

# **Data Engineering**

# **Lifestyle Factors and Their Impact on Students**

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# Project Report: Student Lifestyle Dashboard

## **Design Overview**

The Student Lifestyle Dashboard is a comprehensive data processing and visualization pipeline designed to analyze and present student-related data, focusing on academic performance, daily activities, and stress levels. The system is structured into four distinct phases, each leveraging different databases and processing technologies to handle data efficiently and provide actionable insights. The pipeline is implemented in Python and uses Streamlit for the front-end dashboard, ensuring an interactive and user-friendly interface.

#### Phase 1: Relational Database (SQLite)

This phase involves loading a CSV dataset (student\_lifestyle\_dataset.csv) into a SQLite database. The data is normalized into four tables: Genders, Students, Grades, and Daily Activities. Key operations include:

- **Data Loading**: The CSV is read into a Pandas DataFrame and inserted into SQLite tables
- **Schema Design**: Tables with appropriate primary and foreign key constraints are created to ensure data integrity.
- **CRUD Operations**: Basic Create, Read, Update, and Delete operations are implemented and tested.
- **Query Optimization**: Indexes (e.g., on study\_hours) and optimized JOIN queries are used to improve performance, with execution times measured to demonstrate efficiency.

```
# Genders
cursor.execute("""
Gender_ID INTEGER PRIMARY KEY AUTOINCREMENT,
Gender_ID INTEGER PRIMARY KEY AUTOINCREMENT,
Gender_Name TEXT UNIQUE

by students
Cursor.execute("""
CREATE TABLE Students (
Student_ID INTEGER PRIMARY KEY,
Gender_ID INTEGER,
Gender_ID INTEGER,
Stress_Level TEXT,
FOREIGN KEY (Gender_ID) REFERENCES Genders(Gender_ID)

by # Grades
Cursor.execute("""
CREATE TABLE Grades (
CREATE TABLE Grades (
Grade_ID INTEGER PRIMARY KEY AUTOINCREMENT,
Student_ID INTEGER,
Grade_Value REAL,
FOREIGN KEY (Student_ID) REFERENCES Students(Student_ID)

for """

# Daily Activities
Cursor.execute("""
CREATE TABLE Daily_Activities (
Activity_ID INTEGER PRIMARY KEY AUTOINCREMENT,
Student_ID INTEGER,
St
```

```
Query Optimization BY INDEXING
Time without index: 0.0008745193481445312
Time with index: 0.0004086494445800781
```

#### Phase 2: NoSQL Database (TinyDB)

In this phase, the same dataset is ingested into TinyDB, a lightweight NoSQL database. The focus is on flexible, document-based storage:

- **Data Insertion**: The dataset is converted into JSON-like documents, each representing a student's profile, including grades, stress levels, and daily activities.
- Queries: Queries identify students eligible for scholarships (GPA ≥ 7), counseling (moderate/high stress), and sports scholarships (physical activity ≥ 5 hours/day).
   Low-performing students (GPA ≤ 2) are removed.
- **Advantages**: TinyDB's simplicity allows rapid prototyping and flexible querying, suitable for small-scale, dynamic datasets.

```
def phase2_tinydb(df: pd.DataFrame, tiny_path: Path) -> None:
   print(banner("Phase 2 - NoSQL (TinyDB)"))
   db = TinyDB(tiny_path)
   db.truncate()
   sample = df
   docs = [{
        "student_id": int(r.Student_ID),
       "study_hours_per_day": float(r.Study_Hours_Per_Day),
        "extracurricular_hours_per_day": float(r.Extracurricular_Hours_Per_Day),
       "sleep_hours_per_day": float(r.Sleep_Hours_Per_Day),
        "social_hours_per_day": float(r.Social_Hours_Per_Day),
        "physical_activity_hours_per_day": float(r.Physical_Activity_Hours_Per_Day),
       "stress_level": r.Stress_Level,
"gender": r.Gender,
       "grades": float(r.Grades),
   } for r in sample.itertuples(index=False)]
   db.insert_multiple(docs)
   print("Inserted 100 student records!")
   Student = Query()
   print("\nStudents eligible for scholarships (GPA >= 7):")
   scholarship_students = db.search(Student.grades >= 7)
   for student in scholarship_students:
       print(f"Student ID: {student['student_id']}, GPA: {student['grades']}")
   print("\nStudents recommended for counseling (Moderate or High stress):")
   counseling_students = db.search(Student.stress_level.one_of(['Moderate', 'High']))
   for student in counseling_students:
       print(f"Student ID: {student['student_id']}, Stress Level: {student['stress_level']}")
   print("\nStudents eligible for sports scholarships (Physical Activity >= 5 hours/day):")
   sports_students = db.search(Student.physical_activity_hours_per_day >= 5)
   for student in sports students:
       print(f"Student ID: {student['student_id']}, Physical Activity: {student['physical_activity_hours_per_day']} hours")
     Delete students with GPA
   db.remove(Student.grades <= 2)</pre>
   print("\nDeleted students with GPA <= 2!")</pre>
    # Step 10: Count Documents
   print("\nTotal number of students:", len(db))
```

#### Phase 3: Stream Processing (PySpark)

This phase uses PySpark for distributed data processing, simulating a streaming pipeline:

- **Data Processing**: The dataset is processed to filter high-performing students (grades ≥ 9.75), select specific columns, and sort by grades.
- **Output**: Results are saved as CSV files in three directories (output\_students, output\_students2, output\_students3).

• **Scalability**: PySpark ensures the pipeline can handle larger datasets in a distributed environment, with local execution for testing.

```
!pip install -q pyspark
  #Start SparkSession
  from pyspark.sql import SparkSession
  spark = SparkSession.builder.appName("StudentsLifeStyle").getOrCreate()
  df = spark.read.csv("/content/student_lifestyle_cleaned.csv", header=True )
   # Create DataFrame
  df.show()
student_id|study_hours_per_day|extracurricular_hours_per_day|sleep_hours_per_day|social_hours_per_day|
         1
                          6.9
                                                                            8.7
                                                                                                 2.8
                                                        3.8
                                                        3.5
                          5.3
                                                                            8.0
                                                                                                 4.2
                          5.1
                                                        3.9
                                                                            9.2
```

```
# Filter students with grades above 9.75/10
    filtered_df = df.filter(df["grades"] >= 9.75)
    filtered_df.show()
                                                       Python
        -----+
per_day|physical_activity_hours_per_day|stress_level|gender|grades|
   3.1
                                0.8
                                           High|Female| 10.0|
   5.3
                                           High | Male
                                                        9.8
                                3.1
   3.3
                                3.7
                                           High Male 9.82
   2.5
                                0.8
                                           High | Male | 9.78
   0.1
                                2.0
                                           High | Male
                                                        9.75
```

```
selected_df = df.select(df["student_id"],df["grades"])
selected_df.show()

Python

+-----+
|student_id|grades|
+-----+
| 1| 7.48|
| 2| 6.88|
| 3| 6.68|
| 4| 7.2|
| 5| 8.78|
| 6| 7.12|
```

```
sorted_df = df.orderBy(df["grades"].desc())
    sorted_df.show()
                                                           Python
per_day|physical_activity_hours_per_day|stress_level|gender|grades|
   3.3
                                  3.7
                                              High|
                                                     Male
                                                            9.82
   5.3
                                  3.1
                                              High | Male
                                                            9.8
   2.5
                                  0.8
                                              High|
                                                     Male
                                                            9.78
   0.1
                                  2.0
                                              High | Male |
                                                            9.75
   2.1
                                  2.1
                                              High | Male
                                                            9.68
   0.6
                                  2.0
                                              High | Male
                                                            9.68
   3.0
                                  3.6
                                              High | Female |
                                                            9.65
                                              High | Male
   1.9
                                  1.7
                                                            9.62
                                              High Female
   5.7
                                  0.7
                                                            9.6
```

```
def phase3_spark(clean_csv: Path, out_dir: Path) -> list[Path]:
    print(banner("Phase 3 - Stream Processing (PySpark)"))
    spark = SparkSession.builder.appName("StudentsLifeStyle").master("local[*]").getOrCreate()
    sdf = spark.read.csv(str(clean_csv), header=True, inferSchema=True)
    sdf = sdf.withColumnRenamed("Grades", "grades")
    filtered = sdf.filter(sdf["grades"] >= 9.75)
    selected = sdf.select("student_id", "grades")
    sorted_df = sdf.orderBy(sdf["grades"].desc())
    dirs = [
         out_dir / "output_students",
         out_dir / "output_students2",
         out_dir / "output_students3",
    filtered.write.mode("overwrite").option("header", "true").csv(str(dirs[0]))
selected.write.mode("overwrite").option("header", "true").csv(str(dirs[1]))
sorted_df.write.mode("overwrite").option("header", "true").csv(str(dirs[2]))
    spark.stop()
    print("Spark outputs >", ", ".join(d.name for d in dirs))
    return dirs
```

#### **Phase 4: Integration and Reporting**

This phase consolidates data from all previous phases:

- **Data Integration**: SQLite, TinyDB, and PySpark outputs are merged into a single Pandas DataFrame, handling schema differences and ensuring consistency.
- **Output**: A combined CSV (combined\_dataset.csv) is generated, including a top performer flag for high-achieving students.
- Reporting: Aggregate insights, such as average grades by stress level, are computed and displayed.

```
def phase4_integration(db_path: Path, tiny_path: Path, spark_dirs: list[Path], out_csv: Path) -> pd.DataFrame:
    print(banner("Phase 4 - Integration & Reporting"))
    with sqlite3.connect(db_path) as conn:
       students = pd.read_sql("SELECT * FROM Students", conn)
grades = pd.read_sql("SELECT * FROM Grades", conn)
       acts = pd.read_sql("SELECT * FROM Daily_Activities", conn)
    nosql_df = pd.DataFrame(TinyDB(tiny_path).all())
    # Read phase 3 data
    spark_frames: dict[str, pd.DataFrame] = {}
    for d in spark_dirs:
       files = sorted(glob.glob(str(d / "*.csv")))
        if files:
           spark_frames[d.name] = pd.read_csv(files[0])
    relational = (
       students
        .merge(grades, on="student_id", how="left")
        .merge(acts, on="student_id", how="left")
    relational.columns = map(str.lower, relational.columns)
    nosql_df["student_id"] = nosql_df["student_id"].astype(int)
    combined = relational.merge(nosql_df, on="student_id", how="outer", suffixes=("", "_nosql"))
    if "output_students" in spark_frames:
       perf = spark_frames["output_students"][["student_id"]].astype(int)
       perf["top_performer"] = True
       combined = combined.merge(perf, on="student_id", how="left")
        combined["top_performer"].fillna(False, inplace=True)
    combined.to_csv(out_csv, index=False)
    print(f"Combined CSV saved > {out_csv.name} ({len(combined):,} rows)")
    print(banner("Average Grade by Stress Level"))
    if "grade_value" in combined.columns:
        print(combined.groupby("stress_level")["grade_value"].mean().round(2))
    return combined
```

#### **Dashboard (Streamlit)**

The Streamlit dashboard visualizes the outputs of all phases:

- Components: Displays tables for SQLite data, TinyDB documents, PySpark outputs, and the combined dataset.
- Visualizations: Includes a bar chart showing average grades by stress level.
- **Interactivity**: Users can expand instructions and explore data dynamically, with a refresh option to update after pipeline reruns.

The pipeline is executed via streamlit run main.py, ensuring seamless integration of data processing and visualization.

```
def launch_dashboard(db_path: Path, tiny_path: Path, spark_dirs: list[Path], combined_csv: Path) -> None:
   conn = sqlite3.connect(db_path)
   students_df = pd.read_sql_query("SELECT * FROM Students", conn)
   conn.close()
   records = TinyDB(tiny_path).all()
   tiny_df = pd.DataFrame(records)
   streamed = []
   for d in spark_dirs:
       for f in sorted(Path(d).glob("*.csv")):
          streamed.append(pd.read_csv(f))
   stream_df = pd.concat(streamed, ignore_index=True) if streamed else pd.DataFrame()
   combined = pd.read_csv(combined_csv)
   st.title(" \( \) Student Data Dashboard")
   with st.expander("[] Instructions", expanded=False):
       st.markdown("This dashboard illustrates the outputs of all four pipeline phases ...")
   st.subheader(" | Phase 1: Students (Relational DB)")
   st.dataframe(students_df, use_container_width=True)
   st.subheader(" Phase 2: Lifestyle Documents (TinyDB)")
   st.dataframe(tiny_df, use_container_width=True)
   st.subheader(" ▶ Phase 3: Streamed Grades (Spark CSVs)")
   if not stream_df.empty:
       st.dataframe(stream_df, use_container_width=True)
   else:
       st.info("No stream data found - run Phase 3 first.")
   st.subheader(" * Phase 4: Combined Dataset")
   st.dataframe(combined, use_container_width=True)
   st.subheader(" Aggregate Insights")
   if "grades" in tiny_df.columns:
       st.bar_chart(tiny_df.groupby("stress_level")["grades"].mean())
   st.success("Dashboard ready! Reload after rerunning the pipeline to refresh data.")
```

## Student Data Dashboard

Instructions

#### Phase 1: Students (Relational DB)

	stress_level
	Medium
	Low
	Low
	Moderate
	High
	Moderate
	High
	High
	Low
10	Moderate

#### Phase 2: Lifestyle Documents (TinyDB)

			sleep_hours_per_day	social_hours_per_day			gender	
	6.9	3.8				Moderate	Male	7.48
	5.3	3.5				Low	Female	6.88
	5.1	3.9	9.2	1.2	4.6	Low	Male	6.68
	6.5				6.5	Moderate	Male	
		0.6	6.5		6.6	High	Male	8.78
				0.3	7.6	Moderate	Female	7.12
			5.3		4.3	High	Male	
	8.4	1.8	5.6		5.2	High	Male	
		3.6			4.9	Low	Male	7.05
			9.8	4.5		Moderate	Female	6.9

## Phase 3: Streamed Grades (Spark CSVs)

					physical_activity_hours_per_day		gender	grades	geno
52		2.6	8.5		0.8	High	Female	10	
871						High	Male	9.8	
1230	9.8					High	Male	9.82	
1455	9.4	1.8	9.5	2.5	0.8	High	Male	9.78	
1589	9.8		9.1			High	Male	9.75	
					0.8	High	Female		
871						High	Male	9.8	
1230	9.8			3.3		High	Male	9.82	
1455	9.4	1.8	9.5	2.5	0.8	High	Male	9.78	
1589	9.8					High	Male	9.75	

#### \* Phase 4: Combined Dataset

	stress_level	grade_id	grade_value	activity_id		extracurricular_hours	sleep_hours	social_hours		study_hours_per_
	Medium		7.48		6.9	3.8		2.8	1.8	
	Low		6.88		5.3	3.5		4.2		
	Low		6.68			3.9			4.6	
	Moderate				6.5				6.5	
	High		8.78		8.1	0.6	6.5		6.6	
	Moderate		7.12					0.3	7.6	
	High								4.3	
	High				8.4					
	Low		7.05			3.6			4.9	
10	Moderate	10	6.9			0.7	9.8	4.5		

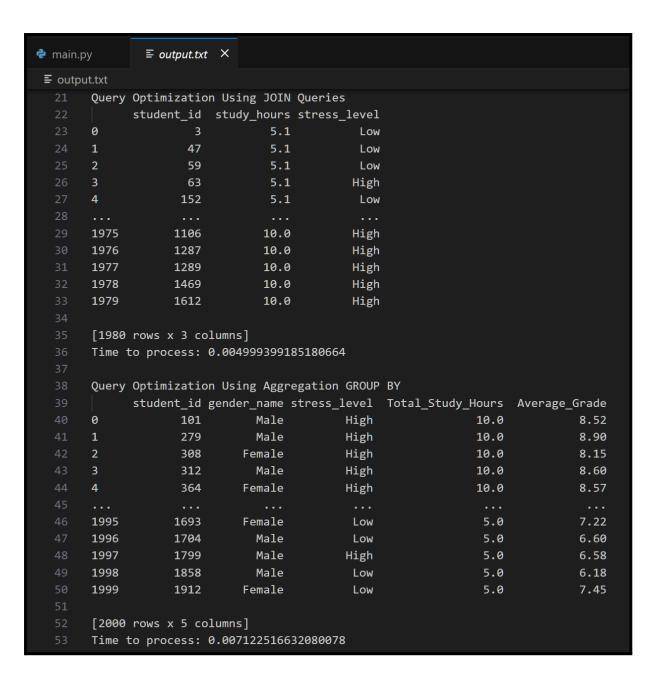
## Aggregate Insights



Dashboard ready! Reload after rerunning the pipeline to refresh data.

# **Sample Outputs**

```
≡ output.txt ×
main.py
 ≡ output.txt
   1
        Phase 1 - Relational DB (SQLite)
        Loaded 2,000 rows from student_lifestyle_dataset.csv
       CRUD Operations
        The row 1 in student:
       [(1, 1, 'Moderate')]
       Updated row 1 in student:
       [(1, 1, 'Medium')]
  11
       Created row 2001 in student table:
  12
       [(2001, 2, 'Medium')]
  13
       Deleted row 2001 from the student:
  14
  15
```



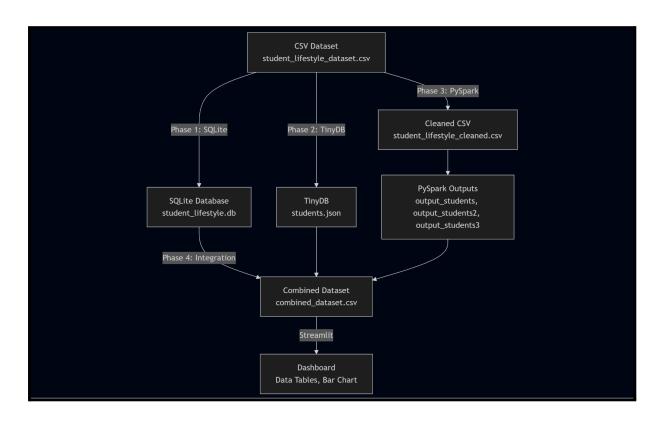
```
lime to process: ש.שט/ובעסטומסטעוא
     ✓ SQLite populated and tested → student lifestyle.db
     Phase 2 - NoSQL (TinyDB)
     Inserted 100 student records!
     Students eligible for scholarships (GPA >= 7):
     Student ID: 1, GPA: 7.48
    Student ID: 4, GPA: 7.2
62
     Student ID: 5, GPA: 8.78
     Student ID: 6, GPA: 7.12
     Student ID: 7, GPA: 7.7
    Student ID: 8, GPA: 8.0
    Student ID: 9, GPA: 7.05
    Student ID: 11, GPA: 8.57
    Student ID: 12, GPA: 7.42
    Student ID: 13, GPA: 7.05
71
    Student ID: 14, GPA: 7.18
    Student ID: 15, GPA: 8.5
    Student ID: 16, GPA: 8.0
    Student ID: 17, GPA: 8.4
```

```
main.pv
                ≡ output.txt ×
 ≡ output.txt
        Students recommended for counseling (Moderate or High stress):
1770
        Student ID: 1, Stress Level: Moderate
        Student ID: 4, Stress Level: Moderate
        Student ID: 5, Stress Level: High
        Student ID: 6, Stress Level: Moderate
        Student ID: 7, Stress Level: High
        Student ID: 8, Stress Level: High
        Student ID: 10, Stress Level: Moderate
        Student ID: 11, Stress Level: High
        Student ID: 12, Stress Level: Moderate
        Student ID: 13, Stress Level: High
1780
1781
        Student ID: 15, Stress Level: High
        Student ID: 16, Stress Level: Moderate
1782
1783
       Student ID: 17, Stress Level: High
        Student ID: 18, Stress Level: High
1784
1785
        Student ID: 19, Stress Level: High
        Student ID: 20, Stress Level: Moderate
1786
```

```
main.py
                ≡ output.txt ×
≡ output.txt
        Students eligible for sports scholarships (Physical Activity >= 5 hours/day):
       Student ID: 4, Physical Activity: 6.5 hours
       Student ID: 5, Physical Activity: 6.6 hours
       Student ID: 6, Physical Activity: 7.6 hours
       Student ID: 8, Physical Activity: 5.2 hours
       Student ID: 15, Physical Activity: 7.3 hours
       Student ID: 16, Physical Activity: 8.4 hours
       Student ID: 19, Physical Activity: 9.0 hours
       Student ID: 21, Physical Activity: 7.3 hours
       Student ID: 25, Physical Activity: 8.6 hours
       Student ID: 28, Physical Activity: 6.5 hours
       Student ID: 29, Physical Activity: 6.7 hours
       Student ID: 32, Physical Activity: 7.5 hours
       Student ID: 33, Physical Activity: 7.9 hours
       Student ID: 35, Physical Activity: 6.3 hours
        Student ID: 40, Physical Activity: 6.5 hours
       Student ID: 43, Physical Activity: 9.2 hours
        Student ID: 53, Physical Activity: 5.6 hours
       Student ID: 55. Physical Activity: 7.4 hours
```

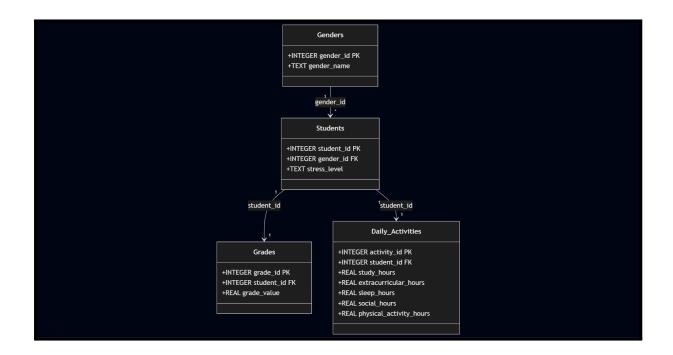
```
main.py
               ≡ output.txt ×
 ≡ output.txt
       Phase 3 - Stream Processing (PySpark)
       Spark outputs → output_students, output_students2, output_students3
       Phase 4 - Integration & Reporting
       Combined CSV saved → combined_dataset.csv (2,000 rows)
       Average Grade by Stress Level
       stress_level
       High 8.15
                  7.04
       Low
       Medium
                  7.48
       Moderate
                  7.56
       Name: grade_value, dtype: float64
        Pipeline complete!
```

## **Diagrams**



## Student\_Lifestyle\_Before\_Normalization

- +INTEGER Student\_ID PK
- +TEXT Gender
- +TEXT Stress\_Level
- +REAL Grades
- +REAL Study\_Hours\_Per\_Day
- +REAL Extracurricular\_Hours\_Per\_Day
- +REAL Sleep\_Hours\_Per\_Day
- +REAL Social\_Hours\_Per\_Day
- +REAL Physical\_Activity\_Hours\_Per\_Day



## **Lessons Learned**

#### 1. Database Trade-offs:

**SQLite**: Well-suited for structured, relational data with strong consistency; however, it is less flexible for dynamic schemas. Indexing significantly enhanced query performance (e.g., accelerated study\_hours queries).

**TinyDB**: Facilitated simplified NoSQL prototyping but lacked scalability for extensive datasets or complex queries.

**PySpark**: Effective for distributed processing, though it proved excessive for small datasets, resulting in overhead in local configurations.

#### 2. Data Integration Challenges:

Integrating data from diverse sources (SQL, NoSQL, Spark) necessitated meticulous schema alignment and management of missing values. Utilizing Pandas for integration was beneficial, but memory-intensive for larger datasets.

#### 3. Query Optimization:

Implementing indexing in SQLite significantly decreased query times, highlighting the critical importance of database optimization.

JOIN and GROUP BY queries in SQLite yielded valuable insights but required careful design to avoid performance bottlenecks.

## 4. Streamlit Usability:

Streamlit's user-friendly interface enabled expedited dashboard development; however, rendering extensive DataFrames resulted in minor performance delays. Optimizing data display (e.g., limiting row outputs) could improve user experience.

#### 5. Pipeline Modularity:

Organizing the pipeline into distinct phases enhanced maintainability and debugging.

#### 6. Scalability Considerations:

Although the current pipeline is adequate for small datasets, scaling to larger datasets will require replacing TinyDB with a more robust NoSQL solution (e.g., MongoDB) and optimizing PySpark for distributed clusters.

#### 7. Error Handling:

Implementing robust error handling (e.g., verifying CSV existence) was vital to prevent pipeline failures. Future iterations should incorporate logging and user-friendly error messages.