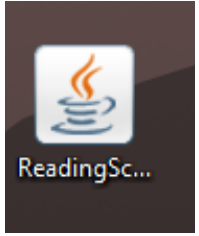
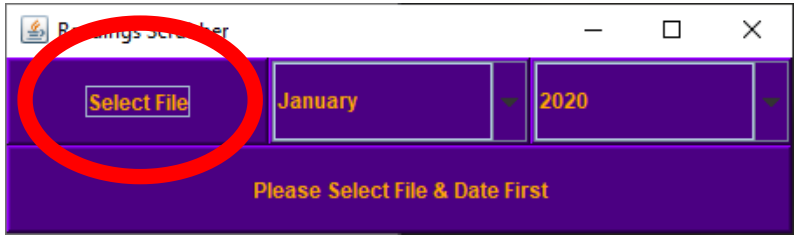
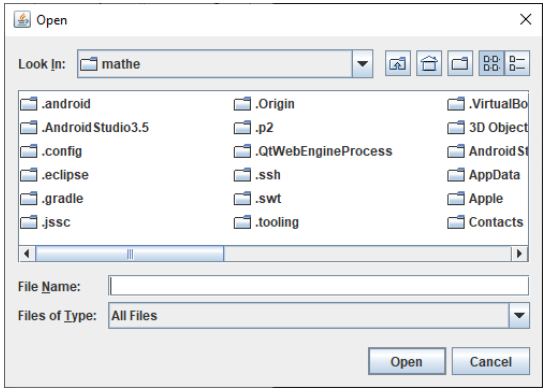
1. Open the program by double clicking the icon



2. Select the file by clicking the "Select File" button

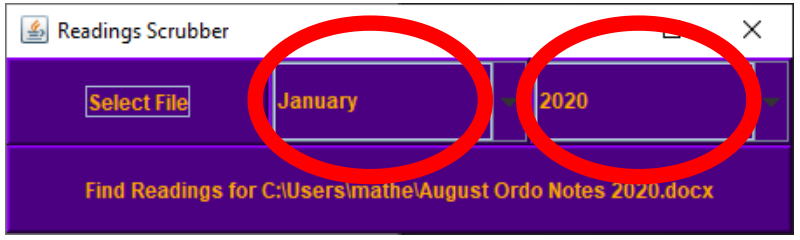


2a. Then select the file using the file explorer that pops up

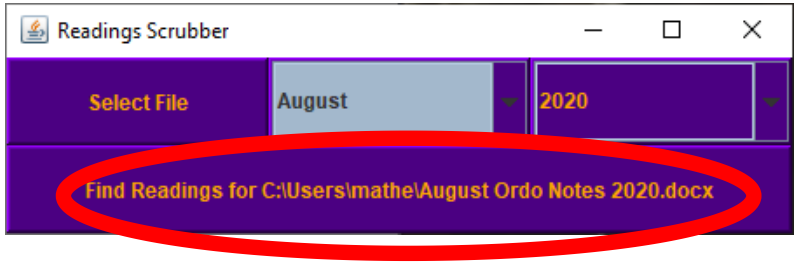
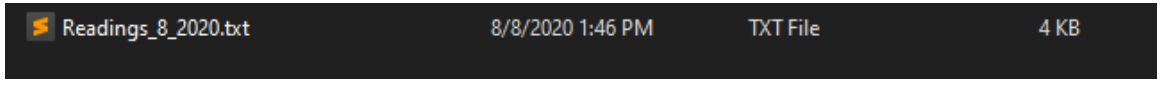


Actor

3. Adjust the month and year



4. Click the "Find Readings for..." button



5. There should now be a .txt file with the data in your home folder