

DRUG DOSAGES IN PAEDIATRIC ANAESTHESIA

PREMEDICATION	
Atropine	0.04mg/kg oral, or 0.02mg/kg IM
Chloral Hydrate	50mg/kg oral, given 30-45 minutes before surgery
Clonidine	2mcg/kg oral
Hyoscine hydrobromide	0.01mg/kg IM, given 30 minutes before surgery
Ketamine	5mg/kg oral, or 2-4mg/kg IM
Midazolam	0.5mg/kg oral, given 15 minutes before surgery 0.1-0.2mg/kg IV, or 0.2-0.3mg/kg intranasal (causes a burning sensation)
Promethazine	1mg/kg oral, given 30 minutes before surgery

INTRAVENOUS INDUCTION AGENTS	
Etomidate	0.3mg/kg IV
Ketamine	0.2mg/kg IV or 5-10mg/kg IM
Propofol	2-6mg/kg IV, over 3 months of age
Thiopentone	5mg/kg IV (if premedicated), 5-8mg/kg IV (if unpremedicated)

MUSCLE RELAXANTS

Atracurium	0.5mg/kg IV
Mivacurium	0.15mg/kg IV
Pancuronium	0.1mg/kg IV
Rocuronium	0.6-1.2mg/kg IV
Suxamethonium	1-2mg/kg IV

REVERSAL AGENTS

Atropine	0.02mg/kg IV
Glycopyrrolate	0.01mg/kg IV
Neostigmine	0.05mg/kg IV
Sugammadex	2mg/kg IV for moderate blockade 4mg/kg IV for deep blockade 16mg/kg IV for immediate reversal

ANALGESICS

Paracetamol	15 mg/kg oral/IV 6-8 hourly (paediatrics) 7.5-10 mg/kg oral/IV (neonates)
Ibuprofen	5-10mg/kg oral 6-8 hourly
Diclofenac	1 mg/kg per rectal
Oxycodone	0.1 - 0.2 mg/kg oral 6-8 hourly
Fentanyl	0.5 - 3 mcg/kg IV
Morphine	0.05- 0.2 mg/kg IV
Remifentanyl	0.01-1 mcg/kg/min, titrate to effect

LOCAL ANAESTHETICS (TOXIC DOSE)

Bupivacaine	$\geq 2.5\text{mg/kg}$; $\geq 2\text{mg/kg}$ in neonates
Levobupivacaine	$\geq 2.5\text{mg/kg}$, $\geq 2\text{mg/kg}$ in neonates
Lignocaine	$\geq 3\text{mg/kg}$; $\geq 7\text{mg/kg}$ (with adrenaline)

** please refer to chapter on Regional Anaesthesia for dosing guidelines for central neuraxial blocks or peripheral nerve blocks*

DRUGS USED FOR EMERGENCIES/ RESUSCITATION

CARDIAC RESUSCITATION DRUGS

Adrenaline	<p>0.1ml/kg of 1:10 000 IV/ IO (ie 10mcg/kg) repeated 3-5min as required 0.1ml/kg of 1:1000 via ETT</p> <p>Anaphylaxis: 0.05ml/kg of 1:10 000 IV, or 0.01ml/kg of 1:1000 IM Severe croup: 0.5ml/kg/dose of 1:1000 nebulised (max 5ml)</p>
Adenosine	0.1-0.2mg/kg IV (max 6-12mg) for SVT, and flushed with 10ml NS
Atropine	0.02mg/kg
Amiodarone	<p>5mg/kg IV over 3-5min, may repeat 5mg/kg/dose up to 3 times (max 15mg/kg) Infusion: 5-15mcg/kg/min</p>
Calcium chloride 10%	0.2ml/kg IV
Lignocaine	1mg/kg IV, infusion 15-50mcg/kg/min
Sodium bicarbonate 8.4%	1-2ml/kg IV

DEFIBRILLATION

External
defibrillation

4J/kg for pulseless VF/VT

Synchronized
cardioversion

Initial 0.5-1J/kg then subsequent 2J/kg for unstable SVT

LOCAL ANAESTHETIC TOXICITY

Lipofundin 20%

Initial bolus 1.5ml/kg IV over 1 minute and start infusion at 15ml/kg/hr
Subsequent bolus 1.5ml/kg IV every 5min, up to a maximum of 3 boluses, and increase infusion to 30ml/kg/hr if hemodynamic stability not achieved.

**Not to exceed a maximum cumulative dose of 12ml/kg.*

Ref: AAGBI guidelines (2010) Management of local anaesthetic toxicity

MALIGNANT HYPERTHERMIA

Dantrolene

2.5mg/kg immediate IV bolus

Repeat 1mg/kg boluses as required to max 10mg/kg

**Dilution: mix 20mg dantrolene with 60ml sterile water to make a solution of 1mg in 3ml.*

Initial bolus of 7.5ml/kg (=2.5mg/kg) then further doses of 3ml/kg (=1mg/kg) to a max 30ml/kg (10mg/kg)

Ref: AAGBI safety guidelines (2011)

Malignant Hyperthermia Crisis

HYPOGLYCEMIA

50% Dextrose

0.5ml/kg slow IV, or

10% Dextrose

2.5ml/kg slow IV

HYPERKALEMIA

Insulin	0.1unit/kg/dose IV (max 10units/dose), to be given with IV dextrose
50% Dextrose	1ml/kg/dose IV, given with IV insulin as above
10% Dextrose	5ml/kg/dose IV, given with IV insulin as above
Calcium chloride 10%	0.2ml/kg IV

SEVERE ASTHMA	
Aminophylline	<p>Loading dose 5mg/kg IV over 30min, then infusion 15-20mg/kg over 24h</p> <p>*avoid loading dose in patients on theophylline therapy</p>
Hydrocortisone	4-5mg/kg IV 4-6 hourly (max 100mg)
Magnesium sulphate	<p>Loading dose 50mg/kg (0.2mmol/kg) IV over 30min (max 2g/dose)</p> <p>Maintenance dose: 20-40mg/kg/hr (max dose 40g/day, max rate 40mg/kg/hr)</p>
Salbutamol	<p>Loading dose 5mcg/kg IV, diluted in 10mls NS given over 10min</p> <p>Maintenance dose: 1-5mcg/kg/min (max rate 10mcg/kg/min)</p>

VASOACTIVE DRUG INFUSIONS

Drug	Paediatric dilution	Concentration*	Dose Range
Adrenaline	(weight x 0.3)mg in 50ml	1ml/hr = 0.1mcg/kg/min	0.01 to 0.5 mcg/kg/min
Dobutamine	(weight x 30)mg in 50ml	1ml/hr = 10mcg/kg/min	2 to 15 mcg/kg/min
Dopamine	(weight x 30)mg in 50ml	1ml/hr = 10mcg/kg/min	2 to 15 mcg/kg/min
Isoprenaline	(weight x 0.3)mg in 50ml	1ml/hr = 0.1mcg/kg/min	0.05 to 2 mcg/kg/min
Milrinone	(weight x 3)mg in 50ml	1ml/hr = 1mcg/kg/min	0.3 to 0.7 mcg/kg/min
Noradrenaline	(weight x 0.3)mg in 50ml	1ml/hr = 0.1mcg/kg/min	0.01 to 0.5 mcg/kg/min
Nitroglycerin	(weight x 3)mg in 50ml	1ml/hr = 1mcg/kg/min	0.5 to 10 mcg/kg/min
Nitroprusside	(weight x 1.5)mg in 25ml	1ml/hr = 1mcg/kg/min	0.5 to 8 mcg/kg/min

Phenylephrine			2-10mcg/kg IV bolus Infusion: 1-5mcg/kg/min
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**not to exceed the concentration of the original preparation*

MISCELLANEOUS DRUGS

Dexamethasone	0.25mg/kg IV, then 0.1mg/kg q6h
Dexmedetomidine	1mcg/kg IV over 15min, then 0.2-0.7mcg/kg/hr (prepared as either neonatal concentration of 1mcg/ml or adult concentration of 4mcg/ml)
Esmolol	0.5mg/kg IV, repeated as needed
Flumazenil	5mcg/kg IV every 60seconds to a max 40mcg/kg total dose. Infusion 2-10mcg/kg/hour
Furosemide	0.5-1mg/kg IV (max 20-40mg) Infusion 0.1-1mg/kg/hour
Hydrocortisone	1-2mg/kg IV q6h
Hyoscine Nbutylbromide (Buscopan)	0.6mg/kg/dose IV 6-8 hourly >12 years old: 10-20mg 3-4 times daily
Levetiracetam (Keppra)	Loading dose 50mg/kg/dose IV (max 2.5g)

PAEDIATRIC ANAESTHESIA

	Maintenance: 30-60mg/kg/day divided twice daily
Lorazepam	0.1mg/kg IV, up to 4mg. May repeat in 5min, for status epilepticus
Mannitol 20%	0.25-0.5g/kg IV (1.25-2.5ml/kg of 20% Mannitol)
Metoclopramide	0.15mg/kg/dose IV q6h

MISCELLANEOUS DRUGS (CONTINUE)

Naloxone	0.002mg/kg/dose for postop sedation (0.4mg diluted to 20ml, give 0.1ml/kg/dose, repeat every 2-4min x 4 if required) 0.01mg/kg, max 0.4mg for opiate overdose (0.4mg diluted to 10ml, give 0.25ml/kg/dose, repeat every 2min x 4 if required)
Omeprazole	0.7-3.3mg/kg/day IV/oral once daily to 8 hourly (max 40mg/dose)
Ondansetron	0.15-0.2mg/kg/dose 8 hourly (max 8mg/dose)
Phenobarbitone	Loading dose 20mg/kg IV over 30min, may repeat up to 60-80mg/kg
Phenytoin	Loading dose 20mg/kg IV over 20min (max rate 1mg/kg/min, max dose 1.5g) May repeat 5mg/kg x 2 in status epilepticus
Promethazine	≥ 2 years: 0.125-0.2mg/kg oral (max 10mg/dose) TDS
Propranolol	0.1mg/kg IV
Ranitidine	1mg/kg IV 6-12 hourly

Tranexamic acid

Loading 10mg/kg IV over 1 hour, then infusion at 1mg/kg/hour.

Loading 25mg/kg IV over 1 hour, then infusion at 2.5mg/kg/hour for cardiac surgical cases