



1 Motivation

- Trauma & Orthopaedic (T&O) elective wait lists face substantial backlogs** post-pandemic [1], with demand expected to rise further due to an **ageing population**.
- A recent review of OR/MS methods in Orthopaedics highlights a lack of holistic pathway modelling and the need for further research into resource and capacity planning [2].

2 Learning Clinical Pathways

- Clinical pathways are patient journeys through care – we represent these as sequences of letters, each denoting a hospital activity.
- We **simplify and generalise pathways using ALERGIA** [4], a grammatical inference algorithm, to learn a **Probabilistic Deterministic Finite Automaton (PDFA)** from historic patient pathway data. PDFAs capture the probability structure of observed pathways, enabling the generation of realistic patient sequences.

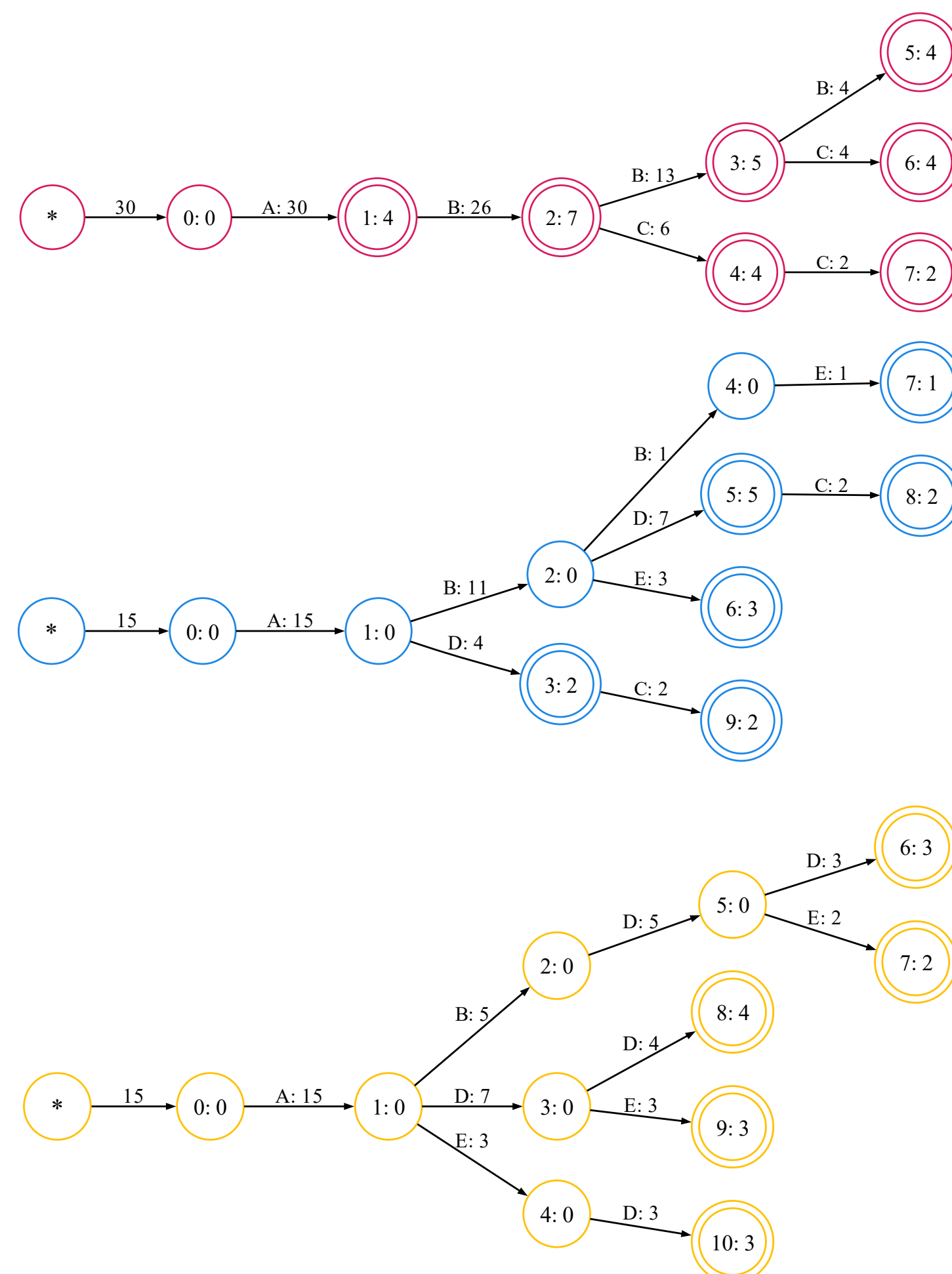
Raw Data

Subgroup 1 Pathways

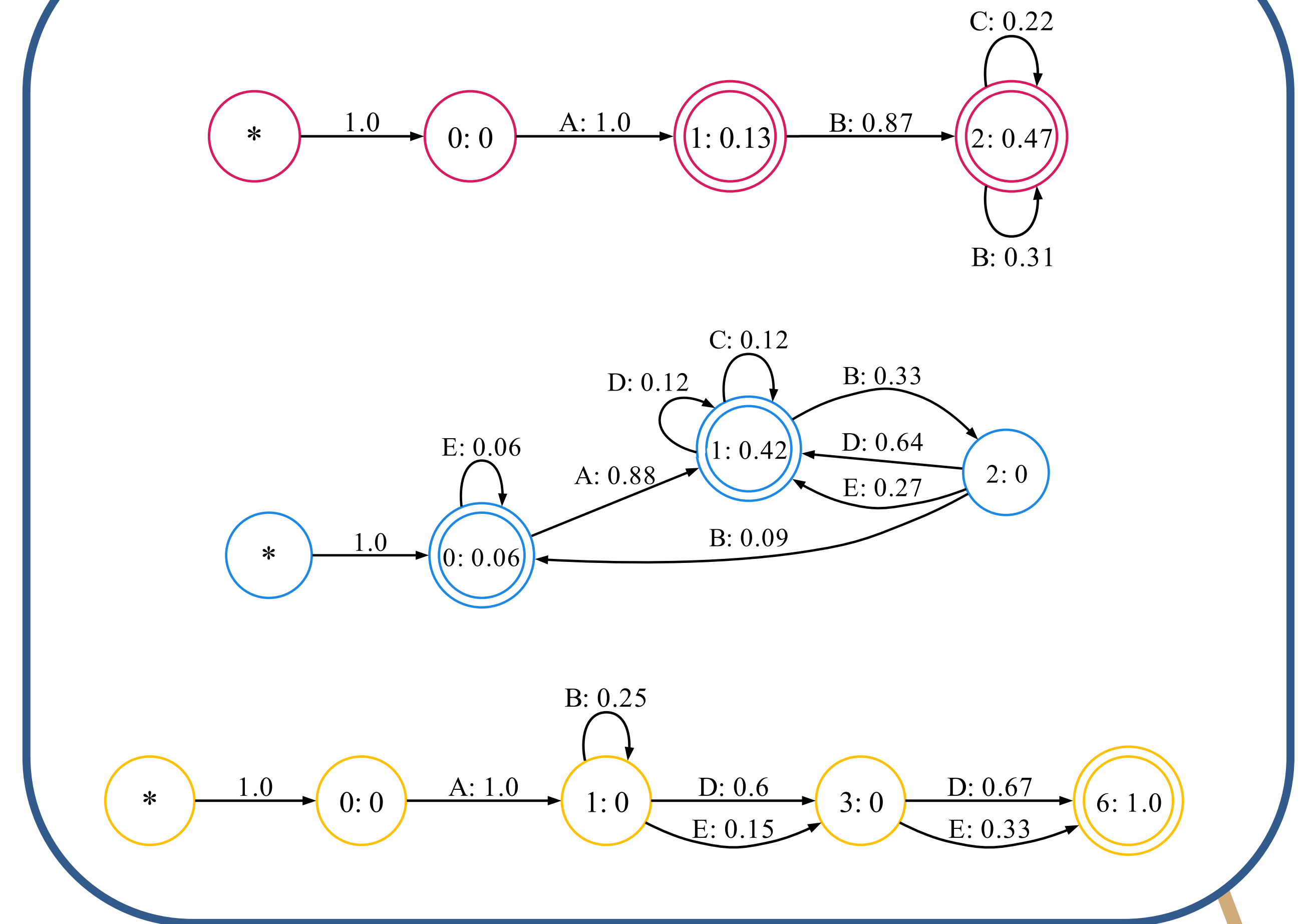
Subgroup 2 Pathways

Subgroup 3 Pathways

Data Representation

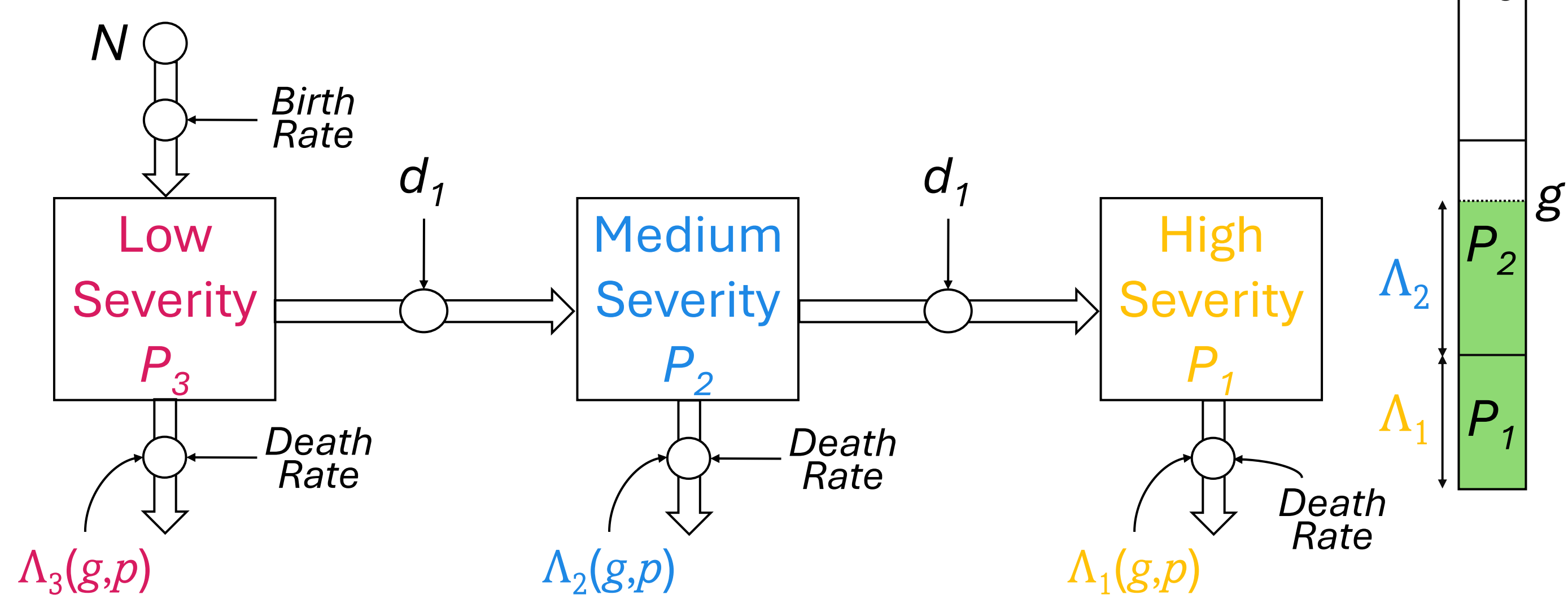


PDFA

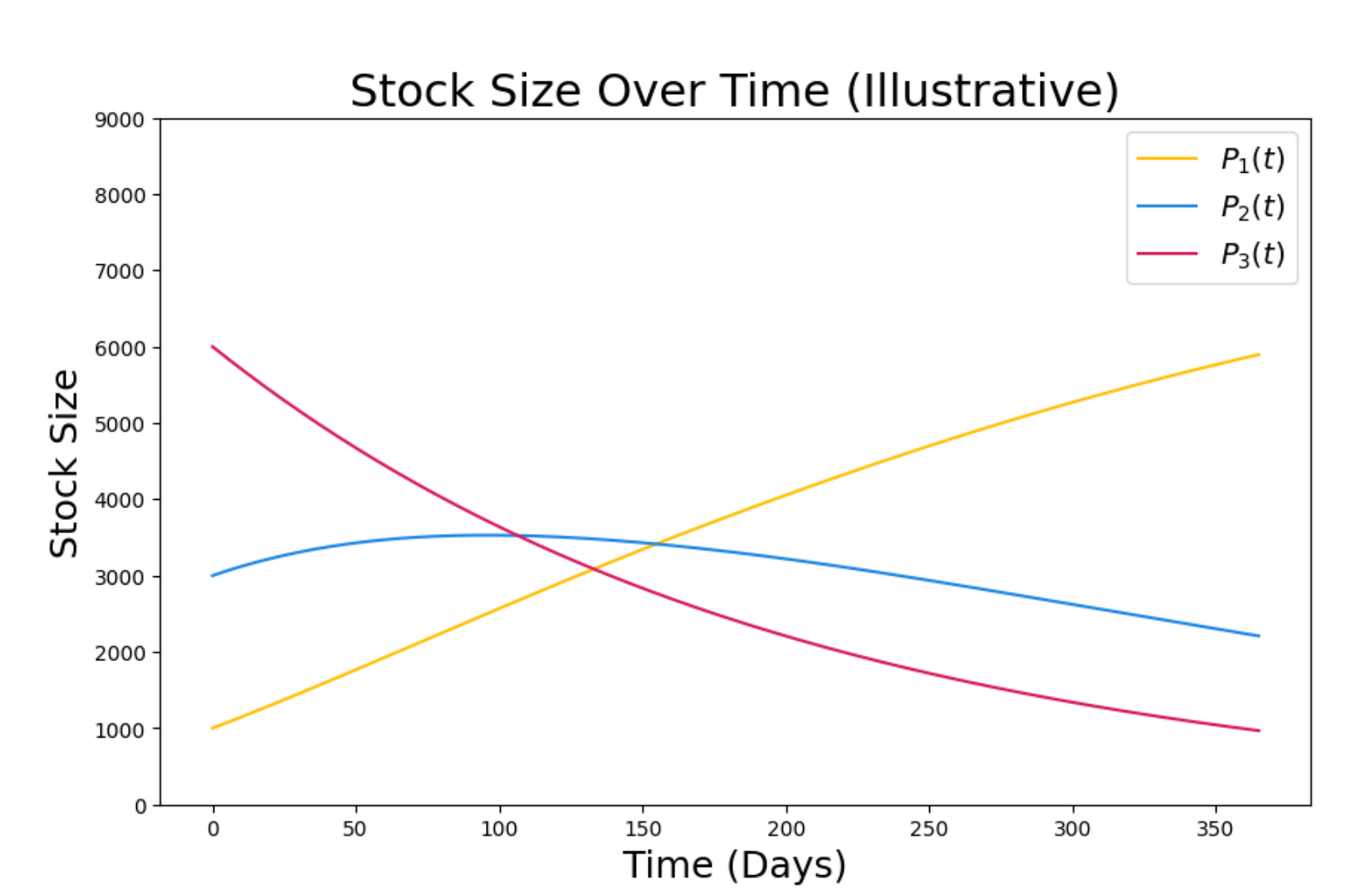
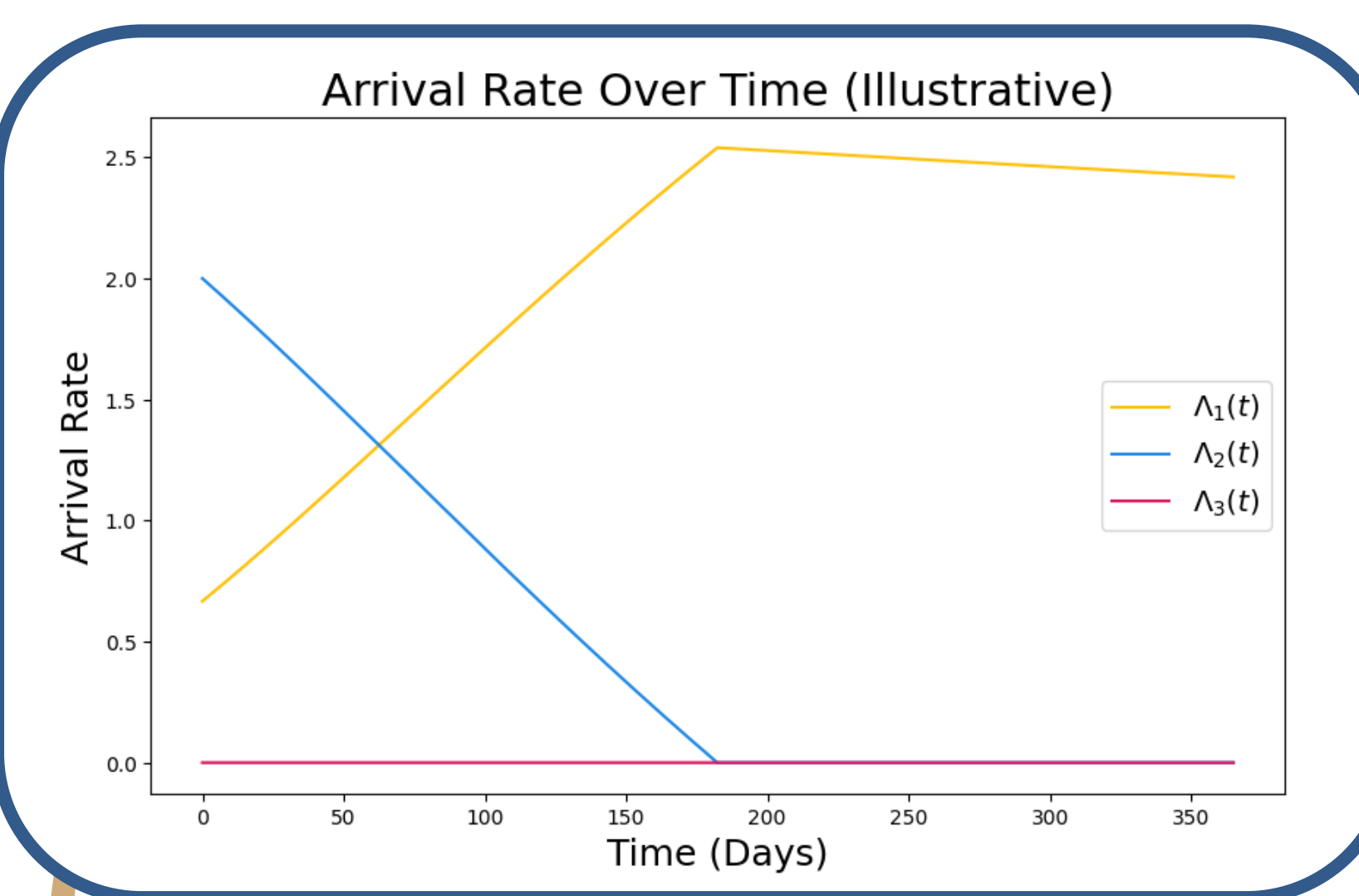


3 System Dynamics (SD)

- As patients wait for a GP referral, **their condition deteriorates**.
- Patients flow between stocks as they deteriorate, by rates d_i .
- Referrals to T&O occur at rates Λ_i , determined by a GP gatekeeping rate g , and a presenting rate p .



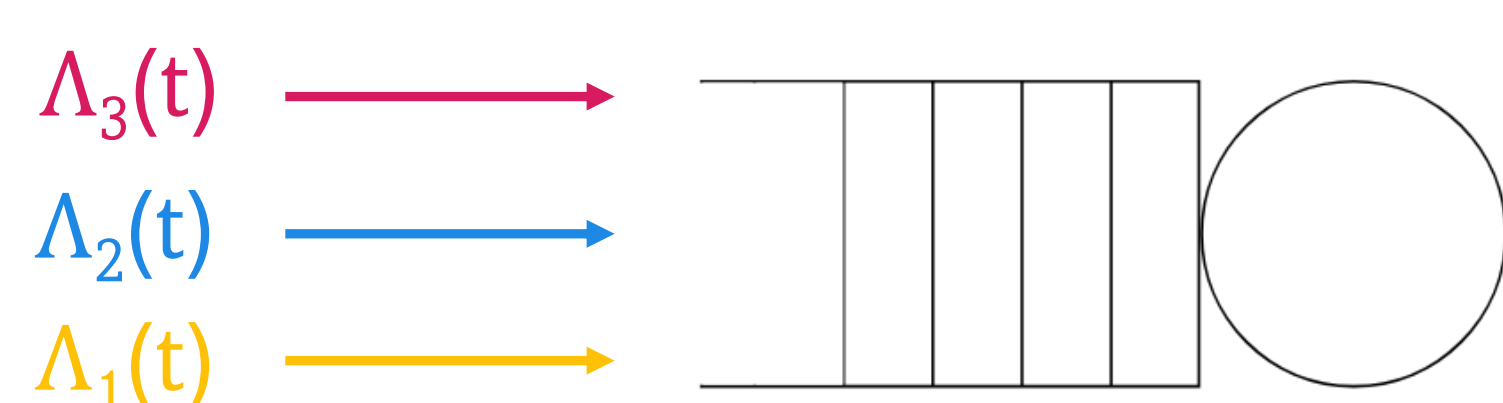
$$\Lambda_i(t) = P_i(t) \cdot p \cdot \min \left(\max \left(\frac{g \cdot \sum_j P_j(t) - (\sum_j^{i-1} P_j(t))}{P_i(t)}, 0 \right), 1 \right), \quad \forall i, j \in \{1, 2, 3\}$$



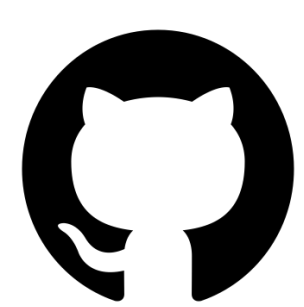
4 Discrete-Event Simulation (DES)

How does it interact with the SD?

- Arrival rates in the DES fluctuate with evolving SD stocks, capturing changes in patient demand over time.
- This allows us to assess how different community-level deterioration or referral patterns (SD) impact capacity and waiting times within the department (DES).



Code Availability



All code developed for this research is openly available via the QR Code or at github.com/MHowells in the following repositories: pattern_mining and HybridSimModel.

How does it interact with ALERGIA?

- For each patient class (or subgroup), the **corresponding PDFA**, learned via ALERGIA, generates the next activity in the DES.
- Here, the letters from the PDFA are mapped to their corresponding simulation nodes.

5 Impact

- The T&O department has collaborated closely throughout the modelling process and is enthusiastic about the research.
- The work on learning clinical pathways has been **validated by management** and has provided insights into variation in pathway adherence across subspecialties.
- The hybrid simulation model will provide the department with decision-support tools to identify and alleviate capacity bottlenecks and assess the impact of changing referral patterns and severity profiles.