

SAFETY TOOL BOX MEETING

NO 10 - SKIN CARE

The Employment Medical Advisory Service in conjunction with the Health and Safety Management have issued information on skin care as this is the most common occupational health problem

The following advice may prevent you becoming affected.

SAVE YOUR SKIN

Occupational contact dermatitis is a rash caused by substances used at work. It can look like some common rashes not connected with work. Some people are more likely to get it than others are but it is not catching.

It most commonly affects the hands, forearms and legs.

When it is caused by dust, mist or fumes you may get it on the face, neck or chest.

SOME COMMON CAUSES:

Pitch, tar and bitumen. Brick, stone, plaster and dust. Cement, Paints, varnishes, lacquers and stains
Certain woods. Acrylic and formaldehyde resins. Organic solvents, Acids. Ionising Radiations
Certain epoxy resins, Chromates (in primer paint, cement) Petrol, white spirit and thinners, Alkalies

Some substances take weeks, months or even years to cause dermatitis.
This is because the skin becomes allergic to them.

This type of dermatitis may also cause swelling of the eyes and lips.

SOME SUBSTANCES THAT CAN CAUSE ALLERGIC CONTACT DERMATITIS ARE:-

Chrome and nickel compounds Some woods and plants Some resins, glues and hardeners Some chemicals

LOOK FOR WARNING LABELS ON CONTAINERS

IF YOU WORK WITH SUBSTANCES THAT CAN CAUSE DERMATITIS:-

Avoid skin contact with the substance

Wear protective clothing, such as gloves

I have given the above talk to all men under my control.

Signed:

Company
Rev 1

Date 24-01-07

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Keep your skin clean and use after wash cream
Keep your workplace clean

Get first aid treatment for all cuts and grazes and keep them covered

Do not use oils to clean your skin

Do not use synthetic resins or glue hardener on your skin

Avoid work with irritant or allergic substances if you suffer from eczema or allergic rashes

Keep an eye on your skin

If you notice a rash tell your Supervisor or family doctor AT ONCE

WORKING IN THE SUN – keep your skin covered at all times, or apply a high factor sun cream.

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