



Mohammad Ali Jinnah University

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Assignment 3

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Subject: Principles of Psychology (SS2300)

Section: EM

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Assignment 3

Question/Answer

Q1) Write down six things you have learned from your study of psychology so far with examples from your personal life.

Psychology:

Is the scientific study of the mind and behavior is called **Psychology**

Six things you have learned

➤ **Learn the right define:**

I was thinking that psychology is only the study of Psychiatrist and the definition of psychology in my mind was that “a medical practitioner specializing in the diagnosis and treatment of mental illness.” But after the learning I got the real definition with the concept that how its play a role in daily human life.

➤ **About Developmental Psychology**

I learn two basic thing that the parenting may relate the children in the future and sometime mental illness may face in the childhood. Second thing is that how the child develops and how old aged human also developing their mental level.

➤ **About Memory**

I learned that how human mind work and store information also different memory store like Long term, Short term memory.

➤ **Human Senses**

I was no idea that how human senses are working after learn the psychology, the knowledge about how human sense work and how we adapt the things in the environment.

➤ **About recover of sudden memory**

This is human daily life accidents that human suddenly a very old memory appear even the age of 5 – 6 old memory or event appear in front of eye of a person.

➤ **Proactive and retroactive**

Every student may experience the thing that one's lesson he/she learned first are remember but the second lesson may not be able to remember the second and vice versa for the opposite case.