P⊙INTS ⊕F Y⊕U°

Creative Tools & Training for Development

I'm Going All The Way

Objective

To make your goals in life clear and to check within yourself what needs to be done in order to actually implement them.

Pause

Choose an important goal you hope to achieve. The goal can be such as personal relationship goal, parenting, work, money...

For example:

- 1. I want to earn at least \$15,000 a month.
- 2. I want to be in a personal relationship. Clearly write down your goal.

Expand & Connect

Now we are ready. So let's go... You can choose 3 cards, at random or openly, and set them out on the chart in order. Or you can chose your own photos from your personal albums/ to take new especially for this process. And ask yourself: How can the cards help me answer the questions?

Focus & Action

Write down the main insights you have reached. Write down 3 actions that will express these insights in practice and advance you to a better year: one for the next 24 hours, one for next week and one for the coming month.

[2] What brings me closer to my goal?

My card:	

[1] What's preventing/stopping me from achieving my goal?

My card:	

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[3] What do I need to express in order to achieve my g	/ goal?
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My card: