

SAFETY TOOL BOX MEETING

NO 8 - HEADS AND FEET

By wearing the correct head and footwear you can help prevent much discomfort, many injuries and even DEATH.

SAFETY HELMETS

Every year in the construction industry 140-head injuries are reported to the Factory Inspectorate. These are only the most serious cases, 50% are fractures of the head, many more are never reported, yet still cause much pain and suffering.

The Construction Regulations are in force, therefore it is a LEGAL requirement that you wear your safety helmet on site if risk assessments require it. You should report to your Employer, IMMEDIATELY, the loss of your helmet or any obvious defect in it.

Most head injuries can be prevented by wearing a safety helmet.

Safety helmets are designed to a International Standard to be strong enough to prevent most falling materials that may damage your brain. If your brain is damaged it is unlikely that you will be able to work as well you know.

Helmets can also prevent many of the minor head injuries from bumps and scrapes that occur on a building site.

REMEMBER YOUR LIFE MAY DEPEND ON IT

Al Khodari construction Limited do not want you to be injured on this contract - BECAUSE WE NEED YOU - so it is a condition of your working here that you wear a helmet.

Certain areas MAY allow some relaxation but unless you are told otherwise you MUST wear your helmet at ALL times whilst on site.

FOOT PROTECTION

Over 200 major injuries to feet and ankles are reported to the Factory Inspectorate every year. Sensible robust footwear will reduce this unnecessary loss of time and considerable pain, which follows these injuries.

Strong boots give support to and prevent twisted ankles. Steel midsoles prevent puncture wounds from tying wires when working on reinforcement and also where nails are left in timber.

I have given the above talk to all men under my control.

Signed:

Company
Rev 1

Date 24-01-07

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Steel toe caps prevent crushing of and possible loss of toes

If wearing rubber boots to concrete clean any wet concrete from inside the boots immediately - cement burns can cripple.

Posters are available of suitable safety footwear, which can be purchased - see your supervisor.

Wherever you work and whatever you do, you are not free from the danger of foot injuries.

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