., the BART) is useful or effective in managing the care of members, including those with a strong family history of breast, ovarian or pancreatic cancer.

In addition, Aetna does not cover multigene hereditary breast cancer panels that accompany BRCA testing because there is insufficient published evidence of their clinical validity and utility. Information regarding this can be found in our Clinical Policy Bulletin (CPB): BRCA Testing, Prophylactic Mastectomy, and Prophylactic Oophorectomy available at **www.aetna.com**.

Member name:		Member date of birth: /	1		
Section 4: Personal cancer history <sup>2</sup>					
No personal history of breast³/ovarian⁴/pancreatic cancer  Personal history of breast cancer³ - currently under treatment  Person history of breast cancer³ - treatment completed  Unilateral Bilateral Triple Negative  Age at diagnosis: Date of diagnosis: /  Invasive ductal carcinoma (IDC) Invasive lobular carcinoma (ILC) Ductal carcinoma in situ (DCIS)  Personal history of ovarian cancer⁴ - currently under treatment  Personal history of pancreatic cancer  Other clinical history, please specify:					
	Section 5: Person	nal testing history			
No previous BRCA genetic testing Negative Ashkenazi Jewish panel testing Negative BRCA 1/2 gene sequencing testing Negative BRCA 1/2 gene sequencing and large rearrangement testing Other, please specify: Previous testing lab: Date of testing: Results:  Section 6: Family cancer history and ethnicity  No known family history of breast³, ovarian⁴ or pancreatic cancer Ashkenazi Jewish Ancestry African American Asian					
☐ Caribbean ☐ Central/South A   ☐ Hispanic ☐ Middle Eastern   ☐ Northern European ☐ Pacific Islander   ☐ Other		American	can		
Relationship to patient	Maternal (M) or paternal (P) side	Type of cancer	Age at diagnosis		

<sup>&</sup>lt;sup>2</sup> Members who seek coverage for BRCA1/2 testing for the benefit of OTHER family members must seek reimbursement of payment from the OTHER family member's insurance carrier. BRCA analysis for the medical management of OTHER family members is not a covered benefit for Aetna members.

<sup>&</sup>lt;sup>3</sup> The term breast cancer" includes both invasive and ductal carcinoma in situ (DCIS) breast cancers. Lobular carcinoma in situ (LCIS) is not included. <sup>4</sup> For purposes of these guidelines, ovarian cancer includes fallopian tube and primary peritoneal carcinoma.

Mer	Member name: Member date of birth: / /			
Section 7: Risk criteria category for FEMALES				
	Persor	al history of ovarian cancer <sup>1</sup> Date of ovarian cancer diagnosis: Month Year		
	Persor	al history of breast cancer <sup>2</sup> Date of breast cancer diagnosis: Month Year		
	<u> </u>	Breast cancer <sup>2</sup> diagnosed at age 45 years or younger; or		
	□ 2.	Breast cancer <sup>2</sup> diagnosed at age 50 years or younger, with any of the following:		
		a. At least one close blood relative <sup>3</sup> with breast cancer <sup>2</sup> at age 50 years or younger; or		
		b. At least one close blood relative <sup>3</sup> with prostate or pancreatic cancer; or		
		c. Limited family structure <sup>4</sup> or no family history available because member is adopted; or		
		d. Bilateral breast cancer <sup>2</sup> or two primaries <sup>5</sup> , with first diagnosis age 50 years or younger		
	☐ 3.	Breast cancer <sup>2</sup> is diagnosed at age 60 years or younger and is triple negative <sup>6</sup>		
	☐ 4.	Breast cancer <sup>2</sup> is diagnosed at any age, with any of the following:		
		a. At least one close blood relative <sup>3</sup> with epithelial ovarian cancer; or		
		b. At least two close blood relatives <sup>3</sup> on the same side of the family with breast cancer <sup>2</sup> ; or		
		c. Member has two breast primaries <sup>5</sup> and has at least one close blood relative <sup>3</sup> with breast cancer		
		diagnosed at age 50 or younger; or		
	d. Close blood relative <sup>3</sup> with either breast cancer <sup>2</sup> at age 50 or younger or with epithelial ovarian cancer <sup>1</sup>			
		(Medicare only); or		
	e. At least two close blood relatives <sup>3</sup> with pancreatic cancer or prostate cancer with Gleason score > 7 at			
		any age (Medicare only); or		
		f. Close male blood relative <sup>3</sup> with breast cancer <sup>2</sup> ; or		
		g. First, second or third degree blood relative <sup>3</sup> with a known BRCA1 or BRCA2 mutation <sup>7</sup> ; or		
		h. Two close relatives³ on the same side of the family with pancreatic adenocarcinoma at any age; or		
		i. Ethnicity is associated with higher mutation frequency (Ashkenazi Jewish)8.		
	NO per	sonal history of breast <sup>2</sup> , ovarian cancer <sup>1</sup> or pancreatic adenocarcinoma (coverage excluded by		
	Medica	,		
	☐ 1. Women with at least one first-degree blood relative³ with:			
		a. epithelial ovarian cancer <sup>1</sup> ; or		
		b. breast cancer diagnosed at age 45 years or younger, or		
		c. bilateral breast cancer <sup>5</sup>		
	2.	Women with three or more close blood relatives <sup>3</sup> on the same side of the family with breast cancer; or		
		Women with at least one close blood relative <sup>3</sup> with:		
		a. male breast cancer; or		
	_	b. both breast <sup>2</sup> and epithelial ovarian cancer <sup>1</sup> .		
	<u> </u>	Women with two close blood relatives <sup>3</sup> on the same side of the family with:		
		a. epithelial ovarian cancer <sup>1</sup> ; or		
		b. breast cancer <sup>2</sup> , one of whom was diagnosed at age 50 years or younger; or		
	_	c. breast cancer <sup>2</sup> in one relative and epithelial ovarian cancer <sup>1</sup> in another relative		
	<u> </u>			
	_	same side of the family with breast or epithelial ovarian cancer8; or		
		Women with first, second or third degree blood relatives with a known BRCA1 or BRCA2 mutation <sup>10</sup> .		
		n who do not meet any of the above criteria but are determined through both independent formal genetic		
	counseling and validated quantitative risk assessment tool <sup>7</sup> to have at least a 10% pre-test probability of			
	carrying a BRCA1 or BRCA2 mutation. Note: In this category only, a 3-generation pedigree and quantitative risk assessment results must be faxed directly to us at 1-860-975-9126. Pedigree template available on request.			
	Formal genetic counseling Yes No			
	Ge	netic counselor name and location (state):		

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Member name: Mem	ber date of birth: / /			
Section 7 (continued): Risk criteria category for FEMALES				
Personal history of pancreatic adenocarcinoma at any age, and any of the following:  1. Women with at least one first-degree blood relative³ with:  a. epithelial ovarian cancer¹; or  b. breast cancer diagnosed at age 45 years or younger; or;  c. bilateral breast cancer⁵  2. Women with at least two close blood relatives³ on the same side of the family with breast cancer, epithelial ovarian cancer, and/or pancreatic adenocarcinoma at any age;  3. Women with at least one close blood relative³ with:  a. male breast cancer; or  b. both breast2 and epithelial ovarian cancer1  4. Women of Ashkenazi Jewish³ descent with a first-degree relative with breast cancer; or  5. Women with first, second, or third-degree blood relatives with a known BRCA1 or BRCA2 mutation¹0.				
Section 8: Risk criteria cate	gory for MALES			
Personal history of breast cancer; or  First, second or third degree blood relative with a known BRCA1 or BRCA2 mutation, where the results will influence clinical utility (e.g., reproductive decision-making) <sup>10</sup> (coverage excluded by Medicare) <sup>9</sup>				
Section 9: Medical management (if	patient tests positive)			
☐ Prophylactic oophorectomy       ☐ Bilateral       ☐ Tamoxifen chemoprevention       ☐ Other, please specify:         ☐ Prophylactic mastectomy       ☐ Bilateral       ☐ Increased breast surveillance				
Section 10: Patient e	ducation			
Consistent with the 1997 National Institutes of Health Consensus Statement on guidelines for care of patients with BRCA1 and BRCA2 mutations and American College of Medical Genetics guidelines, prior to testing and follow-up treatment, the patient must give informed consent in accordance with applicable law. Also consistent with such guidelines, such informed consent discussions should include at least the following:  1. Clarification of the patient's increased risk status 2. Explanation of how genetics affects cancer susceptibility 3. Potential benefits, risk, and limitations of testing 4. Possible outcomes of testing (e.g., positive, negative or uncertain test results) 5. Limited data regarding efficacy of methods for early detection and prevention 6. Possible psychological and social impact of testing 7. Counseling regarding therapeutic options, including limitations				
Section 11: Read this important information				
Any person who knowingly files a request for authorization of coverage of a medical procedure or service with the intent to injure, defraud or deceive any insurance company by providing materially false information or conceals material information for the purpose of misleading, commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.				
Section 12: Sign the form				
By signing this form, I certify that the member listed above has given informed consent in accordance with the guidelines and risks above and that the BRCA analysis will be used to direct the medical management of this member.				
Form completed by (please print):	Title:			
Physician Signature (required) :				
Contact Person:	Phone Number:			

<sup>&</sup>lt;sup>1</sup> For the purposes of these guidelines, fallopian tube and primary peritoneal carcinoma are included.

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<sup>&</sup>lt;sup>2</sup> The term "breast cancer" includes invasive and ductal carcinoma in situ (DCIS) breast cancers. Lobular carcinoma in situ (LCIS) is not included.

<sup>&</sup>lt;sup>3</sup> Close blood relatives include first-degree relatives (i.e., mother, sister, daughter) or second-degree relatives (i.e., aunt, grandmother, niece), on the same side of the family. For affected Medicare members, close relatives also include third-degree relatives (i.e. great grandmother, great aunt and first-degree cousin). For the purposes of BRCA, half-siblings are considered first degree relatives.

<sup>&</sup>lt;sup>4</sup> A limited family history is defined as a member who has fewer than two 1st or 2nd degree female relatives in the same lineage that lived to age 45. The "limited family history" can occur on either the maternal or paternal side of family. A three generation pedigree is needed for this category.

<sup>&</sup>lt;sup>5</sup> Two breast primaries in a single individual includes bilateral disease or two or more clearly separate ipsilateral primary tumors.

<sup>&</sup>lt;sup>6</sup> Triple negative breast cancer is when the individual's breast cancer cells test negative for estrogen receptors (ER-), progesterone receptors (PR-) and human epidermal growth factor receptors (HER2-).

<sup>&</sup>lt;sup>7</sup> Validated quantitative risk assessment tools include BRCAPRO, Yale, UPenn I or UPenn II, BOADICEA and Tyrer-Cuzick IBIS (See CPB).

<sup>&</sup>lt;sup>8</sup> For Ashkenazi Jewish women who meet screening criteria, a screening panel for the founder mutations common in the Ashkenazi Jewish population (multisite testing) is considered medically necessary. If founder mutation testing is negative, full gene sequencing (reflex testing) is considered medically necessary only if member meets the criteria described above.

<sup>&</sup>lt;sup>9</sup> Medicare does not cover BRCA genetic testing in the absence of a personal history of breast or ovarian cancer, since it considered to be screening and is specifically excluded by Medicare.

<sup>&</sup>lt;sup>10</sup> Testing in this scenario is for the specific identified mutation (single site testing).