



Points of You Masterclass

Monday, April 5, 2021

'The Seven-Eyed Model of Supervision'

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Eye 4 ~ Focusing on the Supervisee

Four stages to elicit the supervisee counter-transference (Heron J., 1974)

Stage 1 ~ The supervisee is encouraged to share their first spontaneous responses to the question: 'Who does this person remind you of?' The supervisor keeps repeating the question until the supervisee discovers an answer, which could be a person from their past, a well-known personality, an historical figure or mythic figure, or part of themselves.

Stage 2 ~ The supervisee is then asked what they want to say to that person that they discovered in Stage 1, particularly what is unfinished in their relationship with that person.

Stage 3 ~ The supervisee is asked to describe all the ways in which their client is different from that person.

Stage 4 ~ The supervisee is then asked what they want to say to their client. If the previous stages have been completed satisfactorily then the supervisee will be able to address the client differently.