

TABLE 1 Demographic characteristics and risk factors of index hospitalizations.

Characteristics/Risk factors	Readmission status N=26,332 Hospitalizations (Hosp.)=42,126		Missing %	p-value
	Readmission Hosp. = 6407	No readmission Hosp. = 35,719		
Age, Mean (SD)	59.98 (14.52)	60.33 (14.57)	0	0.080
Race/Ethnicity, N (%)			0	<0.001
Non-Hispanic White	3281 (51.21)	18,263 (51.13)		
Non-Hispanic Black	2727 (42.56)	14,751 (41.30)		
Non-Hispanic Asian	143 (2.23)	741 (2.07)		
Hispanic	89 (1.39)	545 (1.53)		
Other/unknown	167 (2.61)	1419 (3.97)		
Gender, N (%)			0	0.504
Female	3139 (48.99)	17,662 (49.45)		
Male	3268 (51.01)	18,057 (50.55)		
Marital status, N (%)			<1	<0.001
Married/Life partner	2691 (42.09)	15,804 (44.72)		
Single	1866 (29.18)	10,121 (28.64)		
Widowed	812 (12.70)	4423 (12.52)		
Divorced	859 (13.43)	4197 (11.88)		
Separated	166 (2.60)	792 (2.24)		
Insurance, N (%)			0	<0.001
Medicare	3970 (61.96)	20,866 (58.42)		
Private	1063 (16.59)	7215 (20.20)		
Medicaid	859 (13.41)	3815 (10.68)		
Self-pay	235 (3.67)	1788 (5.01)		
Other/unknown	134 (2.09)	1011 (2.83)		
VA/Tricare	81 (1.26)	629 (1.76)		
Indigent/charity care	65 (1.01)	395 (1.11)		
Diabetes type, N (%)			0	<0.001
Type 2	5939 (92.70)	33,600 (94.07)		
Type 1	366 (5.71)	1850 (5.18)		
Unknown	102 (1.59)	269 (0.75)		
Admission type, N (%)			<0.1	<0.001
Emergency	4304 (67.18)	21,875 (61.27)		
Elective	1040 (16.23)	8220 (23.02)		
Urgent	974 (15.20)	4599 (12.88)		
Trauma	89 (1.39)	1007 (2.82)		
Discharge status, N (%)			0	<0.001
Home	3448 (53.82)	22,186 (62.11)		
Home health	2068 (32.28)	9593 (26.86)		
Skilled nursing facility	732 (11.43)	3153 (8.83)		
Against medical advice	57 (0.89)	245 (0.69)		
Other	102 (1.59)	542 (1.52)		
Body mass index, N (%)			11	<0.001
Underweight (<18.5 kg/m ²)	185 (3.18)	705 (2.23)		
Healthy weight (18.5-24.9 kg/m ²)	1333 (22.93)	6043 (19.15)		
Overweight (25.0-29.9 kg/m ²)	1581 (27.20)	8630 (27.34)		
Obese (≥30 kg/m ²)	2714 (46.69)	16,183 (51.28)		

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