

## SAFETY TOOL BOX MEETING

## No. 39. - TRAINEES & YOUNG PERSONS

- 1. DRESS tidily and safely. Close-fitting clothing, tie tucked in, short or rolled up sleeves, safety boots or shoes, safety helmet and high visibility clothing.
- 2. Pay attention to your supervisors. They will teach you the SAFE way to work.
- 3. DON'T remove guards from machines, they are provided for your protection.
- 4. NEVER OPERATE ANY MACHINERY UNLESS YOU ARE AUTHORISED TO DO SO. ALWAYS operate any machine as instructed.
- 5. Do not operate any plant or equipment until you have been properly trained and authorized in writing to do so.
- 6. Do not handle any substances which you have had no instruction about its use and possible hazards.
- 7. Wear all specified personal protective equipment, which is provided for your use.
- 8. If you have to use compressed air, DON'T direct it at yourself or your work mates. It can be a painful "killer".
- 9. Short cuts often lead to shorter lives. Use the recognized routes.
- 10. Horseplay is fool's play. Behave sensibly while on the job site.
- 11. If you get hurt, get proper first aid treatment immediately. Even a small cut can be dangerous if neglected.
- 12. A good workman is tidy. A place for everything and everything in its place is a good maxim.
- 13. If in doubt ASK
- 14. Always keep you back straight. If the item is heavy, get assistance. Be sure you have a clear walkway, with no trip hazards and that you can see where you are going.
- 15. If you see a fire, inform someone immediately and sound the fire alarm.
- 16. Site cabins and toilets and washrooms are provided for your benefit. Look after these facilities.

## WORK SAFELY AND COMPLETE YOUR TRAINING

I have given the above talk to all men under my control.

Signed:

Company

Rev 1 Date 24-01-07