



Mohammad Ali Jinnah University

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Assignment 1

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Subject: Principles of Psychology

Section: EM

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Assignment 1

Q1) Select a movie or documentary or a book on a psychological concept and elaborate the following:

- Which psychological concept does it cover?
- Why you select it.
- Brief summary.
- What did you learn from it
- How did it changed you?

Answer:



Movie Name: Split (2016).

Release Date: January 19, 2017.

Writer: M. Night Shyamalan.

Sunday, November 8, 2020

Psychological Concept:

In this movie we are able to see the psychological disorder (Dissociative Identity Disorder). **Dissociative identity disorder** (previously known as **multiple personality disorder**) is thought to be a complex **psychological condition** that is likely caused by many factors, including severe trauma during early childhood (usually extreme, repetitive physical, sexual, or emotional abuse).

Movie Select (reason):

I was searching for a Psychological Movie and on my recommended list the movie then came the post/Cover picture attracted me.

Summary:

As the movie begins there is a girl who is invited to a birthday party at the mall, she accepts a ride home from her classmate's father, who also takes one more friend of her daughter. As the girls wait in the car, a man who is suffering from dissociative identity disorder (DID) knocks the car unconscious before kidnapping them.

The man is in therapy with his Doctor, who has identified 23 distinct personalities formed after he was abused as a child by his mother after his father left. The dominant personality, real personality, controls when and which of the others can manifest/come in light. Real personality has not allowed two personalities to have control due to their undesirable traits, one of them are a women personality, second one is who has a huge attraction of women personality and their belief in "The Beast", a 24th personality who plans to rid the world of the "impure", those who have not suffered. Doctor recognizes in their sessions that the personality is not the real one has recently displaced real one as the dominant personality.

The bad personality imprisons the girls in an underground cell. There is a childlike personality who is talking to the girls and girls get to know about what the disorder of that person. They plan to escape from the basement of the zoo. Doctor visits The Man's quarters, where he reveals that he has met "The Beast". Doctor realizes that there is an internal conflict between the personalities and becomes suspicious and finds girls in the locked store room. The bad personality appears and kidnaps doctor. The bad personality goes to a train station, where they both bad personalities trained "The Beast". When the personality changes doctor writes the man's full name "Kevin Wendell Crumb", on a piece of paper before and kills her by crushing her torso. The girl escapes from there, found out that "The Beast" killed one of the girls and ate it and he was just attracting the second and kill him. The last girl finds Doctor's death body and the piece of paper. "The Beast" reaches there, but she calls out his full name, bringing real personality forth. He asks the girl to kill him and give him the address of gun.

The girl got the gun but "The Beast" came. She shot two bullets but causing only minor wounds. Somehow she manages to run in a tunnel and she locks herself in a caged area whose bars "The Beast" begins to pull apart. As both were in front of each other "The Beast" sees that the girls have a lot of old wounds on her body and "The Beast" says you and me are the same as both face a lot of

terrible in their childhood and go back in dark and when the girl is rescued and asked by the police if she is ready to return home with her uncle, she just stares darkly and movie ends.

You learn from it:

"The man can be evil then a Devil" so after watching the movie I have learned a huge about the psychological disorder (DID). The movie make me a huge interest in the field psychology and after watching I have search and got many new incredible fact about the concept of multiply personality disorder (MPD). The last thing I learned from it is the power of imagination and the point of the author that after pressurizing the tube beyond its limit it blast itself and give the damage to other who were silently watching it.

How did it changed you?

After watching the movie, no physical change appear in my body but the thing may change is the level of knowledge about this field (such mental disorder) and the view of life from such another window. So you may say after watching the movie I may learn that a little bit about the darkest site of the man kind and the power human mind that may become the better than Angel and evil than a devil.