





©Doris Michel

Do Good !
Feel Good !



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Fill This Page
With colors

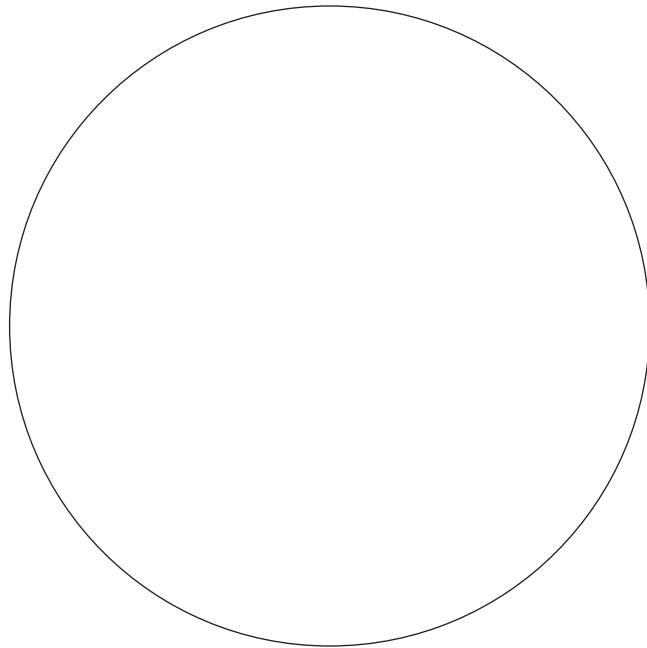


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That's always
come
after
Heavy Storm ...

Same as my life

Fill This Page
With circles



Fill This Page
With Words

l o

u e

I'm also just a girl.
standing in front of a boy.
asking him to love her.



Document

time passing

Document

what's around you

Document

**what you would
like to have
around you**

Think of it everytime
you need to

Draw

**a piece of clothing
that comforts you**

Use This Page to remember
the workshop

My mojo

Use This Page to remember
the workshop

My home

Use This Page to remember
the workshop

My superpower

Use This Page to remember
the workshop

My entourage

Think of it everytime
you need to

Jenny, I don't know if Momma was right or if it's Lieutenant Dan. I don't know if we each have a destiny, or if we're all just floating around accidental-like on a breeze, but I think maybe it's both. Maybe both is happening at the same time



Use this page
to draw yourself
Before

Use this page
to draw yourself
Now

Use this page
to draw yourself

After

Use this page
to draw yourself

**As you would
like to be**

Use this page
to draw yourself
As an animal





Always Growing

Make a list of words

**That make you
feel good**

And play with typography

Make a list of sentences

**That make you
feel good**

And play with typography



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What'll I do when you
Are far away
And I'm so blue,
What'll I do?

What'll I do when I
Am wondering who
Is kissing you,
What'll I do?

What'll I do with just
A photograph
To tell my troubles to?

When I'm alone
With only dreams of you

That won't come true,
What'll I do?

When I'm alone
With only dreams of you
That won't come true,
What'll I do?

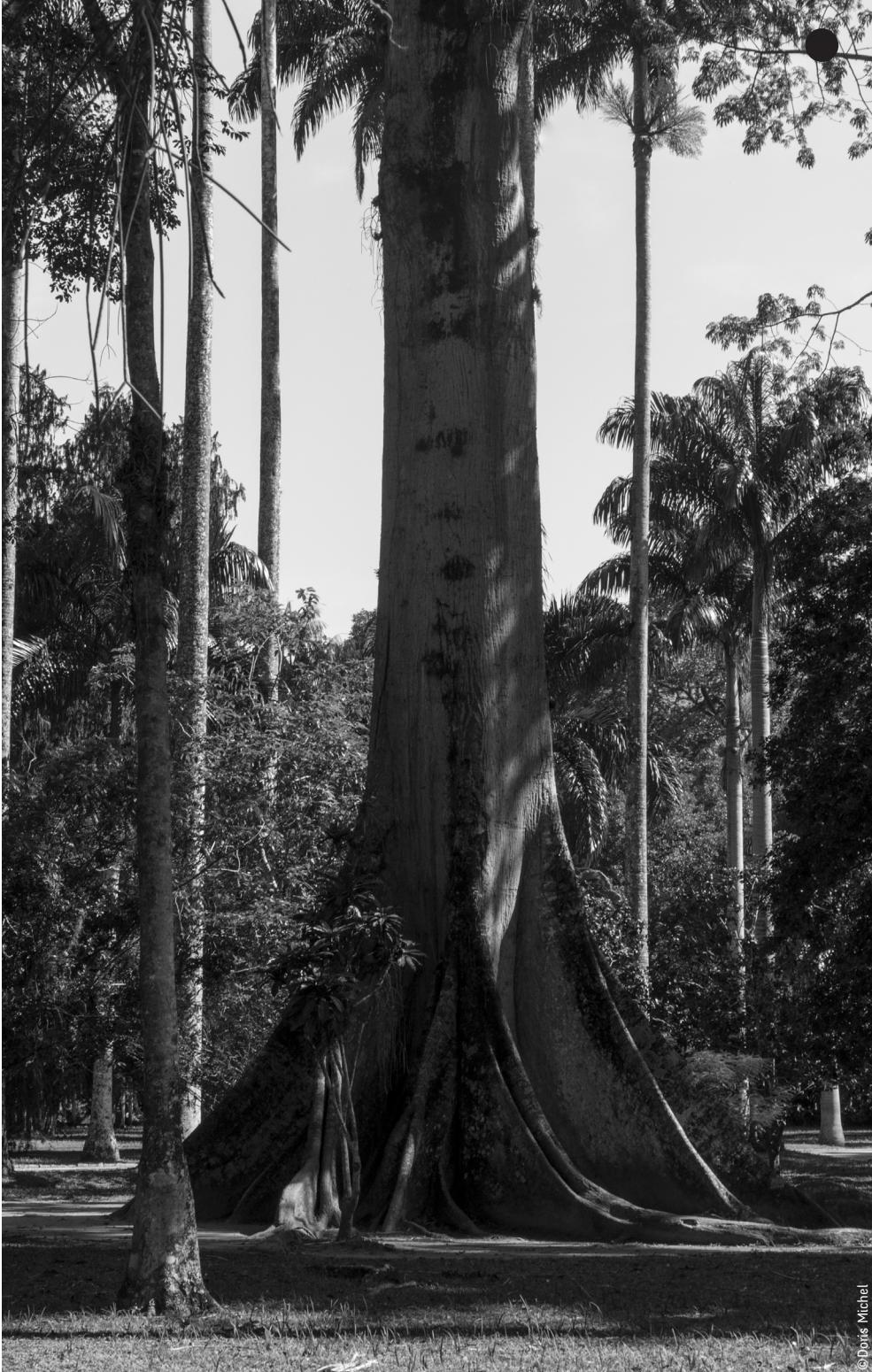
Make a list of
your qualities

Make a list of
your fragilities

Use those two lists
to represent you

Use this page

**to represent who
would you like to be**



Write on this page

**your little victories
of the day**

Think of how they can help
you to bring together
**who you are and who
you want to be**

You may say
I'm a dreamer,

But I'm not
the only one



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Use this page

**for everything
you want**

