EGE322 Iot System Project Project Presentation

Development of Smart Home Automation

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Introduction



Theme

Preventive Healthcare Measures for Malnutrition

Problem

Despite the increasing awareness of the importance of nutrition, modern lifestyles often lead to imbalanced diets, contributing to malnutrition and related health issues. Traditional methods of diet tracking and management are time-consuming and often lack accuracy, hindering proactive healthcare.

Objective

The primary objective of the smart cabinet is to enhance preventive healthcare measures for malnutrition by providing comprehensive visibility into an individual's dietary habits and health data. This system aims to support better diagnosis and prognosis by offering doctors detailed and accurate information about a patient's daily health and lifestyle. Additionally, it seeks to promote healthy eating habits through personalised recommendations and automated inventory management.

Integration with Healthcare Providers

The smart cabinet's ability to gather and send detailed nutrient consumption reports and health data to doctors bridges the gap between daily habits and medical advice. This integration supports preventive healthcare by enabling doctors to offer more precise recommendations based on accurate, real-time data.



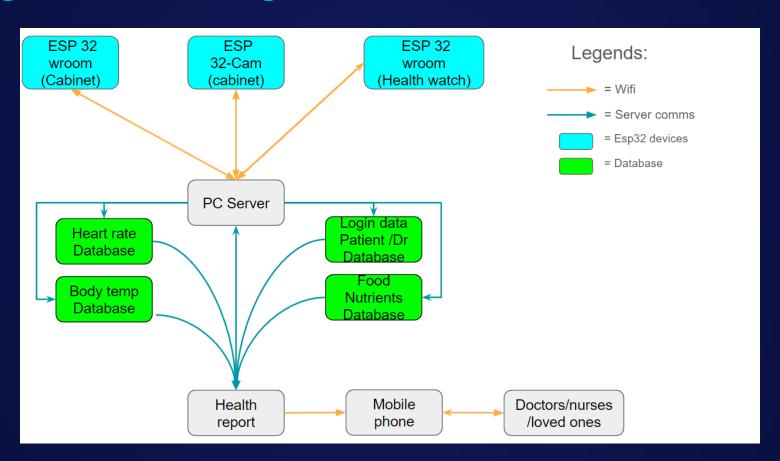
Sub-Objective

- Automate Inventory Management
 - Al-powered Image Recognition: Automatically identifies and catalogs food items.
 - Live Feed and User Interface: Provides a real-time view of the cabinet's contents through an app or web dashboard.
- Impact: Streamlines grocery management, reduces food waste and ensures the family always has fresh and nutritious options.
- Quality of Life (QOL) Changes
 - Promote Healthy Eating: Personalized recipe suggestions and tailored recommendations help the family make healthier food choices.
 - Track and Analyze Eating Habits: Provides insights into dietary patterns, helping users make informed decisions about their diet.
- Impact: Enhances the overall quality of life by making it easier to maintain a healthy diet, ultimately leading to better health outcomes.





System Block Diagram



Project Description

The IoT-enabled smart cabinet is a novel solution designed to address the challenges of maintaining a healthy diet. By combining AI, IoT, and sensor technology, the cabinet provides real-time insights into food consumption, nutritional intake, and overall health. It offers personalized recommendations, automates inventory management, and integrates with healthcare providers to facilitate preventive healthcare.

Project Objective

Enhance preventive healthcare measures for malnutrition through comprehensive dietary monitoring and analysis.

Provide personalized nutrition recommendations to promote healthy eating habits.

Automate inventory management to reduce food waste and ensure access to fresh, nutritious food.

Integrate with healthcare providers to enable better diagnosis and treatment.

Features

1. Habit Tracker

- ESP32 Cam(core): Captures images of food items placed in the cabinet, enabling Al-powered image recognition to identify and catalogue these items.
- Weight Sensor(core): Tracks the amount of food consumed, providing data on eating habits and portion control.

Role: By tracking what and how much food is consumed, the habit tracker helps identify nutritional patterns and deficiencies. This data is crucial for providing personalized health recommendations and alerts.

Features

2. Nutrition Facts and Craving Detector

- 1. Craving Detector: Analyzes the lack of vitamins in the blood, alerting users to potential nutrient deficiencies.
- 2. Nutrient Deficit Alert(core): Sends notifications when the diet lacks essential nutrients.

Role: These features ensure that the family maintains a balanced diet, addressing any deficiencies promptly to prevent malnutrition and related health issues.

Features

3. Health Data Gatherer

- 1. Sensors (Temperature, Humidity, Heart Rate)(core): Collect vital health data from individuals.
- 2. Logistics: Tracks and logs the use of items from the cabinet, maintaining an accurate inventory.

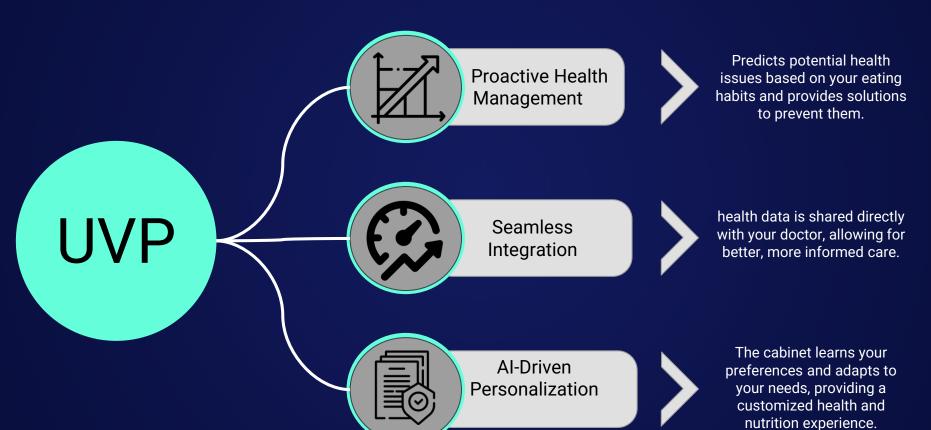
Role: Gathering comprehensive health data allows for better understanding and monitoring of each family member's health, aiding doctors in making more informed diagnoses and recommendations.

Extra Features

- 1. Auto Locks: Restricts access to pest and other things allowing the food inside to have a longer shelf life
- 2. Phone Access and Knock Knock Feature: Allows users to see inside the cabinet via touch or phone, enhancing convenience and preserving the internal environment.

Role: These features ensure that the family follows healthy eating habits and schedules, reducing the risk of overeating or consuming unhealthy snacks.

Our System Uniqueness

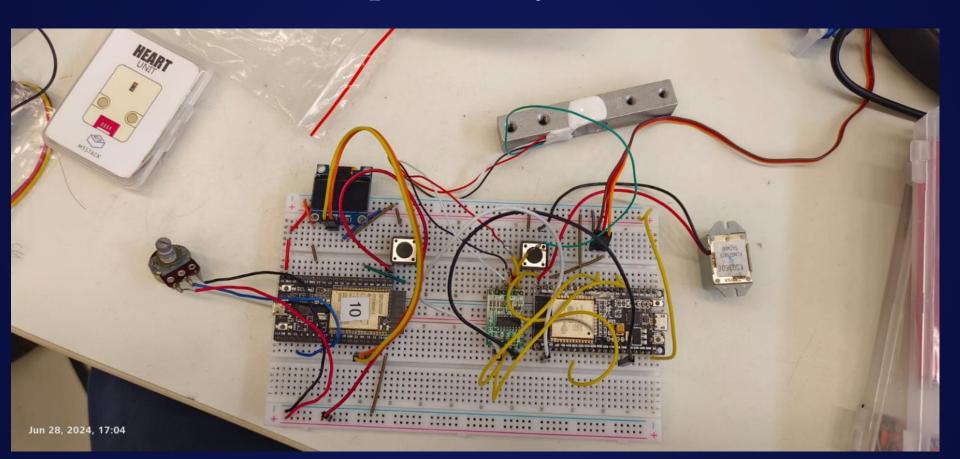




Our prototype



First Proof of concept circuitry



Prototype 1 (Cabinet)

Used a shoebox:

- cut out a hole to mount the esp32 cam
- Initially used UV light strips
- The Light strips are powered by a 12V power supply

Decided against this because:

- space constraint
- visually unappealing





Initial (Cabinet)

Created a mount for the esp32 cam and place it there to take image





Build the box

 Connected everything to check if the concept works



Improved (Cabinet)

- We realise insufficient light was hitting the esp32 cam we added a led ceiling ring like to the top.
- We mounted the Esp32 cam using hot glue gun after finding the optimal spot for the fov to capture the whole box

 We cleaned up the wiring and did a bit of rewiring and cable management

Final (Cabinet)

- We added black foam to reduce the amount of light bouncing into the camera causing it the image to be over exposed
- Created a base for the box so that the components can be hid under and also to allow the load cell to work better

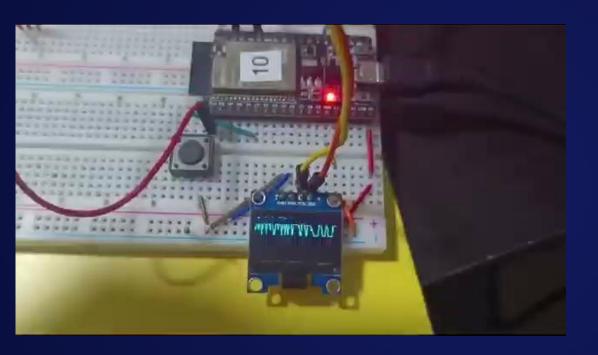
Internal View



External View



smartwatch



3d model

This shows the UI of the watch at it initial stages

3D model made to fit all the components inside to make it a wearable.



Smart watch Hardware overview



Pulse sensor

The pulse sensor monitors the heartrate and biofeedback of the body measuring the change in volume of a blood vessel that occur when the heart pumps blood using an optical sensor and green LED.

The HR data is sent to the watch to be displayed in real time and sent which is also sent to the server



Ncir sensor

NCIR is a single-point infrared temperature sensor that detects temperature by measuring the infrared radiation emitted with a temperature measurement range of -70°C to +380°C.

The HR data is sent to the watch to be displayed in real time and sent which is also sent to the server



Oled

The organic light-emitting diode (OLED) display is a mono color, 0.96-inch display with 128×64 pixels

It is used to display all the health data (Heart rate, body temperature) and other health reports and alerts

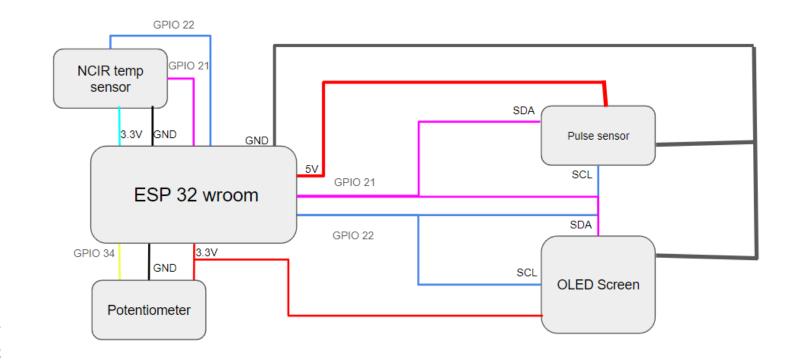
Smart watch Hardware overview





The potentiometer is used to control the smart watch by allowing it to turn the page and showing hovering over the item it wants to select

The button allows the watch to wake and sleep and also works with the potentiometer to select functions in the watch to display such as the heart rate and the health report



Legends:

____ = SCL

____ = SDA

____ = VCC

____ = GND

= Analog input

__ = digital input

Hardware overview (cabinet)







ESP32-CAM is a low-cost ESP32-based development board with onboard camera, small in size

It is used to take image of the inside of the cabinet to send to the server to run it through its yolo ML model to know the items in the cabinet The relay is used to turn on the Electrochromic glass in the cabinet so that when the touch sensor is activated it will turn on and let the user look into the cabinet

The Led strip is turn on when activated to increase the brightness in the cabinet so that it would be easier for the esp 32 cam to take photos of the items inside the cabinet

Hardware overview (cabinet)



The servo motor will be used to open the door, when prompt it will open or close the locking mechanism allowing the door to be open.



Toggles the servo motor to open and close the door of the cabinet



Electrochromic glass

Electrochromic glass changes its light transmittance only when triggered by an electrical signal

It turns transparent when activated by the touch sensor

Hardware overview (cabinet)

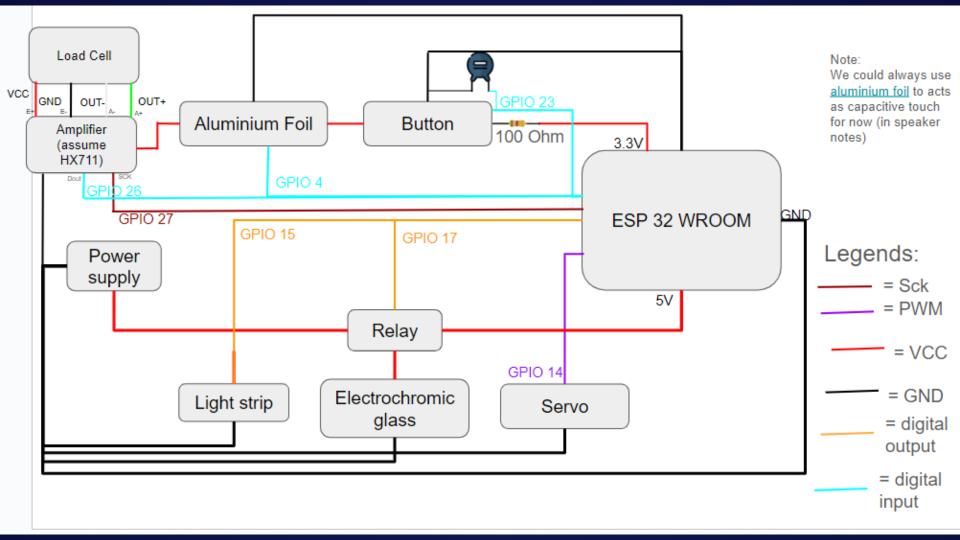


It was self made by us by adding a large piece of aluminium foil where when it is touched it sends a signal to the esp32 to turn the electrochromic glass transparent



The load cell measures mechanical force, mainly the weight of objects. Connected to HX711 a precision 24-bit analog-to-digital converter (ADC).

It is used to track the amount of weight of the items in the box to track the amount of food ate by the user





Software Overview



Smart health watch

Libraries(OLED)

```
# MicroPython SSD1306 OLED driver, I2C and SPI interfaces
from micropython import const
import framebuf
SET CONTRAST = const(0x81)
SET ENTIRE ON = const(@xA4)
SET_NORM_INV = const(0xA6)
SET_DISP = const(@xAE)
SET MEM ADDR = const(0x20)
SET COL ADDR = const(0x21)
SET_PAGE_ADDR = const(@x22)
SET_DISP_START_LINE = const(0x40)
SET SEG REMAP = const(@xA@)
SET_MUX_RATIO = const(@xA8)
SET_COM_OUT_DIR = const(0xC0)
SET DISP OFFSET = const(0xD3)
SET_COM_PIN_CFG = const(@xDA)
SET DISP CLK DIV = const(0x05)
SET PRECHARGE = const(@xD9)
SET VCOM DESEL = const(0x08)
SET_CHARGE_PUMP = const(@x8D)
class SSD1306(framebuf.FrameBuffer):
   def init (self, width, height, external vcc):
        self.width = width
        self.height = height
        self.external vcc = external vcc
        self.pages = self.height // 8
        self.buffer = bytearray(self.pages * self.width)
        super(). init (self.buffer, self.width, self.height, framebuf.MONO VLSB)
        self.init_display()
    def init display(self):
        for cmd in (
           SET DISP | 0x00, # off
            SET_MEM_ADDR,
            0x00, # horizontal
            # resolution and layout
            SET DISP START LINE | 0x00,
            SET_SEG_REMAP | 0x01, # column addr 127 mapped to SEG0
            SET MUX RATIO.
            self.height - 1,
            SET_COM_OUT_DIR | 0x08, # scan from COM[N] to COM0
            SET_DISP_OFFSET,
            0x02 if self.width > 2 * self.height else 0x12,
           # timing and driving scheme
            SET_DISP_CLK_DIV,
            0x80.
            SET PRECHARGE.
            0x22 if self.external_vcc else 0xF1,
            SET_VCOM_DESEL,
            0x30, # 0.83*Vcc
            SET CONTRAST.
```

```
SET_CONTRAST,
            Oxff, # maximum
            SET ENTIRE ON, # output follows AVA contents
            SET NORM INV. # not inverted
            SET CHARGE PUMP.
            0x10 if self.external vcc else 0x14,
            SET DISP | 0x01,
            self.write_cmd(cmd)
        self.fill(0)
        self.show()
    def poweroff(self):
        self.write_cmd(SET_DISP | 0x00)
    def poweron(self):
        self.write cmd(SET DISP | 0x01)
    def contrast(self, contrast):
        self.write_cmd(SET_CONTRAST)
        self.write_cmd(contrast)
    def invert(self, invert):
        self.write_cmd(SET_NORM_INV | (invert & 1))
    def show(self):
        x1 = self.width - 1
        if calf width -- 64:
            x0 += 32
            x1 += 32
        self.write_cmd(SET_COL_ADDR)
        self.write cmd(x0)
        self.write cmd(x1)
        self.write cmd(SET_PAGE_ADDR)
        self.write cmd(0)
        self.write_cmd(self.pages - 1)
        self.write data(self.buffer)
class $501306 I2C($501306):
    def __init__(self, width, height, i2c, addr=0x3C, external_vcc=False):
        self.12c = 12c
        self.addr = addr
        self.temp = bytearray(2)
        self.write list = [b"\x48", None] # Co=0, 5/CF=1
        super(). init (width, height, external vcc)
        self.temp[0] = 0x80 # Co=1, D/C0=0
        self.temp[1] = cmd
        self.i2c.writeto(self.addr, self.temp)
    def write data(self, buf):
        self.write_list[1] = buf
        self.i2c.writevto(self.addr, self.write list)
class SSD1306 SPI(SSD1306):
    def __init__(self, width, height, spi, dc, res, cs, external_vcc=false):
        self.rate = 10 * 1824 * 1824
        dc.init(dc.OUT, value=0)
        res.init(res.OUT, value=0)
       cs.init(cs.OUT, value=1)
        self.spi = spi
        salf.dc = dc
        self.res = res
        self.cs = cs
        import time
        self.res(1)
        time.sleep ms(1)
        self.res(0)
        time.sleep_ms(10)
        self.res(1)
        super().__init__(width, height, external_vcc)
    def write_cmd(self, cmd):
        self.spi.init(baudrate-self.rate, polarity-0, phase-0)
        self.cs(1)
        self.dc(0)
        self.cs(a)
```

A module that I imported so i can run my oled display from the main file

```
from utime import sleep_us, time
 from machine import Pin
from micropython import const
class HX711Exception(Exception):
class InvalidMode(HX711Exception):
class DeviceIsNotReady(HX711Exception):
class HX711(object):
    Micropython driver for Avia Semiconductor's HX711
    24-Bit Analog-to-Digital Converter
    CHANNEL A 128 = const(1)
    CHANNEL A 64 * const(3)
    CHANNEL B 32 = const(2)
    DATA_BITS = const(24)
    MAX VALUE = const(0x7fffff)
    MIN VALUE = const(0x8000008)
    READY TIMEOUT SEC = const(5)
    SLEEP_DELAY_USEC = const(80)
    def __init__(self, d_out: int, pd_sck: int, channel: int = CHWWEL_A_128):
        self.d out pin * Pin(d out, Pin.IN)
        self.pd_sck_pin = Pin(pd_sck, Pin.OUT, value=0)
        self.channel = channel
    def __repr__(self):
        return "HX711 on channel %s, gain-%s" % self, channel
    def _convert from twos complement(self, value: int) -> int:
        Converts a given integer from the two's complement format.
        if value & (1 << (self.DATA_BITS - 1)):
            value -= 1 << self.DATA_BITS
        return value
    def set channel(self):
        Input and gain selection is controlled by the
        number of the input PD SCK pulses
        3 pulses for Channel A with gain 64
        2 pulses for Channel B with gain 32
        1 pulse for Channel A with gain 128
        for i in range(self._channel):
            self.pd_sck_pin.value(1)
            self.pd_sck_pin.value(0)
    def_wait(self):
        If the HX711 is not ready within READY TIMEOUT SEC
        the DeviceIsNotReady exception will be thrown.
        t0 + time()
        while not self.is ready():
            if time() - t0 > self.READY TIMEOUT SEC:
               raise DeviceIsNotReady()
    def channel(self) -> tuple:
        Get current input channel in a form
        of a tuple (Channel, Gain)
        if self._channel == self.OWWEL_A_128:
           return 'A', 128
        if self._channel == self.OWNNEL_A_64:
           return 'A', 64
        if self. channel ** self.CHANNEL B 32:
```

Libraries(HX711)

```
@channel.setter
def channel(self, value):
   Set input channel
   HX711.OWWWEL_A_128 - Channel A with gain 128
   HX711.CHAMMEL A 64 - Channel A with gain 64
   HX711.CHWWEL B 32 - Channel B with gain 32
   if value not in (self.OWWNEL_A_128, self.OWWNEL_A_64, self.OWWNEL_B_32):
       raise InvalidMode('Gain should be one of HX711.CHANNEL_A_128, HX711.CHANNEL_A_64, HX711.CHANNEL_B_32')
       self._channel = value
   if not self.is_ready():
       self._wait()
   for i in range(self,DATA BITS):
       self.pd_sck_pin.value(1)
       self.pd sck pin.value(0)
   self._set_channel()
def is_ready(self) -> bool:
   When output data is not ready for retrieval.
   digital output pin DOUT is high.
   return self.d_out_pin.value() == 0
def power_off(self):
   When PD_SCK pin changes from low to high
   and stays at high for longer than 60 us ,
   HX711 enters power down mode.
   self.pd sck pin.value(8)
   self.pd_sck_pin.value(1)
   sleep us(self.SLEEP_DELAY_USEC)
def power_on(self):
   When PD SCK returns to low, HX711 will reset
   and enter normal operation mode.
   self.pd_sck_pin.value(8)
   self.channel = self._channel
def read(self, ramfalse):
   Read current value for current channel with current gain.
   if raw is True, the HOC711 output will not be converted
   from two's complement format,
   if not self.is ready():
       self._wmit()
   raw data = 0
   for 1 in range(self.DATA BITS):
       self.pd sck pin.value(1)
       self.pd_sck_pin.value(8)
       raw data = raw data << 1 | self.d out pin.value()
   self._set_channel()
       return raw data
       return self._convert_from_twos_complement(raw_data)
```

A module that I imported so i can access the data being sent from the load cell to the HX711 to the main file

Libraries(NCIR/MLX90614)

```
import ustruct
    def read16(self, register):
       data = self.i2c.readfrom_mem(self.address, register, 2)
       return ustruct.unpack('<H', data)[0]
    def read temp(self, register):
        temp = self.read16(register);
       # apply measurement resolution (0.02 degrees per LSB)
       temp -= 273.15;
       return temp;
    def read_ambient_temp(self):
    return self.read_temp(self._REGISTER_TA)
    def read_object_temp(self):
     return self.read_temp(self._REGISTER_TOB31)
    def read object2 temp(self):
       if self, dual zone:
           return self, read temp(self, REGISTER TOBJ2)
          raise RuntimeError("Device only has one thermopile")
    def ambient temp(self):
    return self.read ambient temp()
    def object_temp(self):
     return self.read_object_temp()
    def object2 temp(self):
     return self.read_object2_temp()
class MLX90614(SensorBase):
    REGISTER TA = 0x06
    REGISTER_TOB31 = 0x07
    _REGISTER_TOBJ2 = 0x08
    def __init__(self, i2c, address=0x5a):
       self.i2c = i2c
        self.address = address
        _config1 = i2c.readfrom_mem(address, 0x25, 2)
        _dz = ustruct.unpack('<H', _config1)[0] & (1<<6)
       self.dual_zone = True if _dz else False
class MLX90615(SensorBase):
    REGISTER TA = 0x26
    REGISTER_TOB31 = 0x27
    def __init (self, i2c, address=0x5b):
        self.i2c = i2c
        self.address = address
        self.dual_zone = False
```

A module that I imported so i can access the data being sent by the NCIR sensor from the main file

TEMP(Temperature)

```
from machine import Pin, PWM, I2C, Timer, ADC
from time import sleep
import ssd1306
import HR
import TEMP
import framebuf
temp_data = [
                    @b00000011, @b000000000
                    0000000100, 0010011000,
                    0500000100, 0510000000,
                    @b00000100, @b10010000,
                    0500000100, 0510011100,
                    0500000100, 0510000000,
                    ebecce1000, ebc1000000
                    85001800000, 8500018000,
                    @b00100000, @b00010000,
                    0500010000, 05001000000,
                    abassalasa, abalassasa,
                    @b00000111, @b10000000
def TEMP(display, button_pin, temp):
            display.fill(8)
            buffer = bytearray(temp_data)
            fb = framebuf.FrameBuffer(buffer, 16, 20, framebuf.MCMO_HLS8)
            display.blit(fb, 49, 17) # Adjust coordinates as needed for centering
            temperature = temp.read_object_temp()
            display.text("{:.2f}C".format(temperature), 52, 47, 1)
            display.show()
            sleep(1)
```

Initialization:

- a. Imports libraries.
- Sets up pins for button, display communication (likely I2C), etc. (not shown).

Heart Rate:

a. HR module likely handles pulse sensor reading, peak detection, and BPM calculation (details not shown here).

• Temperature:

- a. TEMP module likely reads the temperature sensor.
- b. TEMP function displays a custom temperature icon on the OLED using framebuf.
- It then reads the temperature and displays it with two decimal places.

Display Updates:

- The code likely calls functions from HR and TEMP to retrieve heart rate and temperature values.
- It refreshes the display with the heart rate (potentially using a separate function) and temperature using the TEMP function shown.

Libraries(Pulse sensor)

```
from machine import Pin, ADC
from time import sleep, ticks ms, ticks diff
  def _init_(self, adc_pin=34, led_pin=2, low_threshold=1800, high_threshold=1900, smoothing_window_size=5, bpm_estimation_interval=15):
       self.adc = ADC(Pin(adc_pin))
        self.adc.atten(ADC.ATTN_11DB)
        self.led = Pin(led pin, Pin.OUT)
        self.low threshold = low threshold
       self.high threshold = high threshold
       self.previous_signal = 8
        self.peak detected = False
        self.last_peak_time = 0
       self.peak times = []
        self.bpm_estimation_interval = bpm_estimation_interval =
        self.peak_count = 0
       self.start_time = time.ticks_ms()
        self.Q = 0.1 # Process noise covertance
        self.8 = 0.1 # Measurement noise covariance
       self,K = 0.0 # Kalman gain
        self.smoothing window_size = smoothing window_size
        self.signal_window = []
        self.start time = time.ticks ms()
        self.use 15sec method - False
   def kalman filter(self, value):
       self.P = self.P + self.Q
self.K = self.P / (self.P + self.M)
        self.X = self.X + self.K * (value - self.X)
        self.P = (1 - self.K) * self.P
        return self.x
   def smooth signal(self, signal):
        self.signal_window.append(signal)
       if len(self.signal window) > self.smoothing window size:
           self.signal window.pop(0)
        return sum(self.signal_window) / len(self.signal_window)
   def detect peaks and calculate bom(self):
       current signal = self.read sensor() # Read the PulseSensor's value
        smoothed_signal = self.smooth_signal(current_signal) # Smooth the signal
       filtered_signal = self.kalman_filter(smoothed_signal) # Apply Eklman filter
       if self.low threshold < filtered_signal < self.high_threshold:
           if filtered_signal > self.previous_signal:
               self.peak detected = True
           elif filtered signal < self.previous signal and self.peak detected:
                current time = time.ticks ms()
               if time.ticks_diff(current_time, self.last_peak_time) > 300: # Minimum interval to avoid noise
                   self.last neak time a current time
                    self.peak_times.append(current_time)
                   self.peak times = [t for t in self.peak times if time.ticks_diff(current time, t) <= self.bpm_estimation_interval * 1000]
                   if len(self.peak times) > 1:
                        intervals = [time.ticks.diff(self.peak_times[i], self.peak_times[i - 1]) for i in range(i, len(self.peak_times))]
                        avg interval = sum(intervals) / len(intervals)
                       estimated hom . (2000) / avg interval
```

```
self.led.on() # Turn on LED for a heartheat
               print(f"Heartbeat detected, estimated BPM: (estimated_bpm:.2f)")
            self.peak detected = False
            self.led.off() # furn off LED if no heartheat is detected
        self.peak detected = False
        self.led.off() # Turn off LED if signal is out of range
    self.previous signal = filtered signal
   return estimated bom
def calculate bom over 15sec(self):
    self.start_time = time.ticks_ms()
    self.peak count = 0
    while time.ticks_diff(time.ticks_ms(), self.start_time) < 15000:
        current_signal = self.read_sensor() # Head the PulseSensor's value
        smoothed signal = self.smooth signal(current signal) # Soooth the signal
        filtered signal * self.kalman filter(smoothed signal) # Apply Kalman filter
       if self.low_threshold < filtered_signal < self.high_threshold:
           if filtered signal > self.previous signal:
                self.peak detected = True
           elif filtered signal < self.previous signal and self.peak_detected:
               self.peak_detected = False
               self.peak count ** 1
               self.led.on() # Turm on LED for a heartbest
               print("Heartbeat detected")
               self.led.off() # Turm off LED if no heartheat is detected
            self.peak detected = False
           self.led.off() # Turn off LED if signal is out of range
       # Update previous stamp?
        self.previous_signal = filtered_signal
       print(filtered signal)
       time.sleep ms(50)
    bpm = self.peak_count * 4 # Calculate BPM hased on peaks counted
    print(f"BPM: {bpm}")
    return bom
```

This is a Custom made library, made by us to get the data from the pulse sensor and access it from the main file

HR (Heart rate)

```
from machine import Pin, I2C, ADC
   import ssd1306
   import time
   from pulse sensor import PulseSensor
   button pin = Pin(25, Pin.IN, Pin.PULL UP)
   adc + ADC(Pin(34))
   adc.atten(ADC.ATTN 1108) # Set the attenuation to read a wider range of voltages
   TOTAL BEATS = 30
   HEART = [
       [0, 0, 0, 0, 0, 0, 0, 0, 0],
       [8, 1, 1, 0, 0, 0, 1, 1, 0],
       [1, 1, 1, 1, 0, 1, 1, 1, 1],
       [1, 1, 1, 1, 1, 1, 1, 1, 1],
       [1, 1, 1, 1, 1, 1, 1, 1, 1],
       [8, 1, 1, 1, 1, 1, 1, 1, 9],
       [0, 0, 1, 1, 1, 1, 1, 0, 0],
       [0, 0, 0, 1, 1, 1, 0, 0, 0],
       [0, 0, 0, 0, 1, 0, 0, 0, 0],
last_y = 0
   def refresh(bpm, beat, v, minima, maxima, display):
       global last y
       display.vline(0, 0, 64, 0)
       display.scroll(-1, 0) # Scroll left 1 pixel
       if maxima - minima > 0 and 1800 cm v cm 1900;
           # Draw best line with larger scaling for visibility.
           y = 80 - int(100 * (v - minima) / (maxima - minima)) # Adjust the scaling factor for better visibility
           display.line(125, last y, 126, y, 1)
           last y = y
       display, fill rect(0, 0, 128, 16, 0) # Clear the top test area
           display.text("%d bpm" % bpm, 12, 0)
       W Draw heart 14 besting.
       if beat:
           for y, row in enumerate(HEART):
               for x, c in enumerate(row):
                   display.pixel(x, y, c)
       display.show()
```

1. Pin Configuration:

- button_pin: Input pin for the button with pull-up resistor (active when not pressed).
- adc: Instance for analog-to-digital conversion (reading sensor voltage).
- adc.atten(ADC.ATTN_11DB): Adjusts voltage reading range for better sensor compatibility.

2. Constants:

- MAX_HISTORY: Maximum number of recent sensor readings to store (e.g., 200).
- TOTAL_BEATS: Maximum number of recent heartbeats to track (e.g., 30).

3. Heartbeat Visualization (HEART):

 Predefined pattern representing a heartbeat displayed on the screen.

4. refresh Function (Display Update):

- Clears the display area and scrolls content left for animation.
- Heartbeat Line (if detected):
 - Calculates a scaled position based on voltage for visualization.
 - Draws a line representing the heartbeat.
- Heart Rate Text: Displays calculated heart rate if available.
- Heartbeat Animation (if detected):
 - Iterates through the HEART pattern to draw pixels and create the animation.
- Updates the display with all drawn elements.

HR (Heart rate)

```
def HR(display,button pin):
         history = []
         beats = []
         beat = False
         bpm = None
         last valid bpm = 60
60
         Hr sensor = PulseSensor()
61
62
         while True:
63
             button state = button pin.value()
             if button state == 1:
                 bpm = Hr sensor.detect peaks and calculate bpm()
                 v = Hr sensor.read sensor()
                 raw_data = adc.read()
                 history.append(raw data)
                 # Get the tail, up to MAX HISTORY length
                 history = history[-MAX_HISTORY:]
                 minima, maxima = 1700, 2000
                 if bpm > 0:
                     beat = True
                     beats.append(time.time())
                     # Truncate beats gueue to max
                     beats = beats[-TOTAL_BEATS:]
                     last valid bpm = bpm # Update last valid BPM
89
81
                 else:
                     beat = False
                     bpm = last valid bpm # Use last valid BPM if current BPM is zero
84
85
                 refresh(bpm, beat, v, minima, maxima, display)
86
87
             elif button state == 0:
                 break
89
```

The code is designed to measure and display heart rate using a pulse sensor.

Here's how it works.

- Data Collection: It continuously reads data from the pulse sensor and stores recent readings.
- **2. Heartbeat Detection:** It analyzes the sensor data to identify peaks, which represent heartbeats.
- 3. Heart Rate Calculation: It calculates the heart rate based on the time between detected heartbeats.
- 4. **Display Update:** It displays the calculated heart rate and other relevant information on a connected display.
- **5. Button Control:** The code waits for a button press to start or stop the heart rate measurement.

Page_1 (Homepage design)

This are the designs for the heart, thermometer, and health report

```
heart_data = [
   from machine import Pin, I2C
                                                                                         temp_data = [
   import ssd1306
                                                                                                             0b00000011, 0b00000000,
                                                  0b00000000, 0b00000000.
   import framebuf
                                                                                      49
                                                                                                             0b00000100, 0b10011000,
                                                  0b00000100, 0b00010000,
                                   31
   from time import sleep
                                                                                      50
                                                                                                             0b00000100, 0b10000000,
                                                  0b00001110, 0b00111000,
                                                                                      51
                                                                                                             0b00000100, 0b10011100,
                                                                                      52
                                                                                                             0b00000100, 0b10000000,
                                   33
                                                  0b00011111, 0b11111100,
                                                                                                             0b00000100, 0b10010000,
                                                  0b00111111, 0b11111110,
                                                                                      54
                                                                                                             0b00000100, 0b10000000,
9
   health = [
                                                  0b00111111, 0b11111110,
                                                                                                             0b00000100, 0b10011100,
          0b00000111, 0b11100000,
10
                                                                                      56
          0b00000111, 0b11100000,
                                                                                                             0b00000100, 0b10000000,
11
                                                  0b00111111, 0b111111100,
                                   36
12
          0b00000111, 0b11100000,
                                                                                      57
                                                                                                             0b00000100, 0b10011000,
                                   37
                                                  0b00011111, 0b11111000,
          0b00000111, 0b11100000,
                                                                                      58
                                                                                                             0b00000100, 0b10000000,
14
          0b00000111, 0b11100000,
                                                                                      59
                                                                                                             0b00001000, 0b01000000,
                                                  0b00001111, 0b11110000,
          0b11111111, 0b11111111,
                                                                                      60
                                                                                                             0b00010000, 0b00100000,
                                                  0b00000111, 0b11100000,
                                   39
16
          0b11111111, 0b111111111,
                                                                                      61
                                                                                                             0b00100000, 0b00010000,
17
          0b11111111, 0b11111111,
                                   40
                                                  0b00000011, 0b11000000,
                                                                                      62
                                                                                                             0b00100000, 0b00010000,
18
          0b11111111, 0b11111111,
                                                                                      63
                                                                                                             0b00100000, 0b00010000,
                                                  0b00000001, 0b10000000,
                                   41
19
          0b00000111, 0b11100000,
                                                                                      64
                                                                                                             0b00100000, 0b00010000,
20
          0b00000111, 0b11100000,
                                   42
                                                  0b00000000, 0b00000000,
                                                                                      65
21
                                                                                                             0b00010000, 0b00100000,
          0b00000111, 0b11100000,
22
          0b00000111, 0b11100000,
                                   43
                                                  0b00000000, 0b00000000.
                                                                                      66
                                                                                                             0b00001000, 0b01000000,
23
          0b00000111, 0b11100000,
                                                                                      67
                                                                                                             0b00000111, 0b10000000,
                                   44
                                                  0b00000000. 0b00000000.
24
          0b00000000, 0b00000000,
                                                                                      68
25
                                   45
                                                  0b00000000, 0b00000000.
          0b00000000, 0b00000000,
                                                                                      69
26
                                                                                      70
                                   46
27
```

Page_1 (Homepage design)

```
def select(rows,column,display):
        grid width = 2
        grid_height = 2
        cell size = 30
        cell spacing = 1
78
        selected row = rows # Initially select the top-left cell
        selected col = column
80
81
        # Calculate starting position
        start x = (display.width // 2) - ((grid width * cell size + (grid width - 1) * cell spacing) // 2)
        start y = (display.height // 2) - ((grid height * cell size + (grid height - 1) * cell spacing) // 2)
84
85
        while True:
            display.fill(0) # Clear the screen
            # Draw the Grid
            for row in range(grid height):
90
                for col in range(grid width):
                    x = start x + col * (cell size + cell spacing)
                    y = start y + row * (cell size + cell spacing)
                    if row == selected row and col == selected col:
                        display.fill rect(x, y, cell size, cell size, 1) # Filled for selected cell
                    else:
                        display.rect(x, y, cell_size, cell_size, 1) # Outline for other cells
            HR = bytearray(heart data)
            TEMP = bytearray(temp data)
            Health = bytearray(health)
100
            fbHR = framebuf.FrameBuffer(HR, 16, 16, framebuf.MONO_HLSB)
            fbTEMP = framebuf.FrameBuffer(TEMP, 16, 20, framebuf.MONO HLSB)
            fbHealth = framebuf.FrameBuffer(Health, 16, 16, framebuf.MONO_HLSB)
            display.blit(fbHR, 42,12)
            display.blit(fbTEMP, 75,8)
            display.blit(fbHealth, 42,41)
            display.show()
            break
```

Functionality: Presents a grid layout on the OLED display and allows selection of a cell using button presses (button handling likely not shown).

- **Grid Parameters:**
 - Number of rows and columns (rows, column likely received as arguments)
 - Cell size (cell_size)
 - Spacing between cells (cell_spacing)

Display Update Loop:

- Clears the screen.
- Draws the grid:
 - Iterates through rows and columns.
 - Calculates the position of each cell based on screen size and grid parameters.
 - o Draws a filled rectangle for the currently selected cell.
 - Otherwise, draws an outline for other cells.
- 3. Displays health icons (assuming heart_data, temp_data, and health are predefined byte arrays representing icon data):
 - Converts each bytearray to a framebuf. FrameBuffer object for efficient display.
 - "Blitz" (draws) each icon buffer onto the OLED display at specific coordinates.
- 4. Shows the updated display.

Main code (Initialisation/setup)

```
# Potentiometer setup
    pot pin = ADC(Pin(33))
14
15
    pot pin.atten(ADC.ATTN 11DB)
16
    pot pin.width(ADC.WIDTH 12BIT)
17
18
    # Button setup
    button pin = Pin(25, Pin.IN, Pin.PULL UP)
19
20
    # OLED setup
    i2c = I2C(sda=Pin(21), scl=Pin(22), freq=100000)
    display = ssd1306.SSD1306 I2C(128, 64, i2c)
    temp sensor = mlx.MLX90614(i2c)
25
    # Pulse Sensor setup
26
27
    Hr sensor = PulseSensor()
28
    temp sensor = mlx.MLX90614(i2c)
```

Potentiometer:

- Creates an ADC object (pot_pin) for reading analog values from pin 33.
- Sets the voltage attenuation to 11dB (ADC.ATTN_11DB) for better resolution at lower voltages.
- Sets the analog-to-digital conversion width to 12 bits (ADC.WIDTH_12BIT) for higher precision.

Button:

- Creates a Pin object (button_pin) for reading button state from pin 25.
- Sets the pin mode to input (Pin.IN) and enables a pull-up resistor (Pin.PULL_UP) to ensure a high default state.

OLED:

- Creates an I2C object (i2c) for communicating with the OLED display.
- Creates an SSD1306 object (display) to control the OLED display with a resolution of 128x64 pixels.
- Creates an MLX90614 object (temp_sensor) for reading temperature using the MLX90614 sensor.

Pulse Sensor:

 Creates a PulseSensor object (Hr_sensor) for measuring heart rate from the pulse sensor (implementation details might vary depending on the library).

Main code (WifiConect module)

```
31 # WLAN setup
   sta if = network.WLAN(network.STA IF)
   sta if.active(True)
   WIFI SSID = "MFDAB Wifi"
   WIFI PASS = "SANJEEV1303"
36
   # Socket Configuration
    SERVER IP = "192.168.18.2" # Server IP
    SERVER PORT = 5001 # Server Port
   s = None # Socket object
41
42 - def connect wifi():
43
        sta if.connect(WIFI SSID, WIFI PASS)
        while not sta if.isconnected():
44 -
45
            sleep(1)
        print('Connected to Wi-Fi with IP:', sta_if.ifconfig()[0])
46
```

This function establishes a Wi-Fi connection to the specified network.

- WLAN setup would activate the Wi-Fi interface (sta_if) and set the SSID and password for connection.
- Socket Configuration initializes variables for the server IP address, server port, and the socket object (s) which starts as None (not yet connected).
- Connects to the Wi-Fi network: Uses the sta_if.connect() method to initiate the connection using the provided SSID and password.
- 4. Waits for connection: Continuously checks if the connection is established using sta_if.isconnected(). If not, it waits for 1 second before checking again.
- Prints connection status: Once connected, it prints the device's IP address to the console for confirmation.

Main code (Server Communications)

```
49 - def server comms(s):
        while True:
50 -
51 •
            try:
52
                data = s.recv(1024) # < 8 = ok
                if data == b"bpm":
53 *
                    bpm value = Hr sensor.calculate bpm over 15sec()
54
                    temperature = temp sensor.read object temp() # Correct way to
55
                    s.send(f"{bpm value:.2f},bpm".encode("utf-8"))
56
57
                    s.send(f"{temperature:.2f},temp".encode("utf-8"))
            except OSError as e:
58 *
                print("Socket error:", e)
59
                # Handle the error as needed, e.g., reconnect or continue
60
```

This function handles communication with the server.

- 1. Continuous loop: Runs indefinitely to maintain a connection.
- 2. Receives data: Attempts to receive data from the server using s.recv(1024).
- 3. Checks for "bpm" command: If the received data is "bpm", it calculates the heart rate and temperature.
- 4. Sends data to server: Sends the calculated heart rate and temperature values to the server in a specific format.
- Error handling: If a socket error occurs, it prints an error message and likely handles the error (e.g., reconnecting).

Main code (Main loop)

```
62 - def main loop():
                                                    81 -
                                                                 elif pot value <= 3072:
63 ₹
        while True:
                                                    82
                                                                     page 1.select(0, 1)
            pot value = pot pin.read()
64
                                                    83 *
                                                                     if button state == 0:
            button state = button pin.value()
65
                                                                         sleep(0.2)
                                                    84
66
                                                    85 +
                                                                         while True:
            if pot value == 0:
67 -
                                                                             button state = button pin.value()
                                                    86
                page 1.select(3, 3)
68
                                                                             if button state == 1:
                                                    87 -
69
                                                                                  sleep(0.5)
                                                    88
            elif pot value <= 1024:
70 -
                                                                                 TEMP.TEMP(display, button pin, temp)
                                                    89
                page 1.select(0, 0)
71
                                                                                  continue
                                                    90
                if button state == 0:
72 -
                                                                             elif button state == 0:
                                                    91 -
                    sleep(0.5)
                                                                                  break
                                                    92
                    HR.HR(display, button pin)
74
                                                    93
                                                                         page 1.select(3, 3)
                    page 1.select(3, 3)
                                                    94
                                                                         sleep(1)
76
                    sleep(1)
                                                    95
77
                                                                 elif pot value <= 4096:
            elif pot value <= 2048:
                                                    96 *
78 -
                                                                     page 1.select(1, 1)
                                                    97
                page 1.select(1, 0)
79
                                                    98
80
```

This function is the main program loop that controls the device's behavior.

- Continuous loop: Runs indefinitely to keep the program running.
- 2. Reads potentiometer and button values: Reads the current values from the potentiometer and button.
- 3. Handles potentiometer value ranges: Based on the potentiometer value, it selects what information should be displayed on the OLED.
- 4. **Button handling:** If the button is pressed, it performs specific actions like starting heart rate measurement or displaying temperature.

Main code (Main Program)

```
# Start main loop and server communications
100
     connect wifi()
     s = socket.socket(socket.AF INET, socket.SOCK STREAM)
101
     s.connect((SERVER IP, SERVER PORT))
102
     print('Connected to server')
103
     s.send(b"new~wch")
104
105
     thread.start new thread(server comms, (s,))
106
     main loop()
107
```

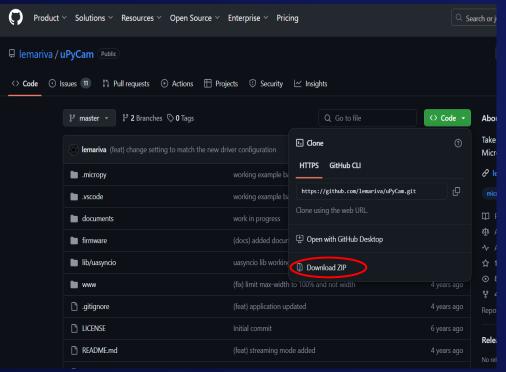
- Establishes Wi-Fi connection.
- Creates a TCP socket for server communication.
- Connects to the specified server.
- Sends an initial message to the server.
- Starts a new thread to handle server communication.
- Initiates the main program loop.

Cabinet



How to install Lemivara's firmware for esp32 cam (option 1)

1. Download the whole code

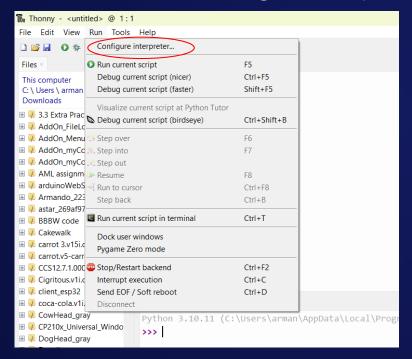


2. Unzip the folder

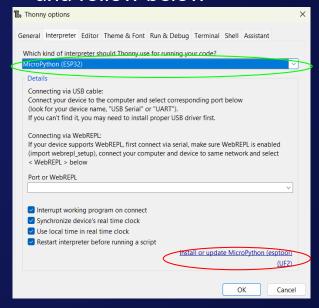


How to install Lemivara's firmware for esp32 cam (option 1)

3. Go to "Run" -> "Configure Interpreter.."

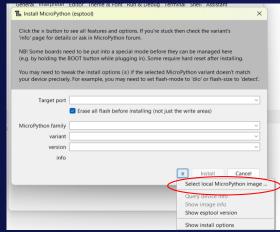


4. Select "Micropython (ESP32)" (green) and follow below



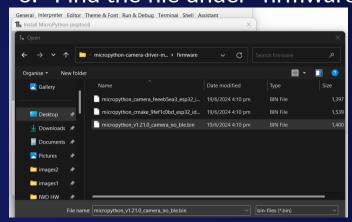
How to install Lemivara's firmware for esp32 cam (option 1)_{6.} Find the file under "firmware"

5. Find the icon and follow below



To check if your firmware is working check it with your serial monitor

any will do: Arduino IDE(assuming you have download the esp32 board driver before), Thonny or even putty (if you can configure)



Some people could use the firmware with the "_cmake_".

Note:

However, I only was successful in using the "camera_no_ble"

7. Press install



How to install Lemivara's firmware for esp32 cam (option 2)

```
esptool.py --chip esp32 --port /dev/ttyUSB0 erase_flash
esptool.py --chip esp32 --port /dev/ttyUSB0 write_flash -z 0x1000 micropython_camera_feeeb5ea3_esp32_id
```

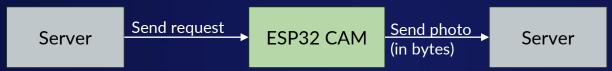
- Note: if this code run on your command prompt and gives you an error, you could always remove the "--port /dev/ttyUSBO" or "--port COM7"
- To check if your firmware is working check it with your serial monitor
 - o any will do: Arduino IDE(assuming you have download the esp32 board driver before), Thonny or even putty (if you can configure)

Context

Server always prompt the cabinet to do a task. The response to this could be:

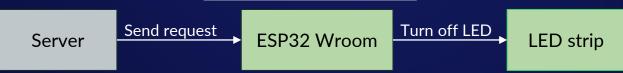
- Gather and send sensor information
 - E.g. Request for ESP32 Cam to take pictures

Sequence of events:



- Actuate an actuator
 - E.g. Turns off the LED strips

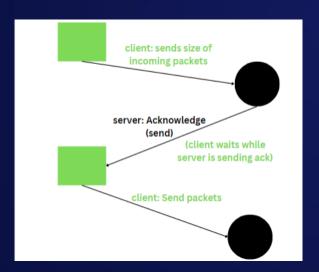
Sequence of events:



All devices here will follow the convention 1 of sending info from ESP32 to server

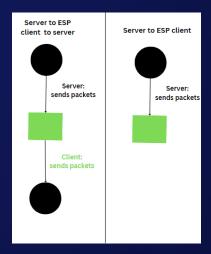
Sending info using sockets Convention 1

- Before sending message:
 - Send the size of the message to be sent
- After acknowledgement for size declaration:
 - Send the message to receiver



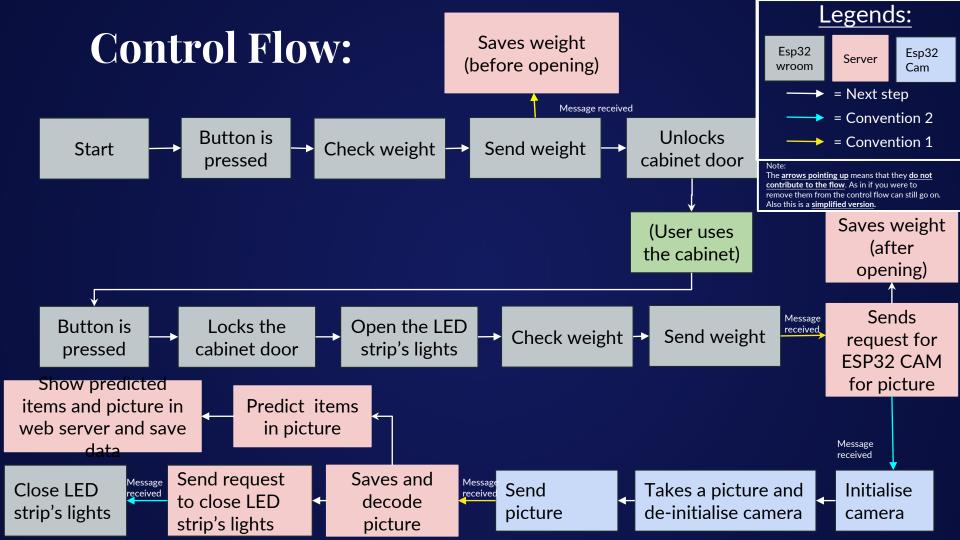
Convention 2

- Send the information from the transmitter to receiver
 - In the cabinet's case usually information are 4 characters long



Only using the server to ESP client (more details in assignment)

Only seen by Client to server (more details in assignment)



ESP32 CAM on Start

Initialise socket

```
client_socket = socket.socket()
client socket.connect((SERVER IP, SERVER PORT))
Makes a socket object with the address family of AF INET and of
SOCK STREAM socket type. Then connect to server
            while True:
                msg = client_socket.recv(35)
                print(msg)
                if b"id" in msg:
                    break
     Wait for server to recognise that a client has been connected.
             Over here the client waits for the request for id from
             server
   id_name = b"new~" + name.encode(('utf-8'))
   client socket.send(id name)
   print("confirm")
   while b"start" not in client socket.recv(32)
```

Sends the id it wants to be called on in the server side.

- Then wait until the server finishes registering the client
- More can be seen in the assignment

continue

Initialise Wifi

```
sta if = network.WLAN(network.STA IF)
                                                sta if.active(True)
                                    Make WLAN network interface that connects to Wifi's Access
                                    points and activate the station interface
                                         all wifi = sta if.scan()
                                             Scans for all available access
                                             points
                                     for wifi in all wifi:
                                           if WIFI SSID in wifi[0]:
       Repeat until we
                                              Check if from all the access points
       are connected
                                              they have the same ssid as the
while sta if.isconnected() != True:
                                              one we want to connect
                                  sta if.connect(WIFI SSID, WIFI PASS)
                                               Connect to the wifi's access point
                                               of the SSID we specified
```

 Ensure that we will always connect to wifi if the access point is available

ESP32 Wroom on Start

Initialise the pins according to the

```
Cliag Load Cell

Voc Geo. Gorn. Gorn.

Amplifier (assume IXX11)

GPIO 15

GPIO 17

Relay

Relay

GPIO 14

Light strip

Electrochromic

Servo
```

```
# sensor and actuator initialisers
weight_sens = HX711(dout=26, pd_sck=27) # PD_SCK = digital out, Dout = digital in
weight_sens.set_scale(10)
weight_sens.tare()
motor = PWM(Pin(14) , freq = 50)
btn = Pin(23 , Pin.IN) # external pullup, does work
led_pin = Pin(15 , Pin.OUT)
led_strip = neopixel.NeoPixel(led_pin, NO_OF_LED)
glass = Pin(17, Pin.OUT)
touch_pin = TouchPad(Pin(4))
```

Initialise the weight sensor readings

m , c = cali_weight(weight_sens , EMPTY_WEIGHT , CALI_WEIGHT)

init_weight = float(weight_sens.read_average(times = 50))

const weight = float(weight sens.read average(times = 50))

if start cali == "e":

if start cali == "c":

- On start, weigh the cabinet when its empty(128g) and when it has a predetermined weight(481g)
 - It reads the load cell for 50 times and give you the average of the weight
- Assuming the weight and load cell readings are linearly proportional
 - Find the gradient and y-intercept

```
m = (CALI_WEIGHT - EMPTY_WEIGHT)/(const_weight - init_weight)
c = init weight
```

Similarly to ESP32 CAM, initialise for socket and wifi

Button is pressed

btn.irq(trigger=Pin.IRQ_FALLING, handler=handle_interrupt)

- I set it as falling so even if you hold the button there will only be counted as 1
- Also, for Ux it feels better to press and immediately get to see results
 - Instead of lifting your finger from the button

For debounce and resistance against noise coupling

```
Check weight
```

*reads 50 times of the load cell and finds the average

Send weight

Convention<

Saves weight (before opening)

Unlocks cabinet door

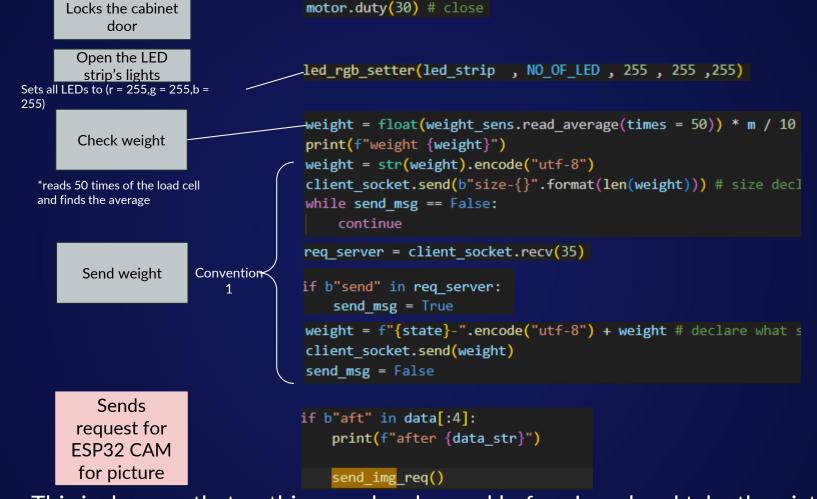
```
weight = float(weight_sens.read_average(times = 50)) * m / 10
print(f"weight {weight}")
weight = str(weight).encode("utf-8")
client_socket.send(b"size-{}".format(len(weight))) # size decl
while send_msg == False:
    continue
req server = client socket.recv(35)
```

if b"send" in req_server:
 send_msg = True

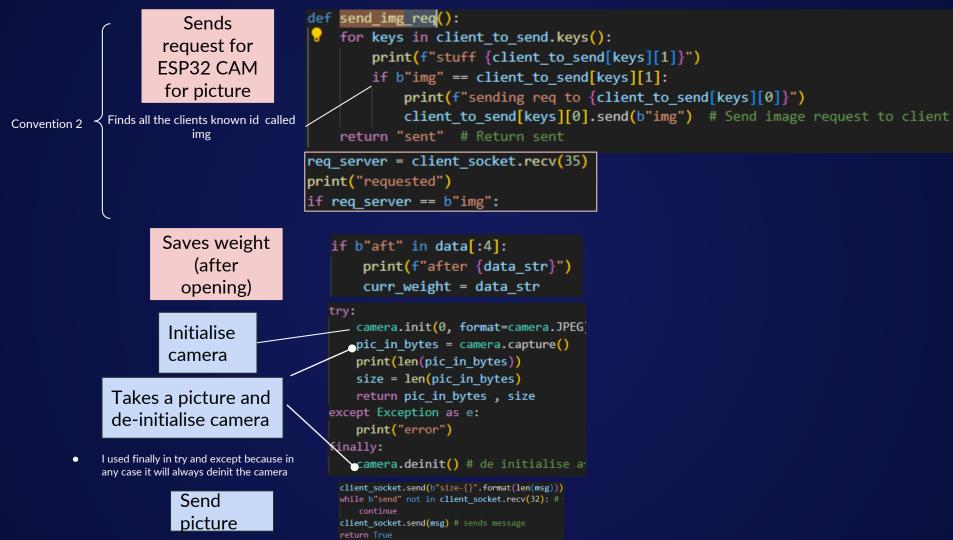
weight = f"{state}-".encode("utf-8") + weight # declare what s
client_socket.send(weight)
send msg = False

elif b"bfr" in data[:4]:
 print(f"before {data_str}")
 before_weight = data_str

motor.duty(80)# open



This is done so that nothing can be changed before I read and take the picture



```
Saves and decode picture
```

```
img = Image.open(io.BytesIO(data))
pic_name = '1.png'
pic_name = "/Users/Sanjeev/Desktop/IOT sys project/static/images/" + pic_name
```

We decided to overwrite our pictures after every receive

img.save(pic_name)

Send request to close LED strip's lights

Finds all the clients known id called img

Convention 2

```
for keys in client_to_send.keys():
    print(f"stuff {client_to_send[keys][1]}")
    if b"cab" == client_to_send[keys][1]:
        print(f"sending req to {client_to_send[keys][0]}")
        client_to_send[keys][0].send(b"lof") # Send LED off request to client
return "sent cab" # Return sent cab
```

Close LED strip's lights

```
Sets all LEDs to (r = 255,g = 255,b = 255)
```

Predict items in picture

Create Yolo object

For items that are predicted as x item for 60% or more confidence are outputted. The image size allowed is only 640. The images will then be annotated and

- saved in a runs/detect/predict Where is the amount of folders of predict there are e.g. under runs/detect/
 - predict predict2

predict3

I set it as:

- 0: nutella
- 1: pepsi

Get Each item's boxes

Find its classification

from the boxes object

and put it into a list

object.

2: pringles

As yolo's convention for labelling is numbers

Show predicted items and picture in web server and save data

Item object Add the items predicted into the "Item" table Save changes

Make all items into the

predict results = model.predict(image, imgsz = 640 , conf = 0.6 , save = True) for r in predict results:

boxes = r.boxes # Boxes object for bbox outputs predicted food = boxes.cls.tolist()

> all items["Nutella"] += 1 elif predicted food[i] == 1: all items["Pepsi"] += 1 elif predicted food[i] == 2: all items["Pringles"] += 1

with app.app context():

if predicted food[i] == 0:

model = YOLO(model path) # Load the YOLO model

Item.querv.delete() for i in item: new item = Item(name= i,quantity = item[i]) db.session.add(new item) db.session.commit()

Show predicted items and picture in web server and save

To show image on the webpage

Query the whole Item table and put it into jinja's arguments

Loops through all the items and find its item name and quantity

Update the items in the html using jinja

Dashboard/Website



IOT SYSTEM Project

	Users	Doctors
Email		
1		
User N	Name	
2		
Passw	ord .	
32 •		
		Forgot password

LOGIN PAGE

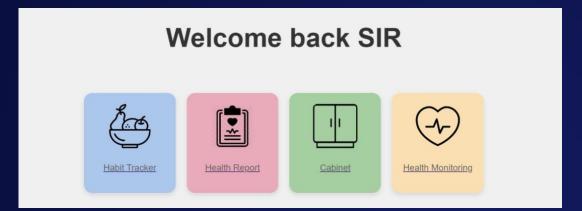
IOT SYSTEM Project

Users	Doctors	
Dr_ID		
Dr_ID		
Dr_name		
Dr_name		
Dr_IC		
Dr_IC		
TwoFA		
TwoFA		
	Forgot password?	
Sign		

Data Sheet

Time	Heart Rate (HR)	Temperature (Temp)
11 Jul 08:49:58	44.00	23.11
11 Jul 08:50:28	44.00	23.11
11 Jul 08:51:03	28.00	23.11
11 Jul 08:51:33	52.00	23.11
11 Jul 08:52:08	48.00	23.11
11 Jul 08:52:38	48.00	23.11
11 Jul 08:53:13	48.00	23.11
11 Jul 08:53:48	56.00	23.11
11 Jul 09:04:11	88.00	23.11
11 Jul 09:04:41	60.00	23.11
11 Jul 09:05:11	152.00	23.11
11 Jul 11:21:01	8.00	23.11

Home page



This is the main page
where it links to the the
Health monitor,
Cabinet, Health Report
and Habit tracker to get
more info on each
category

Habit Tracker

The habit tracker analyses and track the nutrients you have eaten based on the data from the cabinet and the smart watch

Health Report

The health report helps you view your health report from the hospital and allows you to send health comments to the doctor

Cabinet

The Cabinet allows you to view the items in the cabinet via your phone such that it would allow easier logistics as you do not need to remember the items in the cabinet

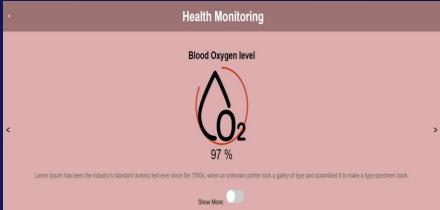
Health monitoring

The Health monitoring helps track the smart watch users health data like heart rate, blood glucose,blood oxygen meter, and body temperature in real time and also within a range of a week

Health Monitoring page

Tracks the real time health data and updates the round progress bar around the icons to show a sense of healthiness which is based on a range for a healthy person









Health Monitoring data

Displayed health data from over the past 7 days (week) so that it is easier to detect any abnormalities in the health data.

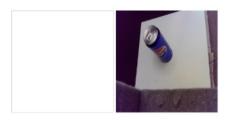








Cabinet Items



Cabinet Items:

Nutella: 0

Pepsi: 1

Pringles: 0

Lorem Ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book.

Health Report

helps you view your health report from the hospital and allows you to send health comments to the doctor

Health Report



view Report in PDF



Share with you doctor



Doctor's Note

Health Report viewer

This page shows your health report stats all your medical report details and the comments and suggestions from the doctor to improve your daily lifestyle habits

Health Report

Blood Test Results

Total Cholesterol	1
Triglyceride	2
HDL-C	1
LDL	2
ChovHDL	1
Billirubin	2
ALT	1
AST	2
ALP	1
Golbulin	2
Protein	1
Albumin	21
Creatinine	1
Potassium	2
eGFR	3
HbAtc	4

Doctor's Advice

Cardiovascular: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness to strike. Let's build a personalized plan together. Together, we can cultivate a vibrant youl Diet: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness to strike. Let's build a personalized plan together. Together, we can cultivate a vibrant youl Diet: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness to strike. Let's build a personalized plan together. Together, we can cultivate a vibrant youl Mental: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness to strike. Let's build a personalized plan together. Together, we can cultivate a vibrant youl Respiratory: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness to strike. Let's build a personalized plan together. Together, we can cultivate a vibrant youl Pigestive: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness to strike. Let's build a personalized plan together. Together, we can cultivate a vibrant youl Digestive: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness to strike. Let's build a personalized plan together. Together, we can cultivate a vibrant youl Immunizations: Listen to your body's whispers, not its shouts. Daily habits like regular sleep, healthy meals, and movement are the foundation of health. Don't wait for illness

Share with doctor

Allows the user to comment on their health so that the doctor can read it and get a better understanding on the patient and diagnose them better

Share with your doctor
Medications:
This includes all prescription and over-the-counter medications that the patient is taking, including vitaxies and herbal supplements
mmunizations
This isolades a record of all the succiontions the patient has received
Social history
This includes information about the patient's living situation, sorital status, congention, and stress levels
Sleep
How many thores of along the typically get per night? In you have treathe folling salinep or staying salinep?
Exercise
How eften de you commissé situit type of exercise de you da? For how large
Stress levels
to you feel streezed on a daily basis? How do you savage strees?
Alcohol and tobacco use
to you drink alcohol? If so, how each and how after? By you seeke?
Screen time
Has such time do you spend limiting at coreses each day (W., computer, group)?
Book Stated Advisor

Doctor's note

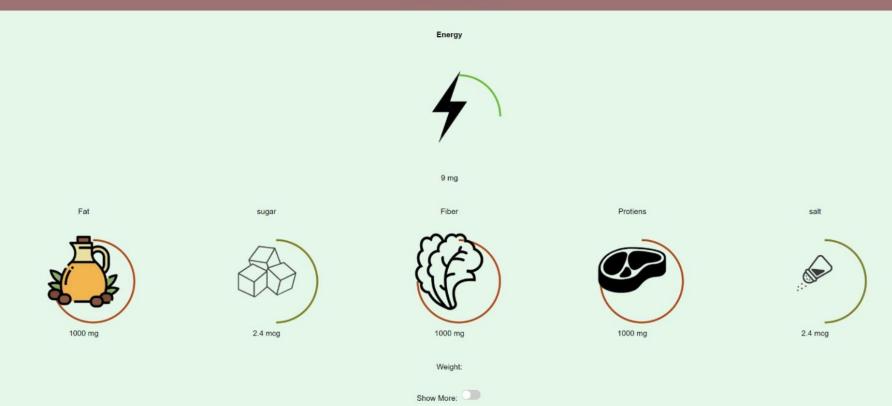
Allows the users to view comments and suggestions from the doctor to improve your daily lifestyle habits

Share with your doctor
Medications:
This includes all prescription and more the counter medications that the patient is taking, including vitamins and horbal applaments
Immunizations
This includes a record of all the oscilations the gatiner has received
Social history
This includes information about the patient's living situation, early states, exception, and stress lavels
Sleep
Now many haurs of themp do you typically get pur edget? On you have trouble falling makesp or staying milesp?
Exercise
How effect do you exercise? What Type of exercise do you do? For how long?
Stress levels
To you final intressed on a deally basis? New do you namage intress?
Alcohol and tobacco use
To you driet alcohol? If no, how much and how aftern? By you senso?
Screen time
New much time do you spired limiting at screens each day (No. computer, phone))
Back Coderil Anton

Health Tracker data

Displays the macro nutrients that the user has intake and loss based on the cabinet and smart watch.

Habit Tracker



Health Tracker data

Displayed health data from over the past 7 days (week) so that it is easier to detect any abnormalities in the health data.





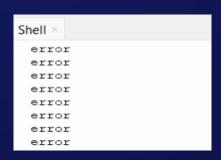


Problem ESP32 Cam rarely is able to take good quality photos for the ML model to predict - Don't use the camera for more than 1 hour - If the camera starts to give error photos press the "RST" or unplug and plug

Error photos







Good photo

RST



Problem	Solution
The connectors keeps coming loose and loosing connection for the electrochromic glass	We decided to wire wrap the connection cables
Pins of the esp32 causes noise coupling and causes abnormal data readings for the button	We added capacitors to the button's pin to the ground to reduce the noise and change the location as far from other pins

Problem

Did not know the voltage needed to supply the electrochromic glass.

(The manufacturer did not give any datasheet)

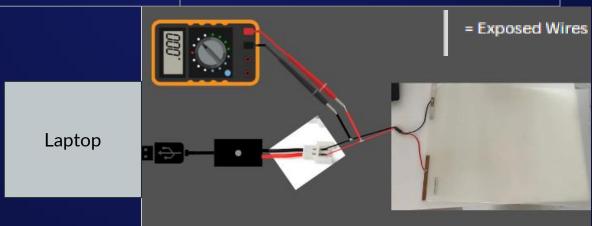
Solution

Solution

Solution

Solution

Soldered two pieces of wires to be able to measure the voltage in parallel. Then Connect these wires to the jumper and connector



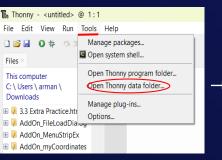
Problem	Solution
Electrochromic glass requires high voltage (around 20 - 34V) and low current	Used the USB connector(that has a transformer) and connect it via a relay to supply or leave the electrochromic glass open
Lack of brightness for the camera	We experimented with led strips, UV light strips and in the end we used a ceiling light with around 30k lumens
The box was to bright after light addition and the white colour was reflecting the light causing the image to be over exposed	We added black foam to the sides to reduce the amount of light bouncing.

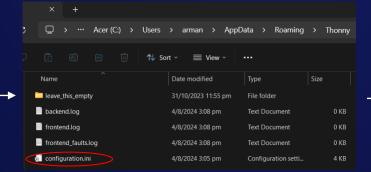
Problem	Solution
There was no readily available library for the pulse sensor	We had to create a custom library to run the pulse sensor
The Pulse sensor data being received was to noisy and unreadable	We added a Kalman filter to reduce the amount of noise
Having 2 threads that receive sockets. This makes the order of where the message gets received is ambiguous	Put all the receive into 1 socket receive

Problem	Solution
The button was unreliable due to bouncing	Added a debouncing code and extra delay due to the electrochromic glass
The frame buffer will never stay constant because there are many users sending info to the server	The ESP32 clients usually declare their size of message before sending and if any messages are received before then, they will use the largest frame buffer - Hence,the frame buffer will always be bigger than any message
It is hard to identify and call the whole remote address to send info to a esp32 client	Associate the given id(from the esp client on start) with its remote address on the server. So it is easier for the programmer to send info to a client.

Problem	Solution
For the CV training, the pictures were taken from many sources. Hence, relabeling and splitting of images is required	I made a script to rename all the labels of nutella(as it had a different label to the other dataset I have) and split the images into training, testing and validation
The model was not able to predict properly predict	Added some extra pictures taken from the esp32 cam as training,testing and validation dataset







Configuration.ini

Problem & solution (Website & server)

Problem	Solution
Adafruit is very restrictive in the amount of features able to add and not enough feature	We decided to create our own website and Server to communicate between the esp32's and website using knowledge of html, css, js & python



Reference & Conclusion



References

- https://youtu.be/8A4dqoGL62E?si=o7QooOgwWbd1o6Av
- https://youtu.be/436VDF-rk4w?si=HLJeLFKR8mP-bj8Y
- https://youtu.be/Kg-sxVmCt5Q?si=pJ8aw7vPxOXJIFL6
- https://youtu.be/xZF6zWLz-vY?si=vn6EXkiPK49Wyo5H
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Troubleshooting:

- https://github.com/thonny/thonny/issues/2845
- https://blog.csdn.net/zhusongziye/article/details/128176230
- https://github.com/thonny/thonny/issues/2282

Documentation, libraries and firmware

- https://github.com/lemariva/micropython-camera-driver
- https://docs.python.org/3/library/socket.html
- https://docs.ultralytics.com/models/yolov9/#usage-examples
- https://docs.micropython.org/en/latest/index.html

Dataset:

https://drive.google.com/drive/folders/1Y50k5xA9a6E_1hBGsiXxJK3iCsmsFKud?usp=shar ing____

