### TIME IS BRAIN?

A SYSTEMATIC REVIEW AND META ANALYSIS ON PROGRESSIVE ATROPHY IN TLE

CACIAGLI, BERNASCONI, WIEBE, KOEPP, BERNASCONI, BERNHARDT (minor revisions) NEUROLOGY



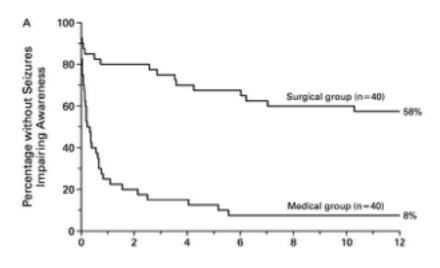


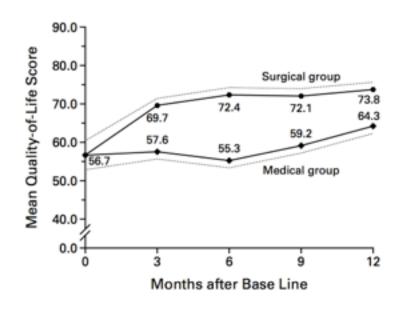
## TEMPORAL LOBE EPILEPSY (TLE)

MOST COMMON DRUG-RESISTANT EPILEPSY IN ADULTS

SURGERY MOST EFFECTIVE TREATMENT

SURGERY HIGHLY
UNDERUTILIZED
AND ~20 YEARS
PASS UNTIL OPERATION





Wiebe et al. (2001) NEJM

# IS TLE A PROGRESSIVE DISORDER?

LONGER DURATION RELATED TO COGNITIVE DECLINE

REDUCED CHANCES OF SEIZURE CONTROL



## MRI-BASED ASSESSMENTS OF PROGRESSION

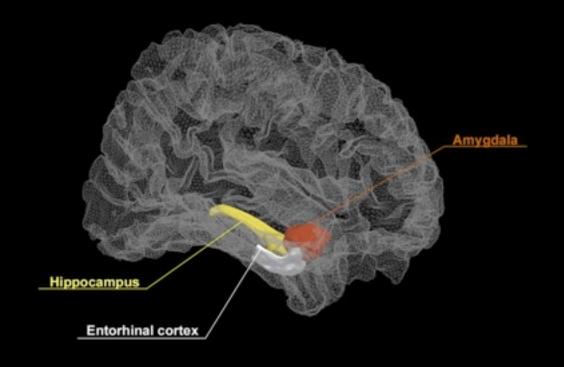
QUANTITATIVE INDICES OF ANATOMY

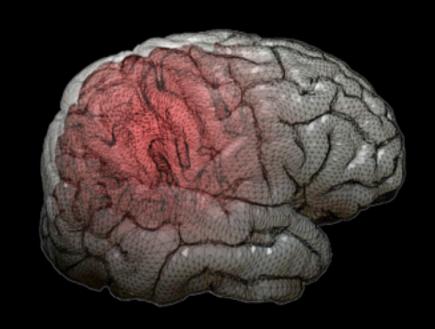
VOLUMETRY, VBM, CORTICAL THICKNESS

SEVERAL STUDIES IN TLE SUGGEST PROGRESSION

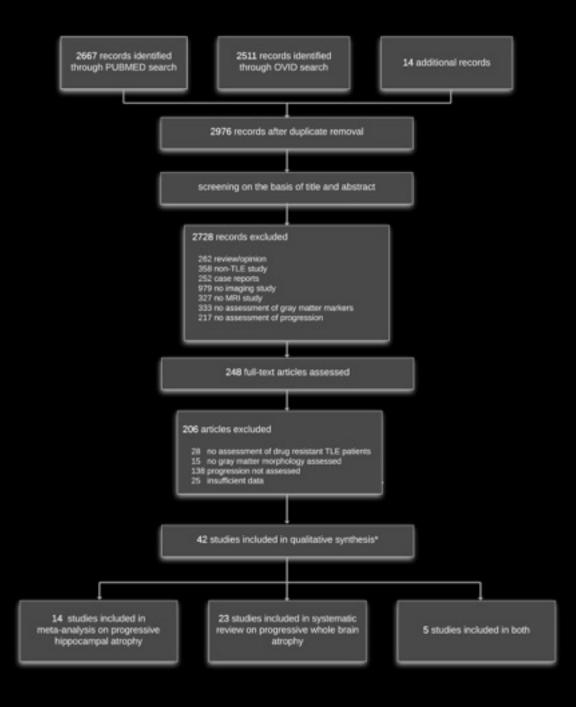
FINDINGS ARE NOT WITHOUT CONTROVERSY

SYSTEMATIC REVIEWS
CAN SYNTHESIZE EVIDENCE, BUT
ARE ABSENT IN THE FIELD





### PRISMA SCHEME



## SYSTEMATIC REVIEW: STUDY DESIGN VARIABILITY

#### **DIFFERENT REGIONS ASSESSED**

HIPPOCAMPUS: 19 WHOLE-BRAIN: 28

#### CROSS-SECTIONAL > LONGITUDINAL STUDIES:

HIPPOCAMPUS: 18/1 WHOLE-BRAIN: 25/3

#### **CROSS-SECTIONAL:**

DURATION/SEIZURE CORRELATIONS: 92%/63% NO/VARIABLE AGE CORRECTION: 47%/53%

#### <u>LONGITUDINAL:</u>

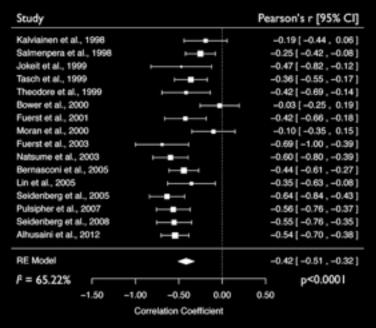
SINGLE COHORT/MULTI-COHORT: 3/1

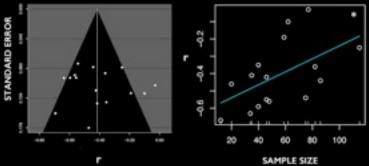
#### MORPHOMETRY:

MANUAL/AUTOMATED HIPPOCAMPAL VOLUMETRY: 13/6 VOLUMETRY/VBM/SURFACE-BASED: 11/5/11

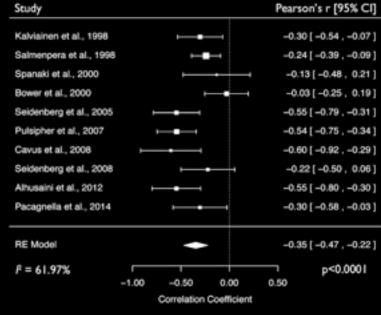
#### META-ANALYSIS ON PROGRESSIVE ATROPHY IN HIPPOCAMPUS

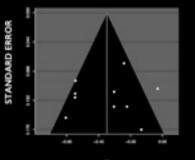
## A IPSILATERAL DURATION

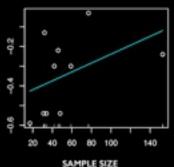




#### **SEIZURES**







#### A CROSS-SECTIONAL STUDIES

	n	METHOD	MTL	EMTL	ETL	sc	
MARSH 1997	14	HVOL					
LEE 1998	27	AVOL					
SALMENPERA 2000	36	HVOL					
KELLER 2002	116	VBM					
NATSUME 2003	40	MVOL					ETL
BERNASCONI 2005	86	HVOL					
BONILHA 2005	36	VBM					There
SZABO 2006	40	MVOL					
PULSIPHER 2007	48	AVOL					
LIN 2007	30	CTX					MTL
BERNHARDT 2008	110	стх					ANATOMICAL SCHEME
MCDONALD 2008A	21	стх					
MCDONALD 20088	21	AVOL					
SEIDENBERG 2008	46	AVOL	$\overline{}$	$\overline{}$	$\Box$		PROGRESSIVE ATROPHY
BERNHARDT 2009	121	стх				$\overline{}$	NO PROGRESSION
BRAZDIL 2009	20	VBM					NOT ASSESSED
KEMMOTSU 2011	36	стх					SYMBOLS
ALHUSAINI 2012A	75	AVOL			П		
ALHUSAINI 20128	70	CSA					
BERNHARDT 2012	36	SSA					
KELLER 2012	62	AVOL					
COAN 2014	118	VBM					
KELLER 2015A	87	VBMMVOL					
	33	AVOL					
MORGAN 2015							
KELLER 2015B	115	CTX/SSA				100	

#### **B LONGITUDINAL STUDIES**

SC

BERNHARDT 2009	18	стх		
COAN 2009	33	VBM		
BERNHARDT 2010	27	стх		

### **SENSITIVITY ANALYSIS**

CONSISTENT FINDINGS WERE OBSERVED WHEN:

ONLY 1 PAPER PER RESEARCH GROUP WAS ASSESSED

ONLY PRESURGICAL COHORTS WERE ASSESSED

### **SUMMARY AND CONCLUSIONS**

### EXISTING LITERATURE OVERALL SUPPORTIVE OF PROGRESSION IN HIPPOCAMPUS AND WHOLE BRAIN

FINDINGS MAY MOTIVATE EFFORTS FOR IMPROVED REFERRAL PATTERS

HOWEVER, THERE ARE LIMITATIONS IN LEVELS OF EVIDENCE:

CROSS-SECTIONAL STUDIES
CANNOT DIRECTLY TEST FOR PROGRESSION

SUBOPTIMAL AGE CONTROL

MULTI-COHORT LONGITUDINAL STUDIES NEEDED

ADEQUATELY POWERED AND ACCELERATED DESIGNS
WITH SHORT FOLLOW-UP TIMES CAN CIRCUMVENT NEED FOR TREATMENT

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