NR CRT	DENUMIRE PREPARAT	GRAMAJ (GR)	KCAL/ 100GR	GRASIMI/100 GR	GLUCIDE/ 100 GR	PROTEINE/ 100 GR	SARE/100 GR	Aditivi
1	GUSTARI							
2	SALATA CAESAR*	350	145	10	6	9	0.8	Amidon modificat din porumb, sorbat de potasiu, guma de xantan, antioxidant(calciu disodic EDTA), sirop de zahar invertit,conc entrat de sofran
3	SALATA BULGAREASCA	350	205.8	12.2	4	20	-	
4	SALATA GRECEASCA	350	100	7.8	4.2	4.1	-	
5	SALATA CU TON SI PORUMB	350	118	5	9	10	-	
6	SELECTIE DE BRANZETURI	300	371	28.5	2	26.15	5	
7	PLATOU MIC DEJUN	300	221	15.5	5.83	13.8	1	
8	OMLETA CU SUNCA SI CASCAVAL	200	225.8	16.9	2.4	14.5	0.5	
9	OMLETA TARANEASCA	300	221,9	23.2	0,3	4.3	0.5	
10	OUA OCHIURI	100	157.7	12.9	0.4	10		
11	ZACUSCA DE VINETE	100	130	10.13	4.12	0.96	1	
12	CASCAVAL PANE	150	317	19	20	16	1.9	
13	MAMALIGUTA CU BRANZA SI SMANTANA	300	180	8.3	5.3	10	4	
14	BULZ HAIDUCESC	300	247	5.5	38.9	10	3.3	
	SUPE, CIORBE							
15	CIORBA DE FASOLE CU AFUMATURA	400	83.7	3	7.8	5.9	2	
16	CIORBA DE LEGUME	400	20.5	0.2	4,2	0.3	0.2	
17	CIORBA DE BURTA	400	105	6.2	3.1	9.3	0.4	
18	CIORBA DE VACUTA	400	109.5	1	4.2	19.3	0.4	
	PIZZA							
19	AVALANCHE	450	220	7.7	25.4	10.55	2.5	
20	MARGHERITA	400	195	3.6	30.5	10	2	
21	QUATTRO STAGGIONI	450	265	12.26	23.51	13.49	1.01	
22	QUATTRO FORMAGGI	450	225	10	21.1	10.1	2.5	

23	PROSCIUTTO E FUNGHI	450	188	5.6	24	10	1.25	
NR CRT	DENUMIRE PREPARAT	GRAMAJ (GR)	KCAL/ 100GR	GRASIMI/100 GR	GLUCIDE/ 100 GR	PROTEINE/ 100 GR	SARE/100 GR	Aditivi
24	SALAMI	450	302	13,44	24.93	14.47	1.25	
25	CARNIVORA	450	384	17.18	32.01	17.68	1.96	
26	CAPRICIOSA	450						
27	PROSCIUTTO CRUDO	450	215	5.4	29.7	5.4	2.5	
	Pizza cu fructe de mare	450	203	8.5	18.7	13.7	0.54	
28	POLLO	450	351	14.89	27.02	15,72	1.85	
29	CON TONNO	450	220	7	28	10	1.28	
30	VEGETALE	450	236	11.69	22.46	13.27	1.02	
31	FOCACCIA	300	220	7	47	10.7	1.28	
	PASTE							
32	PENNE SICILIENE AL FORNO	350	184	7,4	19.2	6.9	1.2	
33	PENNE A LA CARBONARA	350	202.3	8.2	9,2	21.9	1.15	
34	PENNE QUATRO FORMAGGI	350	203.4	9.63	19.39	8.45	1.15	
	Spaghetti con Frutti di Mare	400	170	10.02	18.2	6.7	1	
35	SPAGHETTI PRIMAVERA	400	184.5	12.02	14,86	14.86	1.2	
36	SPAGHETTI ALL'ARABIATTA	400	149.03	4.73	20.27	5.35	1.2	
	PREPARATE DIN PUI							
37	PIEPT DE PUI LA GRATAR*	200	131	3.6	2.4	22	5.7	
38	PULPE DE PUI DEZOSATE LA GRATAR*	200	193	10.7	2.4	24	3.5	
39	SNITEL CRISPY DIN PIEPT DE PUI*	200	226	12	16	14	3.5	
40	PIEPT DE PUI CU SOS GORGONZOLA*	250	271	23.1	25.1	13.8	3	
	PREPARATE DIN PORC							
41	CARNE LA GARNITA CU MAMALIGA SI MUJDEI	310	352	21.98	25.1	16	12.5	
42	CEAFA DE PORC LA GRATAR*	200	276	26.3	13.6	26	2	
43	COTLET DE PORC LA GRATAR*	200	247	14.2	12	27	2	

44	MIX-GRILL*	300	390	27.45	33	15.45	4.75	
45	MICI CU MUSTAR*	200	340	30	15	16.5	4	
46	FRIGARUI ASORTATE*	200	126	7.9	7.9	2.4	2	
47	ESCALOP DE PORC CU CIUPERCI*	200	264	6	13	38.8	2	
NR CRT	DENUMIRE PREPARAT	GRAMAJ (GR)	KCAL/ 100GR	GRASIMI/100 GR	GLUCIDE/ 100 GR	PROTEINE/ 100 GR	SARE/100 GR	Aditivi
48	CORDON BLEU *	200	214	14	8.9	16	1	
NR CRT	DENUMIRE PREPARAT	GRAMAJ (GR)	KCAL/ 100GR	GRASIMI/100 GR	GLUCIDE/ 100 GR	PROTEINE/ 100 GR	SARE/100 GR	Aditivi
	PREPARATE DIN VITA							
49	MUSCHI DE VITA*	200	228	14	0	24	1	
50	T-BONE MATURAT *	700	180	10.6	0.5	21	3	
51	RIB-EYE STEAK*	220	207	12	5	24	1	
52	PFFEFERSTEAK DE VITA*	250	325	19.7	6	28.8	3	
53	BURGER AVALANCHE*	450	448.4	22.53	49.01	11.7	5.42	
	Cotlete de berbecut*	430	214	11	7	22	0.45	
	PREPARATE DIN PESTE							
54	SOMON LA GRATAR*	200	167	5	0.1	28	1	
55	FILE DE SALAU CU SOS MEUNIERE*	200	495	40.3	11	23.7	1	
56	PASTRAV LA GRATAR*	250	99	3		18	1	
57	PASTRAV PRAJIT*	250	240	18.4	3.8	19.2	1	
	GARNITURI							
58	CARTOFI PRAJITI*	150	265	12.52	35.11	3	3.42	
59	CARTOFI NATUR	200	102	2	20	1	1	
60	PIURE DE CARTOFI	200	113	4.2	16.9	2	1	
61	LEGUME SOTE*	200	49.7	2.2	5.9	1.6	0.5	
62	LEGUME LA GRATAR	200	79	4.6	7	2.4	0.5	
	OREZ SARBESC	200	77	1.5	14.6	1	1	
	SALATE							
63	SALATA ASORTATA DE VARA	150	29	2.1	5	1.6	0.53	
NR CRT	DENUMIRE PREPARAT	GRAMAJ (GR)	KCAL/ 100GR	GRASIMI/100 GR	GLUCIDE/ 100 GR	PROTEINE/ 100 GR	SARE/100 GR	Aditivi
64	SALATA DE ROSII CU TELEMEA	150	87	4.6	3.4	9.1	1	

65	SALATA DE VARZA ALBA	150	41	3	3	1	1	
66	SALATA DE ARDEI COPTI CU USTUROI	150	66	2	11	1	1	
67	SALATA DE CASTRAVETI MURATI	150	22	1	3.6	0.7	2	
	DESERT							
68	PAPANASI CU SMANTANA SI DULCEATA	200	235	17.2	10	10		
69	CLATITE CU CIOCOLATA	150	231	6.6	35.8	5.8		
70	CLATITE CU DULCEATA	150	295	6.6	36	1.5		
71	LAVA CAKE CU INGHETATA	200	350	18.4	38.6	5.7		
72	INGHETATA ASORTATA	200	301	14.4	39	3.6		
73	SMANTANA	50						
74	PARMEZAN	30						
75	BRANZA TELEMEA	50	273	20.4		19.4	1	
76	SOS ROSII	30	58	5		1.6	0.5	
77	PAINE	150	266	3.3	50.6	7.6	0.5	
78	MAMALIGA	100	80	1	12	4	0.5	
79	SOS USTUROI	30	368	35.8	9.9	0.7	2.3	Acid citric, amidon modificat, sorbat de potasiu,meta bisulfit de potasiu, sorbat de potasiu, benzoat de sodiu calciu disodie- EDTA
80	ARDEI IUTE	30	21	0.1	5.1	0.9		
82	SARMALE	200	186	12.5	10.7	8.8	1	
83	TOCHITURA	250	385.5	31.1	1.4	25	1.5	
84	IAHNIE DE FASOLE	200	100	4.2	9.7	3.7	1	
85	POMANA PORCULUI	200	222	18	5.4	11	1	
86	MAIONEZA	30	514	53	8.5	0.2	1.5	Acid citric, amidon modificat, sorbat de potasiu,meta bisulfit de potasiu, sorbat de potasiu, benzoat de sodiu calciu disodic- EDTA

87	KETCHUP 30		138	0.2	32	0.9	2	amidon modificat, sorbat de potasiu, benzoat de sodiu
88	SOS HAMBURGER 20		445	44	11	0.4	1.8	Acid acetic, amidon modificat, guma de xantan,sorbat de potasiu, benzoat de sodiu calciu disodie- EDTA
NR CRT	DENUMIRE PREPARAT	GRAMA J (GR)	KCAL/ 100GR	GRASIMI/100 GR	GLUCIDE/ 100 GR	PROTEINE/ 100 GR	SARE/100 GR	Aditivi
89	Espresso	35 ml	2	0.2		0.1		
90	Cortado	70 ml	4	0.4		0.2		
91	Americano	100 ml	2	0.2		0.1		
92	Cappucino	150 ml	36.9	15		11	0.02	
93	Caffe late	280 ml	36.9	15		11	0.02	
94	Flat white	230 ml	31	2	2	0.2	0.02	
95	Irish coffe	120 ml	196	10.2	10.46	1.69	0.02	
96	Baileys coffe	120 ml	82	4	10	1.69	0.02	
97	Iced ness frappe	200 ml	146	6.9	18.4	3.83	0.04	
98	Infuzie de ceai	250 ml	0					
99	Bautura cu gust de ciocolata	200 ml	124	3.8	18	3.7	0.02	
100	Lapte cald	200 ml	44	1.5	4.5	3	0.01	
101	Vin fiert (Recas, merlot)	250 ml						
	FRESH &LIMONADE							
102	Fresh portocale	250 ml	29	0.2	6.93	0.62	0.01	
103	Limonada cu	500	29	0.2	6.93	0.62	0.01	

	miere	ml						
104	Limonada cu sirop de zahar	500 ml	49	0.2	12.3	0.62	0.01	
105	Oranjada	500 ml	29	0.2	6.93	0.62	0.1	
	SOFT DRINKS							
106	COLA/ FANTA/ SPRITE	250 ml						
107	Cappy	330 ml						
108	Fuzetea	500 ml						
	COCKTAILS							
109	Cosmopolitan	120 ml						
110	Screwdriver	250 ml						
111	Tequila sunrise	250 ml						
112	Margarita	80 ml						
113	Dry martini	70 ml						
114	Gin&Tonic	250 ml						
115	Pink gin spritz	250 ml						
116	Cuba libre	250 ml						
117	Mojito	250 ml						
118	Whiskey cola	250 ml						
119	Whiskey sour	80 ml						
120	Campari orange	250 ml						
121	Aperol spritz	250 ml						
122	Hugo	250 ml						

*Alergeni alimentari / Food allergens

Conform Directivei 2000/13/CE a Parlamentului European si al Consiliului din 20 martie 2000, alergenii din alimente se pot incadra in urmatoarele grupe:

- 1. Cerealele care contin gluten(grau, secara, orz, ovaz, grau spelta, grau mare sau hibrizii acestora) si produsele derivate;
- 2. Crustacee si produse derivate;
- 3. Oua si produse derivate:
- 4. Peste si produse derivate;
- 5. Arahide si produse derivate;
- 6. Soia si produse derivate;
- 7. Lapte si produse derivate(inclusiv lactoza);
- 8. Fructe cu coaja, adica migdale(amydalus communisL.), alune de padure(corylus avellana),nuci (luglas regia), anacarde(anacardium accidentale), nuci Pecan(caraya illionoiesis), wangenh.k.koch, nuci de Brazilia (bertholletia excels), fistic (pistacia vera), nuci de Macadamia si nuci de Queensland(macadamia ternifolia) si produse variate;
- 9. Telina si produse derivate;
- 10. Mustar si produse derivate;
- 11. Seminte de susan si produse derivate;
- 12. Dioxid de sulf si sulfiti in concentratii de peste 10 mg/ kg sau 10 ml/l
- 13. Lupin si produse derivate;
- 14. Moluste si produse derivate.

According to Directive 2000/13/EC of the European Parliament and the Council from 20 March 2000, food allergens can be placed in to the following groups:

- 1. Cereals containing gluten, namely: wheat(spelt and khorasan with wheat), rye, barley, oatsor their hirididyzed strains, and products thereof;
- 2. Crustaceans and products thereof;
- 3. Eggs and products thereof;
- 4. Fish and products thereof;
- 5. Peanuts and products thereof;

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- 6. Soybeans and products thereof;
- 7. Milk and products of thereof;
- 8. Nuts, namely: almod(amydalus communisL.), hazelnuts(corylus avellana), walnuts (luglas regia), cashews(anacardium accidentale), Pecan nuts(caraya illionoiesis wangenh.k.koch), Brasil Nuts (bertholletia excels), pistachio nuts (pistacia vera), Macadamia or Queensland nuts(macadamia ternifolia) and products thereof except for nuts used for making alcoholic distillates including ethyl alcohol of agricultural origin;
- 9. Celery and products thereof;
- 10. Mustard and products thereof;
- 11. Sesami seeds and products thereof;
- 12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10ml/l
- 13. Lupin and product thereof;
- 14. Molluscs and products thereof.

In cazul in care sunteti alergic sau aveti intoleranta la vreun ingredient, va rugam sa consultati cu atentie lista inainte de a plasa comanda!

In case you are allergic or intolerant to any of these ingredients, please consult the list carefully before placing your order!

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^{1*} Preturile sunt exprimate in lei / prices are in lei currency

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