

## Delete an Existing Record

- Fetch the Record: Query the database to retrieve the record you want to update using SQLAlchemy's querying capabilities.
- Delete the Record: Use the `db.session.delete()` method to mark the record for deletion.
- Commit the Changes: Use `db.session.commit()` to save the changes to the database.

```
>>> u = User.query.get(1)
>>> db.session.delete(u)
>>> db.session.commit()
```