

Security Training and Awareness

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Information Security and Policy– Lecture 10

Today's topics:

- Social Engineering
- Phishing

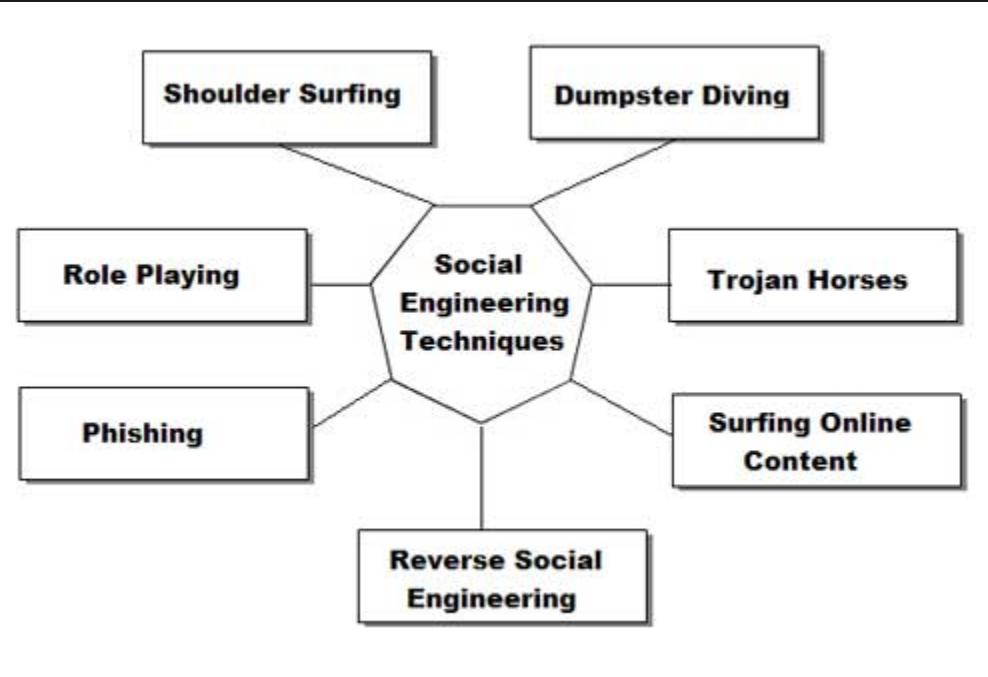
Security Training
and Awareness

Security Policy is only as strong as the people who follow it.

Its (arguably) hardwired into the human psyche to want to help others and be social.

Social Engineering is a process that exploits brain chemistry and societal/cultural norms to build trust that is (often) then used for nefarious purposes.

Weapons of a Social Engineer



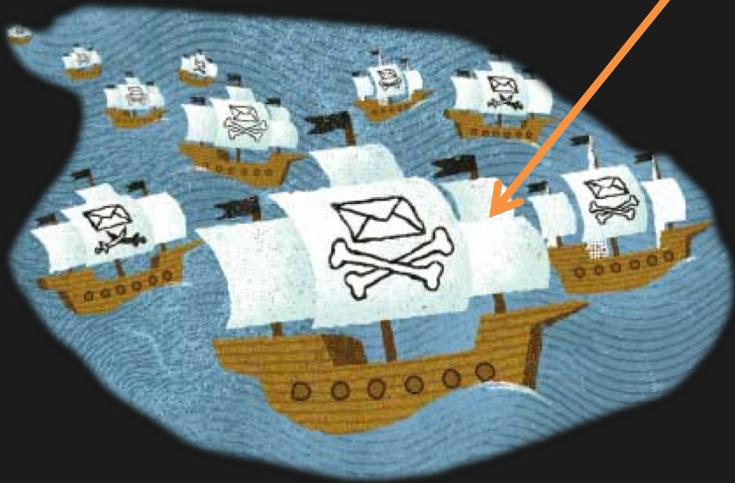
Social Engineering

Phishing is the most popular form of social engineering.

Lets start with some **facts**.

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ARRRRRRR

164 Million
Phishing Emails
(Every Day)
(60 Billion Yearly)

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147.5 Million

Crash and burn at spam filters



ARRun it's the googles

But that means...

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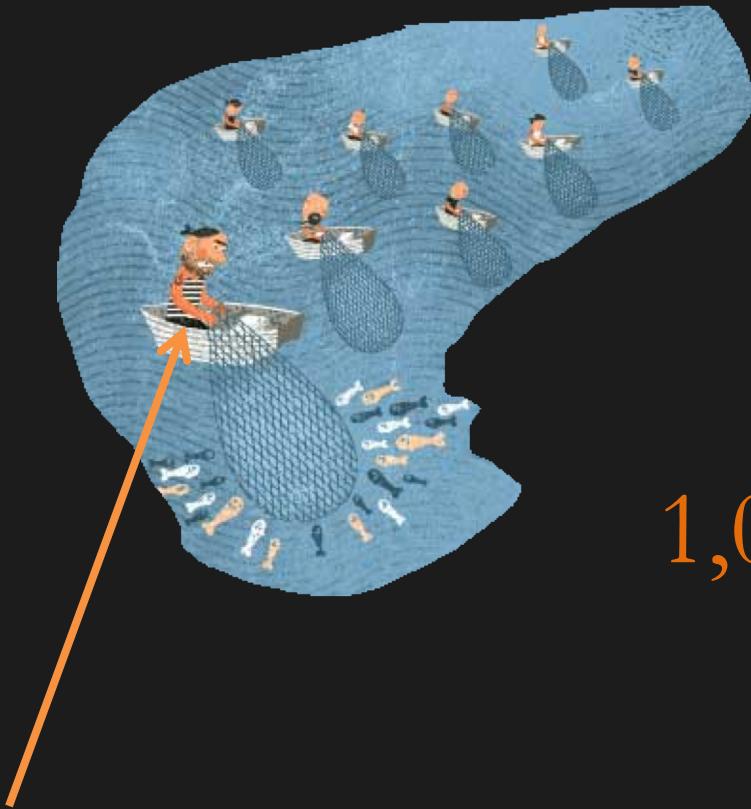
CHARRRRRRRGE

16.5 Million
(6 Billion Yearly)
Make it through Filters

and...
8.2 Million (3B)
are actually opened

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1,000,000 (356M)
(about 10%)
Links are clicked

I have you now

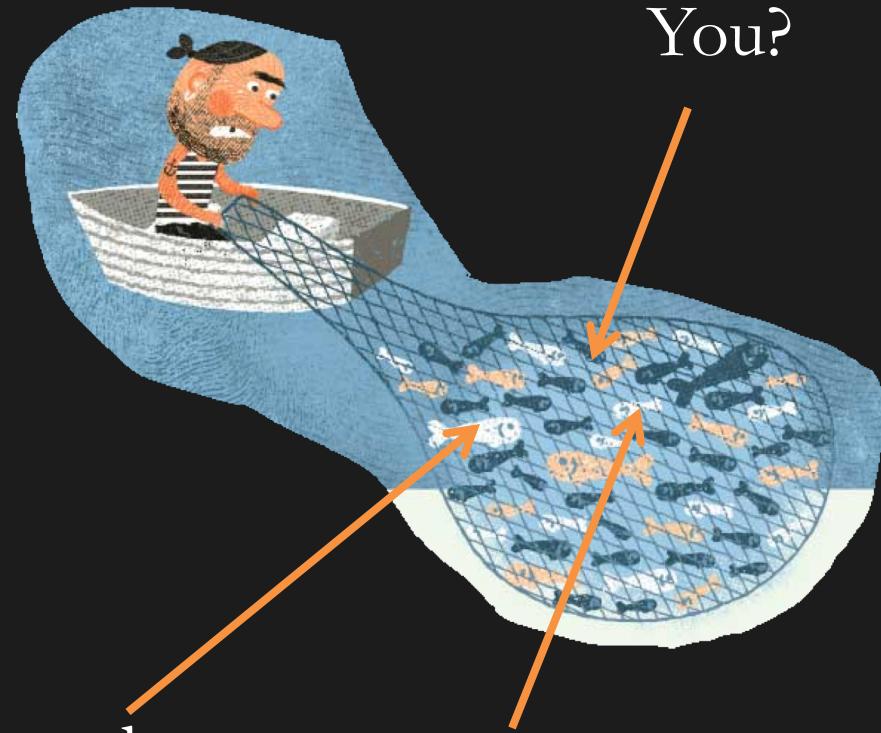
Increasing complexity, i.e. spear phishing or whale phishing...

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100,000 (28M)

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Fall for a scam and/or share their personal info.



Grandma

Uncle Ed.

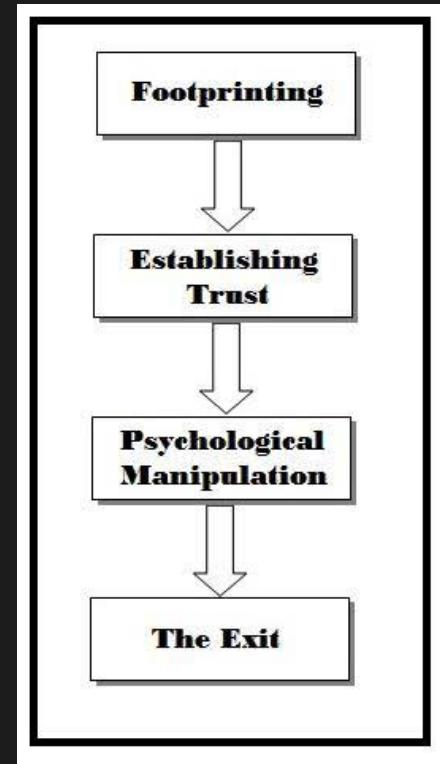
We will come back to phishing prevention

For now – Lets look at social engineering in general
and the tools of the trade

Social Engineering Lifecycle

Four main phases

- Footprinting
 - target and environment info
 - organizational chart, etc
- Establish trust
 - develop relationship with the target
- Manipulation
 - extract info from target
- Exiting
 - get away without drawing attention



Best Pop-culture reference for Social Engineering:
House of Cards Gavin Orsey Sub-plot
(Kevin Spacey is apparently awful),
but this still great example of SE.

Social Engineering Lifecycle: Footprinting



Social Engineering

Social Engineering Lifecycle: Establish Trust



Lisa Williams

Social Engineering

Social Engineering Lifecycle: Manipulation



Social Engineering

Social Engineering Lifecycle: Exit



Social Engineering

Then again, its not hard to beat Hollywood realism



Social Engineering

Why it wasn't awful



A screenshot of a Twitter profile card. At the top is a circular profile picture of a man with short brown hair and a beard. Below the picture, the name "Gregg Housh" is displayed with a blue verified checkmark icon. The handle "@GreggHoush" is shown below the name. A bio follows, describing the user as an activist focused on internet freedoms, censorship, over-prosecution, Anonymous, and more. Below the bio are links for GPG key (0x5B9EE576F9EF31BA), a website (gregghoush.com), and a join date (March 2012). A blue button at the bottom says "Tweet to Gregg Housh". At the very bottom, there's a link to 164 photos and videos.

Gregg Housh 

@GreggHoush

I am an activist focused on internet freedoms, censorship, over-prosecution, Anonymous, and a lot more.

⌚ GPG: 0x5B9EE576F9EF31BA

🔗 gregghoush.com

📅 Joined March 2012

[Tweet to Gregg Housh](#)

 164 Photos and videos

<https://twitter.com/GreggHoush>

Social Engineering

Back to the point...

Security Training

Human Behavior

Many reasons SE works

- Excitement of victory or gain (“you won 1 million dollars)
- Fear of Authority (earlier today)
- Desire to be helpful
- Fear of loss (also today)
- Laziness
- Ego
- Lack of Knowledge

implementing policy and avoiding social engineering requires two things:

- Awareness (what bad things can happen) and
- Training (how can I avoid said bad things)

Encouraging Awareness

- Raising awareness can improve compliance without training
 - e.g. “Click it or Ticket”
- In info. sec. there are many topics that fit well into awareness sessions:
 - implications of policy non-compliance (e.g. penalties)
 - web usage
 - shoulder surfing, tailgating
 - phishing attempts
 - pyramid schemes, etc
- Just knowing they exist makes users more wary and (hopefully) less prone to falling for attacks or violating policy

How to encourage awareness?

- Email advisories / adverts / posters
- Periodicals
- Conferences, seminars, courses
- Word of mouth
- New recruit orientations
- Active training (a big area of my research, we will come back to it)

Training

- More active than awareness
- Requires users to have some buy-in to be successful
 - users need to think it is relevant to them
 - shouldn't be too boring
 - should be just the right balance of in-depth and high level

How to train?

- Web-based videos / quizzes / role play scenarios
- Live role play
- Un-announced penetration testing and subsequent lessons-learned
- Onsite instructor training
- Interactive systems

Need to know what people need to know

- Its good to do a needs assessment to understand how well versed people are on [insert topic] (e.g. SE attacks or policy)
- Identify gaps in knowledge and target awareness and training efforts there
- Also good to measure how well the awareness/training program is working
 - How many people have attended awareness seminars? Gone through training?
 - Random polls
 - etc

Prioritize

Just like other info. sec. and risk mgmt. target biggest threats first



Security Training

NIST(yes I know you probably hate this word) Support

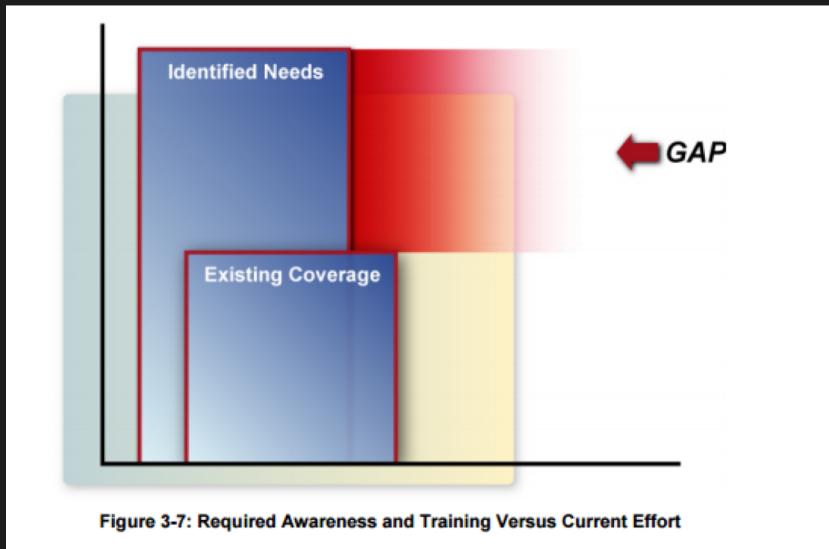
- The 800-50 is a great resource for thinking about awareness and training
- Has sample awareness topics
- Has sample needs assessment questionnaires
- Has sample awareness and training metrics
- Good strategies for A & T

<http://csrc.nist.gov/publications/nistpubs/800-50/NIST-SP800-50.pdf>

Security Training

NIST(yes I know you probably hate this word) Support

needs assessment questionnaire



NIST Special Publication 800-50

APPENDIX A—SAMPLE NEEDS ASSESSMENT INTERVIEW AND QUESTIONNAIRE

Current Assignment (Agency/Office): _____

Parent Organization (Department/Agency): _____

Rank or Grade: _____ **Date of Current Assignment (mm/yy):** _____

JobTitle: _____

This questionnaire is designed to find out about the knowledge, skills, and experience you use to administer your organization's automated information systems and networks. It asks about functions you perform, how you learned to do them, and the kinds of training you think would be of greatest benefit to you on the job. The information you provide will be used to design security training to meet the needs of (agency name) system administrators. The questionnaire should take you approximately 30 minutes to complete.

Part 1. Background:

1. Do you currently perform duties as a system administrator? **Yes** **No**
1a. If Yes, do you do the job on a full-time basis? **Yes** **No**
1b. If less than full time, what percent of time do you spend doing system administration duties? %
2. How long have you worked as a system administrator? Years Months
3. Do you have system administrators working for you? **Yes** **No**
4. Do you work for a system administrator? **Yes** **No**
5. Did you have formal training in system administration? **Yes** **No**
(If Yes, please specify below)

(School or Vendor)	Course Title/Name	(Duration- Days) (Year)
(School or Vendor)	Course Title/Name	(Duration- Days) (Year)

6. Did you have formal training in system security? (If Yes, please specify below)... **Yes** **No**

(School or Vendor)	Course Title/Name	(Duration- Days) (Year)
(School or Vendor)	Course Title/Name	(Duration- Days) (Year)

7. Please indicate the number of years of formal education you have completed.
(e.g., HS =12 years, BA/BS= 16 years): _____

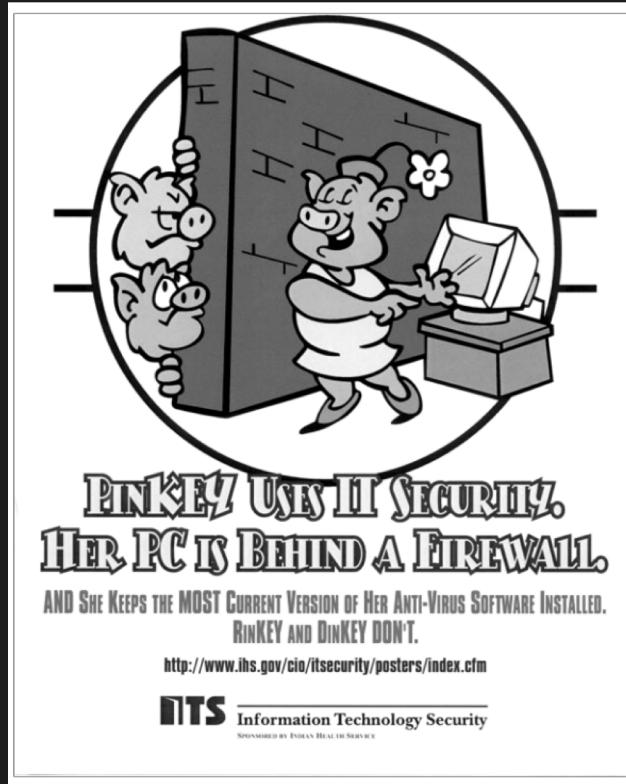
8. How many seminars or conferences relating to system administration or information systems security have you attended in the last year? _____

9. Do you regularly read computer/networking/software journals or magazines? (If yes, please specify below) **Yes** **No**

Security Training

NIST(yes I know you probably hate this word) Support

....and hilarious (cringe worthy)
example posters



<http://csrc.nist.gov/publications/nistpubs/800-50/NIST-SP800-50.pdf>

Security Training

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Social Engineering Toolkit lab
+
Read (i.e. glance) at the NIST 800-50
<http://csrc.nist.gov/publications/nistpubs/800-50/NIST-SP800-50.pdf>

N
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t



Questions?

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