Learning styles

I believe finding one's learning styles is really important. Because if one does not know how they learn they could fall behind and also feel less intelligent than their peers. I thought I was dumb when I could not learn the way my dad learned which is sit with a book and learn the skill. I found out later in life thinking I would not even graduate highschool when I am able to get my hands on it and learn through trial and error in person. I found myself exceeding and even giving a speech at my highschool graduation. I was never dumb or unintelligent. I just found how my brain functions and how I strive as a person. Which is through the hands-on learning style. I am really happy we are contemplating these topics. It is making me feel like a mountain of inexperience. Really is climbable