

Total
Marks

	Π				
Name			Date		
Training pro	ovider				
1. Insert in the sp	ace provided	I the most appro	opriate option from	om the three lis	sted below:
financi	al	mo	ral	leg	al
It is a		requirement f	for organisations	s to assess rea	sonably
foreseeable risks.					
	ich statemer	t is correct? (se	elect one answe	er only from the	
a) a manager is not accountable for assessing and managing the risks the employee is exposed to					
b) a manager o accountabili	•	responsibility b	out cannot give	away their	
c) a manager is practice	s not respon	sible in making	decisions abou	t local safety	
d) a manager o	•	accountability	but cannot give	away their	
3. Which two of think are correct	Ŭ	are true? (Put a	v opposite the	two statement	ts you
a) a hazardous results	event is whe	n someone inter	acts with a haza	rd and harm	
b) there is only	one way to	do a risk asses	sment		
c) consequenc	es of all haz	ardous events a	are the same		
d) a hazard is a	anything that	has the potent	ial to cause har	m	



4. Think about what a risk assessment is. Which statement is correct? (Put a poposite the statement you think is correct.)	
a) it's when someone or something interacts with a hazard	
b) it's a careful examination of anything in the workplace that could cause injury or harm	
c) it's the outcome of an accident	
d) it's a company safety and health policy	
5. Think about the definitions of the terms likelihood and consequence. Whin following are true? (Put a poposite the two statements you think are consequence).	
a) consequence is a measure of uncertainty about the hazardous event	
b) likelihood is the chance that a hazardous event will occur	
c) consequence is the outcome of the hazardous event	
d) likelihood is the expected level of harm from the hazardous event	
6. Think about the first three steps to risk assessment. Which statement is a (Select one answer only from the following.)	correct?
a) estimate the risk, review your findings, evaluate the risk	
b) identify the hazards, record your findings, review your findings	
c) identify the hazards, estimate the risk, evaluate the risk	

d evaluate the risk, review your findings, record your findings



What does a risk assessme following.)	ent enable you to do? (Select o	ne answer only from the
a) tell you whether you are of others from harm	doing enough to protect your w	orkforce and
b) calculate losses from dis	ruption, down-time and lost bu	usiness
c) develop skills that can be	e applied elsewhere in the org	anisation
d) collect the information re	quired for notifying the enforc	ing authorities
practicable: 9. Insert in the space provided	the most appropriate option for	rom the three listed below:
foreseeable	residual	manageable
he level of risk that is left afte	er control measures have been risk.	introduced is called



	e hierarchy of risk om the following.)	control. Which sta	itement is correct?	? (Select one
a) risk controls the option	nat are at the top o	of the hierarchy ar	e the least preferre	d
b) the third most	effective risk con	trol is personal pr	otective equipmen	ıt
c) the most effect the hazard	ctive method of ris	sk control is to cor	mpletely eliminate	
d) risk controls t those that do		e to do something	are stronger than	
a) it means that of workplace		ponsible for every	possible risk in the	
b) employers are foreseeable	e always responsi	ible for risks that a	are not reasonably	
c) it is a risk that a reasonable person could predict				
d) it is a risk that	t no-one would ev	rer be able to pred	dict	
12. Insert in the sp	· 	most appropriate	option from the fiv industry	
scientific	managerial	public	industry	expert
The three knowled knowledge,	,		onably foreseeable knowledge and	risk are common



13. Think about the consequences of not working within the law. Put a **✓** opposite the possible outcomes that you think are correct. (Select **three** answers only from the following.)

a) paying worker compensation	
b) being audited	
c) imprisonment	
d) fines	
e) no action taken on a first offence	

14. Look at the incomplete diagram of the health and safety management system (shown below). Insert into each of the **four** spaces the **number** of the most appropriate label from the **four** listed.

4. Measure 1. Act 2. Risk Profiling 3. Planning performance Continual Improvement Policy Plan Do Implement plan Continual Improvement Continual Improvement Leadership Collect data Review performance Check Learn Lessons Confinual Improvement



Leadership	Planning	Reviev	wing
	is an essential part of a heal	Ith and safety	manageme
stem because attitudes to sa	fety and health are determined by	/ top managen	nent.
.			
•	ts for you and your organisation of ment system. Which two of the fo	<u> </u>	
, ,	statements you think are correc	•	
a) it enables improved mana	agement of health and safety risk	s	
b) it avoids the legal requirement for a written health and safety policy			
c) it provides the business w	vith a competitive edge		
d) it removes the necessity t	for external inspections and audit	is	
		,	
7. Think about common haza	rds in the workplace. Which two	of the following	ng are true '
(Put a ✔ opposite the two	statements you think are correct	t.)	
a) lighting, noise and weather	er conditions do not affect the risl	k of a slip	
b) loss of self-confidence ca	n be a symptom of bullying		
c) an early symptom of upper	er limb disorders can be tingling i	n the fingers	
d) if people do work where t better than physical sepa	here are vehicles, marked walkw	ays are	



18. List three examples of types of injury caused by mechanical hazards:	
10 Think about common workplace bezords. Which statement is correct?	
19. Think about common workplace hazards. Which statement is correct? (Select one answer only from the following.)	
(Ocicet one answer only from the following.)	
a) shamicals can only get into the hady by deliberate or assidental	
 a) chemicals can only get into the body by deliberate or accidental injection 	
b) physical attacks are more common than verbal abuse	
c) natural light is the best form of lighting	
d) generally, the temperature in workrooms should be at least 20 degrees Celsius	
20. Which of the following statements describe what is meant by the term 'ii	ncident'?
(Select one answer from the following.)	HOIGETTE :
a) anything that has the potential to cause damage, death, injury or ill health	
b) any risk that is reasonably foreseeable in the workplace	
c) an undesired event that has caused or could have caused damage, death, injury or ill health.	
d) anything that happens in the workplace that causes disruption	



event	:	accident	oc	currence
An	can be o	lescribed as an inc	ident which results	in injury to
someone or dama	ge to property.			
22. Insert in the s	paces provided the	e most appropriate	option from the fiv	ve listed below:
·	•		•	
Root	Minimal	Underlying	Immediate	Serious
		_		
conditions.		causes are unsafe	actions or lack of	action and unsafe
Conditions.		causes are factors	that allow the unsa	afe actions and
conditions to happ	en.			
· · · · · · · · · · · · · · · · · · ·		causes are factors	that may cause co	onditions that
could result in an i	undesirable event.			
22 Which of the f	ollowing are rease	ne to invoctigato in	ocidonts?	
	ollowing are reaso site the two stater	•		
			,	1
a) to improve w	orkers' morale			
b) to prevent bu business	siness losses from	n disruption, down-	time and lost	
c) to find out the	e cost of an accide	nt		
				



24. Number the six actions listed below in the order they should be carried out following an accident:

assemble the investigation team	
report the accident	
handle external relations	
investigate using a structured approach	
preserve the scene of the accident	
make sure the injured person is looked after	

25. When an incident occurs which of the following **two** statements are true? (Put a **✓** opposite the **two** statements you think are **correct**.)

a) you may need to tell the organisation's insurance company	
 b) you must report every incident to a safety and health enforcement authority 	
c) you should tell the injured person's line manager	
d) you must inform the clients and customers of the organisation about the incident	



26.	Think about the three essential principles for good safety and health performance.
	Match each of the following statements with the principle it describes. (Put a \checkmark in the
	correct column opposite each statement.)

	Strong and active leadership	Worker involvement	Assessment and review
Integration of good safety and health management systems with business decisions			
Effective 'upward' communication			
Accessing and following competent advice			

27. What information do performance indicators provide us with? (Select **one** answer only from the following.)

a) limited data about accidents and ill health	
b) potential problems or dangers that we may need to respond to	
c) how to audit our systems and processes	
d) the level of insurance cover required	



28.	. Identify which type of indicator applies to each of the following four	statements.
	(Put a ✔ in the correct column opposite each statement.)	

	Proactive	Reactive
measuring how much training your staff is getting		
collecting information on the number of days without an incident		
measuring the number of completed workplace inspections against the number planned		
collecting information on the number of incidents		

29. Insert in the spaces provided, the most appropriate option from the five listed by
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Existing	Systems	Auditing	Objective	Policy
aims to find evidence				
for whether the correct way of managing health and safety meets the organisation's health				
and safety and aims.				

30. Insert in the spaces provided the most appropriate option from the **four** listed below:

	External	Internal	Compulsory	Optional
auditing is performed by staff within the organisation in				
order to evaluate the effectiveness of the current system.				
auditing is undertaken by a third party to provide an				
	independent view usua	ally for the interests of o	ther stakeholders	