

PLAN FOR DISTRACTORS

Meetings that don't produce actionable outcomes waste everyone's time. It helps to be aware of informal roles people naturally assume during meetings. [*This video from Tripp and Tyler*](#) takes a humorous look at participant behaviors that can derail results. Initiators offer lots of ideas and propose new solutions. Information seekers request clarification and ask for data. Harmonizers reduce tension through humor and supporters keep the spirits high and help include reticent members. Expeditors encourage even-ness of participation between members. Take a look at who might assume these roles and prepare in advance to channel their energies in a positive direction. Find some truth in humor and try out Tripp and Tyler's tips.