



## I'm Going All The Way

### Objective

To make your goals in life clear and to check within yourself what needs to be done in order to actually implement them.

### Pause

Choose an important goal you hope to achieve. The goal can be such as personal relationship goal, parenting, work, money...

For example:

1. I want to earn at least \$15,000 a month.
2. I want to be in a personal relationship.

Clearly write down your goal.

### Expand & Connect

Now we are ready. So let's go... You can choose 3 cards, at random or openly, and set them out on the chart in order. Or you can chose your own photos from your personal albums/ to take new especially for this process. And ask yourself: How can the cards help me answer the questions?

### Focus & Action

Write down the main insights you have reached. Write down 3 actions that will express these insights in practice and advance you to a better year: one for the next 24 hours, one for next week and one for the coming month.

### [ 2 ] What brings me closer to my goal?

My card:

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### [ 1 ] What's preventing/stopping me from achieving my goal?

My card:

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### [ 3 ] What do I need to express in order to achieve my goal?

My card:

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