

Updated:
March 2020

STOPvaping info sheet

*Surgeon General's
Advisory (NIH)*

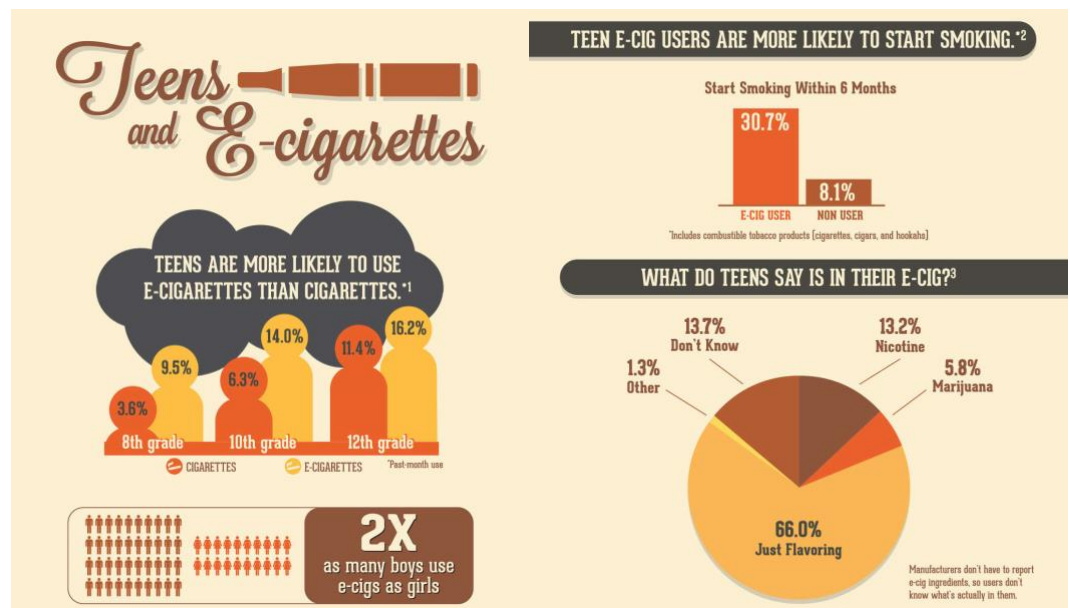
KNOW THE RISKS. TAKE ACTION. PROTECT OUR KIDS.

As pharmacists, we have an important role in addressing this public health epidemic.

The purpose of this Toolkit is to educate pharmacists to be prepared for adequate counseling on vaping epidemic and cessation for the youth. We offer up-to-date information about youth vaping and provide practical and effective solutions.

Teen Vaping statistics

30.7% of vaping users started smoking within 6 months compared to 8.1% of non-users



Source: National Institute on Drug Abuse; National Institutes of Health; U.S. Department of Health and Human Services.

How to answer the Big question:

Why is vaping bad?

Vaping has been associated with many risks.

Explosion

EVALI

Addiction

Brain development



Recommendations for parents

Suggest open communications with their children

1. Know different types of e-cigarettes
2. Ask them what they know about vaping
Ex) How many students in your class use vaping?
3. Be a good model
4. Encourage

Solutions

NRT

Deterring images

SmokefreeTXT

Frequently Asked Questions

Q. Is second-hand vaping bad?

A.

Q. Isn't vaping safer than smoking?

A.

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