



Welcome back to school!

Objectives

Our objective is to create a space where children can express their thoughts, expectations, dreams, and wishes for the new school year in an experiential and different way.

Pause

Take a moment to take a pause together, to focus on the process. Play a piece of music that you and your kids like.

Expanding

Afterwards, let your kids choose 3 cards, facing up or down and place them on the questions. Encourage curiosity & no judgement. Have a conversation about each card.

Focus and action

Finish by focusing on the main insights you gathered. Finally, identify the steps you can take today to work towards a fruitful and successful school year. Don't forget to enjoy!

[2] What obstacles do I choose to overcome this year?

My Card:

[1] What excites me about the new school year?

My Card:

[3] What can help me experience success?

My Card:
