# 盡点大牛生信課趣組



## Evan Segal



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## 近五年文章:

CNS: 9

大子刊:14

小子刊:11

其他:~10

## 近期代表作分析



#### **ARTICLES**

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# Metabolomic and microbiome profiling reveals personalized risk factors for coronary artery disease

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Complex diseases, such as coronary artery disease (CAD), are often multifactorial, caused by multiple underlying pathological mechanisms. Here, to study the multifactorial nature of CAD, we performed comprehensive clinical and multi-omic profiling, including serum metabolomics and gut microbiome data, for 199 patients with acute coronary syndrome (ACS) recruited from two major Israeli hospitals, and validated these results in a geographically distinct cohort. ACS patients had distinct serum metabolome and gut microbial signatures as compared with control individuals, and were depleted in a previously unknown bacterial species of the Clostridiaceae family. This bacterial species was associated with levels of multiple circulating metabolites in control individuals, several of which have previously been linked to an increased risk of CAD. Metabolic deviations in ACS patients were found to be person specific with respect to their potential genetic or environmental origin, and to correlate with clinical parameters and cardiovascular outcomes. Moreover, metabolic aberrations in ACS patients linked to microbiome and diet were also observed to a lesser extent in control individuals with metabolic impairment, suggesting the involvement of these aberrations in earlier dysmetabolic phases preceding clinically overt CAD. Finally, a metabolomics-based model of body mass index (BMI) trained on the non-ACS cohort predicted higher-than-actual BMI when applied to ACS patients, and the excess BMI predictions independently correlated with both diabetes mellitus (DM) and CAD severity, as defined by the number of vessels involved. These results highlight the utility of the serum metabolome in understanding the basis of risk-factor heterogeneity in CAD.

#### Article

## A reference map of potential determinants for the human serum metabolome

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The serum metabolome contains a plethora of biomarkers and causative agents of various diseases, some of which are endogenously produced and some that have been taken up from the environment<sup>1</sup>. The origins of specific compounds are known, including metabolites that are highly heritable<sup>2,3</sup>, or those that are influenced by the gut microbiome4, by lifestyle choices such as smoking5, or by diet6. However, the key determinants of most metabolites are still poorly understood. Here we measured the levels of 1,251 metabolites in serum samples from a unique and deeply phenotyped healthy human cohort of 491 individuals. We applied machine-learning algorithms to predict metabolite levels in held-out individuals on the basis of host genetics, gut microbiome, clinical parameters, diet, lifestyle and anthropometric measurements, and obtained statistically significant predictions for more than 76% of the profiled metabolites. Diet and microbiome had the strongest predictive power, and each explained hundreds of metabolites—in some cases, explaining more than 50% of the observed variance. We further validated microbiome-related predictions by showing a high replication rate in two geographically independent cohorts<sup>7,8</sup> that were not available to us when we trained the algorithms. We used feature attribution analysis<sup>9</sup> to reveal specific dietary and bacterial interactions. We further demonstrate that some of these interactions might be causal, as some metabolites that we predicted to be positively associated with bread were found to increase after a randomized clinical trial of bread intervention. Overall, our results reveal potential determinants of more than 800 metabolites, paying the way towards a mechanistic understanding of alterations in metabolites under different conditions and to designing interventions for manipulating the levels of circulating metabolites.

## 研究方向一: 个性化医疗

### **Personalized Medicine**



Drug targets for which there is human data (e.g., genetics) that links them to the disease are more likely to successfully complete clinical development and be approved as new drugs. However, the surmountable challenge of assembling large scale human cohorts has limited the collection of such data to national health organizations, and even these cohorts provide limited phenotyping and omics data due to the high cost of the tests.

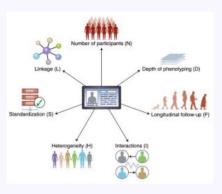
To address this challenge, we initiated <u>Project 10K</u>, a large-scale, longitudinal, deeply phenotyped, multi-omics human cohort, that our lab is collecting. We aim to find novel diagnostic, prognostic, and therapeutic biomarkers for diseases, based on applying state of the art machine learning methods to deep phenotypic and multi-omics measurements of 10,000 human volunteers over a 10-year period.

The goals of Project 10k include:

- Create the most deeply phenotyped human cohort globally
- Develop personalized algorithms that accurately predict the likelihood of a person to developing a particular condition or disease within 5-10 years
- Obtain molecular characterization of diseases on several multi-omics levels
- Identify novel disease therapeutic targets
- Develop machine learning algorithm and tools to model disease continuum and progression

## 研究方向二:健康大数据分析

### **Big Data in Healthcare**



Health data are increasingly being generated at a massive scale, at various levels of phenotyping and from different types of resources. We are using nationwide electronic health record data on millions of individuals from several countries, with the aim of developing machine learning algorithms for predicting future onset of disease, identifying causal drivers of disease, and unraveling personalized responses to drugs. We aim to understand health trajectories of different people, how they unfold along different pathways, how the past affects the present and future health, and the complex interactions between different determinants of health over time.

Analyses of such large-scale medical data have the potential to identify new and unknown associations, patterns and trends in the data that may pave the way to scientific discoveries in pathogenesis, classification, diagnosis, treatment and

progression of disease. Such work includes using the data for constructing computational models to accurately predict clinical outcomes and disease progression, which have the potential to identify people at high risk and prioritize them for early intervention strategies, and to evaluate the influence of public health policies on 'real-world' data. Our prediction of gestational diabetes is one such example.

We use state of the art data science methods to analyze these large datasets, including:

- **Descriptive analysis.** Such approaches are useful for unbiased exploratory study of the data and for finding interesting patterns in the data, which may lead to testable hypotheses.
- **Prediction analysis.** Prediction analysis aims to learn a mapping from a set of inputs to some outcome of interest, such that the mapping can later be used to predict the outcome from the inputs in a different unseen set. Prediction analysis holds the potential for improving disease diagnostic and prognostic.
- Counterfactual prediction. One major limitation of any observational study is its inability to answer causal questions, as observational data may be heavily confounded and contain other limiting flaws. Counterfactual prediction thus aims to construct models that address limiting flaws inherent to observational data for inferring causality.

## 研究方向三:微生物组在健康和疾病的作用

#### Microbiome in Health and Disease



Another rich source of information with the potential to contain pertinent disease risk factor data is the human microbiome – the collective genome of trillions of microbes, including bacteria, viruses, fungi, and parasites that reside in the human gastrointestinal tract. The microbiome contains 100-fold more genes than the human genome, and is considered a bona-fide 'second genome' with fundamental roles in multiple aspects of human physiology and health, including obesity, non-alcoholic fatty liver disease, inflammatory diseases, cancer, metabolic diseases, cardiovascular disease, aging, and neurodegenerative disorders. As such, it should capture different aspects of disease than existing risk factors, and their combination can lead to earlier and more robust disease detection. However, very few microbiome-based markers

predictive of disease onset and progression were found to date and none are currently used by healthcare systems. Thus, discovery of microbiome-based risk factors is a promising yet mostly unexplored research area.

Growing evidence supports a causal role for the microbiome in obesity, diabetes, metabolic disorders, cardiovascular disease, and immune-mediated disease. For example, transplanting microbiota from human subjects discordant for obesity into germ-free mice induced the corresponding phenotype in the recipient mice, and cohousing mice harboring the obese human microbiota with mice harboring the lean human microbiota prevented obesity. Atherosclerosis susceptibility was also shown to be transmitted by gut microbiota transfer. We previously showed that weight gain and glucose intolerance are induced in recipient mice following transplantation of microbiota from mice that either consumed artificial sweeteners, had a history of obesity, or had altered feeding patterns or host mutations in circadian genes. We also showed that microbiota transplantations in human, improved clinical outcomes in subjects with Atopic Dermatitis, a severe skin disease.

Our goal is to find novel disease risk factors based on the human microbiome that are more accurate than existing ones in their ability to predict the likelihood of a person to develop a particular condition or disease within 5-10 years. We work numerous conditions including diabetes, cardiovascular disease, obesity, inflammatory bowel disease, fatty liver disease, multiple sclerosis, Alzheimer's disease, Parkinson's disease, and cancer. In each setting we collaborate with clinicians to assemble cohorts for which we obtain clinical profiles and microbiome data. We develop algorithms using microbiome features at recruitment time for unravelling the role of the microbiome in each of these conditions.

Our research identifies microbiome-derived features that are predictive of disease and that may be causal for disease, paving the way towards diagnostic and prognostic microbiome applications and towards microbiome-based therapeutics.