

# An age-at-death distribution approach to forecast cohort mortality

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## Abstract

Mortality forecasting has received increasing interest during recent decades due to the negative financial effects of continuous longevity improvements on public and private institutions' liabilities. However, little attention has been paid to forecasting mortality from a cohort perspective. In this article, we introduce a novel methodology to forecast adult cohort mortality from age-at-death distributions. We propose a relational model that associates a time-invariant standard to a series of fully and partially observed distributions. Relation is achieved via a transformation of the age-axis. We show that cohort forecasts can improve our understandings of mortality developments by capturing distinct cohort effects, which might be overlooked by a conventional age-period perspective. Moreover, mortality experience of partially observed cohorts are routinely completed. We illustrate our methodology on adult female mortality for cohorts born between 1835 and 1970 in two high-longevity countries using data from the Human Mortality Database.

**Keywords:** Mortality forecasting · Mortality modelling · Relational models · Cohort life table · Smoothing

## 1 Introduction

Continuous and widespread gains in life expectancy (Riley, 2001; Oeppen and Vaupel, 2002) are increasingly challenging governments and insurance companies to provide adequate pension products and elderly health care in ageing societies. Mortality forecasting has thus gained relevant prominence during the last decades, as relatively small differences in the expected lifetimes of pensioners can have significant effects on financial institutions' liabilities.

A growing number of models have recently been proposed to forecast human mortality using stochastic methodologies that produce probabilistic assessments of the future. For comprehensive reviews, see Booth (2006) and Shang et al. (2011). The vast majority of these techniques are based on *period* mortality: financial institutions are typically interested in the mortality developments of groups of individuals that comprise different birth cohorts. In addition, cohort data can be outdated, unavailable or incomplete,

hence period life tables have been developed to analyse a hypothetical cohort if its age-specific death rates pertained throughout its life (Preston et al., 2001).

The completion of the mortality experience of non-extinct cohorts is nonetheless interesting in the actuarial domain. Insurance companies are indeed interested in the future longevity of groups of people born in specific cohorts. In such settings, cohort forecasts are typically obtained by first forecasting mortality in a period fashion, and then extracting cohort mortality patterns from the diagonals of the projected Lexis surface. Although widely used, this approach seems rather counter-intuitive and inefficient. In this article, we propose an more direct and alternative approach to cohort mortality forecasting that is solely based on cohort data. [XXX it would be nice to have a citation in this paragraph]

More generally, analysis and forecasts of cohort mortality are interesting and worth exploring for two main reasons. First, survival in real birth cohorts is different from survival in the hypothetical situation of unchanged period mortality rates because of: (i) tempo effects, (ii) cohort effects and (iii) selection (for a full discussion, see Borgan and Keilman, 2018, Sect. 2). Second, cohort mortality developments are *actually* observed, and they may differ from those of the synthetic cohort assumed in period life tables. As such, analysing and forecasting cohort mortality can provide different insights on mortality developments than studies based on the period perspective.

Models to forecast cohort mortality are relatively few in the literature. Among the first to use a cohort perspective, the Continuous Mortality Investigation (2007) employed the two-dimensional  $P$ -spline model of Currie et al. (2004) to complete the mortality experience of cohorts in England & Wales. Furthermore, Chiou and Müller (2009) introduced a functional model for the analysis and forecast of cohort log-hazard functions using Swedish mortality data. More recently, Zanotto and Mazzucco (2017) proposed to estimate deaths of non-extinct generations using an eight-parameter model for the age-at-death distribution complemented with an EM algorithm. Finally, Rizzi et al. (2019) suggested to complete partially observed cohort age-at-death distributions using a penalized composite link model (Eilers, 2007), assuming that death counts follow a Poisson process and a smooth underlying distribution over age.

In this article, we propose a novel methodology to forecast adult cohort mortality. Rather than modelling mortality rates (the standard approach in mortality forecasting, as in, for example, the Lee and Carter model and its variants), our model is based on the distribution of deaths. Age-at-death distributions have recently received increasing attention in mortality forecasting (Oeppen, 2008; Bergeron-Boucher et al., 2017; Basellini and Camarda, 2019; Pascariu et al., 2019), as they provide a different and rather unexplored perspective on mortality developments that can be leveraged by forecasters. For this reason, we propose to extend a newly introduced methodology to model and forecast adult age-at-death distributions (Basellini and Camarda, 2019), and we employ our model to analyse and forecast mortality developments across cohorts.

This paper is organized as follows. In Section 2, we review the methodology proposed in this article, and the data that we employ for the analyses. Section 3 presents two applications of our model to Swedish and Danish female adult mortality for the cohorts 1835-1970. In Section 4, we discuss the results of our methods and conclude.

## 2 Methods & Data

### 2.1 The C-STAD model

Suppose we have two adult age-at-death distributions defined on the age range  $x \geq 40$ . Specifically, let  $f(x)$  be a “standard”, or reference, distribution and  $g(x)$  an observed distribution. Let  $t(x; \boldsymbol{\theta})$  be a transformation function of the age axis and a vector of parameters  $\boldsymbol{\theta}$  such that:

$$g(x) = f[t(x; \boldsymbol{\theta})], \quad (1)$$

i.e. the distribution  $g(x)$  is derived from a warping transformation of the age axis of  $f(x)$ . In particular, the term “warping” originates in Functional Data Analysis (Ramsay and Silverman, 2005) and refers to the transformation of a time axis to achieve close alignment of functions.

We propose a parsimonious yet flexible transformation function  $t(x; \boldsymbol{\theta})$  that captures adult mortality developments across cohorts rigorously. Let  $\boldsymbol{\theta}' = [s, b_L, c_L, d_L, b_U]$  be a vector containing the model’s parameters, where  $s = M^g - M^f$  is the difference between the modal ages at death of the unimodal distributions  $g(x)$  and  $f(x)$ . The proposed *Cohort Segmented Transformation Age-at-death Distributions* (C-STAD) model can be written as:

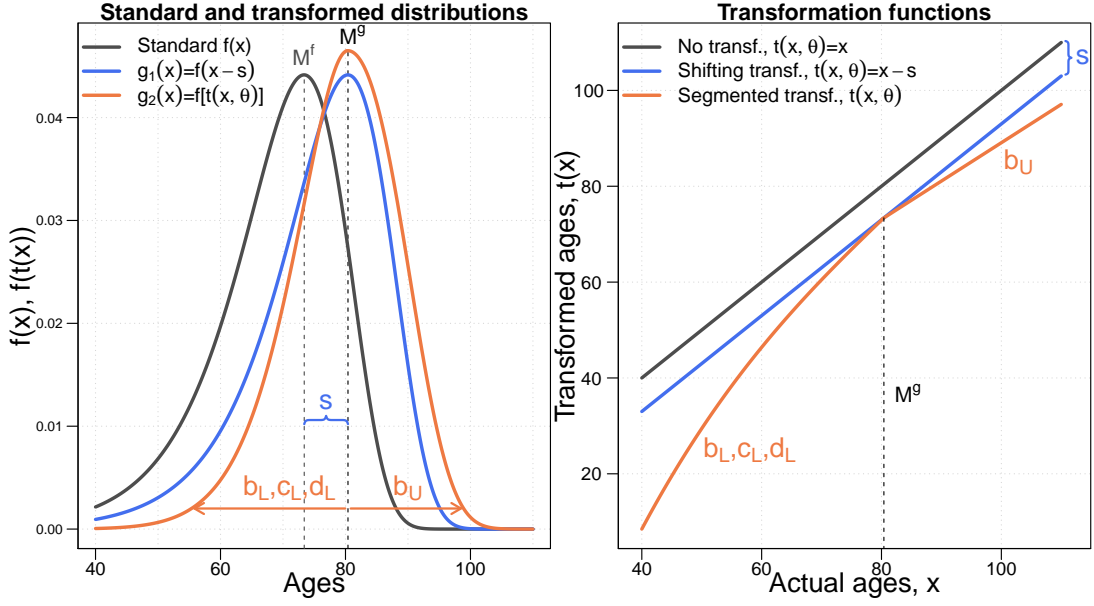
$$t(x; \boldsymbol{\theta}) = \begin{cases} M^f + b_L \tilde{x} + c_L \tilde{x}^2 + d_L \tilde{x}^3 & \text{if } x \leq M^g \\ M^f + b_U \tilde{x} & \text{if } x > M^g \end{cases} \quad (2)$$

where  $\tilde{x} = x - s - M^f$ , and the subscripts  $_L$  and  $_U$  refer to the *Lower* and *Upper* parts of the segmented transformation (i.e. before and after  $M^g$ ), respectively.

The warping function  $t(x; \boldsymbol{\theta})$  takes the form of a segmented transformation model which breaks at the value of  $M^g$ . Below  $M^g$ , the transformation function is cubic, while it is linear above  $M^g$ . Although acting on  $t(x; \boldsymbol{\theta})$ , the model’s parameters are directly related to the summary measures of the age-at-death distributions. Specifically, while  $s$  captures the difference in modal ages between  $g(x)$  and  $f(x)$ ,  $b_L$  and  $b_U$  measure the change in variability before and after the modal ages of the two distributions. For the ages below  $M^g$ ,  $c_L$  and  $d_L$  further measure differences in terms of asymmetry and heaviness of the left tail between  $g(x)$  and  $f(x)$ , respectively. In terms of mathematical moments, the parameters  $b_L$  and  $b_U$  can be related to the variance of the distribution before and after the mode, while  $c_L$  and  $d_L$  to the skewness and kurtosis of the distribution.

Figure 1 provides a graphical illustration of the C-STAD model. For simplicity, we start from the simpler case in which  $b_L = b_U = 1$  and  $c_L = d_L = 0$ . Substitution of these parameters in Eq. (2) yields a unique transformation function  $t(x, \boldsymbol{\theta}) = x - s$ , and a corresponding distribution  $g_1(x) = f(x - s)$  via Eq. (1). In the left panel of Fig. 1, the standard distribution (grey line) is shifted to the right by an amount equal to  $s$ , and  $g_1(x)$  (blue line) maintains the original shape of  $f(x)$ . The right panel shows the transformation function related to this plain shifting scenario. Note that a left-shift could be simply obtained with a negative value of  $s$ .

Different parameters’ values allow to capture broader mortality developments than the shifting scenario described above. While  $b_L$  and  $b_U$  modify the variability of the distribution  $g_2(x) = f[t(x; \boldsymbol{\theta})]$  (orange line, left panel) w.r.t.  $f(x)$  before and after the modal age at death,  $c_L$  and  $d_L$  affect the asymmetry and heaviness of the left tail of  $g_2(x)$



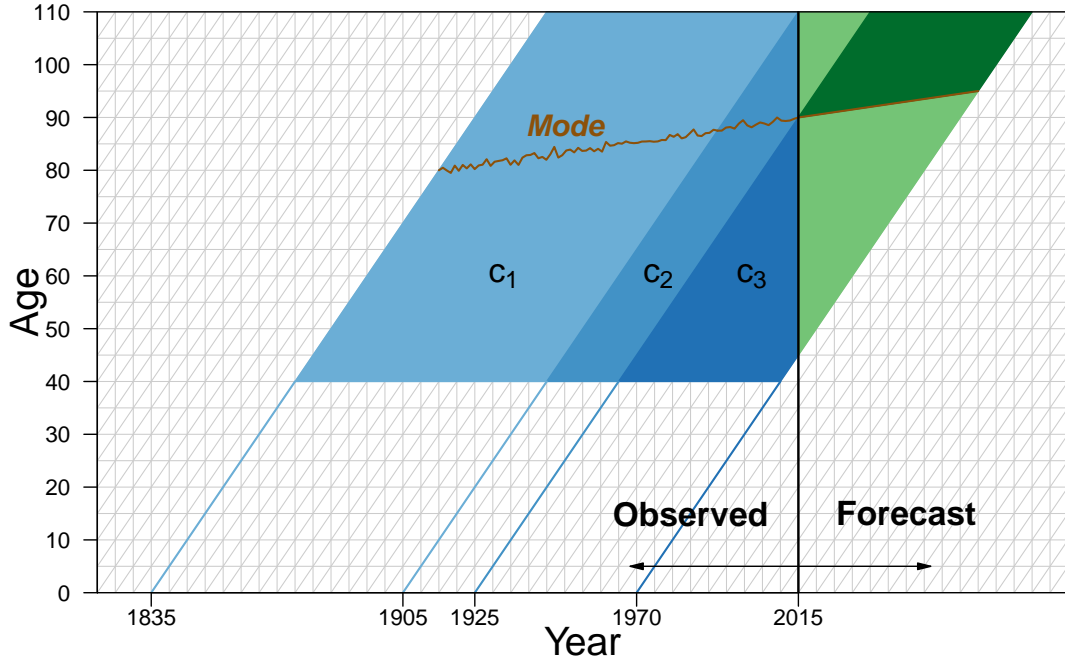
**Figure 1.** A schematic overview of the *Cohort Segmented Transformation Age-at-death Distributions* model.

as compared to  $f(x)$ . In the example shown in Fig. 1,  $b_L > 1$  reduces the variability of  $g_2(x)$  before  $M^g$  w.r.t.  $f(x)$ , while  $b_U < 1$  increases the variability of  $g_2(x)$  after  $M^g$  w.r.t.  $f(x)$ . The effects of  $c_L$  and  $d_L$  are difficult to discern from the left panel. However, the right panel shows the warping transformation  $t(x, \theta)$  applied to  $f(x)$  to derive  $g_2(x)$ ; the transformation (orange line) is composed by a cubic function (due to non-zero values of  $c_L$  and  $d_L$ ) before the cut-off point  $M^g$ , and by a linear function above  $M^g$ .

## 2.2 Data

In this article, we aim to estimate and forecast adult cohort mortality for females in two high-longevity countries, namely Sweden and Denmark. Long-term series of high quality data are available for both countries, even at the very old ages (Vaupel and Lundström, 1994; Wilmoth and Lundström, 1996)[XXX add reference for DNK data], and the two countries display different mortality developments. We therefore test the goodness-of-fit and forecast accuracy of our model with respect to different mortality trajectories. The data are derived from the Human Mortality Database (HMD, 2019), which provides free access to historical mortality data for 43 different territories and countries. The HMD is a collection of detailed, consistent and high quality human mortality data that were subject to a uniform set of procedures, which allow cross-national comparability of the information (Barbieri et al., 2015).

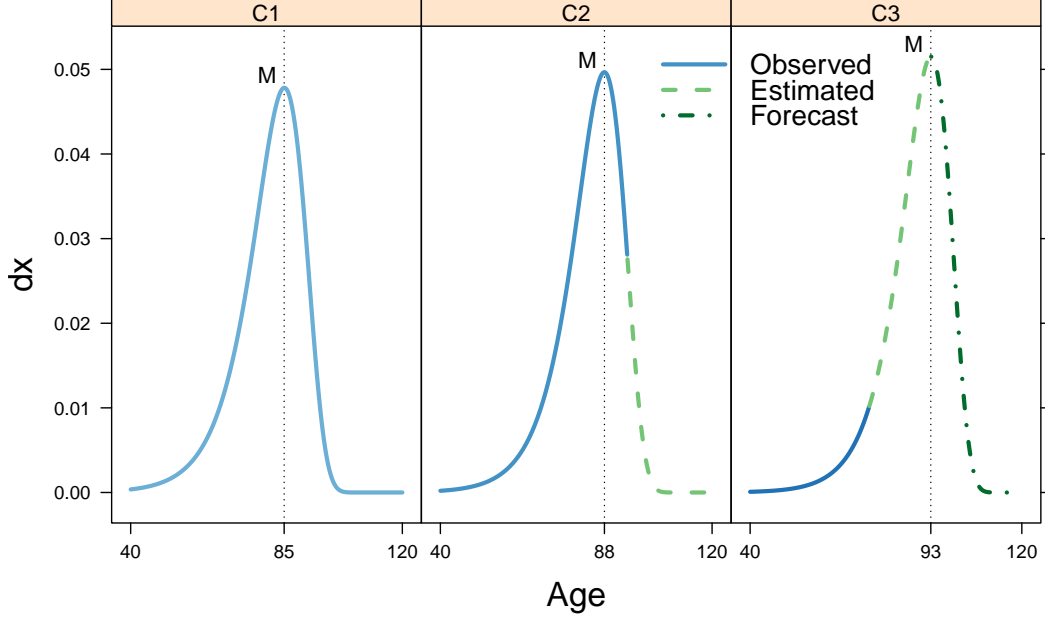
Our interest in this article is restricted to the senescent component of mortality, hence we start our analyses from age 40. We therefore cover the age range that is of greater interest for pension and insurance funds. Specifically, we employ two  $m \times n$  matrices  $D_{x,c}$  and  $E_{x,c}$  containing observed death counts and exposure-to-risk, respectively, classified by age at death  $x = 40, \dots, 110+$  and birth cohort  $c = 1835, \dots, 1970$ . On one hand, we select 1835 as starting cohort of analysis for both populations because it is the first cohort with observed data at all ages in Denmark, and to compare the results



**Figure 2.** A Lexis diagram illustrating the division of cohorts into three groups. Here we assume that: (i) 2015 is the most recent year of data collection, (ii)  $\check{c} = 1905$ , and (iii)  $\tilde{c} = 1925$ . The three groups are then  $c_1 = 1835, \dots, 1905$ ,  $c_2 = 1906, \dots, 1925$  and  $c_3 = 1926, \dots, 1970$ . The two colours in the forecast years correspond to different parameters' derivations (cf. Section 2.4): estimation with missing data (light green) and forecasting (dark green).

for the two countries using the same fitting period. On the other hand, 1970 is the final cohort because it contains enough observed data points in both countries (seven in Sweden, six in Denmark) to estimate the three low parameters accurately (cf. Section 2.4).

Estimation and forecasting of the C-STAD parameters (Section 2.4) is performed on three different groups of cohorts. The first group contains the fully observed cohorts  $c_1 = 1835, \dots, \check{c}$ , where  $\check{c}$  denotes the last cohort for which all data have been observed. As such,  $D_{x,c_1}$  and  $E_{x,c_1}$  have been observed at all ages  $x$  for all cohorts in  $c_1$ . The second group is composed by cohorts  $c_2 = \check{c} + 1, \dots, \tilde{c}$ , where  $\tilde{c}$  denotes the last cohort for which two age-groups above the adult modal age at death have been observed. In other words,  $D_{x,c_2}$  and  $E_{x,c_2}$  are incomplete, but  $D_x$  and  $E_x$  have been observed for at least two data points above the age  $x = M$  for all cohorts in  $c_2$ . The choice of having two age groups is dictated by the estimation of the parameter above the mode (cf. Section 2.4). Finally, the third group is composed by the remaining cohorts  $c_3 = \tilde{c} + 1, \dots, 1970$ . Figure 2 below provides an illustration of the divisions of cohorts into the three groups by means of a Lexis diagram. Figure 3 shows an example of the observed and missing data for three age-at-death distributions belonging to the different groups of cohorts.



**Figure 3.** Example of observed, estimated and forecast data for three age-at-death distributions belonging to the groups of cohorts  $c_1$ ,  $c_2$  and  $c_3$ .

### 2.3 The standard distribution

The first step in the estimation of the C-STAD model is the derivation of the standard distribution  $f(x)$ . The C-STAD can be interpreted as a relational model (Brass, 1971), hence it is desirable to include the representative features of the observed data for all cohorts in the computation of  $f(x)$ . Meanwhile, we also wish to remove the small random fluctuations that characterize the mortality pattern of age-at-death distributions. To achieve both goals at the same time, we derive the age-at-death distribution for each cohort 1835-1970 by adapting the two-dimensional (2D)  $P$ -splines smoothing approach of Currie et al. (2004) to cohort mortality. Specifically, we assume that death counts  $D_{x,c}$  at given age  $x$  and cohort  $c$  follow a Poisson distribution (Brillinger, 1986):

$$D_{x,c} \sim \mathcal{P}(E_{x,c} \mu_{x,c}) \quad (3)$$

where  $E_{x,c}$  is the exposure-to-risk and  $\mu_{x,c}$  the hazard or force of mortality (such as in, for example, Brouhns et al., 2002). We smooth observed death counts over cohorts using a 2D tensor product of  $B$ -splines, age- and cohort-specific smoothing parameters, and exposures as an offset (Eilers and Marx, 1996). The smoothing parameters are chosen by BIC minimization, and missing data are estimated by  $P$ -spline extrapolation. The R package `MortalitySmooth` provides a direct implementation of this procedure (Camarda, 2012).

The estimated smooth mortality surface allows us to derive smooth densities and corresponding modal ages at death for each cohort analysed. We align each density to the distribution of the first cohort, and derive  $f(x)$  as the mean of the aligned distributions. This landmark registration procedure has been suggested elsewhere as it enhances the representativeness of  $f(x)$  while improving the goodness-of fit of the model (for ad-

ditional details, see [Basellini and Camarda, 2019](#)). Importantly, it should be noted that for cohorts in  $c_2$  and  $c_3$ , we only use the part of the aligned distribution corresponding to the observed data (i.e. we consider only the observed age-at-death distribution). The derived  $f(x)$  can then be expressed as a linear combination of equally spaced  $B$ -spline basis  $\mathbf{B}(x)$  over ages  $x$  and coefficients  $\boldsymbol{\beta}_f$  specific to the standard:

$$f(x) = \exp[\mathbf{B}(x)\boldsymbol{\beta}_f] . \quad (4)$$

## 2.4 Estimation and forecast of the C-STAD parameters

Next, we can derive the C-STAD parameters  $\boldsymbol{\theta}' = [s, b_L, c_L, d_L, b_U]$  for each cohort in 1835-1970. As anticipated in Section 2.2, we use three different approaches to estimate  $\boldsymbol{\theta}$ , depending on the data available for each cohort; we thus divide cohorts into three groups, as shown in Figure 2.

For the first group of fully observed cohort  $c_1$ , we start by estimating the  $\mathbf{s}$  parameter. Rather than using the 2D smooth estimates obtained from the alignment procedure, we employ a one-dimensional (1D)  $P$ -spline approach, i.e. we smooth mortality for each cohort independently (as typically done in period analyses, see, for example, [Ouellette and Bourbeau, 2011](#)). Similar to the 2D approach, this allows us to extract modal ages at death for each cohort, and hence to estimate the parameter  $\hat{s}_c = M_c - M_f$ , where  $M_f$  denotes the mode of the standard distribution. We favour this over the 2D approach because it allows us to capture cohort-specific mortality fluctuations, which are typically smoothed over cohorts in the 2D estimates.

Having derived an estimate of the shifting parameter  $\hat{s}$ , we can estimate the remaining parameters  $\tilde{\boldsymbol{\theta}}' = [b_L, c_L, d_L, b_U]$ . We take advantage of the Poisson assumption in Eq. (3) and maximise the following log-likelihood function:

$$\ln \mathcal{L}_1 \left( \tilde{\boldsymbol{\theta}}_c | D_{x,c}, E_{x,c}, \hat{s}_c, \boldsymbol{\beta}_f \right) \propto \sum_x \left[ D_{x,c} \log \left( \mu_{x,c}^{\text{C-STAD}} \right) - E_{x,c} \mu_{x,c}^{\text{C-STAD}} \right] \quad (5)$$

for each cohort in  $c = 1835, \dots, \check{c}$ , where  $\mu_{x,c}^{\text{C-STAD}}$  denotes the estimated hazard of the C-STAD model. In words, the optimization procedure looks for a combination of parameters  $\hat{\boldsymbol{\theta}}_c$  for each cohort that produces an age-at-death distribution  $\hat{g}_c(x) = f \left[ t \left( x; \left[ \hat{s}_c, \hat{\boldsymbol{\theta}}_c \right] \right) \right]$  whose corresponding hazard maximises the log-likelihood in Eq. (5). The hazard corresponding to  $\hat{g}_c(x)$  is computed using standard life-table formulas ([Preston et al., 2001](#)).

For the second group of partially observed cohorts  $c_2$ , we start again from the shifting parameter  $\mathbf{s}$ . We use the same estimation approach used in  $c_1$ : data are available until the ages above the mode, therefore the 1D smoothing approach produces an estimate of  $M$  and  $\hat{s}_c$  for each cohort in  $c_2$ . With respect to  $\tilde{\boldsymbol{\theta}}$ , we modify Eq. (5) to take into account the missing data above the mode. Let  $W_{x,c}$  be a matrix of weights at given age  $x$  and cohort  $c$ , whose elements are equal to one if the corresponding death counts  $D_{x,c}$  and exposures  $E_{x,c}$  have been observed, and zero otherwise. Then, we estimate  $\tilde{\boldsymbol{\theta}}$  by maximizing the log-likelihood:

$$\ln \mathcal{L}_2 \left( \tilde{\boldsymbol{\theta}}_c | D_{x,c}, E_{x,c}, W_{x,c}, \hat{s}_c, \boldsymbol{\beta}_f \right) \propto \sum_x W_{x,c} \left[ D_{x,c} \log \left( \mu_{x,c}^{\text{C-STAD}} \right) - E_{x,c} \mu_{x,c}^{\text{C-STAD}} \right] \quad (6)$$



for each cohort in  $c = \check{c} + 1, \dots, \tilde{c}$ . It should be noted here that the missing data only influence the estimation of  $b_U$ , as complete data are observed below the mode for all cohorts in this group.

For the third group of partially observed cohorts in  $c_3$ , we employ a mixture of forecasting and estimation to determine the C-STAD parameters. The lack of data above the modal age at death makes it impossible to estimate the parameter  $\mathbf{s}$  and compute the log-likelihoods in Eq. (5) and (6). Hence, we start from the time-series of the estimated parameters  $\hat{\mathbf{s}}$  and  $\hat{\mathbf{b}}_U$  in  $c_1$  and  $c_2$  to compute their forecasts for cohorts  $c_3$ . From a theoretical perspective, these two parameters are related by the fact that only mortality changes occurring above the mode can modify its value (cf. Appendix B in [Canudas-Romo, 2010](#)). Correlation analyses for the two countries analysed confirm the strong relation between the two series (Pearson correlation of 0.96 and 0.90 for the time-series in first differences for Sweden and Denmark, respectively). As such, we specify a vector autoregressive (VAR) model of order one with constant for the two (differenced) parameters, and we forecast their values for all cohorts in  $c_3$ . The R package `vars` allows us to perform model selection and estimation ([Pfaff, 2008a,b](#)).

Then, we take the forecast values of  $\hat{\mathbf{s}}$  and  $\hat{\mathbf{b}}_U$  as given, and we estimate the remaining parameters  $\check{\boldsymbol{\theta}}' = [b_L, c_L, d_L]$  by maximizing the log-likelihood:

$$\ln \mathcal{L}_3 \left( \check{\boldsymbol{\theta}}_c | D_{x,c}, E_{x,c}, W_{x,c}, \hat{\mathbf{s}}_c, \hat{\mathbf{b}}_{U,c}, \boldsymbol{\beta}_f \right) \propto \sum_x W_{x,c} \left[ D_{x,c} \log (\mu_{x,c}^{\text{C-STAD}}) - E_{x,c} \mu_{x,c}^{\text{C-STAD}} \right] \quad (7)$$

for each cohort in  $c = \tilde{c} + 1, \dots, 1970$ . In contrast to the estimation procedure in  $c_2$ , here the missing data influence the estimation of the *Lower* parameters  $\check{\boldsymbol{\theta}}$ .

The estimate  $\hat{\boldsymbol{\theta}}_c$  for each cohort in 1835-1970 allows us to derive a complete set of age-specific mortality measures, i.e. we can complete the mortality experience for the partially observed cohorts of our analysis. In order to derive the C-STAD confidence intervals (CI)<sup>1</sup>, we employ a bootstrapping procedure ([Efron and Tibshirani, 1994](#)). As suggested by [Keilman and Pham \(2006\)](#), we consider the uncertainty related to: (i) the estimated parameters, and (ii) the forecast values of  $\hat{\mathbf{s}}$  and  $\hat{\mathbf{b}}_U$ . The first source of uncertainty is accounted for by generating bootstrap death counts from the C-STAD deviance residuals (as in, for example, [Koissi et al., 2006](#); [Renshaw and Haberman, 2008](#); [Ouellette et al., 2012](#)). Appendix A provides more details on the computation of deviance residuals and bootstrap death counts. The second source of uncertainty is considered by simulating future values of the VAR model. We employ 40 different matrices of bootstrap death counts, and for each of these, we refit the C-STAD model and simulate 40 future values of  $\mathbf{s}$  and  $\mathbf{b}_U$ . From the 1600 resulting simulations, we take the lower and higher deciles to construct 80% confidence intervals.

Finally, it is worth mentioning here that the R routines developed to fit and forecast the C-STAD model are publicly available, and that all the results presented in the following Section are fully reproducible at [this GitHub repository will be made public upon acceptance of the manuscript].

<sup>1</sup>to avoid confusion, we use the general term CI for all cohorts analysed, even when intervals are constructed from the mixture of forecast and estimated parameters (i.e. cohorts  $c_3$ ).



### 3 Results

#### 3.1 Out-of-sample validation of the C-STAD model

Before completing the mortality experience of partially observed cohorts, we first assess the accuracy of the C-STAD model by performing six predictive out-of-sample validation exercises on Swedish and Danish adult females. Specifically, we pretend that the last year of collected data is  $2015 - \delta$ , where  $\delta = 10, 15, 20, 25, 30$  and  $35$  years. We then fit the C-STAD model to the fully observed cohorts  $c_1 = 1835, \dots, 1905 - \delta$  and we forecast mortality  $\delta$  years ahead. We then compare the forecast life expectancy at age 40 ( $e_{40}$ ) and the Gini coefficient at age 40 ( $g_{40}$ ) with the observed out-of-sample values. Both measures of longevity (the former) and lifespan variability (the latter) are indeed useful to evaluate the accuracy of mortality forecasts (Bohk-Ewald et al., 2017).

An explicative example of this procedure is useful to clarify the out-of-sample exercises. Let us consider  $\delta = 10$ : then, the last year of fully observed data is 2005. We fit the C-STAD to the fully observed cohorts  $c_1 = 1835, \dots, 1895$ , and we forecast 10-year ahead. By doing so, we complete the mortality experience of the partially observed cohorts  $1896, \dots, 1905$ , and for each of these, we compute and compare the estimated  $e_{40}$  and  $g_{40}$  with the observed ones.

It is worth mentioning at this point that, for the lower values of  $\delta$ , forecasting is achieved simply by fitting the C-STAD on the partially observed cohorts  $c_2$ . In the explicative example above, where the last data collection occurred in 2005, the cohort 1896, for instance, has been observed at all ages except 110. We thus take advantage of the nature of cohort data and consider all possible observations to complete the mortality experience of this partial cohort. Conversely, for higher values of  $\delta$ , forecasting is achieved by considering also the cohorts  $c_3$ , which require the combination of forecasting and estimation of the C-STAD parameters.

In addition to the C-STAD, we perform the same out-of-sample exercises with the 2D  $P$ -splines approach of Currie et al. (2004). This is indeed the only model that, up to our knowledge, has been employed to forecast cohort mortality from a cohort perspective (Continuous Mortality Investigation, 2007) and is readily implemented in the R software (in the `MortalitySmooth` package, Camarda, 2012). We do not consider other methodologies, such as the Lee and Carter (1992) model and its variants, because cohort forecasts with these approaches are derived from period ones, and the comparison would not be objective (for example, forecast values depend on the length of the fitting period, whose choice would be subjective in such exercise).

Table 1 presents the results of our analysis. The first and second columns contain the cohorts used for fitting and forecasting the C-STAD and 2D  $P$ -splines models, respectively. The third column contains the forecast horizon of the out-of-sample exercise, while the fourth column the measure analysed ( $e_{40}$  and  $g_{40}$ ). Results are shown in the last four columns. We assess the accuracy of the point forecasts by computing the root mean square error (RMSE):

$$\text{RMSE} = \sqrt{\frac{1}{\delta} \sum_{c=1}^{\delta} (\hat{y}_c - y_c)^2}$$

where  $\delta$  is the forecasting horizon, and  $\hat{y}_c$  and  $y_c$  are the forecast and observed out-of-sample values of either  $e_{40}$  or  $g_{40}$ . For this analysis, we multiplied the values of  $g_{40}$  by 100 in order to have comparable magnitude between the two indicators.

Fitting cohorts	Forecast cohorts	Horizon	Measure	Sweden		Denmark	
				C-STAD	2D $P$ -spline	C-STAD	2D $P$ -spline
1835-1895	1896-1905	10y	$e_{40}$	0.08	<b>0.08</b>	<b>0.08</b>	0.08
			$g_{40}$	<b>0.09</b>	0.10	<b>0.08</b>	0.08
1835-1890	1891-1905	15y	$e_{40}$	<b>0.07</b>	0.09	<b>0.07</b>	0.08
			$g_{40}$	<b>0.08</b>	0.10	<b>0.07</b>	0.12
1835-1885	1886-1905	20y	$e_{40}$	<b>0.05</b>	0.08	<b>0.06</b>	0.08
			$g_{40}$	<b>0.09</b>	0.11	<b>0.06</b>	0.12
1835-1880	1881-1905	25y	$e_{40}$	<b>0.04</b>	0.08	<b>0.03</b>	0.08
			$g_{40}$	<b>0.10</b>	0.11	<b>0.11</b>	0.14
1835-1875	1876-1905	30y	$e_{40}$	<b>0.06</b>	0.09	<b>0.03</b>	0.11
			$g_{40}$	<b>0.10</b>	0.14	<b>0.11</b>	0.19
1835-1870	1871-1905	35y	$e_{40}$	0.14	<b>0.08</b>	<b>0.05</b>	0.14
			$g_{40}$	<b>0.04</b>	0.13	<b>0.06</b>	0.22

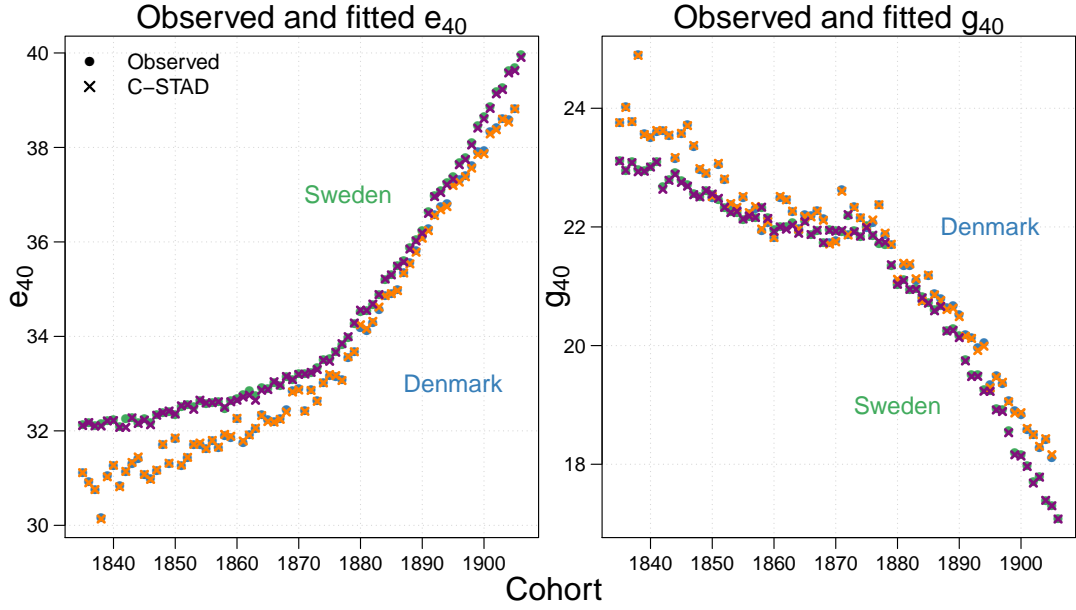
**Table 1.** Root mean squared errors (RMSE) of the C-STAD and 2D  $P$ -spline forecasts of  $e_{40}$  and  $g_{40}$  for adult females in Sweden (SWE) and Denmark (DNK) in six out-of-sample validation exercises: forecast horizon of 10, 15, 20, 25, 30 and 35 years. Lower values of the RMSE (in bold) correspond to greater forecast accuracy.

The table shows that the C-STAD forecasts are accurate in completing the mortality experience of partially observed cohorts. The RMSE values of both  $e_{40}$  and  $g_{40}$  are low across the six exercises, and they do not increase significantly with the forecasting horizon. Additionally, C-STAD forecasts are more accurate than those of the 2D  $P$ -spline model. Very similar results are obtained by employing different prediction accuracy measure, such as the MAPE and MAE (see Appendix B).

### 3.2 Mortality developments for Swedish and Danish females, cohorts 1835-1970

Here, we show the results of employing the C-STAD model to estimate and forecast adult female cohort mortality in Sweden and Denmark for the cohorts 1835-1970. The estimated and forecast parameters are shown and discussed in Appendix B. Figure 4 shows the observed and fitted remaining life expectancies at age 40 ( $e_{40}$ ) and Gini coefficient at age 40 ( $g_{40}$ ) in the two population analysed for the fully observed cohorts  $c_1$  (1835- $\check{c}$ , where  $\check{c}$  is 1906 for Sweden and 1905 for Denmark). The two graphs provide evidence on the goodness-of-fit of the C-STAD model, whose estimates are very close to the observed values for both measures in the two populations. Inspection of the deviance residuals (shown in Appendix B) provides additional evidence on the adequacy of the C-STAD model.

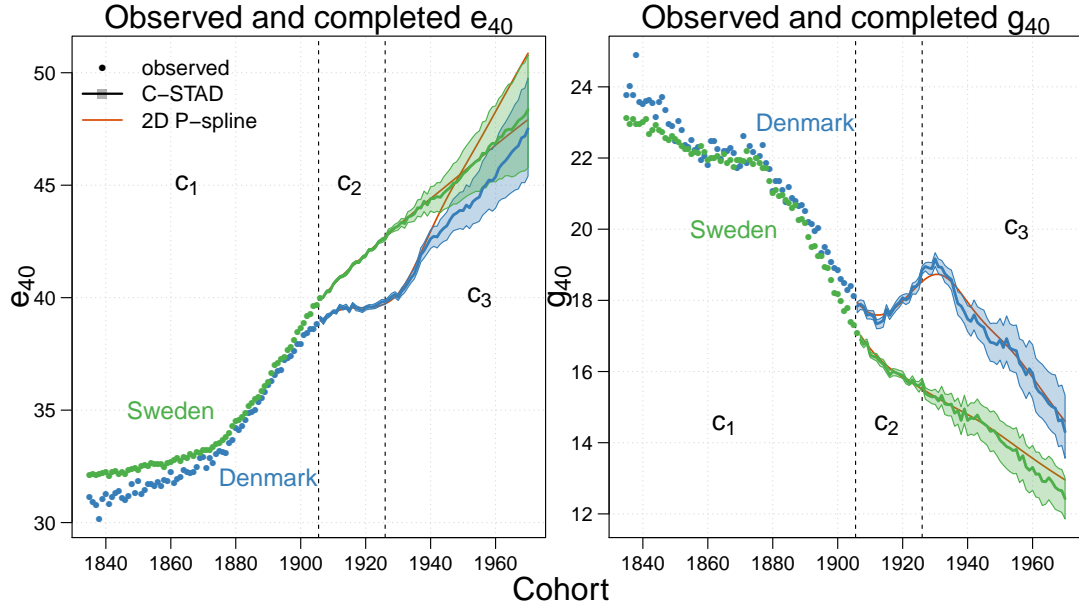
Figure 5 shows the observed (cohorts  $c_1$ ) and completed ( $c_2$  and  $c_3$ )  $e_{40}$  and  $g_{40}$  computed with the C-STAD (with 80% confidence intervals) and 2D  $P$ -spline model for the two population analysed. Despite sharing similar country trends in the fully



**Figure 4.** Observed and C-STAD estimated remaining life expectancies at age 40 ( $e_{40}$ , left panel) and Gini coefficient at age 40 ( $G_{40}$ , right panel) for adult females in Sweden and Switzerland for the fully observed cohorts 1835-1905.

observed cohorts  $c_1$ , it is interesting to observe the different mortality developments in the partially observed cohorts  $c_2$ : while Swedish adult females show continuous improvements in longevity and lifespan equality, Danish ones display a stagnation of  $e_{40}$  and an increase in lifespan inequality. The trends of the mortality measures for the partially observed cohorts are similar across the models, with the exception of Danish  $e_{40}$ : the increase of the 2D  $P$ -spline forecast  $e_{40}$  is much faster than for the C-STAD model, resulting in a crossover among the two populations. Moreover, it is interesting to observe that the C-STAD confidence intervals are rather narrow for both countries in  $c_2$  (as the great majority of data is observed for these cohorts), while they increase in the cohorts  $c_3$  proportionally to the amount of missing data. Note that  $\bar{c}$  is 1925 and 1927 for Sweden and Denmark, respectively.

The age-specific mortality rates analysis shown in Figure 6 offers additional insights on cohort mortality developments of the two populations. In the top panels, observed, fitted and forecast mortality rates over cohorts are shown for some selected ages. In addition to the goodness-of-fit of the C-STAD model, the graphs highlight diverse age-specific developments in the two countries: for example, mortality at ages 40 and 60 of Danish cohorts born at the beginning of the twentieth century did not improve, resulting in the atypical trends of the summary measures shown in Figure 5 (stagnation of  $e_{40}$  and increase in lifespan inequality). In the bottom panels, mortality rates over all ages are shown for some selected cohorts. This second perspective shows how the shape of the mortality curve, appropriately captured by the C-STAD model, changed over time: for example, for the 1835 cohort, maternal mortality was still high in both countries, with the curve being rather flat in the age range 40-50. The subsequent reduction of maternal mortality over cohorts clearly emerges in the top panels (at age 40) and in the more recent cohorts of the bottom panels. An interesting observation that emerges from Figure 6 is that the confidence intervals of the C-STAD widens as expected: for example,



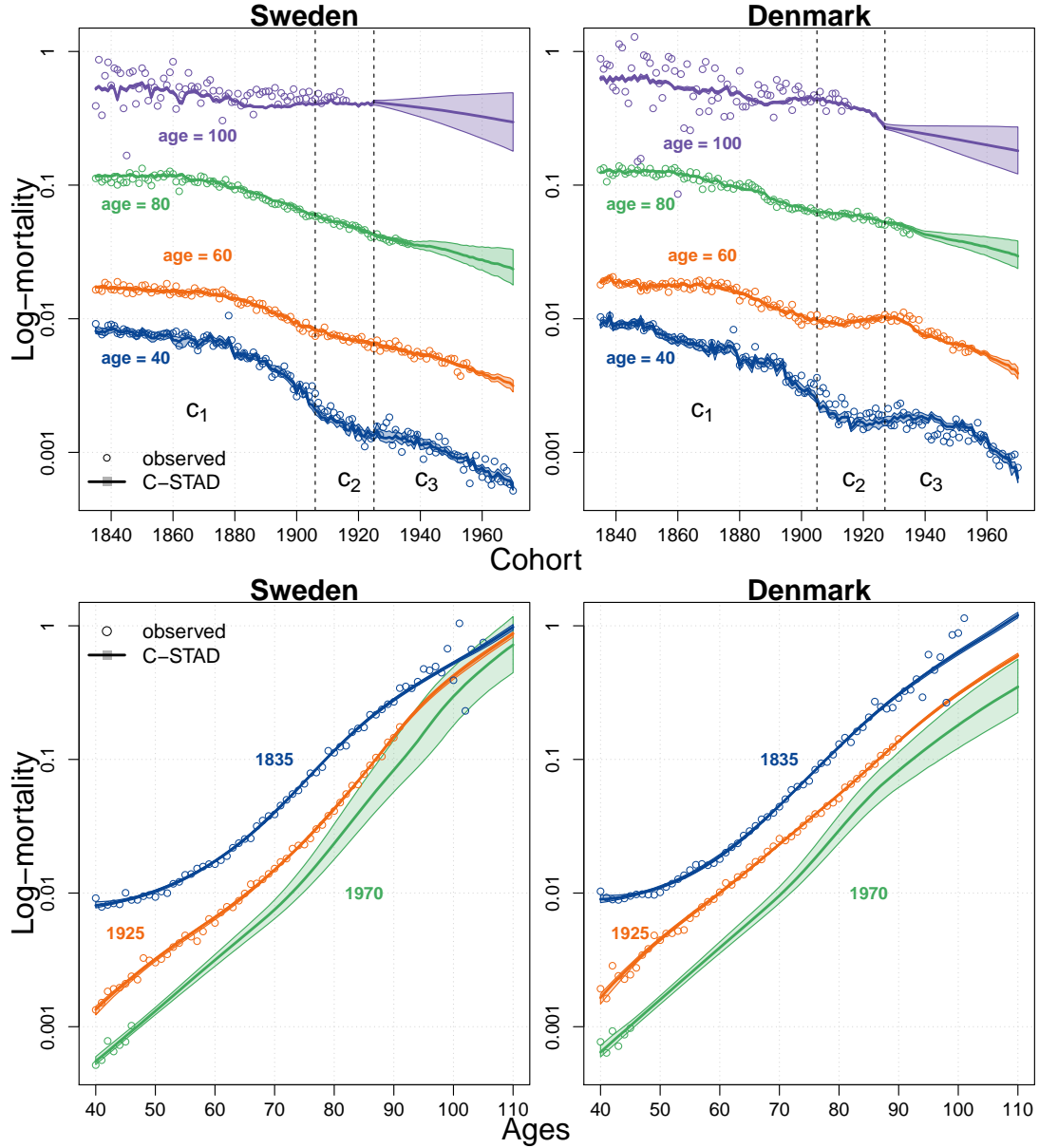
**Figure 5.** Observed (cohorts  $c_1$ ) and completed ( $c_2$  and  $c_3$ ) remaining life expectancies at age 40 ( $e_{40}$ , left panel) and Gini coefficient at age 40 ( $g_{40}$ , right panel) for the C-STAD (with 80% confidence intervals) and 2D  $P$ -spline models for adult females in Sweden and Denmark for the cohorts 1835-1970.

variability increases with age for the completed cohorts, as fewer age-specific data have been observed at higher ages. Finally, Figure 7 shows the observed and C-STAD age-at-death distributions for the three cohorts analysed in the previous panels.

## 4 Discussion

Mortality forecasting has drawn considerable interest in recent decades among academics and financial sector practitioners due to the increasing challenges posed by population ageing. Advances in the field have almost exclusively been made on period mortality, as the most recent and innovative techniques are based on modelling and forecasting different functions of period life tables (see, for example, Lee and Carter, 1992; Cairns et al., 2006; Raftery et al., 2013). When considered, cohort effects in mortality modelling and forecasting are typically analysed within an age-period perspective (Renshaw and Haberman, 2006; Cairns et al., 2009; Plat, 2009; Dokumentov et al., 2018).

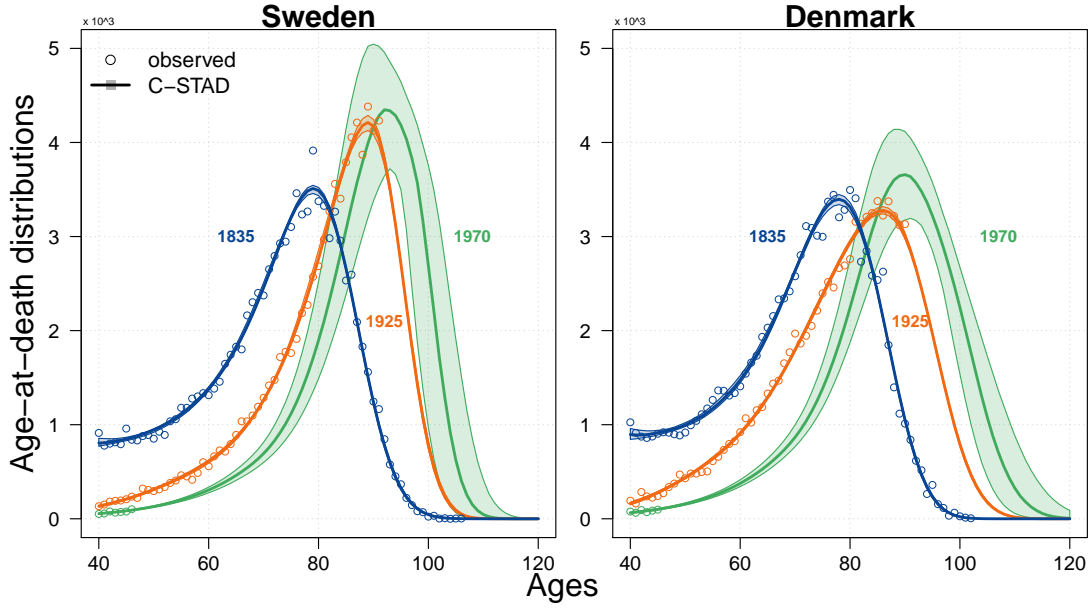
In this article, we take an alternative perspective and introduce a new methodology to model and forecast mortality from cohort data. An important advantage of cohort forecasts is that they allow to complete the mortality experience of non-extinct cohorts, thus enabling the derivation of their mortality developments. Our approach focuses on cohort age-at-death distributions: specifically, we propose a warping transformation of the age-axis of a standard distribution to describe and forecast adult mortality developments across cohorts. Since we focus on the cohort perspective, we denote our methodology *Cohort Segmented Transformation Age-at-death Distributions* (C-STAD) model. Warping transformations and skewing procedures have already been fruitfully employed to model distributional changes (see, e.g., Fernández and Steel, 1998; Camarda



**Figure 6.** Observed, fitted and forecast age-specific mortality rates for selected ages (top panels) and for selected cohorts (bottom panels) with 80% confidence intervals for females in Sweden and Denmark aged 40-110+ for the cohorts 1835-1970.

et al., 2008).

Our methodology is inspired by the Segmented Transformation Age-at-death Distributions (STAD) model recently proposed by Basellini and Camarda (2019) to forecast adult age-at-death distributions. In addition to shifting the focus from period to cohort mortality, our methodology extends the STAD to a cubic transformation before the modal age at death. The additional parameters  $c_L$  and  $d_L$  are indeed necessary to adequately describe cohort mortality developments at young adult ages. A possible explanation for this is related to the significant improvements in maternal mortality across the cohorts that we analyse (cf. Fig. 6). Non-linear functions above the mode were tested



**Figure 7.** Observed, fitted and forecast age-at-death distributions for selected cohorts (bottom panels) with 80% confidence intervals for females in Sweden and Denmark aged 40-110+.

too, but they did not provide a better fit compared to a linear function.

Only a handful of models have been proposed to directly forecast cohort mortality so far (Chiou and Müller, 2009; Zanotto and Mazzuco, 2017; Rizzi et al., 2019). One of the main reasons for the limited efforts in this direction is the heavy data demands that such models require. However, this problem is reduced when only adult mortality is considered (Booth, 2006). As such, the issue does not affect us to a great extent, as our interest in this article is restricted to adult mortality only.

We have shown the results of fitting and forecasting cohort mortality with the C-STAD model for Swedish and Danish adult females for the cohorts 1835-1970. Our methodology is accurate from a point forecast perspective: for each population, we performed six out-of-sample validation exercises of different forecast horizons. The resulting point forecast errors are generally small, even for the longer forecast horizons. Additionally, the C-STAD forecasts are consistently more precise than those of the 2D  $P$ -spline model of Currie et al. (2004), which has been already used to directly forecast cohort mortality (Continuous Mortality Investigation, 2007).

Our results allow us to derive age-specific and summary measures of mortality, such as remaining life expectancy and Gini coefficient at age 40 ( $e_{40}$  and  $g_{40}$ ), for all cohorts of the population analysed. Although following similar trends to the 2D  $P$ -spline model, C-STAD estimates of  $e_{40}$  seem more coherent when considered together, lacking the rapid increase and cross-over of Danish forecast displayed by the 2D model. With respect to Danish forecasts, it is interesting to observe a stagnation of  $e_{40}$  and an increase of  $g_{40}$  for the cohorts 1910-1930. Such results are consistent with other findings in the literature (see, e.g., Fig. 4 in Jacobsen et al., 2002), which have been attributed to the smoking behaviour of Danish women (Jacobsen et al., 2006; Lindahl-Jacobsen et al., 2016).

To conclude, the C-STAD model offers great prospects for mortality forecasting from

the cohort perspective. Insurance companies would benefit from employing our model to assess their solvency needs, as the model provides a direct approach to complete the mortality experience of non-extinct cohorts. The R code provided with this article allows a fast and freely available opportunity for this purpose.

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## A Deviance residuals and bootstrap death counts

Model residuals are routinely analysed to explore the goodness-of-fit of a model as well as the adequacy of assumptions about error terms. Within a GLM setting (such as the Poisson considered here), the deviance is often used to measure discrepancy between fitted and actual data. Deviance residuals for the Poisson distribution are given by:

$$r_D = \text{sign}(D_{x,c} - \hat{D}_{x,c}) \sqrt{2} \left[ D_{x,c} \ln \left( \frac{D_{x,c}}{\hat{D}_{x,c}} \right) - (D_{x,c} - \hat{D}_{x,c}) \right]^{1/2} \quad (8)$$

where  $D_{x,c}$  and  $\hat{D}_{x,c}$  denote the observed and fitted death counts at age  $x$  and for cohort  $c$ , respectively (McCullagh and Nelder, 1989).

Deviance residuals can be further employed to take into account the uncertainty related to the estimation of a model parameters as suggested by Koissi et al. (2006). Specifically, bootstrap death counts can be computed by resampling deviance residuals with replacement and mapping them to corresponding death counts. We refer the interested reader to Renshaw and Haberman (2008) for details on the inverse formulas, which are based on the seminal work of Efron and Tibshirani (1994).

## B Section 3: additional results

In this appendix, we present additional results related to Section 3.

First, we report the out-of-sample results of Subsection 3.1 derived from employing two different prediction accuracy measures. In addition to the root mean square error, we computed the mean absolute error (MAE) and the mean absolute percentage error (MAPE):

$$\text{MAE} = \frac{1}{\delta} \sum_{c=1}^{\delta} |\hat{y}_c - y_c|$$

$$\text{MAPE} = \frac{1}{\delta} \sum_{c=1}^{\delta} \left| \frac{\hat{y}_c - y_c}{y_c} \right|$$

where  $\delta$  is the forecasting horizon, and  $\hat{y}_c$  and  $y_c$  are the forecast and observed out-of-sample values of either  $e_{40}$  or  $g_{40}$ .

Tables B.1 and B.2 show the out-of-sample results obtained using the MAE and the MAPE, respectively. The results are very similar to those obtained with the RMSE shown in Table 1: the C-STAD forecasts are accurate in completing the mortality experience of partially observed cohorts, with forecasts errors generally low and smaller than the 2D  $P$ -spline model.

Second, we provide additional results with regard to Subsection 3.2. Figure B.1 shows the fitted and forecast C-STAD parameters with 80% confidence intervals for Swedish and Danish adult females for cohorts 1835-1970.

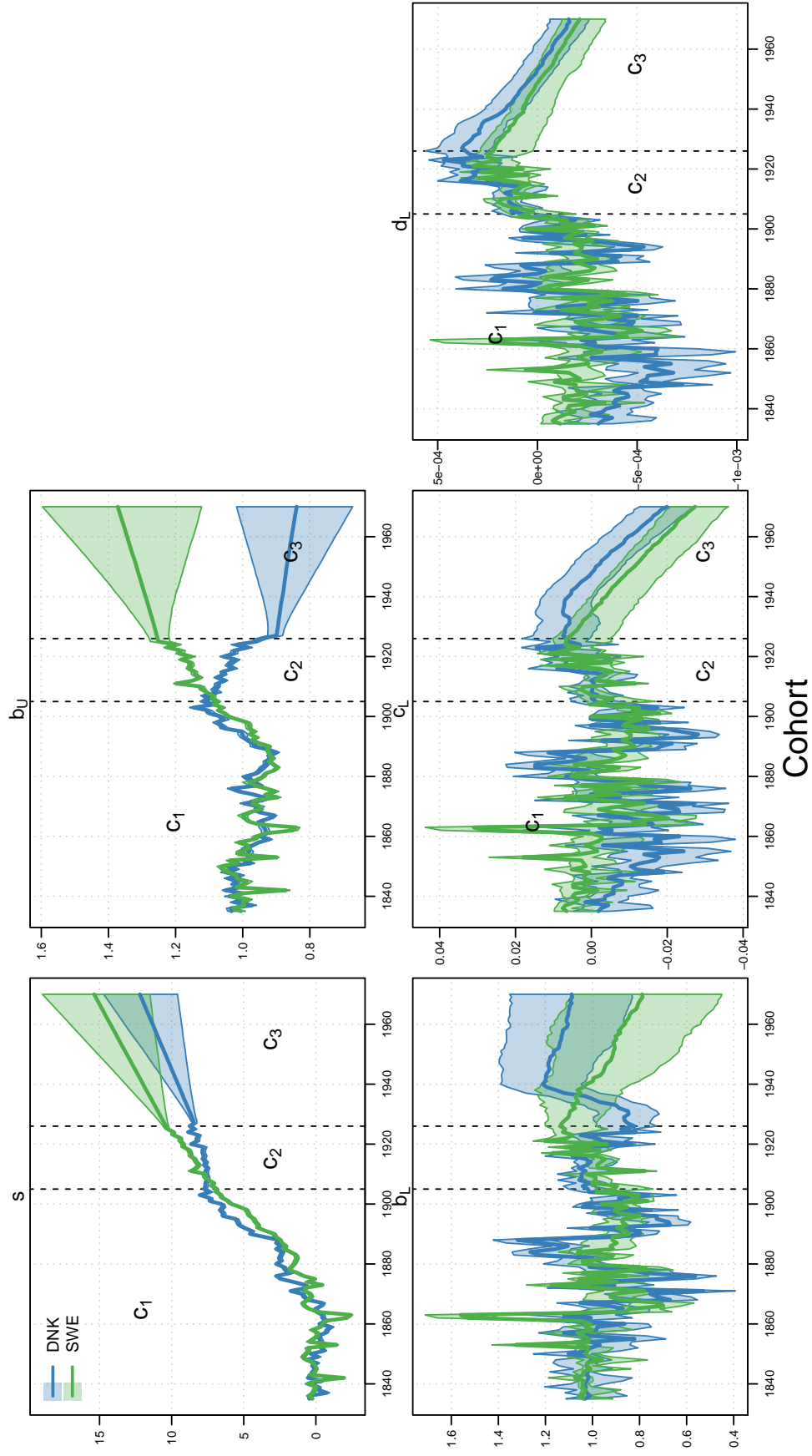
We performed diagnostic checks on the fitted C-STAD model for the two populations analysed in this paper by using Equation (8). Poisson deviance residuals for the two populations are shown in Figure B.2. No clear patterns (except for the Spanish flu) emerge from this graphical analysis.

Fitting cohorts	Forecast cohorts	Horizon	Measure	Sweden		Denmark	
				C-STAD	2D $P$ -spline	C-STAD	2D $P$ -spline
1835-1895	1896-1905	10y	$e_{40}$	0.08	<b>0.06</b>	0.07	<b>0.07</b>
			$g_{40}$	<b>0.07</b>	0.08	<b>0.06</b>	0.07
1835-1890	1891-1905	15y	$e_{40}$	<b>0.07</b>	0.07	<b>0.06</b>	0.07
			$g_{40}$	<b>0.07</b>	0.08	<b>0.06</b>	0.09
1835-1885	1886-1905	20y	$e_{40}$	<b>0.05</b>	0.07	<b>0.06</b>	0.07
			$g_{40}$	<b>0.06</b>	0.09	<b>0.05</b>	0.09
1835-1880	1881-1905	25y	$e_{40}$	<b>0.03</b>	0.06	<b>0.03</b>	0.07
			$g_{40}$	<b>0.07</b>	0.08	<b>0.08</b>	0.10
1835-1875	1876-1905	30y	$e_{40}$	<b>0.04</b>	0.07	<b>0.02</b>	0.08
			$g_{40}$	<b>0.08</b>	0.12	<b>0.07</b>	0.13
1835-1870	1871-1905	35y	$e_{40}$	0.09	<b>0.07</b>	<b>0.04</b>	0.10
			$g_{40}$	<b>0.03</b>	0.10	<b>0.05</b>	0.17

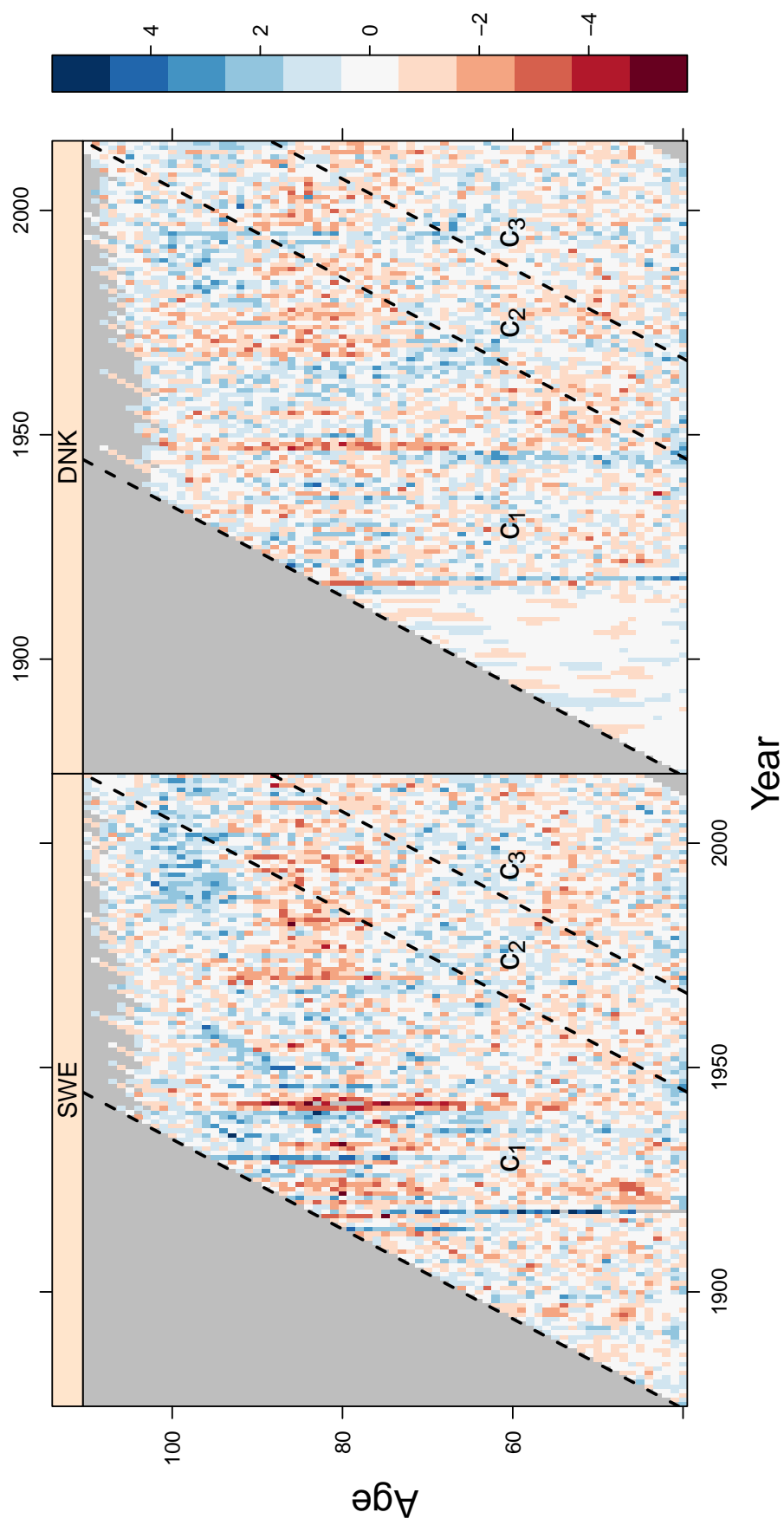
**Table B.1.** Mean absolute error (MAE) of the C-STAD and 2D  $P$ -spline forecasts of  $e_{40}$  and  $g_{40}$  for adult females in Sweden (SWE) and Denmark (DNK) in six out-of-sample validation exercises: forecast horizon of 10, 15, 20, 25, 30 and 35 years. Lower values of the MAE (in bold) correspond to greater forecast accuracy.

Fitting cohorts	Forecast cohorts	Horizon	Measure	Sweden		Denmark	
				C-STAD	2D $P$ -spline	C-STAD	2D $P$ -spline
1835-1895	1896-1905	10y	$e_{40}$	0.20%	<b>0.16%</b>	0.19%	<b>0.19%</b>
			$g_{40}$	<b>0.42%</b>	0.45%	<b>0.35%</b>	0.36%
1835-1890	1891-1905	15y	$e_{40}$	<b>0.17%</b>	0.19%	<b>0.16%</b>	0.19%
			$g_{40}$	<b>0.36%</b>	0.45%	<b>0.30%</b>	0.47%
1835-1885	1886-1905	20y	$e_{40}$	<b>0.13%</b>	0.19%	<b>0.15%</b>	0.18%
			$g_{40}$	<b>0.34%</b>	0.46%	<b>0.27%</b>	0.44%
1835-1880	1881-1905	25y	$e_{40}$	<b>0.08%</b>	0.17%	<b>0.08%</b>	0.18%
			$g_{40}$	<b>0.40%</b>	0.44%	<b>0.42%</b>	0.51%
1835-1875	1876-1905	30y	$e_{40}$	<b>0.10%</b>	0.20%	<b>0.07%</b>	0.23%
			$g_{40}$	<b>0.42%</b>	0.59%	<b>0.39%</b>	0.63%
1835-1870	1871-1905	35y	$e_{40}$	0.22%	<b>0.19%</b>	<b>0.12%</b>	0.29%
			$g_{40}$	<b>0.14%</b>	0.51%	<b>0.23%</b>	0.81%

**Table B.2.** Mean absolute percentage error (MAPE) of the C-STAD and 2D  $P$ -spline forecasts of  $e_{40}$  and  $g_{40}$  for adult females in Sweden (SWE) and Denmark (DNK) in six out-of-sample validation exercises: forecast horizon of 10, 15, 20, 25, 30 and 35 years. Lower values of the MAPE (in bold) correspond to greater forecast accuracy.



**Figure B.1.** Estimated and forecast C-STAD parameters for adult females in Sweden and Denmark for the cohorts 1835-1970.



**Figure B.2.** Poisson deviance residuals of the C-STAD model for adult females in Sweden and Denmark for the cohorts 1835-1970.